

How to register:

Mail-in

Use the form on this page to register for Community Schools and Senior Programs. Send the form with a check for total tuition and fees. See the following page for Community School and Senior Program addresses.

Phone registration

Please be prepared to provide the information normally required on the registration form. Not all community schools accept phone registration.

In-person

Bring a completed registration form (with payment) to your community school office during the hours listed on the following page.

First class meeting

Some schools accept registration at the first class meeting on a space available basis only. To be sure of a place in the class of your choice register in advance.

Multiple registrations

To register with more than one community school/senior center, or to register more than one individual per site/class, use separate photocopies of the registration form.

Senior discounts

Seniors 62 years of age or older qualify for discounted tuition for many Community Education classes. Proof of age is required.

Refunds

Refund policies vary, contact the community school/senior program in question.

Community Education

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Please return registration form with Social Security # and payment enclosed to address(es) listed on the following page.

COMMUNITY EDUCATION REGISTRATION FORM SUMMER 2009

TODAY'S DATE: / / COMMUNITY SCHOOL OR SENIOR CENTER: SOCIAL SECURITY NUMBER: _____

LAST NAME: FIRST NAME: MIDDLE INITIAL: _____

CURRENT ADDRESS NUMBER AND STREET: CITY: STATE: ZIP: _____

ETHNICITY: AMERICAN INDIAN / ALASKA NATIVE ASIAN / PACIFIC ISLANDER BLACK / NON-HISPANIC HISPANIC WHITE / NON-HISPANIC GENDER: MALE FEMALE PREVIOUS NAME(S): _____

COUNTY: HOME PHONE: () WORK PHONE: () DATE OF BIRTH*: / / _____

IN CASE OF EMERGENCY, NOTIFY LAST NAME: FIRST NAME: PHONE: () _____

SIGNATURE: (PARENT, GUARDIAN OR ADULT STUDENT) _____

Providing your Social Security number is voluntary. If you provide it, the college will use your Social Security number for keeping records, doing research, aggregate reporting, extending credit and collecting debts. Your Social Security number will not be given to the general public. If you choose not to provide your Social Security number, you will not be denied any rights as a student. Please read the statement in the Schedule of Classes which describes how your number will be used. Providing your Social Security number means that you consent to use of the number in the manner described.

* If you're under 18 years of age, additional permissions may be required before you can register for classes.

Course No.	Course Title	Time	M	T	W	Th	F	S	Su	Start Date	Location	Tuition	Fee	Total
1
2
3

PAYMENT BY: VISA MASTERCARD CHECK (PAYMENT OPTIONS VARY BY LOCATION.)

NAME ON CARD: CARD #: EXP. DATE: SIGNATURE: _____

Clackamas Community College does not discriminate on the basis of race, color, religion, gender, sexual orientation, marital status, age, national origin/ancestry, disability, family relationship or any other protected status in accordance with applicable law. The College's commitment to nondiscrimination applies to curriculum activity and all aspects of operation of the College.

Community Education

Community Schools and Senior Programs near you!

Canby Adult Center

1250 South Ivy St, PO Box 10, Canby, OR 97013-0010

Phone: 503-266-2970 FAX: 502-263-6192

- Checks payable to: Canby Adult Center
- Phone, FAX or walk-in registration
- Hours: Monday to Friday 8:30 a.m. to 4:30 p.m.
- No credit cards accepted
- Registration begins immediately
- Call to subscribe to monthly newsletter for \$10/year

Canby Community Education

1859 S. Township Road, Canby, OR 97013

Phone: 503-266-0040 FAX: 503-266-0041

- Checks payable to: Canby Community Education
- Phone/FAX registration with M/C or VISA
- Registration begins immediately

Estacada Community School

355 N.E. 6th Avenue, Estacada, OR 97023

Phone: 503-630-8515, ext. 2921 FAX: 503-630-8699

- Checks payable to instructor
- Walk-in registration; Monday-Friday, 10 am-4:45 pm
- Charge card payments not accepted

Gladstone Community School

17789 Webster Road, Gladstone, OR 97027

Phone: 503-650-2570 or 503-655-2777 FAX: 503-655-5201

- Registration begins immediately
- Phone/fax/mail registration with Mastercard or Visa
- Checks payable to: Gladstone Community School
- Gold Card* student pays half tuition plus fees
- Confirmation on request only

***Senior Discount**

Seniors 62 years of age or older qualify for discounted tuition for many Community Education classes. Proof of age is required.

Community Education Needs You!

Clackamas Community College and the Community School partners are seeking part-time instructors for the Community Education program. If you have the ability and desire to provide a learning experience for seniors, adults and/or youths in your community, your talents are needed. For more information on teaching positions call 503-594-0627, or go to <http://depts.clackamas.edu/comed/> and follow the link at the bottom of the page.

Milwaukie Center

5440 S.E. Kellogg Creek Drive

North Clackamas Park, Milwaukie, OR 97222

Phone: 503-653-8100

- Mail registration form with payment *or*
- Registration begins immediately.
- Make checks payable to: Milwaukie Center
- Charge card by mail or telephone

Molalla Adult Community Center

P.O. Box 728, Molalla, OR 97038

Phone: 503-829-4214

- Call to register
- Checks payable to: MAS Class Fund

Molalla Community Schools

412 Sweigle, P.O. Box 188, Molalla, OR 97308

Phone: 503-829-2359, ext. 250 FAX: 503-829-4552

- Checks payable to: Molalla Community Schools
- Walk-in registration; Monday-Thursday, 8:30 am-4:30 pm
- Registration begins immediately
- Phone registrations with Mastercard or Visa

North Clackamas Parks & Recreation

7300 SE Harmony Rd, Milwaukie, OR 97222

Phone: 503-794-8080 FAX: 503-794-8085

- Phone/fax/mail registration with credit card
- Checks payable to: N. Clackamas Parks & Rec

Oregon City Community School

Eastham Community Center

7th & Harrison, P.O. Box 2110, Oregon City, OR 97045

Phone: 503-785-8520

- Registration begins immediately
- Checks payable to: Oregon City Community Schools
- Phone registration with Mastercard or Visa
- Registration deadline is five business days prior to start of class. Late registrations accepted if space is available.
- Online registration www.activityreg.com

Pioneer Community Center

(Oregon City Senior Center)

615 Fifth Street, Oregon City, OR 97045

Phone: 503-657-8287

- Checks payable to: Pioneer Class Fund

West Linn, Parks & Recreation

22500 Salamo Road, #1100, West Linn, OR 97068

Phone: 503-557-4700 FAX: 503-656-4106

- Register online at www.westlinnparksandrec.com using class number included in class description
- Fax or mail registrations with check or charge card
- Telephone registrations can be done with charge card once your account is set up online.
- Checks made payable to City of West Linn

Community Education Locations

Ackerman Middle School

350 SE 13th, Canby

Aikido Northwest

16217 SE McLoughlin, BLDG B, Milwaukie

Alder Creek Middle School

13801 SE Webster Rd, Milwaukie

Athey Creek Middle School

2900 SW Borland Road, West Linn

Baker Prairie Middle School

1859 S Township Rd, Canby

Barclay Community School

12th & Madison, Oregon City

Barton Park

19009 SE Barton Park Road, Boring

Canby Adult Center

1250 S Ivy, Canby

Canby High School

721 SW Fourth Street, Canby

Canby Swim Center

1150 S. Ivy, Canby

Cedar oak Park

4515 S Cedar oak Dr., West Linn

The Children's Course

19825 River Road, Gladstone

Clackamas River Racquet Club

790 82nd Drive, Gladstone

Clackamas River

Carver

Clackamas Town Center

82nd Drive & Sunnyside Avenue, Portland

Clackamette Park

Base of Oregon City/Gladstone Bridge

Clairmont Building

19600 Molalla Avenue, Oregon City

Dabney State Park

SE Stark @ Crown Point Highway

Eastham Community School

1404 7th Street, Oregon City

East Side Athletic Club

9100 SE Sunnyside Road, Clackamas

East Side Athletic Club

4606 SE Boardman, Milwaukie

Estacada High School

355 NE 6th, Estacada

Estacada Junior High

350 NE 6th, Estacada

Field's Bridge Park

821 Willamette Falls Drive, West Linn

Footwork Dance Studio

16660 SE McLoughlin Blvd, Milwaukie

FUNdaMental Golf Learning Center

21661 S Beaver creek Rd., Oregon City

Gladstone High School

18800 Portland Avenue, Gladstone

Gladstone Senior Center

1050 Portland Avenue, Gladstone

Grand Finale Dance Studio

875 Portland Avenue, Gladstone

Hammerle Park

5915 Holmes Street, West Linn

Happy Trails Riding Center

20560 Fernview Road, West Linn

Harmony Road Music Center

17300 SE 82nd Drive, Clackamas

Highland Stables

Beavercreek

Hood River Water Play

100 Port Marina Way, Hood River

JJ Jump

19363 Willamette Drive, West Linn

Knight Elementary School

511 N Grant, Canby

Kraxberger Middle School

17777 SE Webster Road, Gladstone

Lee Elementary

1110 S Ivy, Canby

Lloyd Center Ice Rink

953 Lloyd Center, Portland

Mary S. Young Park

Hwy 43, West Linn

Milwaukie Bowl

3056 SE Harrison, Milwaukie

Milwaukie Center

5440 SE Kellogg Creek Drive, Milwaukie

Molalla Adult Community Center

305 Kennel Avenue, Molalla

Molalla High School

357 Frances Street, Molalla

Molalla Middle School

318 Leroy, Molalla

Molalla Outreach Center

201 E 5th Street, Molalla

Molalla Public Library

201 East Fifth, Molalla

Mt. St. Helens
Mt. Scott Elementary

11201 SE Stevens Road, Portland

Nehalem Bay
North Clackamas Aquatic Park

7300 SE Harmony Road, Milwaukie

North Clackamas Park

5440 SE Kellogg Creek Dr, Milwaukie

Oppenlander Fields

1275 Rosemont Road, West Linn

Oregon City HS-Moss Campus

19761 S Beaver creek Road, Oregon City

Jackson Campus

1306 12th Street, Oregon City

Oregon City Fitness

275 S Beaver creek Rd., A105, Oregon City

Oregon City TaeKwon Do

275 S Beaver creek Rd, Oregon City

Oregon Institute of Technology

7726 SE Harmony Road, Milwaukie

Pilates with Fe

702 Main Street, Oregon City

Pioneer Community Center

615 Fifth Street, Oregon City

PLAY Boutique

332 First Street, Lake Oswego

Rex Putnam High School

4950 SE Roethe Road, Milwaukie

Risley Park

2250 SW Swain, Milwaukie

River Mill Grade School

850 NE Broadway, Estacada

Rock Island/Willamette River

Portland

Rosse Posse Acres

32690 S Mathias Rd, Molalla

Rosemont Ridge Middle School

20001 Salamo Road, West Linn

Rose Villa

13505 SE River Road, Milwaukie

2nd Time Around Upholstery

1871 Willamette Drive, West Linn

St. Patrick's Catholic Church

488 NW 9th, Canby

Sachi Wellness

2008 Willamette Fall Dr, #220A, West Linn

Sah-Hah-Lee Golf Course

17104 SE 130th Ave, Clackamas

Salmon River
Stone Creek Golf Club

14603 S Stoneridge Drive, Oregon City

Sunburst Gymnastics Center

9889 SE Mather Rd., #102, Clackamas

Sunset Fire Hall

2215 Long Street, West Linn

Sunset Park

4665 Bittner Street, West Linn

Sunset School

2351 Oxford Street, West Linn

Tanner Creek Park

3456 Parker Road, West Linn

Tualatin Community Park

8151 SW Tualatin Rd, Tualatin

View Acres Elementary

4828 SE View Acres Road, Milwaukie

Waverley Greens

1611 Lava Drive, Milwaukie

West Linn High School

West A Street, West Linn

West Linn Adult Community Center

1180 Rosemont Road, West Linn

Wetten Elementary

250 E, Exeter, Gladstone

Willamette Falls Locks
Willamette Park

1100 12th Street, West Linn

Willamette View Association

12705 SE River Road, Milwaukie

Wilsonville Area Stables

Wilsonville

Course No.	Course Title	Time	Days	Begins	Wks.	Tuition	Fee	Instructor	Room	Course No.	Course Title	Time	Days	Begins	Wks.	Tuition	Fee	Instructor	Room
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Canby ADULT CENTER

Registration form for Community Education classes on page 53.
 Classes held at Canby Adult Center
 Phone: 503-266-2970

Art/Crafts/Hobbies

APA-1-20 PAINT! ACRYLICS AND WATERCOLOR
 9:30-11:30am T 6/23 9 \$77 Gannon CLRM

NEW! Class focuses on mixing colors, basics of composition, color placement, and more. Work in watercolor, acrylic or both! Bring supplies. Senior (age 62+) Discount \$39. Call to register 503-266-2970. Supply list available at registration. Canby Adult Center

APA-1-22 HANDIWORK GROUP
 10-11:30am T CLRM

Group meets every Tuesday at 10am. Join people who like to visit while crocheting, knitting, working on needlepoint, etc. Bring your own project and materials. Canby Adult Center

APA-1-23 BINGO
 1-4pm T CLRM

Every Tuesday. Doors open at 12noon. Games begin at 1pm. First packet \$8 (10 games), second \$5. Specials \$1 each. Bonanza 2/\$1. Raffle tickets 5 cents each. Canby Adult Center

APA-1-24 BRIDGE
 1-4pm M CLRM

Meets weekly on Monday. Group rules of play apply. Players bring their own cards. Canby Adult Center

APA-1-25 BUNCO
 1-4pm TH CLRM

Meets weekly on Thursdays. Bunco is a game of dice. Canby Adult Center

APA-1-27 PINOCHLE
 1-4pm TF CLRM

Meets weekly on Tuesdays and Fridays. Single and double. Bring your own lucky deck of cards. Center closed July 3. Canby Adult Center

Exercise/Fitness/Sports

PED-4-20 SIT TO BE FIT
 10:30-11:30am MTH 6/22 11 Walter CLRM

Instructor Kay Walter will lead you through exercises sitting down. Designed for those who want to keep fit but have mobility problems, walk with a walker, cane or are in a wheelchair. Canby Adult Center

PED-4-21 SENIOR FITNESS
 MWF 6/22 11 Walls CLRM

Hurshell Walls leads low-impact aerobic exercises to improve overall strength and balance. Weights, balls and resistance tools used. Meets Monday 9:30-10:30am; Wednesday and Friday 10:30-11:30am. Center closed July 3. Canby Adult Center

Health/Safety/Personal Well-Being

HLT-1-20 CAREGIVER SUPPORT GROUP
 2-3pm W CLRM

Support group for those who care for loved ones with memory loss. Facilitated by Mary Reitan. Meets at Thelma's Place on 3rd Wednesday of month at 2pm. See Memory Loss Support Group below. Come for the discussion; bring questions. No charge. Thelma's Place

HLT-1-21 MEMORY LOSS SUPPORT GROUP
 2-3pm W Gottlieb-Parkinson CLRM

Memory loss sufferers support group meets concurrently with the Caregiver Support Group on the 3rd Wednesday of month at Thelma's Place. Participants encouraged to stimulate their brains with music, art, movement, play, crafts and dance. No charge. Thelma's Place

HLT-1-22 NOON MEAL
 12-1pm MWTHF Staff CAFE

Nutritious meals that meet FDA requirements served Mon., Wed., Thur., and Fri. at 12 noon. Seniors 60+ are asked for a donation of \$3.50 per meal. No senior will be turned away because of lack of funds. Under 60 guests charged \$4.25 per meal. Reservations required for groups larger than 4 people. Come enjoy superb home cooking and friendly people. Center closed July 3. Canby Adult Center

HLT-1-24 HEALTH INS BENEFITS ASSISTANCE
 TBA CLRM

For seniors. A trained volunteer helps you navigate health care options, plans and services, Medicare Plan B, prescriptions coverage and how to qualify for reduced premiums. Free service. Call 503-266-2970 for appointment. Canby Adult Center

HLT-1-26 FOOT CLINIC
 TBA MW CLRM

Choice of a 15 or 25 minute foot care session. Call 503-266-2970 for an appointment and fees. Note: Appointments scheduled for Monday and Wednesday. Canby Adult Center

HLT-1-27 TOPS: TAKE OFF POUNDS SENSIBLY
 8:30-11:30am T 6/22 11 CLRM

Join a wellness support group affiliated with the National TOPS organization. Weigh in each week; discuss strategies for sticking to the diet plan. No special foods. \$24/year to join. \$1 to weigh in each week. Canby Adult Center

Canby COMMUNITY EDUCATION

Registration form for Community Education classes on page 53.
 For class locations, see page 55.
 Phone: 503-266-0040

Animal Care/Training

PET-2-100 DOG OBEDIENCE, BASIC
 4:30-5:30pm W 7/08 6 \$60 \$5 Strozyk COVER

Class teaches the basic skills to having a well-behaved dog. A 45 minute a day commitment to work with your dog is asked. Dogs must be spayed or neutered. No dogs at first class. Ages 12-adult. Knight Elementary School

PET-2-101 DOG OBEDIENCE, BASIC
 5:30-6:30pm W 7/08 6 Strozyk COVER

Same description as previous class. Knight Elementary School

Art/Crafts/Hobbies

APA-2-100 KNITTING, BEG & INTER
 6:30-8pm W 7/29 6 \$40 \$15 Carroll MEDIA

Practice the basics of knitting & explore simple patterns with the guidance of an experienced knitter. Bring in work in progress, start a new one, or simply practice techniques. Seniors \$30. Age: 13-Adult. Baker Prairie Middle School

APA-2-101 PHOTOGRAPHY, ADVANCED
 6:30-9:30pm WTH 7/15 1 \$100 Guvenir 801

This class will teach you everything you need to know to be in complete control of your photography in every situation. www.gshot.com Age: 16-Adult. Canby High School

APA-2-102 PHOTOGRAPHY, ADV. LIGHTING
 6:30-9:30pm WTH 7/29 1 \$100 Guvenir 801

Workshop will help you develop your eye & teach you about the tools you may need to complete your vision. Advanced Photography is a pre-req. Age: 18-Adult. Canby High School

APA-2-103 PHOTOGRAPHY, BASIC
 6:30-8:30pm W 7/15 1 \$35 Guvenir 801

This 2-hour class will teach an overview of how modern digital & film cameras function & explain what you need to know to become a better photographer. Age: 16-Adult. Canby High School

Course No.	Course Title	Time	Days	Begins	Wks.	Tuition	Fee	Instructor	Room
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APA-2-104	COMPOSITION FOR PHOTOGRAPHY	6:30-9:30pm	WTH	7/22	1	\$100	L	Guvenir	801
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Learn to craft amazing "professional" quality images utilizing compositional techniques. Stop taking snapshots & start making art. Advanced Photography is a pre-req. Canby High School

APA-2-105	WOODCARVING BASICS	7-9pm	T	6/30	9	\$5		Farrington	CLRM
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Meet with other woodcarvers on a regular basis to learn, share, enjoy. Beginners should come to first class for information on tools, materials, & more. Experienced bring tools. Age: 18-Adult. St. Patrick's Church

Basic Academic Skills

GES-4-100	SAT TEST PREP	6-9pm	SU	9/06	4	\$135		Fearing	504
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College-bound students Jr & Sr prepare for the SAT-1 using effective & proven test taking strategies. Taught by reading, writing, & math specialists. Test practice & teacher feedback. Age: 15-18. Canby High School

GES-4-101	SAT TEST PREP	6-9pm	SU	10/04	4	\$135		Fearing	504
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Same description as previous class. Canby High School

Business/Financial Planning

BUS-2-100	SELLING IN A DOWN MARKET	6:30-8:30pm	T	7/07	2	\$20		Rowden	CLRM
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Learn how to avoid the selling mistakes you don't want to make. Strategies for helping a buyer purchase your home will also be presented. This class will give you the tools to sell your home in a down economy. Baker Prairie Middle School

Computers

DPS-4-100	PHOTOSHOP FOR PHOTOGRAPHY	6:30-9:30pm	WTH	8/05	1	\$100		Guvenir	801
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Learn the key elements to unlocking Photoshop's abilities from one of the top Photoshop artists. Create prints that are better than lab prints. Advanced Photography is a pre-requisite. Age: 16-Adult. Canby High School

Dance/Theater/Music

ATA-2-100	GUITAR, BEGINNING	5-6pm	T	7/07	8	\$90		Rector	BAND
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Learn popular songs & basic guitar skills including chords, strumming & picking. Bring your electric or acoustic guitar. Designed for entry level guitar students. No discounts. Age: 12-Adult. Baker Prairie Middle School

ATA-2-101	GUITAR II	6-7pm	T	7/07	8	\$90		Rector	BAND
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Same description as previous class. Baker Prairie Middle School

ATA-2-102	INTRODUCTION TO VOICEOVERS	6-8pm	T	7/22	1	\$40		Elmore	OMNI
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Fun, interactive class to get started as Professional Voiceover Artists, covering details of industry & importance of marketing & demos. Get coached & recorded for personal evaluation. Age: 18-Adult. Canby High School

ATA-2-103	MUSIC WORKSHOP	7-8pm	T	7/07	8	\$60		Rector	BAND
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Students will engage in a range of topics from learning to read music/other basic fundamentals, playing solo or in small groups, & beginning songwriting/composition. For beginning & up! Baker Prairie Middle School

Driver Education

DRE-4-100	DRIVER EDUCATION	7-9pm	TTH	6/16	6	\$255		Duckworth	1
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This course satisfies the state requirement of 30 hours classroom & 12 hours of in car instruction. Tuition includes use of textbook. Additional tuition if student is a licensed drivers. Contact the Canby School District Office, 503-266-7861 for registration & additional information. Age: 15-20 Canby High School

Course No.	Course Title	Time	Days	Begins	Wks.	Tuition	Fee	Instructor	Room
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Exercise/Fitness/Sports

PED-4-100	ADULT/SENIOR AQUATIC EXERCISE	7-8am	M-F	6/22	13			Staff	CANPOOL
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Basic strength training class designed to reduce body fat, improve muscle mass & increase endurance. Call 503-266-2761 for rates & fees. Age: Adult. Canby Swim Center

PED-4-101	AEROBICS-FITNESS FOR FUN	5:50-6:50am	MWF	6/01	14	\$32	\$5	Kelley	CLRM
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Class consists of step aerobics, dance aerobics, weights, body strengthening, pilates, stretching, & new trends that keep you challenged. \$32 fee is per month. Age: 18-Adult. Canby Adult Center

PED-2-102	KEMPO-SELF DEFENSE	5-6pm	MW	6/22	12	\$90		Soles	227
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Kempo is the study of highly effective self-defense/martial arts & yoga. Develop your minds & bodies. Grade 9-Adult. Canby High School

PED-2-103	KINDER KEMPO	10-10:30am	TH	7/23	6	\$40		Soles	GYM
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Focus on discipline, self-defense, & self control. Learn basic movements & forms. Uniforms required, details at first class. Ages 4-6. LEE Elementary

PED-2-104	KIDS KEMPO	11-11:45am	TH	7/23	6	\$50		Soles	GYM
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Class focuses on discipline, self-defense & self-control. Learn basic movements, beginning forms & have fun! Jenny Soles is a Sei Kosho Shorei Kai International certified instructor. Age: 7-10. LEE Elementary

PED-2-105	TAEKWON-DO	6-8pm	TTH	7/07	8	\$80		Matie	CAFE
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Learn this disciplined martial art, using empty hands & bare feet in self-defense. Uniform is suggested/available through instructor. Age: 7-Adult. Ackerman Middle School

PED-4-106	PILATES FOR BEGINNERS	12-1pm	M	6/22	10	\$75		Dolor	CLRM
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Pilates for Beginners will slowly introduce you to more traditional Pilates movements with emphasis on proper form & appropriate modifications to best support posture & challenge your muscles. Age: 18-Adult. Pilates With Fe

PED-4-107	PILATES FOR BEGINNERS	6-7pm	M	6/22	10	\$75		Dolor	CLRM
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Same description as previous class. Pilates With Fe

PED-4-108	PILATES FOR BEGINNERS	7-8am	T	6/23	10	\$75		Dolor	CLRM
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Same description as previous class. Pilates With Fe

PED-4-109	PILATES FOR BEGINNERS	7-8am	TH	6/25	10	\$75		Dolor	CLRM
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Same description as previous class. Pilates With Fe

PED-4-110	PILATES FOR BEGINNERS	5-6pm	TH	6/25	10	\$75		Dolor	CLRM
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Same description as previous class. Pilates With Fe

PED-4-111	GENTLE PILATES	9-10am	T	6/23	10	\$75		Dolor	CLRM
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Gentle Pilates if for the student who is a little more fragile & refers a safe, slower pace approach to the work & still gets all the benefits of Pilates. Age: 18-Adult. Pilates With Fe

PED-4-112	GENTLE PILATES	9-10am	TH	6/25	10	\$75		Dolor	CLRM
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Same description as previous class. Pilates With Fe

PED-4-113	INTERMEDIATE PILATES	7-8pm	T	6/23	10	\$75		Dolor	CLRM
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Intermediate Pilates is more challenging with emphasis on fluidity of movement, muscle control, & strength. Age: 18-Adult. Pilates With Fe

PED-4-114	MIXED-LEVEL PILATES	5-6pm	T	6/23	10	\$75		Dolor	CLRM
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Mixed Level Pilates if for both intermediate & beginners that want to take Pilates to the next level. Age: 18-Adult. Pilates With Fe

Community Education Classes

Registration form on page 53.

Course No.	Course Title	Time	Days	Begins	Wks.	Tuition	Fee	Instructor	Room	Course No.	Course Title	Time	Days	Begins	Wks.	Tuition	Fee	Instructor	Room
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PED-4-115 MIXED-LEVEL PILATES
7-8pm TH 6/25 10 \$75 Dolor CLRM
Same description as previous class. Pilates With Fe

PED-4-116 MIXED-LEVEL PILATES
12-1pm F 6/26 10 \$75 Dolor CLRM
Same description as previous class. Pilates With Fe

PED-4-117 MIXED-LEVEL PILATES
8-9am S 6/27 10 \$75 Dolor CLRM
Same description as previous class. Pilates With Fe

PED-4-118 WATER EXERCISE
8-9am MWF 6/22 11 Staff CANPOOL
This fun aquatic exercise class will enhance your flexibility & muscular strength with aerobic conditioning & muscle strengthening. Call 503-266-0040 for rates & fees. Canby Swim Center

PED-4-119 WATER EXERCISE
7-8pm TTH 6/22 11 Staff CANPOOL
Same description as previous class. Canby Swim Center

PED-4-120 YOGA-BEGINNING/INTERMEDIATE
5:30-7pm T 7/07 9 \$88 Fearing 1
Using balance, traditional poses, & good breathing, students will learn to relax & stretch. Dress for comfort/bring blanket or mat. Seniors & previous CCE Yoga students: \$75. Age: 16-Adult. Canby High School

PED-4-121 YOGA, BEGINNING/INTERMEDIATE
5:30-7pm TH 7/09 9 \$88 Fearing 1
Same description as previous class. Canby High School

Health/Safety/Personal Well-Being

HLT-4-100 DRIVER SAFETY PROGRAM
9-5pm S 8/01 1 \$25 Thomas CLRM
A driver training program designed for senior drivers, though anyone can enroll. Topics: traffic laws, knowing your vehicle, characteristics of senior drivers, more. Developed by the AARP & approved by DMV. Baker Prairie Middle School

HLT-2-101 MEDIC FIRST AID & CPR
6-9pm T 7/14 1 \$45 Baker CLRM
Medic First Aid training teaches appropriate emergency skills. Adult/Child/Infant CPR, First Aid, AED, & bloodborne pathogens. Receive 2 yr. CPR/First Aid card in OSHA compliant course. No discounts. Age: 14-Adult. Baker Prairie Middle School

HLT-2-102 MEDIC FIRST AID & CPR
6-9pm T 8/18 1 \$45 Baker CLRM
Same description as previous class. Baker Prairie Middle School

HLT-2-103 MEDIC FIRST AID & CPR
6-9pm T 9/22 1 \$45 Baker CLRM
Same description as previous class. Baker Prairie Middle School

HLT-2-104 RED CROSS BABYSITTING
9-3:45pm T 8/11 1 \$65 Red Cross OMNI
Red Cross course teaches the needed skills to become a great babysitter: how to prevent accidents, what to do in an emergency, etc. Bring paper, pencil & lunch or snack. Age: 11-15. Canby High School

HLT-2-105 WHEN I'M IN CHARGE
9-11:30am T 8/11 1 \$35 Red Cross 723
Prepares children to respond safely to "home alone" situations. Parents are encouraged to attend last 25 minutes for film. Age: 8-11 Canby High School

Language Studies

FLS-4-100 FRENCH, BEGINNING
6:30-8pm W 7/15 8 \$55 Sowa 708
Bonjour! Learn the basics of this romantic language & explore the French culture. Middle schoolers may enroll for \$35 with parent. Seniors \$45. Age: 14-Adult. Canby High School

FLS-4-101 SPANISH, BEGINNING
6:30-8pm T 7/14 8 \$60 Scott 708
Come learn Spanish! Build a great foundation for use in everyday conversation, travel & workplace. Middle schoolers may enroll for \$35 with parent. Seniors \$45. Age: 14-Adult. Canby High School

FLS-4-102 SPANISH, CONTINUING
6:30-8pm TH 7/16 8 \$55 Scott 708
Continue to learn Spanish in a fun & relaxed atmosphere. Build on great foundation for use in everyday conversation, travel, & workplace. Middleschoolers \$35 w/parent in class. Seniors \$45. Canby High School

Clackamas Community College

COMMUNITY EDUCATION

Register at the location of the class.

For class locations, see page 55.

Phone: 503-594-0627

Exercise/Fitness/Sports

PED-4-02 STRETCH & TONE
11-12pm MW 6/22 11 \$94 Rabe CLRM
Gentle stretching, strengthening and balancing exercises. Class meets Mondays and Wednesdays. Program fee. Rose Villa

PED-4-04 TAI CHI FOR BEGINNERS
1-2pm S 7/11 8 \$34 Lusk CLRM
For participants new to the wonderful art of this Chinese material art. You'll learn to improve concentration, strength, balance, and flexibility. Program Fee \$20. Waverley Greens

PED-4-05 TAI CHI: ALL LEVELS
10-11am TTH 6/23 10 \$85 Bernunzio CLRM
A gentle approach to exercise emphasizing mind/body harmony & balance, relaxation, centering, and coordination. Traditional style helps develop effortless vitality and awareness through meditative movement. Program fee \$20. Willamette View Association

PED-4-10 SENIOR YOGA
4-5pm TTH 6/23 9 \$77 Waddell CLRM
Come join us for this gentle yoga class designed specifically for seniors to increase overall health, flexibility and balance. Program fee. Rose Villa

PED-4-12 WATER AEROBICS
7:15-8:15pm MW 6/15 7 \$60 Stanton POOL
High energy, low impact workout uses a wide range of muscles. Hot tub to relax in after class. Swim skills not necessary. Senior Discount \$30. Willamette View Association

History/Writing/Literature

HWL-1-02 READERS THEATRE
1:30-3:30pm W 6/24 8 \$68 Steinberg CLRM
Class will read aloud and occasionally act out one-act plays written by well-known playwrights. The variety of the characters and situations offer a challenge to people who have always wanted to emote and allow their secret internal actors to emerge. Program Fee \$20. Willamette View Association

Estacada Community School

Registration form for Community Education classes on page 53.

For class locations, see page 55.

If you are interested in participating in a class, please contact Lyn Woodruff at 503-630-8515, ext. 2921

Art/Crafts/Hobbies

APA-2-200 ART TECHNIQUES CAMP
9-12pm MTWTH 6/22 1 \$65 Lippert TBA
Activities might include colored pencil, painting, oil pastels, charcoal, scanning art, take home crafts. Fee includes t-shirt, supplies, snack. For incoming 1st-8th graders.

Course No.	Course Title	Time	Days	Begins	Wks.	Tuition	Fee	Instructor	Room
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APA-2-201 CERAMICS-ADULT
 5:30-8:30pm T 7/07 6 \$85 Griswold ART
 Basic hand building techniques (coil, slab, pinch) will enable you to create functional and/or decorative pieces for use in your home or garden. Supplies may be purchased from the instructor. Estacada High School

APA-2-202 CERAMICS-CHILDREN
 1-3pm T 7/07 6 \$85 Griswold ART
 Same technique as taught in Adult Ceramics, but geared towards children. \$5 material fee paid to instructor. Class size limited. Pre-registration encouraged. Estacada High School

APA-2-203 CERAMICS-COMBINED
 3-5pm T 7/07 6 \$95 Griswold ART
 A class specially designed for parents & children to take together. Projects will be mostly geared toward children, but adults will enjoy them too! \$5 material fee paid to instructor. Estacada High School

APA-2-204 DRAWING FACES AND PEOPLE
 1-4pm MTWTH 6/22 1 \$65 Lippert TBA
 Activities might include realistic faces and characters, self-portraits, drawing models, people in motion, mask making. Fee includes t-shirt, supplies, snack. For incoming 1st-8th graders.

Computers

DPS-2-200 WORD
 6-9pm TTH 7/07 1 \$60 Sargent CLRM
 Format letters, flyers, newsletters and outlines. Use character/paragraph formatting, graphics, columns, styles and charts. Take home CD. Estacada High School

DPS-2-201 EXCEL
 6-9pm TTH 7/14 1 \$60 Sargent CLRM
 Easily create formulas and display data in charts. Organize and manipulate numbers. Take home CD. Estacada High School

DPS-2-202 ACCESS
 6-9pm TTH 7/28 1 \$60 Sargent CLRM
 Project based instruction using problem solving databases that give you the control to save time, stay organized, and focus on what you know is important. Take-home CD. Estacada High School

Dance/Theater/Music

ATA-2-200 COUNTRY DANCING MADE EASY
 8-8:55pm W 7/01 10 \$72 Small CLRM
 This class will cover all the basics of Country Dancing. Learn Country Two Step, Country Cha-Cha, Horseshoe Shuffle, Schottish, and a few other fun dances. Renaissance Dance Studio

ATA-2-201 MUSIC THEATRE WORKSHOP
 9-2pm M-F 6/22 2 \$99 Christensen TBA
 Students will study all areas of musical theatre concluding with two public performances of the original work Holmes & Watson, Together Again? All roles are speaking/singing with multiple lines. Ages 7-15. Fee includes t-shirt and two complimentary tickets.

ATA-2-202 YOU'RE ON THE AIR- VOICE-OVERS
 7-9pm T 6/23 1 \$35 Foster CLRM
 Voice-over artist Lisa Foster will introduce students to the voice-over business including opportunities, income potential, and producing the all-important demo. Students will practice recording techniques and hear the results. Estacada High School

ATA-2-203 YOUTH BALLROOM DANCE CAMP
 1:30-3pm M-F 7/13 2 \$75 Olson CLRM
 Age 11-14. Start with the basics of Foxtrot, Cha-Cha & Night Club Two Step & progress through some fun exciting patterns. Learn etiquette, frame & connection, posture, more! Renaissance Dance Studio

Exercise/Fitness/Sports

PED-4-200 AEROBICS
 5-6pm TWTH 6/23 11 Oakes TBA
 A moderate-intensity aerobics class that encourages you to work at your own fitness level. Warm-up, aerobic portion (20 min), strength & floor work all included. During fire season, classes may be cancelled when instructor is on fire assignment.

PED-2-201 FLAG FOOTBALL, K-2
 5-6pm TTH 8/18 4 \$45 Miller SOC
 Learn fundamental skills of football using fun & exercise. Passing, kicking, offense, defense, teamwork, more. Both boys and girls welcome. Estacada High School

PED-2-202 MARTIAL ARTS & SELF DEFENSE
 6:30-7:30pm M 6/22 10 \$35 Griffiths CAFE
 Beginners learn self-defense, discipline, & methods of exercise to enhance physical fitness & stress relief through the combined traditional styles of Okinawan Karate, Torite-Jutsu, & Sombo. Open age 5 & up. River Mill School

PED-2-203 MARTIAL ARTS & SELF DEFENSE
 7:30-8:30pm M 6/22 10 \$35 Griffiths GYM
 A continuation of the beginning class. River Mill School

PED-2-204 TAE KWON DO KARATE
 5:30-7:30pm M 6/22 11 \$35 Kirkpatrick CAFE
 For individuals wishing to learn the basic fundamentals of Karate. Helps build confidence of the body & mind. Wear loose fitting clothing/no jewelry. Families \$70. Age 8 & up. River Mill School

PED-2-205 VOLLEYBALL CAMP, 4TH-8TH GR.
 9-11:30am MTWTH 6/15 1 \$45 Lippert GYM
 Girls, get ready for school & club ball by learning early on how to pass, set, serve, & hit. Boys are welcome to attend. Come & learn the basics & fundamentals while having fun! T-shirt included. Estacada High School

PED-2-206 VOLLEYBALL CAMP, 9TH-12TH GR.
 1-5pm MTWTH 6/15 1 \$65 Lippert GYM
 Incoming freshmen through seniors, get ready for the fast approaching season, with veteran coach Ray Nunn. T-shirt included. Estacada High School

Health/Safety/Personal Well-Being

HLT-2-200 FIRST AID CPR & AED
 8-3pm S 8/22 1 Day CLRM
 Primary certification full day, re-certification half day. Estacada High School

Gladstone

COMMUNITY SCHOOL

Registration form for Community Education classes on page 53.
 For class locations, see page 55.
 Phone: 503-650-2570 or 503-655-2777

Art/Crafts/Hobbies

APA-2-300 ACRYLIC FOR BEGINNERS
 6-8:30pm W 6/17 7 \$65 Gannon CLRM
 Explore acrylic medium using washes, texturing, & impasto techniques. Class will include painting landscapes, water, flowers, buildings. Bring imagination & be prepared to use COLOR! Supply list. Seniors \$45 Kraxberger Middle School

APA-2-301 ADVENTURES IN PASTELS
 2-4:30pm TH 6/25 7 \$65 Gannon MULTI
 Use your pastels to portray landscapes, water, still lifes. Class will cover drawing, composition, color layering. Supply list. Seniors \$45. Gladstone Senior Center

APA-2-305 CLAY GARDEN DECORATIONS
 6:30-9pm TH 6/25 1 \$20 Hage CLRM
 Create whimsical designs to decorate garden or label plants with clay cutouts of ladybugs, frogs, birdhouses, etc. Fun easy class for teens through adults, age 6-12 welcome with parent helper. Seniors \$15. Kraxberger Middle School

APA-2-306 CONCRETE LEAF CASTS
 9:30-12:30pm S 7/11 1 \$25 Hage TBA
 Learn technique to create leaf casts for birdbaths, water features, garden art using concrete. Make one in class + 3 small ones for "toad house". Bring heavy duty box-waxed best held offsite OC. Seniors \$20.

Community Education Classes

Registration form on page 53.

Course No.	Course Title	Time	Days	Begins	Wks.	Tuition	Fee	Instructor	Room	Course No.	Course Title	Time	Days	Begins	Wks.	Tuition	Fee	Instructor	Room
APA-2-307	CONCRETE LEAF CASTS	1-4pm	S	7/11	1	\$25		Hage	TBA	APA-2-321	OIL PAINTING BOB ROSS STYLE	5:30-9pm	W	8/12	1	\$48		Stubb	MULTI
Same description as previous class.										Same description as previous class. Red Poppies in a Pot. Gladstone Senior Center									
APA-2-308	DRAWING WITH MELISSA GANNON	6-8:30pm	T	6/16	7	\$65		Gannon	CLRM	APA-2-322	OIL PAINTING BOB ROSS STYLE	10-2pm	F	8/28	1	\$48		Stubb	MULTI
Love to paint but feel you need more drawing skills? Love to draw, want to improve? Focus on seeing & drawing shapes, 3 dimensions using lines to be expressive. Bring paper, pencil, charcoal. Seniors \$45. Kraxberger Middle School										Same description as previous class. Trails End. Gladstone Senior Center									
APA-2-309	FLORAL WEDDING DESIGN W/BUDGET	6:30-9:30pm	W	6/17	1	\$20		Hage	CLRM	APA-2-323	OIL PAINTING BOB ROSS STYLE	5:30-9pm	W	9/09	1	\$48		Stubb	MULTI
How to use beautiful NW plants, flowers to create corsages, boutonnières, bridal bouquets. Best greens, flowers for cutting, see unique combos, make corsage in class, bring pruners. Seniors \$15. Kraxberger Middle School										Same description as previous class. Soothing Vista. Gladstone Senior Center									
APA-2-310	GLASS BIRDBATH-GARDENART-TOTEM	6:30-9:30pm	W	7/08	1	\$15		Hage	CAFE	APA-2-324	OIL PAINTING BOB ROSS STYLE	10-2pm	F	9/18	1	\$48		Stubb	MULTI
Create your own glass totem, garden art or birdbath using 'stray' glassware: vases, candlesticks, punchbowls, assorted size plates, glasses-clear &/or colored works great. Short supply list. Seniors \$10. Kraxberger Middle School										Same description as previous class. Splendor of a Snowy Winter. Gladstone Senior Center									
APA-2-311	HOT GLASS FUSING	9:30-4pm	S	6/27	1	\$55	\$30	Peterson	TBA	APA-2-325	PAINTING YOUR CAST LEAF	1-4:30pm	F	7/31	1	\$28		Ekholm	MULTI
Design & fuse or slump art projects such as a set of coasters, jewelry, or small plate. No exp. needed in hands-on class. All tools & materials provided. No discounts. Call for flyer. Age 18+.										Class shows all the many ways to paint, stain, dye or seal your leaves. Finish two leaves (provided) to take home, see demo of process & dozens of examples. No artistic ability needed. Seniors \$23. Gladstone Senior Center									
APA-2-312	HOT GLASS FUSING, ADV	9:30-4pm	S	7/25	1	\$55	\$40	Peterson	TBA	APA-2-326	REVERSE LEAF CASTING	9-12:30pm	F	7/31	1	\$30		Ekholm	MULTI
Design & fuse or slump advanced art projects such as an 8" plate & a vase using different techniques. Must have taken beginning class. 18 & over. No discounts.										Learn to cast actual leaves in cement to make beautiful yard ornaments, waterfalls, fountains, bird feeders, stepping stones. Take home two leaf creations plus notebook of hints, photos. Seniors \$25. Gladstone Senior Center									
APA-2-313	LAVENDER TREASURES	6:30-9:30pm	T	6/30	1	\$25		Hage	CLRM	APA-2-327	TEA CUP BOUQUET	9-12pm	F	7/17	1	\$22		Ekholm	MULTI
Create lavender cage, wand, bottle using fresh lavender, ribbons. Fragrance is heavenly as breeze drifts through cage, as drawer with wand is opened. Supplies included or may provide own. Seniors \$20. Kraxberger Middle School										Learn to grow, dry & use own flowers to make arrangements from your own flowers for gifts or for sale. Take home a "tea cup bouquet" that you'll make in this beginner's class. Seniors \$17. Gladstone Senior Center									
APA-2-314	MAKE YOUR OWN COOKIE BOUQUET	6-9pm	T	8/11	1	\$25		Ekholm	MULTI	APA-2-328	WATERCOLOR WITH MELISSA	6-8:30pm	M	6/15	8	\$65		Gannon	MULTI
Learn do's & don'ts to create your own gift for that next special occasion. Assemble, decorate & take bouquet you make in class. Wow your friends, maybe even start your own business! Seniors \$20. Gladstone Senior Center										Explore the exciting & challenging medium of transparent watercolor! Learn to mix colors, the basics of composition, elements of perspective, & drawing. Supply list. All levels. Seniors \$45 Gladstone Senior Center									
APA-2-315	OIL PAINTING BOB ROSS STYLE	5:30-9pm	W	6/10	1	\$48		Stubb	MULTI	Business/Financial Planning									
Start with blank canvas & leave with completed masterpiece! De-stress & relax with Judy Stubb. Beginners to advanced welcome. All supplies & canvas provided. No discounts. Fisherman's Trail. Gladstone Senior Center										BUS-2-300 BUILDING WEALTH W/REAL ESTATE									
APA-2-316	OIL PAINTING BOB ROSS STYLE	2-6pm	SU	6/14	1	\$48		Stubb	MULTI	6:30-8pm MW 8/03 1 \$12 Gorton CLRM									
Same description as previous class. Rowboat on Beach. Gladstone Senior Center										Overview of getting from where you are financially to where you want to be using real estate as the investment vehicle and how to put into application. Workbook included, examples, resources \$20 couple. Kraxberger Middle School									
APA-2-317	OIL PAINTING BOB ROSS STYLE	10-2pm	F	6/26	1	\$48		Stubb	MULTI	BUS-2-301 FUNDING COLLEGE W/REAL ESTATE									
Same description as previous class. Winter Sawscape. Gladstone Senior Center										6:30-8pm TTH 7/28 1 \$12 Gorton CLRM									
APA-2-318	OIL PAINTING BOB ROSS STYLE	5:30-9pm	W	7/08	1	\$48		Stubb	MULTI	Why and how to fund a \$200,000 college education in ten years far more easily than traditional methods. Workbook included, practical examples, case studies, resources. Couples \$20. Kraxberger Middle School									
Same description as previous class. Twilight Beauty. Gladstone Senior Center										BUS-4-302 INVESTING FOR FUTURE SERIES									
APA-2-319	OIL PAINTING BOB ROSS STYLE	2-6pm	SU	7/12	1	\$48		Stubb	MULTI	6:30-8:30pm W 6/24 5 \$49 Horn CLRM									
Same description as previous class. Trappers Cabin. Gladstone Senior Center										Save! Sign up for all five classes for only \$49 (couples \$59): Investment Basics, Investing for Income, The Stock Market, Mutual Funds, Tax-Advantaged Investments. Workbook included in series price. Kraxberger Middle School									
APA-2-320	OIL PAINTING BOB ROSS STYLE	10-2pm	F	7/24	1	\$48		Stubb	MULTI	BUS-2-303 INVESTMENT BASICS									
Same description as previous class. Summer in Mountains. Gladstone Senior Center										6:30-8:30pm W 6/24 1 \$12 Horn CLRM									

Course No.	Course Title	Time	Days	Begins	Wks.	Tuition	Fee	Instructor	Room	Course No.	Course Title	Time	Days	Begins	Wks.	Tuition	Fee	Instructor	Room
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BUS-2-304 INVESTING FOR INCOME
6:30-8:30pm W 7/01 1 \$12 Horn CLRM
Discuss income producing investments: money market accounts, cds, all types of bonds-government, saving, tax-free, corp., relationship between interest rates & bond market. Couples \$20 Kraxberger Middle School

BUS-2-305 MUTUAL FUNDS
6:30-8:30pm W 7/08 1 \$12 Horn CLRM
What are they, how do they work, what do they cost, what should I expect from them, what are my choices, what is "no load"? Learn the many options available and why they are so popular. Couples \$20 Kraxberger Middle School

BUS-2-306 STOCK MARKET
6:30-8:30pm W 7/15 1 \$12 Horn CLRM
Learn about income stocks, growth stocks, what to look for when buying or selling stocks, and how to make sense of all the numbers. Learn easy formulas essential to basic stock analysis. Couples \$20 Kraxberger Middle School

BUS-2-307 TAX-ADVANTAGED INVESTMENTS
6:30-8:30pm W 7/22 1 \$12 Horn CLRM
Traditional and Roth IRAs, 401K, 403B, TSA, 457, annuities, plans for small business owners. Discuss each type & learn how to handle a rollover or transfer of retirement funds. Couples \$20 Kraxberger Middle School

BUS-2-308 SHORT SALE/BANK OWNED PROPERTY
6:30-8:30pm M 7/27 1 \$12 Gorton CLRM
Specific guidance for those facing sale w/negative equity, explanation of why it is happening, support. Presented for both sellers & buyers, w/specific strategy for each. Workbook included. Couples \$20 Kraxberger Middle School

Childcare

FAM-2-300 BABY SIGNS PARENT WORKSHOP
6:30-8:30pm T 6/16 1 \$15 \$35 Anders CLRM
Learn simple signs & gestures to reduce tears, tantrums, increase bond w/child, gives boost toward talking. Includes Parent workbook, signing dictionary, DVD's more. Adults only. Call for info. No discount. Kraxberger Middle School

FAM-2-301 BABY SIGNS-SIGN, SAY & PLAY
10:45-11:30am W 6/24 6 \$55 \$70 Anders CLRM
Learn, practice signs for meal, bath, dressing, pets. Communicate w/child before they can talk! incl board books, DVD, songbook & CD, guide, pack. Class for babies 6-24 months with parent. Call for info. No discount. Kraxberger Middle School

Computers

DPS-2-300 BUYING & SELLING ON EBAY STEP 1
6-9:30pm W 8/19 1 \$25 Ekholm MULTI
Want to sell some treasures or buy "once-in-a-lifetime" bargain? eBay beginners learn to register, research, list first items, what to do when sale ends, mailing. Some computer/internet exp. Seniors \$20. Gladstone Senior Center

DPS-2-301 DIGITAL CAMERA-HOW TO USE
6:30-9pm T 6/16 2 \$19 Gutierrez CLRM
Have a digital camera, but don't know how to use it? Discuss basics of digital photography. Learn to use all your camera's features & interpret manual. Bring camera AND manual, question & answer format. Kraxberger Middle School

DPS-2-302 DIGITAL CAMERA-HOW TO USE?
6:30-9pm T 6/30 2 \$19 Gutierrez CLRM
Same description as previous class. Kraxberger Middle School

DPS-2-303 DO YOU WANT BETTER PICTURES?
6:30-9pm T 7/14 2 \$19 Gutierrez CLRM
Learn to take better pictures, whether you have digital or point & shoot camera. Basics of composition, indoor/outdoor lighting, use of color or black & white, common mistakes, critique. Bring camera. Kraxberger Middle School

Cooking

EAT-2-300 BRUNCH FIT FOR COMPANY
8:30-11:30am S 7/18 1 \$25 Ekholm MULTI
Love lazy weekend brunch, don't want to serve plain old pancakes for company? Class takes you through entire meal, how to dress it up to make special. Enjoy creation, take home recipes, tips. Seniors \$20. Gladstone Senior Center

EAT-2-301 COOL SUMMER MEALS
6-9pm W 8/05 1 \$25 Ekholm MULTI
Learn to cook once & use that to make several cool, nutritious meals. Sample some cool meals, take home recipes to see you through hottest summer days & picnics without breaking sweat. Seniors \$20. Gladstone Senior Center

EAT-2-302 DAVID'S GO CHEESY DAIRY-FREE
2-4:30pm SU 7/12 1 \$27 Gabbe MULTI
Do you love cheese-or miss it? Make your favorite "cheese" dishes, cheesy spreads, dips, sauces, blocks of "cheese" without dairy or guilt! Pure-vegetarian, use like real thing! Come hungry. Seniors \$25. Gladstone Senior Center

EAT-2-303 DAVIDS VEG. ADVENTURE W/TEMPEH
2-4:30pm SU 7/19 1 \$27 Gabbe MULTI
Tempeh (TEM-pay) is naturally fermented soybean product, nutritious & digestible, loaded with high-quality protein. Chewy texture, rich, mushroomy flavor makes fine meat substitute. Senior \$25. Gladstone Senior Center

EAT-2-304 DAVID'S VEG ADVENTURES W/TOFU
2-4:30pm SU 6/28 1 \$27 Gabbe MULTI
Learn all about tofu, watch how easy it is to prepare inexpensive, low-fat, cholesterol-free, pure vegetarian meals with tofu. Mixed w/ right seasonings, tofu is downright tasty! Come hungry. Seniors \$25. Gladstone Senior Center

EAT-2-305 MEDITERRANEAN GROCERY TOUR
9-1pm S 6/20 1 \$50 Campbell TBA
Enjoy shopping trip w/Jack Campbell. Explore Farmers' Markets, specialty shops. Theme-Mediterranean Foods-interesting meats, cheeses, vegetables, wine, incl Mediterranean restaurant lunch. Map, flyer. No discount.

EAT-2-306 MEDITERRANEAN GROCERY TOUR
9-1pm S 7/11 1 \$50 Campbell TBA
Same description as previous class.

EAT-2-307 SUMMER PIES & DESSERTS
6-9pm W 7/22 1 \$25 Ekholm MULTI
Learn to make mouth-watering pie crusts & summer desserts, some frozen, some cool, some baked. Using summer fruit, ice cream, even low-fat yogurt, make & sample creations, take home recipes. Seniors \$20. Gladstone Senior Center

Dance/Theater/Music

ATA-2-300 CHEERLEADING CLINIC GR. 1-8
9-2pm WS 7/29 1 \$35 Staff GYM
Learn cheers & parade routine from GHS cheerleaders to perform in Chautauqua parade on Sat. Pom poms & T-shirt included. Bring healthy lunch & note shirt size. Kraxberger Middle School

ATA-2-301 CHEER CAMP AGE 6 & UP GF
9-11:30am MTWTH 7/13 1 \$80 Staff CLRM
Intro to cheer, basic tumbling skills, games, crafts, activities. Learn basic cheers, dance, tumbling moves, basic cheer stunts. Includes pom-poms. Wear shorts, t-shirt, tennis shoes. Grand Finale Dance Studio

ATA-2-302 CHEER CLINIC AGE 7 & UP GF
4:45-5:30pm M 6/29 8 \$80 Staff CLRM
This eight week course is designed to introduce students to cheer-leading with basic tumbling & stunting skills. Wear shorts, t-shirt, & clean tennis shoes. Grand Finale Dance Studio

ATA-2-305 DANCE TEAM CLINIC GIRLS GR 1-8
9-1pm TS 7/28 1 \$35 Staff GYM
Gladette Dance Team Clinic will be coached by members of GHS Gladette Dance Team. Learn dance/parade routine to be performed in Chautauqua Parade on Sat. Bring healthy snack & note T-shirt size. Kraxberger Middle School

Community Education Classes

Registration form on page 53.

Course No.	Course Title	Time	Days	Begins	Wks.	Tuition	Fee	Instructor	Room	Course No.	Course Title	Time	Days	Begins	Wks.	Tuition	Fee	Instructor	Room
ATA-2-306	EAST COAST SWING DANCE	6:30-8:30pm	M	7/06	5	\$59		Davis	CAFE	ATA-2-320	MUSICTIME AGE 4-6	10:45-11:30am	MW	8/03	2	\$65		Staff	CLRM
Fun beginners course for new or occasional dancer/Basic steps & swing patterns of single & triple time East Coast Swing, how to lead & follow for man & woman. \$59 per couple, NO Partner rotation. Kraxberger Middle School										Same description as previous class. Harmony Road Music Center									
ATA-2-307	GUITAR BEG 1 GRADE 3-6	6:30-7pm	T	6/23	6	\$65	\$5	Price	CLRM	ATA-2-321	MUSIC-JR MUSIC CAMP AGE 4-6	10-12pm	M-F	7/13	1	\$85		Staff	CLRM
This is the place to get started! Get playing FAST in this fun 6-week class. Learn easy chords, strumming, simple songs. Bring guitar. Taught by artist/entertainer Bill Price. Space limited. Kraxberger Middle School										Camp provides activity oriented musical experience for 4-6 yr olds. Different theme explored through music & crafts each day: Dinosaurs, Animals, Nutcracker, Peter & Wolf. Short program at end. Harmony Road Music Center									
ATA-2-308	GUITAR BEG 1 YOUTH-ADULT	7:15-7:55pm	T	6/23	6	\$75	\$5	Price	CLRM	ATA-2-322	MUSIC-JR MUSIC CAMP AGE 4-6	10-12pm	M-F	7/27	1	\$85		Staff	CLRM
This is place to get started-get playing FAST in fun 6-week class! Learn easy chords, strumming, simple songs. Bring guitar. Taught by Bill Price. No discount/space limited/bring own guitar. Min age 5th gr. Kraxberger Middle School										Same description as previous class. Harmony Road Music Center									
ATA-2-309	GUITAR ACOUSTIC JAM/WKSHOP	7:55-8:45pm	T	6/23	6	\$75	\$5	Price	CLRM	ATA-2-323	MUSIC-YOUNG MUSICIAN AGE 6-7	4:30-5:15pm	TTH	7/14	2	\$65		Staff	CLRM
Folk, traditional, contemporary songs both simple & challenging for variety of abilities. Lots of singing for those who wish. Brief lessons, mostly playing/singing. Beyond beginning to intermed. No discounts. Kraxberger Middle School										Beginning music concepts through singing, ear training, note reading, keyboard solo & ensemble playing, rhythm ensemble, creative activities. Parents share in class time. Includes book. Harmony Road Music Center									
ATA-2-310	MISSOULA CHILDREN'S THEATRE	9:30-2pm	M-SAT	7/13	1	\$65		M.C.T.	GYM	ATA-2-324	MUSIC-YOUNG MUSICIAN AGE 6-7	6:30-7:15pm	MW	8/03	2	\$65		Staff	CLRM
Boys & girls age 6-15 audition, rehearse, perform Robinson Crusoe in 1 short week Mon-Sat. Must attend casting audition Mon, July 13, 9:30am at John Wetten Elem-Rehearsals times vary/space limit/Prereg Wetten Elementary School										Same description as previous class. Harmony Road Music Center									
ATA-2-311	MCT LET'S MAKEUP AGE 6-15	6-6:45pm	W	7/15	1	\$10		M.C.T.	GYM	ATA-2-325	MUSIC-KEYBOARD PREP AGE 8-11	5:30-6:15pm	TTH	7/14	2	\$65		Staff	CLRM
Makeup is the foundation & most basic visual image for all performers, allowing them to portray wide spectrum of characters. See demos of corrective, old age & fantasy makeup. Kraxberger Middle School										Exciting intro to keyboarding/piano playing, including ear training, note reading, solfege singing (DO, RE, MI), composing, & solo & ensemble playing. Parents share in class experience. Incl book. Harmony Road Music Center									
ATA-2-312	MCT CHAMELEON IMPROV AGE 8-11	5-5:45pm	W	7/15	1	\$10		M.C.T.	GYM	ATA-2-326	MUSIC-KEYBOARD PREP AGE 8-11	5:45-6:30pm	MW	8/03	2	\$65		Staff	CLRM
Learn the art of improv, acting without a script. This workshop emphasizes participation & is open to beginners to more experienced actors. Kraxberger Middle School										Same description as previous class. Harmony Road Music Center									
ATA-2-313	MCT CHAMELEON IMPROV AGE 12-15	7-7:45pm	W	7/15	1	\$10		M.C.T.	GYM	ATA-2-328	TAP/JAZZ AGE 3-4	10-10:45am	M	6/29	8	\$80		Staff	CLRM
Same description as previous class. Kraxberger Middle School										Get the chance to learn basic jazz & tap skills in a fun dance environment. Students need basic tights & leotard, ballet slippers (any color) & black patent tap shoes. Grand Finale Dance Studio									
ATA-2-314	MUSIC-TODDLER TUNES 18 MO-3 YR	9:30-10am	TTH	7/14	2	\$60		Staff	CLRM	ATA-2-329	VOICE ACTING INTRO AGE 18+	7-9pm	W	6/24	1	\$35		VoicesforAll	CLRM
A joyful first music experience-movement, singing & musical games, finger plays, keyboard games, musical sharing with parent or caregiver. Includes book & CD. Harmony Road Music Center										Fun, interactive class to get started as a Professional Voiceover Artist, covering details of industry & importance of marketing & demos. Get coached & recorded for personal evaluation. No discount. Kraxberger Middle School									
ATA-2-315	MUSIC-TODDLER TUNES 18 MO-3 YR	9:30-10am	MW	8/03	2	\$60		Staff	CLRM	ATA-2-330	BALLET AGE 3-5 FOOTWORK	6-6:30pm	T	7/07	8	\$38		Staff	CLRM
Same description as previous class. Harmony Road Music Center										Classroom activities get little ones moving & exploring the grace & flexibility that their bodies are capable of in a fun & easygoing environment. Footwork									
ATA-2-316	MUSIC-TODDLER TUNES 18 MO-3YR	5:15-5:45pm	MW	8/03	2	\$60		Staff	CLRM	ATA-2-331	BALLET AGE 3-5 FOOTWORK	5:30-6pm	TH	7/09	8	\$38		Staff	CLRM
Same description as previous class. Harmony Road Music Center										Same description as previous class. Footwork									
ATA-2-317	MUSIC-HELLO MUSIC AGE 3-4	12:30-1:15pm	TTH	7/14	2	\$65		Staff	CLRM	ATA-2-332	BALLET AGE 5-7 FOOTWORK	6:30-7:15pm	T	7/07	8	\$57		Staff	CLRM
An exciting introduction to music. Activities include movement, singing, rhythms, keyboard playing, creative projects. Enjoyable readiness program with parent involvement. Includes book & CD. Harmony Road Music Center										Classic balance & grace combined with fun activities start students on their way to strengthening ballet skills. Leotard & tights (any color) required. Footwork									
ATA-2-318	MUSIC-HELLO MUSIC AGE 3-4	10-10:45am	MW	8/03	2	\$65		Staff	CLRM	ATA-2-333	BALLET MOM & ME 2-3 YRS-FOOTWK	5-5:30pm	TH	7/09	8	\$38		Staff	CLRM
Same description as previous class. Harmony Road Music Center										Play & explore diff kinds of music & ballet moves, games, stretching, bar, creative play. Keep kids moving in toddler-centered class. Tuition for parent-child. Footwork									
ATA-2-319	MUSICTIME AGE 4-6	6:30-7:15pm	TTH	7/14	2	\$65		Staff	CLRM	ATA-2-334	HIP-HOP AGE 6-9 FOOTWORK	6:15-7pm	W	7/08	8	\$57		Staff	CLRM
Unique program encourages development of musical concepts through singing, movement, keyboard/piano playing, creative musical projects w/parent involvement. Strong basis for continuing classes. Materials included. Harmony Road Music Center										Fun, fast paced, funky dance moves create a routine set to upbeat music. Please wear comfortable clothes that allow for ease of movement, no jeans allowed. Footwork									
										ATA-2-335	HIP-HOP AGE 10-13 FOOTWORK	7:15-8:15pm	M	7/06	8	\$76		Staff	CLRM
										Same description as previous class. Footwork									
										ATA-2-336	HIP-HOP TEEN/ADULT FOOTWORK	8-9pm	W	7/08	8	\$76		Staff	CLRM
										Same description as previous class. Footwork									

Course No. Time	Course Title Days	Begins	Wks.	Tuition	Fee	Instructor	Room	Course No. Time	Course Title Days	Begins	Wks.	Tuition	Fee	Instructor	Room
ATA-2-337 5:30-6pm	JAZZ DANCE AGE 3-5 FOOTWORK M	7/06	8	\$38		Staff	CLRM	PED-2-308 9:30-10:15am	DANCE & TUMBLE AGE 3 1/2-5 F	7/03	8	\$74		Staff	FLOOR
Classic & creative movements are combined to create a faster pace than ballet with fun music & games to keep kids engaged & moving. Footwork								Same description as previous class. Sunburst Gymnastics Center							
ATA-2-338 5-5:30pm	JAZZ DANCE AGE 5-7 FOOTWORK M	7/06	8	\$38		Staff	CLRM	PED-2-309 2:45-3:30pm	DANCE & TUMBLE AGE 5-8 YRS M	6/29	8	\$74		Staff	FLOOR
Same description as previous class with more emphasis on combinations & routine structures. Footwork								Same description as previous class. Sunburst Gymnastics Center							
ATA-2-339 5:30-6pm	TAP DANCE AGE 3-5 FOOTWORK TH	7/09	8	\$38		Staff	CLRM	PED-2-310 10:15-11am	DANCE & TUMBLE AGE 5-8 YRS F	7/03	8	\$74		Staff	FLOOR
Little ones can tap out rhythms & explore sounds while participating in fun activities set to music. Tap shoes or hard soled dress shoes are required. Footwork								Same description as previous class. Sunburst Gymnastics Center							
Driver Education															
DRE-4-300 8-11am	DRIVER EDUCATION TTH	6/15	5	\$255	\$15	Staff	CLRM	PED-2-311 5:30-8pm	FOOTBALL CAMP GRADE 3-8 MTWTH	8/10	1	\$10		Staff	FIELD
Program for high school students under 18 requires 30 hours classroom instruction, 6 hours behind-the-wheel, 6 hours in-vehicle observation. Attendance at all sessions mandatory. Sign up for driving times at first class. The first class of Driver's Ed includes a segment for the parent/guardian & will be Monday, June 15 at 6pm. Balance of classes are T/TH from 8-11am. Must have valid Oregon permit. Tuition is add'l \$150 with license, if student gets license before completing last class, or if they turn 18 before final class. First priority given to Gladstone students. For more info call 503-650-2570. Kraxberger Middle School								PED-2-312 5:30-8pm MTW 8/10 1 \$40 Staff FIELD Gladiator Football Camp is conducted by GHS Coaching staff. Players will learn fundamentals of ball handling, passing, tackling, offense & defense. Bring football shoes & water bottle. Note shirt size. Gladstone High School							
Exercise/Fitness/Sports															
PED-4-300 TBA	AEROBICS SPECIAL AT CRRC M-SAT	6/15	14	\$75		Staff	AEROB	PED-2-313 2:30-4pm	GOLF FOR KIDS AGE 4-6 TWTW	7/21	1	\$52		Staff	COUR
Body sculpting, cardio, step variety, attend any or all: MWTH 5:45 am, M 8:45, WF 9am, TTH 8:30 am, MTWTH 4:30 pm, Sat 8 am. Held at Clackamas River Racquet Club-for flyer call (503) 650-2570. Seniors \$70. Clackamas River Racquet Club								"FUN" Discovery Golf for ages 4-6 at the Children's Course in Gladstone. Swing, rules, etiquette of golf, equipment provided. Class size limited. The Children's Course							
PED-2-301 TBA	AIKIDO FOR KIDS AGE 4-7 TBA	6/15	10	\$60		Staff	CLRM	PED-2-314 2:30-4pm	GOLF FOR KIDS AGE 4-6 TWTW	6/30	1	\$52		Staff	COUR
Aikido is non-competitive, non-violent Japanese Martial Art that teaches peaceful resolution of conflict, self defense, discipline. Specify day/time: Mon 5-6pm, Tue 6-7pm, or Wed 6-7pm. Aikido Northwest								Same description as previous class. The Children's Course							
PED-2-302 TBA	AIKIDO FOR KIDS AGE 8-10 TBA	6/16	10	\$60		Staff	CLRM	PED-2-315 2:30-4pm	GOLF FOR KIDS AGE 4-6 TWTW	8/11	1	\$52		Staff	COUR
Same description as previous class. Specify one day/time: Tues 5-6pm, Wed 7-8pm, or Thurs 4-5pm. Aikido Northwest								Same description as previous class. The Children's Course							
PED-2-303 TBA	AIKIDO FOR KIDS AGE 11-18 TBA	6/15	10	\$60		Staff	CLRM	PED-2-316 2:45-3:45pm	GOLF FOR JUNIORS AGE 7-17 F	7/03	4	\$52		Staff	COUR
Same description as previous class. Specify one day/time: Mon 6-7pm or Thurs 5-6pm. Aikido Northwest								Have fun while learning to play golf. All equipment provided + pass for future play. Held at the Children's Course in Gladstone. Open to beginning & intermediate students. The Children's Course							
PED-2-304 TBA	AIKIDO FOR ADULTS TTH	6/16	10	\$80		Staff	CLRM	PED-2-317 6-7pm	GOLF ADULT AT CHILDRENS COURSE M	6/29	4	\$60		Staff	COUR
Aikido-traditional Japanese Martial Art that develops mind, body, spirit to fullest. Attend any or all: Tues 7-8:30pm & Thurs 6:15-7:15pm, plus basic weapon techniques Thurs 7:15-8:15pm/No discounts. Aikido Northwest								Learn basics of golf: proper grip, stance, swing, putting, chipping, more. Last class will include course play. All equipment provided + pass for future play. Beg. to Int. No discounts. The Children's Course							
PED-2-305 9-11:30am	BASKETBALL CAMP GRADE 3-9 MTWTH	6/15	1	\$40		Staff	GYM	PED-2-318 1-2pm	GOLF ADULT AT FUNDAMENTAL GOLF S	6/06	4	\$50		Staff	CRSE
Gladiator Hoop Camp for boys entering grades 3-9 will be under the direction of GHS Varsity Coaching staff with emphasis on ball handling, defense, shooting form. Games, prizes too. Note shirt size. Gladstone High School								Do you want to learn golf? Learn the basics for playing the game: grip, stance, setup, short swing, full swing, putting, rules. No clubs required. Instructed by PGA professional. No discounts. FUNdaMental Golf Learning Ctr							
PED-2-306 9-11:30am	BASKETBALL CAMP GRADE 3-9 MTWTH	6/22	1	\$40		Staff	GYM	PED-2-319 11-12pm	GOLF ADULT INTERMEDIATE S	7/11	4	\$50		Staff	CRSE
Hoop Camp for girls entering grade 3-9 will work on fundamentals of basketball with emphasis on ball handling, defense, shooting form. Games, contest, more. Note t-shirt size on form. Gladstone High School								Playing but frustrated with your game or need a refresher, this is the course for you. Bring your clubs & your questions & learn from PGA Professional Shanda Imlay. No discounts. FUNdaMental Golf Learning Ctr							
PED-2-307 2-2:45pm	DANCE & TUMBLE AGE 3 1/2-5 M	6/29	8	\$74		Staff	FLOOR	PED-2-320 9-10am	GOLF-SHORT GAME WORKSHOP S	7/11	4	\$50		Staff	CRSE
Introduction to movement, pre-ballet, music & tumbling skills using Sunburst's pre-school & elementary equipment. Wear leotards or shorts & t-shirt. Sunburst Gymnastics Center								Chipping, pitching, putting & bunker play. Taught by PGA Pro Shanda Imlay. Lower scores & have more effective short game play. No discounts. FUNdaMental Golf Learning Ctr							
PED-2-321 4-4:30pm W 7/01 8 \$76 Staff RINK These 8-week introductory classes are designed to get your child comfortable with the ice & be able to move across it with control. Skate rental included. Lloyd Center Ice Rink															
PED-2-322 11:30-12pm S 7/04 8 \$76 Staff RINK Same description as previous class. Lloyd Center Ice Rink															

Community Education Classes

Registration form on page 53.

Course No.	Course Title	Time	Days	Begins	Wks.	Tuition	Fee	Instructor	Room	Course No.	Course Title	Time	Days	Begins	Wks.	Tuition	Fee	Instructor	Room
PED-2-323	ICE SKATING INTRO AGE 7-ADULT	4:30-5pm	W	7/01	8	\$76		Staff	RINK	PED-2-338	TUMBLING BASICS AGE 2 1/2-4	5:30-6:15pm	M	6/29	8	\$80		Staff	CLRM
<p>These 8-week introductory classes are designed to acquaint you with the ice & give you basic skills to skate independently. Skate rental included. No discounts. Lloyd Center Ice Rink</p>										<p>Flexibility, fun, & games rule the day as students learn tumbling skills up to & including cartwheels, somersaults, & handstands! Grand Finale Dance Studio</p>									
PED-2-324	ICE SKATING INTRO AGE 7-ADULT	11:30-12pm	S	7/04	8	\$76		Staff	RINK	PED-2-339	TUMBLING BASICS AGE 2 1/2-4	10:45-11:30am	TH	7/02	8	\$80		Staff	CLRM
<p>Same description as previous class. Lloyd Center Ice Rink</p>										<p>Same description as previous class. Grand Finale Dance Studio</p>									
PED-4-325	PILATES ALL LEVELS EVE CRRC	5:30-6:30pm	MTWTH	6/15	7	\$120		Staff	AEROB	PED-2-340	TUMBLING BASICS AGE 5 & UP GF	5-5:45pm	TH	7/02	8	\$80		Staff	CLRM
<p>Focus on cultivating strength, flexibility, balance, grace for body & mind. Attend any or all: MTWTH 5:30-6:30pm. Performed on mat, discover how body is meant to move. No discounts. Clackamas River Racquet Club</p>										<p>Class will be an intro to basic tumbling skills, including front & back walkovers up to handstands. Foundation for beginners & an opportunity for more advanced tumblers to refine their skills. Grand Finale Dance Studio</p>									
PED-4-326	PILATES ALL LEVELS EVE CRRC	5:30-6:30pm	MTWTH	8/03	7	\$120		Staff	AEROB	PED-2-342	VOLLEYBALL CAMP, GRADE 6-8	9-12pm	MTW	8/10	1	\$50		Staff	GYM
<p>Same description as previous class. Clackamas River Racquet Club</p>										<p>Camp for grades 6-8 will emphasize fundamentals and proper mechanics. Learn easy workouts that you can do at home to increase your speed, vertical, and chance of making the high school team. Gladstone High School</p>									
PED-2-327	SKYHAWKS SOCCER AGE 3 1/2-4	1-1:45pm	MTWTH	7/13	1	\$30		Skyhawks	FIELD	PED-2-343	VOLLEYBALL CAMP GRADE 9-12	1-4pm	MTWTH	8/17	1	\$65		Staff	GYM
<p>Tiny Hawks helps fine-tune motor skills in first intro to Soccer. No pressure, just lots of fun for these tiny athletes learning the basics of soccer through age-appropriate games. Wetten Elementary School</p>										<p>Get ready for tryouts. Fast paced workout, fundamentals w/lots of repetition for every position. Get in shape for VB doing specific drills, games, for everything from base defense to jump serves. Gladstone High School</p>									
PED-2-328	SKYHAWKS MULTI-SPORT AGE 4-7	9-12pm	M-F	7/13	1	\$107		Skyhawks	FIELD	PED-2-344	YOGA KIDS 7 & UP-GRANDE FINALE	5:30-6:30pm	W	7/01	8	\$80		Staff	CLRM
<p>Intro to basics of soccer, baseball, & basketball for age 4-7. No pressure, just fun! Campers receive mini ball & T-shirt. Bring shin guards, snacks, water bottle, sunscreen, running shoes. Wetten Elementary School</p>										<p>This 8 week session offers Vinyasa or "flow" yoga with Linda Pomeroy for all levels of Yogi's. Students will study art of flexibility & control in fun, relaxed setting. Please bring mat. Grand Finale Dance Studio</p>									
PED-2-329	SOCCER CAMP GRADE 9-12	6-8:15pm	MTWTH	8/10	1	\$35		Lewis	FIELD	PED-4-345	YOGA ADULT - GRANDE FINALE	9:30-10:30am	M	6/29	8	\$80		Staff	CLRM
<p>All boys entering grades 9-12 are invited to attend, regardless of experience. Note T-shirt size/bring soccer ball with name/shin guards/soccer or tennis shoes/water. Coached by Tyler & Aaron Lewis. Gladstone High School</p>										<p>Vinyasa or "flow" yoga with Linda Pomeroy for all levels of Yogi's. Flexibility & control in fun, relaxed setting. Bring mat. No discounts. Grand Finale Dance Studio</p>									
PED-2-330	TAE KWON DO FOR AGE 8-15	6-7:30pm	TTH	6/16	7	\$49	\$5	Beasley	GYM	PED-4-346	YOGA ADULT - GRANDE FINALE	9:30-10:30am	TH	7/02	8	\$80		Staff	CLRM
<p>Develop your mind & body with this ancient disciplined Martial Art that promotes self-discipline & self-esteem. Parents invited to participate at no add'l charge after signing release. All levels. Kraxberger Middle School</p>										<p>Same description as previous class. Grand Finale Dance Studio</p>									
PED-2-331	TAE KWON DO ADULT	7:30-9pm	TTH	6/16	7	\$59		Woo	CAFE	PED-4-347	YOGA & MEDITATION	6-7pm	M	6/29	6	\$35		Haye	MULTI
<p>Great workout while learning Korean style of martial arts, from Master Jaiwhan Woo, past Korean National Champion, dedicated instr 30+ yrs. Strengthen body, mind, spirit. Men & women all ranks welcome. Kraxberger Middle School</p>										<p>Feel your stress melt away as you learn techniques to relax, improve concentration, focus mind, strengthen mind & body. Class will be approx 40 min Yoga, 20 min meditation. Bring mat or blanket. Seniors \$25 Gladstone Senior Center</p>									
PED-2-332	TUMBLE & TRAMPOLINE AGE 4-6	2:30-3:15pm	TH	7/02	8	\$74		Staff	FLOOR	PED-4-348	YOGA BEGINNING GENTLE	9-10am	T	6/16	10	\$50		Haye	MULTI
<p>Ideal for girls & boys wanting to specialize in tumbling & trampoline, from beginners or to expand tumbling skills for dance & cheer. Sunburst Gymnastics Center</p>										<p>Feel better/reduce stress, no matter what age or fitness level. Very beginning, gentle yoga. Wear loose clothing, bring blanket/mat. Seniors \$35. Gladstone Senior Center</p>									
PED-2-333	TUMBLE & TRAMPOLINE AGE 4-6	11:15-12pm	F	7/03	8	\$74		Staff	FLOOR	PED-4-349	YOGA BEGINNING GENTLE	9-10am	F	6/19	10	\$50		Haye	MULTI
<p>Same description as previous class. Sunburst Gymnastics Center</p>										<p>Same description as previous class. Gladstone Senior Center</p>									
PED-2-334	TUMBLE & TRAMPOLINE AGE 6-10	12-12:45pm	F	7/03	8	\$74		Staff	FLOOR	PED-4-350	YOGA BASICS	5-6pm	M	6/15	10	\$50		Haye	MULTI
<p>Same description as previous class. Sunburst Gymnastics Center</p>										<p>Feel better physically & reduce stress. Learn simple stretches, breathing & relaxation techniques suitable for all ages. Wear loose clothing, bring a blanket or mat. Class limited. Seniors \$35. Gladstone Senior Center</p>									
PED-2-335	TUMBLE & TRAMPOLINE AGE 6-10	4:15-5pm	M	6/29	8	\$74		Staff	FLOOR	PED-4-351	YOGA BASICS	5:25-6:25pm	T	6/16	10	\$50		Fegal	MULTI
<p>Same description as previous class. Sunburst Gymnastics Center</p>										<p>Same description as previous class. Gladstone Senior Center</p>									
PED-2-336	TUMBLE & TRAMPOLINE AGE 6-10	6-6:45pm	T	6/30	8	\$74		Staff	FLOOR	PED-4-352	YOGA BASICS	9-10am	TH	6/18	10	\$50		Haye	MULTI
<p>Same description as previous class. Sunburst Gymnastics Center</p>										<p>Same description as previous class. Gladstone Senior Center</p>									
PED-2-337	TUMBLE & TRAMPOLINE AGE 6-10	4-4:45pm	TH	7/02	8	\$74		Staff	FLOOR										
<p>Same description as previous class. Sunburst Gymnastics Center</p>																			

Course No. Time	Course Title Days	Begins	Wks.	Tuition	Fee	Instructor	Room	Course No. Time	Course Title Days	Begins	Wks.	Tuition	Fee	Instructor	Room
PED-4-353 6:30-7:30pm	YOGA, CONTINUING T	6/16	10	\$50		Fegel	MULTI	HLT-2-306 6-9pm	MEDIC BASIC FIRST AID/CPR T	7/21	1	\$40		Baker	CLRM
Feel better physically & reduce stress. Stretches, breathing & relaxation techniques for those who have taken at least 1 term of Yoga & are over 18. Wear loose clothing & bring mat. Seniors \$35 Gladstone Senior Center								Same description as previous class. Kraxberger Middle School							
PED-4-354 6-7pm	YOGA, CONTINUING W	6/17	10	\$50		Haye	MULTI	HLT-2-307 10-12pm	SAFETY TOWN AGE 4-6 M-F	7/06	1	\$50		Staff	GYM
Same description as previous class. Gladstone Senior Center								Safety Town teaches children how to handle many hazards & dangerous situations, with special emphasis on traffic & pedestrian safety in gym transformed into small city. Lots of fun! T-shirt included. Wetten Elementary School							
PED-4-355 TBA	YOGA MWF BEG-INT CRRC MWF	6/15	7	\$120		Staff	AEROB	HLT-4-308 6:30-8:30pm	PRACTICE SAFE STRESS 101 T	6/23	3	\$50		Hannam	MULTI
Engage yourself physically & mentally through yoga. Breathing, relaxation, postural alignments. Wear loose clothing & bring exercise mat. No discounts. M 7:45am, WF 8-9am Clackamas River Racquet Club								Understand your body's response to stress. Learn practical tools to manage stress: breath & relaxation techniques, self massage, behavior modification, biofeedback. Bring pillow, mat/blanket. Seniors \$35. Gladstone Senior Center							
PED-4-356 TBA	YOGA MWF BEG-INT CRRC MWF	8/03	7	\$120		Staff	AEROB	HLT-2-309 6-8:30pm	WHEN I'M IN CHARGE-AGE 8-11 TH	6/18	1	\$25		Red Cross	CLRM
Same description as previous class. Clackamas River Racquet Club								Prepares children age 8-11 to safely respond to "home alone" situations. Includes answering phone/door, first aid hints, gun & Internet safety/sibling care. Parents invited to last half hour of class. Kraxberger Middle School							
PED-4-357 9:30-10:30am	YOGA TTH BEG-INT CRRC TTH	6/16	7	\$82		Staff	AEROB	History/Writing/Literature							
Same description as previous class. T/TH 9:30-10:30am. Clackamas River Racquet Club								HWL-2-300 9-12pm	WRITING YOUR LIFE STORY S	8/15	2	\$29		Ekholm	MULTI
PED-4-358 9:30-10:30am	YOGA TTH BEG-INT CRRC TTH	8/04	7	\$82		Staff	AEROB	Frustrated at lack of written family history? Leave 1st class encouraged, empowered, w/dozen vignettes from life underway. Find yourself writing madly, recalling stories you'd thought forgotten. Seniors \$24. Gladstone Senior Center							
Same description as previous class. Clackamas River Racquet Club								Home Buying/Decorating/Improvement							
PED-2-359 9-4pm	SHAPE NW SPORT CAMP GR. K-6 M-F	7/20	1	\$125		SHAPE	GYM	HME-2-300 6:30-8:30pm	BUYING HOME IN BUYER'S MARKET T	7/21	1	\$12		Gorton	CLRM
Have fun, be active & healthy! Camp activities-basketball, flag football, baseball, soccer, martial arts, wall ball, jump rope, fun w/food class, dance, art. Before or after care \$7.50 wk/\$15 both. Wetten Elementary School								Learn what you need to know to get the best deal, in the best buyers market we have seen in years. Get your questions answered! Couples \$20. Kraxberger Middle School							
PED-2-360 7-8:30pm	HOOPTASTIC FITNESS FUN! W	6/17	1	\$15		Fey	CLRM	HME-2-301 6:30-8:30pm	SELLING HOME IN BUYER'S MARKET TH	7/23	1	\$12		Gorton	CLRM
Have fun with hoops! Basic waist hooping, hooping tricks & games that build strength & encourage creativity. Amaze your friends with what you can do. Hoops provided. Age 10 & up. Kraxberger Middle School								The market has changed, so does way you need to sell your home. Discuss market activity, pricing, identify greatest competition, what you need to do to get home sold today, options you have. Couples \$20 Kraxberger Middle School							
PED-2-361 7-8:30pm	HOOPTASTIC FITNESS FUN! W	7/08	1	\$15		Fey	CLRM	Language Studies							
Same description as previous class. Kraxberger Middle School								FLS-4-300 7-9pm	SPANISH BEGINNING PART I M	6/15	7	\$62	\$30	Sotelo	CLRM
Health/Safety/Personal Well-Being								Practical, fun, easy! Beginning class will focus on Spanish language basics, grammar & culture. Ideal for travelers or those needing Spanish in working environment. Fee for workbook & textbook. No class July 6. Kraxberger Middle School							
HLT-4-300 1-5pm	AARP DRIVER SAFETY (55 ALIVE) MT	6/29	1			Staff	CLRM	FLS-4-301 6:30-8:30pm	SPANISH BEGINNING PART I W	6/17	7	\$62	\$30	Marquez-Horna	CLRM
Helps improve driving skills to become safe, defensive driver. Upon completion of class- 8 hours-may get discount on auto insurance. Call 503-655-7701 to register, pay \$14 at class, \$12 w/AARP card. Gladstone Senior Center								Same description as previous class. Kraxberger Middle School							
HLT-4-301 9-1pm	AARP DRIVER SAFETY (55 ALIVE) MT	8/24	1			Staff	CLRM	FLS-4-302 7-9pm	SPANISH BEGINNING PART II T	6/16	7	\$62	\$30	Sotelo	CLRM
Same description as previous class. Gladstone Senior Center								Continuation from Level I class, designed to develop practical skills in listening, reading, writing, speaking Spanish. Use same book as Part I. Fee for workbook & textbook-new students only. No class 7/7. Kraxberger Middle School							
HLT-2-302 9-3:45pm	BABYSITTING-AGE 11 & UP T	6/16	1	\$50		Red Cross	CLRM	FLS-4-303 7-9pm	SPANISH BEGINNING PART III W	6/17	7	\$62	\$30	Sotelo	CLRM
Red Cross class includes responsibilities of babysitter, safety, basic child care, first aid, emergency skills. Receive certificate and student guide upon completion. Please bring lunch, pencil, paper. Kraxberger Middle School								Continuation from Beginning II class, designed to develop practical skills in listening, reading, writing, speaking Spanish. Complete textbook in this class; lab fee for new students only. No class 7/8. Kraxberger Middle School							
HLT-2-303 9-3:45pm	BABYSITTING-AGE 11 & UP T	6/23	1	\$50		Red Cross	CLRM	Health/Safety/Personal Well-Being							
Same description as previous class. Kraxberger Middle School								HLT-2-305 6-9pm	MEDIC BASIC FIRST AID/CPR W	6/17	1	\$40		Baker	CLRM
HLT-2-304 9-3:45pm	BABYSITTING-AGE 11 & UP T	6/30	1	\$50		Red Cross	CLRM	Medic First Aid training teaches appropriate emergency response skills Adult/Child/Infant CPR & First Aid, AED, bloodborne pathogens. Receive a two year CPR/First Aid card in OSHA compliant course. No discounts. Kraxberger Middle School							
Same description as previous class. Kraxberger Middle School															

Community Education Classes

Registration form on page 53.

Course No.	Course Title	Course No.	Course Title
Time	Days	Time	Days
	Begins		Begins
	Wks.		Wks.
	Tuition		Tuition
	Fee		Fee
	Instructor		Instructor
	Room		Room

Science

SCE-2-300	MAD SCIENCE-CREEPY-CRAWLY 4-6						
9-12pm	W	7/15	1	\$32	MadScience	CLRM	
Explore world of creepy, crawly creatures. Learn about insect's fabulous flying ability, unique eyes, unusual way they see; decomposers, take home bug box & mini-composter. Bring snack. Age 4-6. Kraxberger Middle School							
SCE-2-301	MAD SCIENCE-JR ASTRONAUTS 5-7						
9-12pm	W	7/29	1	\$32	MadScience	CLRM	
What is space? Test for signs of life in "Martian" soil, try hand at repairing "satellite", watch water rocket launch, collect samples from Mad Science moon, make own orbiter. Bring snack, age 5-7. Kraxberger Middle School							
SCE-2-302	MAD SCIENCE-JR ENGINEER 6-12						
9-3pm	W	7/08	1	\$52	MadScience	CLRM	
Exciting, hands-on day of building games, skyscrapers, puzzles. Build skyscraper w/marshmallows & pasta, explore shapes & strength, help Mad Scientist build geodesic dome! Bring lunch, snack, age 6-12. Kraxberger Middle School							
SCE-2-303	MAD SCIENCE-PHUNTAISTIC PHYSICS						
9-12pm	W	7/22	1	\$32	MadScience	CLRM	
Step into shoes of Sir Isaac Newton, Ben Franklin & Galileo, recreate some famous experiments. Discover science behind movement! Build own inertia kit & "rattlesnake scare". Bring snack. Age 6-12. Kraxberger Middle School							

Travel/Trips/Tours

TVL-2-300	MIDDLE SOUTH TRIPS 2010 & 2011						
					Weber	TBA	
Join Gery Weber for trips to the South (adults 21+). In 2010 see New Orleans, Vicksburg, Memphis, Nashville. In 2011, visit Atlanta, Chattanooga, Charleston, Savannah. Call for more info on one or both.							

Milwaukie

CENTER

Registration form for Community Education classes on page 53.

For class locations, see page 55.

Please pre-register by mail or by calling 503-653-8100 for classes held at the Milwaukie Center. For a complete list of classes and workshops offered through the Milwaukie Center, please request a Healthy Living Recreation and Education Guide by calling 503-653-8100.

Classes held at Milwaukie Center unless otherwise noted.

Art/Crafts/Hobbies

APA-1-51	EXPLORE THE ARTS						
9-4pm	S	5/30	1		Hahn	CLRM	
Animals in Oil. Working from photos, paint your pet or wild animals in oils using an underpainting of acrylics. Fee: Res. \$20. Non-res. \$24. Milwaukie Center							
APA-1-52	EXPLORE THE ARTS						
9-4pm	S	6/13	1		Woodstock	CLRM	
Landscape in Oil. Working from sketches, paint your favorite landscape in my easy plain air method. Supply list available. Fee: Res. \$20. Non-res. \$24. Milwaukie Center							
APA-1-53	GARDEN ART: BIRDBATH						
5:30-8:30pm	TH	5/21	1		Sinsel	CLRM	
NEW! Join Colleen Sinsel in making a unique birdbath for your backyard. Using a terra cotta base, create your own mosaic design using ceramic tiles. Material fee: \$8. All materials included. Fee: Res. \$20. Non-res. \$24. Milwaukie Center							
APA-1-54	GARDEN ART: MOSAIC GARDEN ROCK						
6:30-8:30pm	TH	5/28	1		Sinsel	CLRM	
NEW! Colleen Sinsel will help you design your own mosaic garden rock using river rock and ceramic tile. Two rocks and all other material provided. Material fee: \$8. Fee: Res. \$20. Non-res. \$24. Milwaukie Center							

APA-1-55	GARDEN ART: CEMENT LEAVES						
6:30-8:30pm	TH	6/04	1		Sinsel	CLRM	
NEW! Create two leaves for your backyard by casting your own cement leaves. Colleen Sinsel will teach you the basics for this unique garden art. Material fee: \$8. All materials are included. Fee: Res. \$20. Non-res. \$24. Milwaukie Center							
APA-1-56	PAINT WITH ACRYLICS						
9:30-12pm	F	6/26	5	\$43	Ugrin	CLRM	
Learn color theory, glazing, impasto. This course is for beginners as well as the experienced. Course touches on many aspects such as color and shading. No class July 3. Material list available. Senior Discount \$32. Milwaukie Center							
APA-1-57	DRAWING						
10-12pm	M	6/22	5	\$43	Ugrin	CLRM	
Pencil, charcoal, ink washes and mixed medium in color and black and white. Emphasis will be on linear qualities that give artwork direction and action. Material list available. Senior Discount \$32. Milwaukie Center							
APA-1-58	DRAWING - BEGINNING						
2-4pm	W	6/24	5	\$43	Ugrin	CLRM	
We will use many different mediums in order to learn the basics of drawing in a classical format. Material list available. Senior Discount \$32. Milwaukie Center							
APA-1-59	OIL PAINTING - SECT 1						
9:30-12pm	TH	6/25	9	\$85	Wilson	CLRM	
Develop skills in composition and color mixing with one-on-one attention--from canvas preparation to finished project. Call 503-653-8100 for materials list. No class July 30. Senior Discount \$64. Milwaukie Center							
APA-1-60	OIL PAINTING - SECT 2						
1-3:30pm	TH	6/25	9	\$85	Wilson	CLRM	
Same description as previous class. No class July 30. Senior Discount \$64. Milwaukie Center							
APA-1-61	PRINT MAKING						
1-3:30pm	F	6/26	5	\$43	Ugrin	CLRM	
Designing your own images will provide many creative opportunities. Relief, monotype, and chine colle. A small fee will be charged for shared materials. No class July 3. Senior Discount \$32. Milwaukie Center							
APA-1-62	WATERCOLOR BEG/INTER						
1-3:30pm	M	6/22	5	\$53	Ugrin	CLRM	
Enjoy the basics in this luminous medium. Many opportunities for beginners and experienced to learn line and color theory. Material list available. Senior Discount \$40. Milwaukie Center							
APA-1-63	FRIENDS QUILTING						
8:30-11:30am	TH					CLRM	
For experienced needle crafters. Group quilts once a week to raise funds for senior services. Bring a sample of your work. No fee. Center closed July 30. Milwaukie Center							
APA-1-64	WOOD CARVING						
8:30-12pm	W					CLRM	
Activity period for novice to advanced wood carvers--with guidance for starter projects, instruction on safety and tool care. Activity fee: \$1 per session. Drop in. Center closed July 29. Milwaukie Center							
APA-1-65	DUPLICATE BRIDGE						
1-3:30pm	M					CLRM	
Meets weekly at Milwaukie Center on Monday from 12:30-3:30pm. Please bring a partner. Activity fee: \$1 per session. Group rules of play apply. Center closed July 27. Milwaukie Center							
APA-1-66	PINOCHLE						
12:45-3:45pm	T					CLRM	
Meets weekly at Milwaukie Center on Tuesdays. Activity fee: \$1 per session. Group rules of play apply. Center closed July 28. Milwaukie Center							
APA-1-67	POOL, SNOOKER, & DARTS						
8:30-5pm	M-F					CLRM	
Tune up your game Mon-Fri, in a friendly setting. Two pool, one snooker table with open play. Darts open for play too. Activity fee: \$1 per session. Center closed July 27 - July 31. Milwaukie Center							

Course No.	Course Title	Time	Days	Begins	Wks.	Tuition	Fee	Instructor	Room	Course No.	Course Title	Time	Days	Begins	Wks.	Tuition	Fee	Instructor	Room
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Computers

DPS-4-50 COMPUTER FIRST STEPS
 2:30-4:30pm F 7/17 6 King CLRM
 Level 1. If you've never touched a computer or learn best at a slower pace, this class is for you. Learn to communicate with the computer and understand the signs and symbols it uses to communicate. Hands-on practice. Res. \$65. Non-Res. \$70. No class July 31 & Aug 14. Milwaukie Center

DPS-4-52 COMPUTER BASICS
 9:30-11:30am S 7/18 6 King CLRM
 Level 2. This course opens with a survey of computer technology & components. You'll set up your own master files and email account, learn your way around the Worldwide Web, and send a picture to a friend. Res. \$65. Non-Res. \$70. No class Aug. 1 & 15. Milwaukie Center

DPS-4-56 COMPUTER WORD PROCESSING
 12-2pm F 7/17 6 King CLRM
 Level 3. Class will help master keyboard functions, fine tune processing skills, learn tool bar settings, set up tables and charts. Materials extra. Res. \$65. Non-Res. \$70. No class July 31 and Aug. 14. Milwaukie Center

DPS-4-58 COMPUTER: BEYOND BASICS
 9-11am F 7/17 6 King CLRM
 Level 4. Follow up to basic course to show you how to install and uninstall software, set-up shortcuts, back up data, upload and download files. Materials fee extra. Res. \$65. Non-Res. \$70. No class July 31 & Aug. 21. Milwaukie Center

Dance/Theater/Music

ATA-1-50 SWING & BLUES
 5:50-6:50pm TH 7/02 7 Barrett CLRM
 NEW! Geared toward young adults (ages 15+) or adults interested in partner dancing. Learn different styles of swing and blues. No previous experience or partner req. Learn steps, technique and dance etiquette. Fee: Res. \$60. Non-res. \$75. No class July 30. Milwaukie Center

ATA-1-51 TAP FOR ADULTS
 6:55-7:55pm TH 7/02 7 Barrett CLRM
 NEW! Class is for adults with an interest in tap and getting a workout. No previous exp. necessary. The teacher will move at the pace of the class. Very casual, and centered on learning and having fun. Fee: Res. \$60. Non-res. \$75. No class July 30. Milwaukie Center

ATA-1-52 SALSA DANCE
 6-7pm T 8/4 5 \$21 Romero CLRM
 Students will be able to distinguish the different types of Latin beats, model different forms of Salsa movement and have a brief understanding of the background and culture involved with Salsa. Senior Discount \$16. Milwaukie Center

ATA-1-54 COUNTRY LINE DANCE-BEGINNING
 12:30-1:30pm TH 6/25 11 \$43 Mullican CLRM
 This class is designed for newcomers to line dance and patterns. Presented at an easy pace! No class July 30. Senior Discount \$32. Milwaukie Center

ATA-1-55 COUNTRY LINE DANCE-BEGINNING
 7:05-8:05pm T 6/23 11 \$43 Mullican CLRM
 Same description as previous class. No class July 28. Senior Discount \$32. Milwaukie Center

ATA-1-56 COUNTRY LINE DANCE - INTER.
 1:30-2:30pm TH 7/09 8 \$30 Mattson CLRM
 Continue building your line dance repertoire with Joyce Mattson. For those with experience and/or basic line dance skills solidly in place. No class July 30. Senior Discount \$23. Milwaukie Center

Exercise/Fitness/Sports

PED-4-50 PILATES
 11-12pm MW 6/22 11 \$94 Wilson PKSD
 Focus on cultivating strength, flexibility, balance and grace for your body and mind. Bring a mat to class and an exercise ball on Wednesdays. Discover how the body was meant to move. Senior Discount \$71. North Clackamas Aquatic Park

PED-4-51 PILATES
 10:45-11:45am F 6/26 11 \$47 Tait-Ochs PKSD
 Designed to develop core strength and coordination, this class focuses on traditional pilates movement patterns. Exercises can be modified based on experience. Bring a mat to class. All levels welcome. Senior discount \$35. North Clackamas Aquatic Park

PED-4-52 PILATES - INT/ADV
 11:50-12:50pm F 6/26 11 \$47 Tait-Ochs PKSD
 Students should have a good working knowledge of and experience in Pilates and be up for the challenge of a quicker pace and more advanced exercises. May include small Pilates apparatus. Bring a well cushioned mat to class. Senior Discount \$35. North Clackamas Aquatic Park

PED-4-53 TAI CHI FOR BEGINNERS (DAY)
 10:10-10:55am MWF 6/29 10 \$83 Lusk CLRM
 For participants new to the wonderful art of this ancient Chinese material art. You'll learn to improve concentration, strength, balance, and flexibility. No class July 3, 27 29 & 31. Senior Discount \$62. Milwaukie Center

PED-4-54 TAI CHI FOR BEGINNERS (EVE)
 6:35-7:35pm MW 6/29 10 \$77 Lusk CLRM
 Same description as previous class. No class July 27 & 29. Senior Discount \$58. Milwaukie Center

PED-4-55 TAI CHI, INTERMEDIATE (DAY)
 11:15-12:15pm TTH 6/30 10 \$77 Lusk CLRM
 This class will help bring energy while emphasizing health and coordination. Continued focus will be on balance, strength, and flexibility skills while learning techniques to relax the body and mind. No class July 28 & 30. Senior Discount \$58. Milwaukie Center

PED-4-56 TAI CHI, INTERMEDIATE (EVE)
 5:30-6:30pm MW 6/29 10 \$77 Lusk CLRM
 Same description as previous class. No class July 27 & 29. Senior Discount \$58. Milwaukie Center

PED-4-57 TAI CHI, ADVANCED
 9:20-10:05am MWF 6/29 10 \$83 Lusk CLRM
 Students are requested to be able to perform 24 Yang style on their own in order to perform more advanced forms. No class July 3, 27, 29, & 31. Senior Discount \$62. Milwaukie Center

PED-4-58 SIT-N-FIT
 11:05-11:50am MWF 6/29 10 \$80 Stauss CLRM
 Strengthen your muscles, improve your range of motion, mobility & balance--sitting or standing next to a chair for support! Great for those with some physical limits. No class July 3, 17, 27, 29 & 31. Senior Discount \$60. Milwaukie Center

PED-4-59 EZ-DOES-IT AEROBICS
 8:30-9:15am MWF 6/29 10 \$80 Stauss CLRM
 Moderate aerobic exercise for those who want to stay fit. Sessions include warm-up, stretch, muscle toning plus aerobic workout. No class July 3, 17, 27, 29 & 31. Senior Discount \$60. Milwaukie Center

PED-4-60 STRETCH & FLEX
 8:30-9:15am TTH 6/23 11 \$64 Hall CLRM
 Learn to breathe--and stay flexible as you build strength and balance in this relaxing non-aerobic approach to exercise. Bring an exercise mat; includes floor time. No class July 28 & 30. Senior Discount \$48. Milwaukie Center

PED-4-61 LIGHT AEROBICS A
 9:25-10:10am TTH 6/23 11 \$64 Hall CLRM
 This entry level exercise class will go through warm-up, stretching, and an aerobic workout. Some hand-held weights used. No class July 28 & 30. Senior Discount \$48. Milwaukie Center

PED-4-62 LIGHT AEROBICS B
 10:20-11:05am TTH 6/23 11 \$64 Hall CLRM
 Same as Light Aerobics A, but the workout will be a faster pace. No class July 28 & 30. Senior Discount \$48. Milwaukie Center

PED-4-63 PERSONAL FITNESS
 6:30-7:30pm M 6/22 11 \$43 Hall CLRM
 Advanced beginner to intermediate aerobics. Anything from boxing, resistance training, bands, weights, and floor work. Bring a floor mat. No class July 27. Senior Discount \$32. Milwaukie Center

Community Education Classes

Registration form on page 53.

Course No.	Course Title	Time	Days	Begins	Wks.	Tuition	Fee	Instructor	Room
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PED-4-64 YOGA
4:45-5:45pm TTH 7/07 7 Watson CLRM
Stretch, strengthen, breathe and relax! Learn techniques from this ancient discipline to increase well-being, reduce stress, and to modify poses to meet your needs. Bring a mat and an empty stomach. No class July 28 and 30. Res: \$50, Non-res: \$55. Milwaukie Center

PED-4-65 ZUMBA GOLD
12:30-1:30pm F 6/26 11 \$38 Wilson CLRM
Zumba Gold is designed to take exciting Latin and International dance rhythms and bring them to the active older adult. Includes Merengue, Salsa, Cha Cha, Flamenco and more. Beginners welcomed. No class July 3 and 31. Senior discount \$29. Milwaukie Center

Health/Safety/Personal Well-Being

HLT-1-50 A PLACE AT THE CENTER
12:30-4pm W CLRM
Check out this social activities program designed for people with memory loss or confusion due to stroke, Alzheimer's or related disorders. Meets one time per week. Call 503-653-8100 for enrollment and fee info. Center closed July 29. Milwaukie Center

HLT-1-51 BLOOD PRESSURE CHECK
9:45-11:45am MT CLRM
Drop in and get your blood pressure checked by volunteer nurses. 1st Monday and 3rd Tuesday of the month. No fee. Center closed July 27 and 28. Milwaukie Center

HLT-1-52 DIABETES SUPPORT GROUP
1-2:30pm W CLRM
Information, education and sharing for people with diabetes, their families and friends. Meets 1st Wednesday monthly. No fee. Center closed July 29. Milwaukie Center

HLT-1-53 MANICURES
TBA TH CLRM
Licensed manicurist available by appointment for low cost fingernail manicures, trims, polish. Call 503-421-5059 for appointment. Wheelchair accessible. Fees vary. Center closed July 30. Milwaukie Center

History/Writing/Literature

HWL-1-50 CREATIVE WRITING
1-2:45pm W 6/24 9 \$60 Arnold CLRM
Students tell us this class stimulates creative thinking and stretches their abilities to see and write in fresh new ways. Take the challenge - pressure free. No class July 29. Senior Discount \$45. Milwaukie Center

HWL-1-51 CREATIVE WRITING I
3-4:45pm W 6/24 9 \$60 Arnold CLRM
Idea...words...paper...want more? Short at-home assignments plus in class feedback combine to increase writer pleasure. No class July 29. Senior Discount \$45. Milwaukie Center

HWL-1-52 LIFE STORY WRITING
3-4:30pm M 6/22 9 \$51 McEnerney CLRM
Capture your life experiences or family stories on paper before they are lost to the next generation. We'll show you how. No class July 27. Senior Discount \$38. Milwaukie Center

HWL-1-53 MILWAUKIE'S ROLE IN OR HISTORY
1:30-3pm T 6/30 2 \$13 Tompkins CLRM
In celebration of Oregon's 150th birthday. The first day we will explore the native Clowewalla Chinookan Indians around Kellogg Creek. The second day the first emigrants including the Whitcombs, Luellings, and Kelloggs will be discussed. Senior Discount \$10. Milwaukie Center

HWL-1-54 STEAMBOATS AND RAILROADS
1:30-3pm T 8/11 2 \$13 Tompkins CLRM
In celebration of Oregon's 150th birthday, discover Milwaukie's role in building the transportation system of Oregon. The first day steamboats on the Willamette River; the second day we will discuss the building of railroads. Senior Discount \$10. Milwaukie Center

Course No.	Course Title	Time	Days	Begins	Wks.	Tuition	Fee	Instructor	Room
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Molalla

ADULT COMMUNITY CENTER

Registration form for Community Education classes on page 53.
For class locations, see page 55. Phone: 503-829-4214
Classes held at Adult Community Center.

Art/Crafts/Hobbies

APA-1-91 QUILTING MADE EASY
10-2pm TF 6/22 11 Staff CLRM

On-site training. Learn the art of quilting from experts in the field. No material necessary. Center closed July 3. Molalla Adult Community Center

Exercise/Fitness/Sports

PED-4-90 STRETCH & BE FIT/LITE AEROBICS
9-10am MWF 6/22 11 \$3 Staff CLRM

Total body workout to light, easy to follow stretching exercises and aerobic music. Use of 3lb weights and dyne-bands. Center closed July 3. Molalla Adult Community Center

History/Writing/Literature

HWL-1-90 WRITING PERSONAL HISTORY CLASS
1-2:30pm M 6/22 8 \$5 Wright CLRM

Class consists of one hour reading excerpts from class members' writings & 1/2 hour of writing process discussion. Topics include what to write about, mining the memory of older relatives, finding pictures, making your history accurate & much more. Molalla Adult Community Center

Molalla

COMMUNITY SCHOOL

Registration form for Community Education classes on page 53.
For class locations, see page 55.
Phone: 503-829-2359, ext. 250

Animal Care/Training

PET-2-400 DOG OBEDIENCE
7-8pm W 7/08 7 \$70 Hyer CLRM

Dogs must be at least 4 months old & handlers 12 years old with parent. Basic dog obedience & problems such as jumping, running away, more. No dogs first class. Molalla Middle School

Business/Financial Planning

BUS-2-400 MAYBE YOU SHOULD TEACH
6-7:30pm W 6/24 1 Shaw CLS

Have you ever thought of teaching a Community Education class? Do you have an expertise in a particular area of interest. Lee will help get you ready to teach! Molalla Public Library

Childcare/Family Life

FAM-2-400 CAMP I WANNA BE SAFE!
9:30-12pm MTWTH 6/22 1 \$65 Staff CAFE

Age 8-13. Campers learn how to have fun & be safe alone. Ideas for curing boredom, how to answer the phone, what to do in an emergency, basic first aid, & much more. T-shirt included. Molalla Middle School

FAM-2-401 CAMP I WANNA CRAFT!
12:30-3pm MTWTH 7/20 1 \$60 Staff CLRM

Grade K-8. A different project using a variety of mediums each day! Bring a snack & water bottle. T-shirt included. Art show on last day. \$10 fee paid directly to instructor. Molalla Middle School

FAM-2-402 CAMP I WANNA DANCE!
9-12pm M-F 7/06 1 \$65 Staff CLRM

Grade K-8. Learn basic dance techniques & a routine in Jazz, Ballet, Hip Hop, Dance & more. Performance on Friday. Bring snack & water bottle. T-shirt included. Molalla High School

Course No.	Course Title	Time	Days	Begins	Wks.	Tuition	Fee	Instructor	Room
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FAM-2-403 CAMP I WANNA GET FIT!
9:30-12pm MTWTH 7/20 1 \$55 Staff CLRM
Grade K-8. Kids will have lots of fun & participate in games, sports, & fitness activities. Get their hearts pumping & their bodies moving. Bring healthy snack & water bottle. T-shirt included. Molalla Middle School

FAM-2-404 CAMP I WANNA GO WILD!
9-12pm M-F 7/27 1 \$65 Staff CLRM
Grade K-8. Come to the Elk Farm & explore nature at its best! Collect bugs, leaves; learn about elk, birds & other animals. Ends with a cook out. T-shirt included. Rosse Posse Acres

FAM-2-405 CAMP I WANNA HABLO ESPANOL!
1-3:30pm MTWTH 7/06 1 \$65 \$10 Sowa TBA
Grade K-4. A fun way to introduce children to the Hispanic culture as well as build their Spanish vocabulary. Songs, games, crafts, & more make learning fun! Make a piñata. T-shirt included.

FAM-2-406 CAMP I WANNA WRITE!
9:30-12pm MTWTH 7/20 1 \$65 Seale CLS
Grade 3-8. Children have so much fun creating their fairy tales about dragons & enchanted kingdoms that they forget about the writing skills they are learning! T-shirt included. Molalla Outreach Center

FAM-2-407 COW POKE DAY
10-1pm S 6/27 1 \$15 Haushalter CLS
Grade K-5. Just in time for the rodeo! Kids will have a great time learning about life in the west. They will milk a goat, learn to rope, sing songs, games, make a cowboy/cowgirl vest & taste some homemade delights. Molalla Public Library

FAM-2-408 CRIME SOLVING CAMP
10-12pm MTWTH 8/10 1 \$65 Staff TBA
Grade 4-8. Become a detective for a weeks & learn scientific methods in crime investigation. There will be a mystery with no suspects that you will solve. T-shirt included.

FAM-2-409 MESSING AROUND WITH SCIENCE
1-3pm WTH 7/08 1 \$35 \$5 Ensrud CLS
Age 3-5. Children will have fun exploring the world of science with hands on experiments & art activities. Dress for messy & gooey science fun. Molalla Public Library

FAM-2-410 PIRATE PARTY!
1-3pm T 7/07 1 \$15 \$5 Ensrud CLS
Age 3-7. Hear ye swash buckler! Join us or walk the plank. Little pirates will enjoy making loot bags, treasure maps, sunken snack & even find buried treasure! \$5 fee paid to instructor. Molalla Public Library

FAM-2-411 POD CASTING/VIDEO CASTING CAMP
9-12pm MTWTH 8/03 1 \$65 Bledsoe CLRM
Grade 7-8. Visual media is all around us. Learn the process of organizing their ideas, work collaborating to create sophisticated audio & video pod casts. T-shirt included. Molalla Elementary School

FAM-2-412 RECYCLED ART CAMP-PRESCHOOLERS
9:30-11:30am MTWTH 7/06 1 \$45 \$10 Ensrud CLS
Age 3-5. Young artists will have fun with the freedom to use their imaginations while creating unique art with recycled materials. Different theme each day. \$10 fee paid to instructor. Molalla Outreach Center

FAM-2-413 SAFETY TOWN
9:30-11:30am M-F 7/13 1 \$60 Staff CLRM
Age: 4-6. Children are introduced to a wide variety of safety concepts in a custom built town, complete with houses, streets, cars, art projects & guest speakers. T-shirt included. Molalla Middle School

FAM-2-414 TEDDY BEAR PICNIC
1-3pm M 7/06 1 \$15 Ensrud CLS
Age 2-5. Bring your favorite teddy bear & lets all have a big picnic with our friends & our furry little bears. Stories & activities about teddy bears. Lots of fun! Molalla Public Library

Course No.	Course Title	Time	Days	Begins	Wks.	Tuition	Fee	Instructor	Room
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Dance/Theater/Music

ATA-2-400 GUITAR GROUP
4:30-5:30pm M 7/06 8 \$55 Stahl CLRM
Group lessons ages 10 & up. Do you have a guitar gathering dust? Have you always wanted to learn to play? Learn basic chords, strum patterns, finger picking, basic music and more. Molalla Christian Church

ATA-2-401 PRIVATE GUITAR LESSONS
TBA M 7/06 8 \$75 Stahl CLRM
Ages 12 & up. 1/2 hour private lessons for beginning level students. Guitar basics & some music theory. Call ahead for availability. Molalla Christian Church

ATA-2-402 PRIVATE MUSIC LESSONS
8-12pm TW 6/15 6 \$75 Farris CLRM
Grade 6-12. Join High School band director Matt Farris for a summer of music. Beginner to advanced level. Call ahead to schedule a time. Molalla High School

Health/Safety/Personal Well-Being

HLT-4-400 GRIEF RELEASE
6-8:15pm M 7/13 5 \$45 \$20 Bergstrom CLS
Have you lost a loved one? Lost a job? Lost your health? Lost your hope & joy? Do you find the loss overwhelming & suppress your feelings? This class will help bring life back into focus from the blur of pain, confusion & bewilderment. Molalla Outreach Center

North Clackamas

PARKS AND RECREATION

Registration form for Community Education classes on page 53.
For class locations, see page 55.
Please pre-register by mail or by calling 503-794-8080, ext. 0 for classes offered at the North Clackamas Parks & Recreation District. For a complete list of classes & programs offered through the North Clackamas Parks & Recreation, please request a Healthy Living Recreations & Education Guide by calling 503-794-8080, ext. 0.

Art/Crafts/Hobbies

APA-2-500 BOWLING AGES 18+
10-11am TTH 6/09 3 Combs BA
Jeff Combs, USBS certified coach, will share skills on your grip, generating ball speed, more. Res. \$60, Non-Res. \$65 (no ball); Res. \$110, Non-Res. \$115 (receive new ball). Milwaukie Bowl

APA-2-501 BOWLING ROCKS CAMP, AGE 8-12
10-12pm TWTH 7/07 1 Staff BA
Numerous tips teaching the bowling fundamentals. Shoes & bowling ball rentals included. Res \$60, Non-Res \$65 (no ball); Res \$110, Non-Res \$115 (receive new ball). Milwaukie Bowl

APA-2-502 THE WIZARD OF OZ
TBA M-SAT 7/06 2 Staff CLRM
Join us for two weeks of camp as we prepare to put on a full musical production of this classic tale. Camp and rehearsals held M-F, 7/6-10, 9am-1pm; and M-Th, 7/13-16, 6-9pm. Performances July 17-26. Age 7-13. Res. \$110, Non-Res. \$120. Rex Putnam High School

APA-2-503 PRINCESS & THE PEA
TBA M-SAT 6/22 1 Staff CLRM
A week long camp offered by The Missoula Children's Theater provides children the opportunity to act, sing, & dance. Age 6-18. Res. \$60, Non-Res. \$70. Mt. Scott Elementary

Dance/Theater/Music

ATA-2-500 DANCE: CREATIVE MOVEMENT
12:30-1:15pm W 7/01 6 Barrett CLRM
Age 3-4. Learn the very beginnings of dance & stimulates your child's imagination. Play a variety of games, sing songs, & learn to move their bodies to music. Students should be potty trained. No class 7/29. Res. \$45, Non-Res. \$60. Milwaukie Center

Community Education

Community Education Classes

Registration form on page 53.

Course No.	Course Title	Time	Days	Begins	Wks.	Tuition	Fee	Instructor	Room	Course No.	Course Title	Time	Days	Begins	Wks.	Tuition	Fee	Instructor	Room
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ATA-2-501 DANCE: HIP-HOP
4:45-5:45pm TH 7/02 6 Barrett CLRM
Age 11-15. This class of for those who want a good workout, lots of laughs & improved self-esteem. Dabble in different styles of Hip-Hop, improve technique, & learn short combo. No class 7/30. Res. \$60, Non-Res. \$75. Milwaukie Center

ATA-2-502 DANCE: PRE-DANCE
1:20-2:05pm W 7/01 6 Barrett CLRM
Age 5-6. Learn the basics of dance while participating in games. Work on across the floor basic techniques & very each combinations. No class 7/29. Res. \$45, Non-Res. \$60. Milwaukie Center

ATA-2-503 DANCE: SWING & BLUES
5:50-6:50pm TH 7/02 6 Barrett CLRM
Age 15 & up. Geared for young adults or adults interested in partner dancing. Lean different styles of swing, blues basics, & social dancing etiquette. No class 7/30. Res. \$60, Non-Res. \$75. Milwaukie Center

ATA-2-504 DANCE: TAP DANCE
2:10-2:55pm W 7/01 6 Barrett CLRM
Age 6-8. Learn dance & style basics, simple combinations & improve technique. A fun & casual class. No experience necessary. No class 7/29. Res. \$45, Non-Res. \$60. Milwaukie Center

ATA-2-505 DANCE: ADULT TAP
6:55-7:55pm TH 7/02 6 Barrett CLRM
Age 15 & up. For adults with interest in tap & getting a workout. No experience necessary. Very casual & centered on learning & having fun. No class 7/30. Res. \$60, Non-Res. \$75. Milwaukie Center

Driver Education

DRE-4-500 DRIVER EDUCATION
8-10am MTWTH 6/22 4 \$295 \$25 Weisdorfer OIT191
In addition to class time, students will choose a drive lab of 3 hours each week. Copy of permit must accompany registration. Class location OIT. Call for registration 503-353-6091 or visit our website of www.nclack.k12.or.us Oregon Institute of Technology

DRE-4-501 DRIVER EDUCATION
10-12pm MTWTH 6/22 4 \$295 \$25 Weisdorfer OIT191
Same description as previous class. Oregon Institute of Technology

Exercise/Fitness/Sports

PED-2-500 ACTIVE KIDS CAMP, AGE 6-10
9-12pm MTWTH 6/29 1 Staff CLRM
This camp will teach games & activities that focus on flexibility, coordination, endurance & strength. Kids will be physically active while having fun being involved in relay races, kickball, jump rope, more! Res. \$89, Non-Res. \$99. North Clackamas Aquatic Park

PED-2-501 ACTIVE KIDS CAMP, AGE 6-10
9-12pm MTWTH 7/27 1 Staff CLRM
Same description as previous class. North Clackamas Aquatic Park

PED-2-502 ACTIVE KIDS CAMP, AGE 6-10
9-12pm MTWTH 8/03 1 Staff CLRM
Same description as previous class. North Clackamas Aquatic Park

PED-2-503 ACTIVE KIDS CAMP, AGE 6-10
9-12pm MTWTH 8/10 1 Staff CLRM
Same description as previous class. North Clackamas Aquatic Park

PED-2-505 SH BASEBALL CAMP, AGE 6-12
9-3pm M-F 6/22 1 \$129 Staff TBA
Skyhawks baseball academy teaches skills required for success in youth baseball. Bring glove, lunch, two snacks & water bottle. Choose week: 7/6-7/10-Alder Creek or 8/10-8/14-North Clackamas Park. Register www.skyhawks.com or call 1-800-804-3509.

PED-2-506 SH BASKETBALL MH CAMP, AGE 5-7
9-12pm M-F 6/29 1 \$99 Staff OITGYM
Skyhawks Mighty Hawk basketball is designed for beginning players. Learn fundamental skills of passing, shooting & dribbling. Participants must bring lunch, a snack & a water bottle. Register online at www.skyhawks.com or call 1-800-804-3509. Oregon Institute of Technology

PED-2-507 SH BASKETBALL CAMP, AGE 7-14
9-3pm M-F 1 \$129 Staff OITGYM
Skyhawks basketball is designed for beginning & intermediate players. Participants must bring lunch, two snacks & a water bottle. Choose week: 6/15-6/19, 7/27-7/31, or 8/17-8/21. Register online at www.skyhawks.com or call 1-800-804-3509. Oregon Institute of Technology

PED-2-508 SH CHEERLEADING CAMP, AGE 6-10
9-12pm M-F 8/03 1 \$99 Staff FIELD
Skyhawks Cheerleading academy offers a week of cheers, chants, & games. Participants must bring lunch, two snacks, & water bottle. Register on line at www.skyhawks.com or call 1-800-804-3509. Alder Creek Middle School

PED-2-509 SH FLAG FOOTBALL CAMP AGE 7-14
9-3pm M-F 1 \$129 Staff TBA
Skyhawks Flag Football academy teaches participants catching, passing & de-flagging as well as the rules & strategies of offense & defense & receive T-shirt & award. Bring lunch, two snacks & water bottle. Choose week: 6/15-6/19-Pfeifer Park or 7/13-7/17-Milwaukie High School. Reg online www.skyhawks.com or call 1-800-804-3509.

PED-2-510 GOLF CAMP FOR JRS, AGE 7-17
9-12pm TWTH 1 Staff GC
Clinics include training in the basics of golf grip, stance, swing, chipping, putting & the rules & etiquette. Choose week: 6/23-6/25, 7/7-7/9 (girls only camp), 7/14-7/16, 7/28-7/30, 8/11-8/13, or 8/18-8/20. Fee: Res. \$120, Non-Res. \$125. Stone Creek Golf Course

PED-2-511 GOLF ALL DAY CAMP, AGE 9-13
9-4pm M-F 11 Staff COURSE
Class covers advanced swing mechanics for full swing, chipping, putting, course management, etiquette & rules. Lunch & snack included. Choose week: 6/29-7/3, 7/13-7/17, 7/27-7/31, 8/10-8/14, or 8/24-8/28. Res. \$250, Non-Res. \$265. Sah Hah Lee Golf Course

PED-2-512 SH SNAG GOLF CAMP, AGE 5-8
9-12pm M-F 8/10 1 \$104 Staff FIELD
SNAG utilizes a set of equipment designed for beginning golfers. Participants must bring lunch, two snacks & water bottle. Register online at www.skyhawks.com or call 1-800-804-3509. Risely Park

PED-2-513 JR GROUP GOLF LESSONS-AGE 7-13
2-3pm MTWTH 1 Staff COURSE
Class covers basic swing & short game fundamentals. Students will use driving range & short game area each class. Choose week: 6/22-6/25, 7/6-7/9, 7/20-7/23, 8/3-8/6, or 8/17-8/20. Fee: Res. \$75, Non-Res. \$80. Sah Hah Lee Golf Course

PED-2-514 GOLF HALF DAY CAMP, AGE 7-13
3:30-6:30pm M-F 2 Staff COURSE
Class covers review of junior group lesson, as well as more advanced swing training. Students will use driving range, short game area & will play both putting course & golf course. Choose week: 6/22-6/26, 7/6-7/10, 7/20-7/24, 8/3-8/7, 8/17-8/21. Fee: Res. \$125, Non-Res. \$135. Sah Hah Lee Golf Course

PED-2-515 GOLF: GET GOLF READY IN 5 DAYS
TBA 5 Westling GC
Age 18+. The Get Golf Ready Program is designed to teach you, in 5 short lessons, everything you'll need to know to step onto a golf course. Choose session: 6/9-7/7 (1-2pm), 6/10-7/8 (2-3pm or 6-7pm) or 6/11-7/9 (1-2pm). Res. \$115, Non Res. \$125 Stone Creek Golf Course

PED-2-517 HORSEBACK RIDING, AGE 6-18
9-12pm M-F 6/22 1 Gill ARENA
Indoor riding arena used in poor weather conditions. Boots or hard-soled shoes must be worn, & riding helmets provided. Four students per session. Res. \$265, Non-Res. \$275. Choose week: 6/15-6/19, 6/22-6/26, 6/29-7/3, 7/6-7/10, 7/13-7/17, 7/20-7/24, or 7/27-7/31. Highland Stables

PED-2-518 SH LACROSSE CAMP, AGE 7-14
9-3pm M-F 1 \$129 Staff FIELD
For boys. Learn all the fundamental skills, including stick handling, cradling, passing & shooting in a non-checking environment. Bring lunch, two snacks & water bottle. Choose week: 6/22-6/26 or 7/20-7/24. Register online at www.skyhawks.com or call 1-800-804-3509. Alder Creek Middle School

Course No. Time	Course Title Days	Begins	Wks.	Tuition	Fee	Instructor	Room	Course No. Time	Course Title Days	Begins	Wks.	Tuition	Fee	Instructor	Room
PED-2-519 9-3pm	SH LACROSSE CAMP, AGE 7-14 M-F		1	\$129		Staff	FIELD	PED-4-533 6-9:30pm	RED CROSS LIFEGUARD TRAINING TTH	7/28	5			Staff	POOL
For girls. Same description as previous class. Alder Creek Middle School								Fee includes books, instruction, pool time & certificates. Participants are trained in safety & water rescue skills for a controlled environment, first aid, CPRPR & AED. Res. \$140, Non-Res. \$165. North Clackamas Aquatic Park							
PED-2-520 9-12pm	SH MH MULTI-SPORT CAMP M-F		1	\$99		Staff	TBA	PED-2-534 6:30-7:30pm	TEEN SURF CAMP, AGE 13-18 TW	6/23	1			Staff	TBA
Age 4-6. In this multi-sport environment participants explore soccer, baseball & basketball in a day program setting. Choose week: 6/29-7/3-Risley Park, 7/20-7/24-Risley Park, or 8/17-8/21-Lot Whitcomb Elementary. Register online at www.skyhawks.com or call 1-800-804-3509.								Jump on board & hit the beach during this two-day camp! Learn to surf with certified instructors, play games, & enter a surfing contest at Cannon Beach! Everything provided. Res. \$240, Non-Res. \$250.							
PED-2-521 9-3pm	SH MULTI-SPORT CAMP, AGE 7-12 M-F	7/20	1	\$129		Staff	FIELD	PED-2-535 6:25-6:55pm	TAKE THE PLUNGE TTH	7/07	5			Staff	POOL
Designed for all-around & beginning players interested in baseball, basketball, & soccer. Bring lunch, two snacks & water bottle. Reg online at www.skyhawks.com or call 1-800-804-3509. Mt. Scott Elementary								Adults work at their own pace with an American Red Cross Swim Instructor. Res. \$35, Non-Res. \$45. North Clackamas Aquatic Park							
PED-2-522 1-1:45pm	SH TH SOCCER CAMP, AGE 3 1/2-4 MTWTH		1	\$30		Staff	FIELD	AQUATIC EXERCISE Aquatic exercise is a fitness program designed to enhance your health & wellness. Admission per class: \$4 residents & \$5 non residents. 18 class punch card: \$63 residents & \$81 non-residents.							
Tune up large motor skills while refining dexterity, balance, & coordination with or without ball. Choose week: 6/29-7/3 & 7/20-7/24-Risley Park, or 8/17-8/20-Lot Whitcomb Elementary. Register online at www.skyhawks.com or call 1-800-804-3509. Risely Park								PED-4-536 8-9am	DEEP H2O MWF	6/22	10			Staff	POOL
PED-2-523 9-3pm	SH SOCCER CAMP, AGE 6-12 M-F		1	\$129		Staff	FIELD	Drop-in class. Deep H2O is held in the dive well with the assistance of floatation equipment. This non-weight bearing routine enhances flexibility & muscular strength. North Clackamas Aquatic Park							
All the skills & thrills of soccer are taught through fast-paced drills, skill-building exercises, & game speed scrimmages. Bring lunch, two snacks & water bottle. Choose week: 7/6-7/10-Alder Creek MS or 8/3-8/7-Pfeifer Park. Reg at www.skyhawks.com or call 1-800-804-3509. Alder Creek Middle School								PED-4-537 5-6pm	DEEP H2O MTWTH	6/22	10			Staff	POOL
PED-2-524 9-12pm	SH TENNIS CAMP, AGE 7-12 M-F		1	\$99		Staff	COVER	Same description as previous class. North Clackamas Aquatic Park							
Proper technique of grip, footwork, ground strokes, volleys, etiquette, more. Choose week: 6/22-6/26 or 8/17-8/21. Register at www.skyhawks.com or call 1-800-804-3509. Risely Park								PED-4-538 7:30-8:30am	H2O FITNESS S	6/22	10			Staff	POOL
PED-2-525 1-4pm	SH TENNIS CAMP, AGE 7-12 M-F		11			Staff	COURT	Drop-in class. H2O Fitness is a water exercise program designed to enhance health & wellness. North Clackamas Aquatic Park							
Same description as previous class. Risely Park								PED-4-539 8-9am	H2O FITNESS MWF	6/22	10			Staff	POOL
PED-2-526 9-10:15am	SH TENNIS CAMP, BY AGE GROUP M-F	7/13	1	\$59		Staff	COURT	Same description as previous class. North Clackamas Aquatic Park							
Age 7-8. Proper technique of grip, footwork, ground strokes, volleys, etiquette, more. Register at www.skyhawks.com or call 1-800-804-3509. Century Park								PED-4-540 9-10am	H2O FITNESS MWF	6/22	10			Staff	POOL
PED-2-527 10:30-11:45am	SH TENNIS CAMP, BY AGE GROUP M-F	7/13	1	\$59		Staff	COURT	Same description as previous class. North Clackamas Aquatic Park							
Age 9-11. Same description as previous class. Century Park								PED-4-541 10-11am	H2O FITNESS MWF	6/22	10			Staff	POOL
PED-2-528 12-1:15pm	SH TENNIS CAMP, BY AGE GROUP M-F	7/13	1	\$59		Staff	COURT	Same description as previous class. North Clackamas Aquatic Park							
Age 12-14. Same description as previous class. Century Park								PED-4-542 6-7pm	H2O FITNESS MTWTH	6/22	10			Staff	POOL
PED-2-529 9-3pm	SH VOLLEYBALL CAMP, AGE 7-14 M-F		1	\$129		Staff	OITGYM	Same description as previous class. North Clackamas Aquatic Park							
Develop skills such as serving, hitting, spiking, & setting. Bring lunch, two snacks & water bottle. Choose week: 6/22-6/26, 7/13-7/17, or 8/10-8/14. Register online at www.skyhawks.com or call 1-800-804-3509. Oregon Institute of Technology								PED-4-543 11-11:45am	SMILE MWF	6/22	10			Staff	POOL
PED-4-530 10:30-11:30am	ULTIMATE BOOT CAMP-SESSION I TTHF	5/19	5			Denning	CLRM	Slow movement interactive leisure exercise. Experience a gentle water exercise for a modified & prudent exercise routine. North Clackamas Aquatic Park							
Designed to trim & tone! A challenging workout that will include: cardio drills, strength training, agility & core work, followed by a cool down & stretching. T/TH 10:30-11:30am & F 8:30-9:30am. Res. \$225, Non Res. \$240. North Clackamas Aquatic Park								PED-2-544 6:30-7:30pm	WATER BABIES, AGE 8-18 MONTHS MTH	6/15	4			Denning	CLRM
PED-4-531 6:30-7:30pm	ULTIMATE BOOT CAMP-SESSION II MTH	6/15	4			Denning	CLRM	Designed for babies with parent being an integral part of learning process. Choose session dates from description above. Select class time: 10:20-10:50am or 4:05-4:35pm. North Clackamas Aquatic Park							
Same description as previous class. Res. \$125, Non Res. \$140. North Clackamas Aquatic Park								PED-2-545 6:30-7:30pm	AQUA TOTS, AGE 19-35 MONTHS MTH	6/15	4			Denning	CLRM
PED-4-532 12:15-1:15pm	YOGA W	6/24	9			Waddell	CLRM	Designed for toddlers accompanied by parents in the water with emphasis on teaching both child & parent swimming progression & safety skills. Choose session dates from above description. Select class time: 9:10-9:40am or 4:40-5:10pm. North Clackamas Aquatic Park							
This class will improve strength, flexibility, & concentration. All levels welcome. Bring a mat & a bath towel. Res. \$36, Non Res. \$45. North Clackamas Aquatic Park															

Community Education Classes

Registration form on page 53.

Course No. Time	Course Title Days	Wks. Begins	Tuition Fee	Instructor	Room	Course No. Time	Course Title Days	Wks. Begins	Tuition Fee	Instructor	Room
PED-2-546	SEALS, AGE 3-4	2		Staff	POOL	PED-2-557	LEVEL D, AGE 5+	2		Staff	POOL
<p>Nine thirty minute classes introducing water breath-holding, bubble-blowing, front & back floats & rhythmic breathing. Choose session dates from description above. Select time: 8:00-8:30am, 8:35-9:05am, 9:45-10:15am, or 10:20-10:50am. North Clackamas Aquatic Park</p>						<p>Same description as previous class. Select time: 4:40-5:10pm, 5:15-5:45pm, 5:50-6:20pm or 6:25-6:55pm. North Clackamas Aquatic Park</p>					
PED-2-547	SEALS, AGE 3-4	2		Staff	POOL	PED-2-558	LEVEL E, AGE 5+	2		Staff	POOL
<p>Same description as previous class. Select time: 10:55-11:25am, 11:30am-12:00pm, 4:05-4:35pm, 4:40-5:10pm, or 5:15-5:45pm. North Clackamas Aquatic Park</p>						<p>Stroke Refinement. Provides further coordination & refinement of strokes. Begin advanced skill development & further focus on conditioning. Intro to flip turns, sidestroke, survival swimming and dives. Choose session dates from description above. Select time: 9:10-9:40am, 9:45-10:15am, 5:50-6:20pm, 6:25-6:55pm. North Clackamas Aquatic Park</p>					
PED-2-548	ADVANCED SEALS, AGE 3-4	2		Staff	POOL	PED-2-559	FUNDAMENTALS OF DIVING	2		Staff	POOL
<p>Eligibility in Advanced Seals is based on instructor recommendation. Choose session dates from description above. Select time: 8:00-8:30am, 8:35-9:05am, or 10:55-11:25am. North Clackamas Aquatic Park</p>						<p>Introduces the swimmer to basic diving skills. Includes diving from side, from a board, approach & hurdle from a diving board, diving in a tuck & pike position. Choose session dates from description above. Select time: 11:30am-12:00pm or 6:25-6:55pm. North Clackamas Aquatic Park</p>					
PED-2-549	ADVANCED SEALS, AGE 3-4	2		Staff	POOL	PED-2-560	FITNESS SWIMMING	2		Staff	POOL
<p>Same description as previous class. Select time: 4:05-4:35pm, 4:40-5:10pm, or 5:15-5:45pm. North Clackamas Aquatic Park</p>						<p>This level introduces the swimmer to use of a pace clock, pull buoys, fins & hand paddles & training principles. Choose session dates from description above. Select time: 8:00am-8:30am or 6:25pm-6:55pm. North Clackamas Aquatic Park</p>					
PED-2-550	SUPER SEALS, AGE 3-4	2		Staff	POOL	PED-2-561	TEEN WAVE	7/07	5	Staff	POOL
<p>Eligibility in Super Seals is based on instructor recommendation. Choose session dates from description above. Select time: 8:00-8:30am, 8:35-9:05am, 9:45-10:15am, 5:15-5:45pm, 5:50-6:20pm, or 6:25-6:55pm. North Clackamas Aquatic Park</p>						<p>Teens work at their own pace with an American Red Cross swim instructor. Res. \$35 Non-Res. \$45. North Clackamas Aquatic Park</p>					
PED-2-551	LEVEL A, AGE 5+	2		Staff	POOL	<p>FITNESS EAST SIDE ATHLETIC CLUB CLACKAMAS AND MILWAUKIE Register with East Side with VISA/MC debit or charge cards, cash or check. Clackamas location: Call 503-659-3846 to register or register in person at 9700 SE Sunnyside Road. Milwaukie location: Call 503-659-3845 to register or register in person at 4606 SE Boardman Avenue. Please mention that you are registering through Clackamas Community College.</p>					
<p>Introduction to Water Skills. Helps the student feel comfortable in the water & to enjoy the water safely. Choose session dates from description above. Select time: 8:00-8:30am, 8:35-9:05am, 9:10-9:40am, 9:45-10:15am, or 10:55-11:25am. North Clackamas Aquatic Park</p>						<p>PED-4-562 30 MINUTE MELTDOWN 5:30-6pm TTH 6/23 10 \$48 Petert CLRM Melt it off in 30 minutes. A personal trainer guides this class through interval training that is proven to increase the fat burning process & the muscle building effect. East Side Athletic Club-Clack</p>					
PED-2-552	LEVEL A, AGE 5+	2		Staff	POOL	PED-4-563	THE BODY SMITH WORKOUT	6/20	10	\$48 Smith	CLRM
<p>Same description as previous class. Select time: 11:30am-12:00pm, 4:05-4:35pm, 4:40-5:10pm, 5:15-5:45pm, or 5:50-6:20pm. North Clackamas Aquatic Park</p>						<p>9:15-10:15am S 6/20 10 \$48 Smith CLRM Combine the best of Hi/Lo aerobic exercise & step exercise. Designed with a variety of easy-to-follow floor & step patterns, this class is appealing to all fitness levels. East Side Athletic Club-Clack</p>					
PED-2-553	LEVEL B, AGE 5+	2		Staff	POOL	PED-4-564	CARDIO CAMP	6/23	10	\$48 Welborn	CLRM
<p>Fundamental skills. Students learn how to combine front & backstrokes. Rhythmic breathing & treading water will be introduced in this level. Choose session dates from description above. Select time: 8:00-8:30am, 8:35-9:05am, 9:10-9:40am, 9:45-10:15am, 10:20-10:50am, 10:55-11:25am, 11:30-noon, 4:05-4:35pm, 4:40-5:10, 5:15-5:45pm, or 5:50-6:20pm. North Clackamas Aquatic Park</p>						<p>9:15-10:15am M 6/23 10 \$48 Welborn CLRM Challenge your metabolism. Class includes: utilizing the jump ropes, step & your own body weight. Take the intensity to your personal level. East Side Athletic Club-Clack</p>					
PED-2-554	LEVEL C, AGE 5+	2		Staff	POOL	PED-4-565	CARDIO SPLASH	6/23	10	\$84 Rask/Stratton	POOL
<p>Builds on the skills in Level B by providing additional guided practice. Butterfly, elementary backstrokes, & basic diving. Choose session dates from description above. Select time: 8:00-8:30am, 9:10-9:40am, 9:45-10:15am, 10:20-10:50am, or 10:55-11:25am. North Clackamas Aquatic Park</p>						<p>6:15-7:15pm TTH 6/23 10 \$84 Rask/Stratton POOL Designed for a more advanced water workout, utilizing sports conditioning moves to create a more intense cardiovascular workout. East Side Athletic Club-Clack</p>					
PED-2-555	LEVEL C, AGE 5+	2		Staff	POOL	PED-4-566	CSI (CARDIO SPLASH INTERVALS)	6/22	10	\$84 Preim	POOL
<p>Same description as previous class. Select time: 11:30am-12:00pm, 4:05-4:35pm, 4:40-5:10pm, 5:15-5:45pm, or 5:50-6:20pm. North Clackamas Aquatic Park</p>						<p>6:15-7:15pm MW 6/22 10 \$84 Preim POOL This water class format incorporates sports conditioning moves with traditional cardio & strengthening moves to create a challenging cardiovascular workout. East Side Athletic Club-Milw</p>					
PED-2-556	LEVEL D, AGE 5+	2		Staff	POOL	PED-4-567	CYCLE	6/25	10	\$48 Runyan	CLRM
<p>Stroke Improvement. Develops confidence in the strokes learned & to improve other aquatic skills. This level will focus on greater conditioning & introduce the breaststroke, scissor kick, rotary kick & survival float. Choose session dates from description above. Select time: 8:35-9:05am, 9:45-10:15am, 10:20-10:50am, 10:55-11:25am, or 11:30am-12:00pm. North Clackamas Aquatic Park</p>						<p>6:15-7pm TH 6/25 10 \$48 Runyan CLRM 45 minute indoor cycle ride set to fun, motivating music and guaranteed to make you sweat! East Side Athletic Club-Milw</p>					

Course No. Time	Course Title Days	Begins	Wks.	Tuition	Fee	Instructor	Room	Course No. Time	Course Title Days	Begins	Wks.	Tuition	Fee	Instructor	Room
PED-4-568	CYCLE							PED-4-586	PIYO						
9:30-10:15am	S	6/20	10	\$48		Wessener/Miro	CLRM	7-8pm	TH	6/25	10	\$60	Park		CLRM
Same description as previous class. East Side Athletic Club-Milw								This class combines the best elements of Pilates & Yoga to create the most efficient flexibility, core strength & balance class available. East Side Athletic Club-Clack							
PED-4-569	H2O EXERCISE							PED-4-587	SPORTS STRENGTH						
9-10am	TTH	6/23	10	\$84		Ferris/Rask	POOL	6-6:45pm	T	6/23	10	\$48	Ehlers		CLRM
Proven results while protecting joints. Cardiovascular conditioning & muscle strengthening performed in the water. Aqua dumbbells & other floating devices are used to enhance the strength component of class while the water cushions the impact. East Side Athletic Club-Clack								This 45-minute class rotates short, simple segments of weighted step moves with short segments of sports conditioning drills. The end result is a test to your endurance level that will make you sweat! East Side Athletic Club-Milw							
PED-4-570	H2O EXERCISE							PED-4-588	STEP CHALLENGE						
9:30-10:30am	MWF	6/22	10	\$99		Ferris/Rask	POOL	9:15-10:15am	WF	6/24	10	\$84	Welborn		CLRM
Same description as previous class. East Side Athletic Club-Milw								Challenge yourself on many levels in this all step class. Various stepping patterns will provide the cardiovascular intensity level you desire. Choreography is more advanced, you chose your intensity level. East Side Athletic Club-Clack							
PED-4-571	H2O EXERCISE							PED-4-589	STEP-N-STRENGTH						
8:30-9:30am	TTH	6/23	10	\$84		Stratton/Rask	POOL	9-10am	MWF	6/22	10	\$99	Ehlers		CLRM
Same description as previous class. East Side Athletic Club-Milw								Step up your intensity with 3 great workouts! Monday is Step-n-Strength. Finish off the week with 2 great Step Aerobics classes! Both classes utilize an adjustable REEBOK platform. All levels welcome. East Side Athletic Club-Milw							
PED-4-572	H2O EXERCISE							PED-2-590	THIRTY MINUTE CYCLE						
9-10am	S	6/20	10	\$48		Latshaw	POOL	6:15-6:45pm	W	6/24	10	\$48	Woods		CLRM
Same description as previous class. East Side Athletic Club-Clack								30-minute indoor cycle class set to fun, motivating music! Perfect for beginners. East Side Athletic Club-Clack							
PED-4-573	H2O EXERCISE							PED-4-591	YOGA						
10-11am	MWF	6/22	10	\$99		Willie	POOL	7-8pm	M	6/22	10	\$60	Johnson		CLRM
Same description as previous class. North Clackamas Aquatic Park								Improve balance, strength, flexibility, & body awareness with the gentle flow & relaxation of Yoga. East Side Athletic Club-Clack							
PED-4-574	GROUP POWER							PED-4-592	YOGA						
8:10-9:05am	S	6/20	10	\$48		Summerville	CLRM	10:30-11:30am	F	6/26	10	\$60	Johnson		CLRM
SEE RESULTS! Feel the POWER with this NEW barbell class set to fun, popular music. East Side Athletic Club-Clack								Same description as previous class. East Side Athletic Club-Clack							
PED-4-575	GROUP POWER							PED-4-593	YOGA II						
5:40-6:40am	TTH	6/23	11	\$84		Foust	CLRM	10:30-11:30am	SU	6/21	10	\$60	Johnson		CLRM
Same description as previous class. East Side Athletic Club-Clack								Improve balance, strength, flexibility & body awareness with a more progressive set of flowing yoga combinations. Complete relaxation segment at the end of class. East Side Athletic Club-Clack							
PED-4-576	GROUP POWER							PED-4-594	EVERYBODY'S YOGA						
9:15-10:15am	TTH	6/23	10	\$84		Crowe	CLRM	7-8pm	W	6/24	11	\$60	Archuleta		CLRM
Same description as previous class. East Side Athletic Club-Clack								Ideal for all levels of fitness. Gain strength, flexibility & clarity of mind. East Side Athletic Club-Clack							
PED-4-577	GROUP POWER							PED-4-595	ZUMBA!						
6-7pm	TTH	6/23	20	\$84		Ordlin	CLRM	6-7pm	W	6/24	10	\$48	Summerville		CLRM
Same description as previous class. East Side Athletic Club-Clack								Join the party! Zumba is a cardio Latin based fitness class that is so much fun you forget you are getting results! Join the millions who have decided that having fun & working out are not mutually exclusive. Join those who'd rather have a blast! East Side Athletic Club-Milw							
PED-4-578	GROUP POWER							PED-4-596	ZUMBA!						
6-7pm	MW	6/22	10	\$84		Crowe	CLRM	6-7pm	M	6/22	10	\$48	Case		CLRM
Same description as previous class. East Side Athletic Club-Milw								Same description as previous class. East Side Athletic Club-Milw							
PED-4-579	GROUP POWER							PED-4-597	ZUMBA!						
5:40-6:40am	TTH	6/23	10	\$84		Case/Odrin	CLRM	10:30-11:30am	T	6/23	10	\$48	Welborn		CLRM
Same description as previous class. East Side Athletic Club-Milw								Same description as previous class. East Side Athletic Club-Clack							
PED-4-580	GROUP POWER							PED-4-598	ZUMBA! - INTRO						
9:30-10:30am	S	6/20	10	\$48		Case	CLRM	6-7pm	M	6/22	10	\$48	MacDonald		CLRM
Same description as previous class. East Side Athletic Club-Milw								Same description as previous class at a beginner level. East Side Athletic Club-Clack							
PED-4-581	MAT PILATES														
7-8pm	M	6/22	10	\$60		Archuleta	CLRM								
Stand taller, look leaner! Achieve profound results as you learn the multi-muscle exercise technique developed & introduced by Joseph Pilates over 90 years ago. Increase your flexibility, core strength, & balance. East Side Athletic Club-Milw															
PED-4-582	MAT PILATES & PILATES PLUS														
9-10am	TTH	6/23	10	\$60		Ehlers	CLRM								
Optimize your level of physical fitness through these two classes. Tues. is Mat Pilates & Thur. combines weight-training & various Mat Pilates exercises for a core challenging workout! East Side Athletic Club-Milw															
PED-4-583	MIDDLE MANAGEMENT														
10:30-11am	S	6/20	10	\$24		Ehlers/Case	CLRM								
A non-cardio, functional training class that concentrates on strengthening & reshaping your upper leg, abdominal & back muscles. East Side Athletic Club-Milw															
PED-4-584	MIDDLE MANAGEMENT														
5:30-6pm	MW	6/22	10	\$24		Petert	CLRM								
Same description as previous class. East Side Athletic Club-Clack															
PED-4-585	MIDDLE MANAGEMENT														
5:30-6pm	MW	6/22	10	\$24		Ehlers/Case	CLRM								
Same description as previous class. East Side Athletic Club-Milw															

Course No.	Course Title	Time	Days	Begins	Wks.	Tuition	Fee	Instructor	Room	Course No.	Course Title	Time	Days	Begins	Wks.	Tuition	Fee	Instructor	Room
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Oregon City COMMUNITY SCHOOL

Registration form for Community Education classes on page 53.
For class locations, see page 55. Phone: 503-785-8520

Art/Crafts/Hobbies

APA-2-600 BEG. SEWING WORKSHOP
11:30-3:30pm W 7/08 1 \$25 \$5 Elting CLRM
Learn the basics of machine sewing and complete a simple and useful project. Must be able to thread a needle. Machines and lunch provided, supply list mailed out. Age: youth. Eastham Community Center

APA-2-601 BEGINNING SEWING WORKSHOP
11:30-3:30pm M 8/03 1 \$25 \$5 Elting CLRM
Same description as previous class. Eastham Community Center

APA-2-602 STYLISH MARKET BAG
6-9pm TH 7/30 1 \$25 \$3 Elting 101
Tired of those generic reusable shopping bags? Make your own tough yet trendy bag, with enough room for daily groceries or a trip to the farmers' market. Basic knowledge of sewing machines helpful. Machines provided. Supply list. Age: Adult. Eastham Community Center

APA-2-603 STYLISH MARKET BAG
6-9pm T 8/11 1 \$25 \$3 Elting 101
Same description as previous class. Eastham Community Center

APA-2-604 QUILT CAMP FOR YOUTH
11:30-4:30pm MTWTH 7/20 1 \$100 \$10 Elting CLRM
Quilting with Miss Renee is fun! Learn machine piecing & complete a lap quilt. Supply list. Machines & lunch provided. Ages 10-15. Eastham Community Center

APA-2-605 YOUTH BEADING WORKSHOP
11:30-3:30pm W 8/05 1 \$25 \$10 Elting CLRM
Come in out of the heat & bead! Explore the world of color through loom beading. Complete a bracelet, take home supplies to make more. Supplies & lunch included. Ages 11-13. Eastham Community Center

APA-2-606 YOUTH HANDWORK CIRCLE
11:30-3pm TH 8/06 1 \$22 \$6 Elting CLRM
Handwork, such as embroidery, can be a trendy way to jazz up your wardrobe. Learn basic stitches like the lazy daisy. Supplies provided. Ages 10-13 Eastham Community Center

APA-2-607 MAKING SURFBOARDS
TBA TBA 6/22 11 Staff CLRM
Design, shape & make your own surfboard. Contact Ocean Devotion Surfboards for dates, times & prices. Ocean Devotion Surfboards

APA-2-608 UPHOLSTERY CLASS
9-12pm M 6/01 4 \$159 Stevens CLRM
At 2nd Time Around learn about tools & basic skills necessary to complete a simple upholstered project. Work at your own pace, individual attention. Call 503-742-0178 for materials list. \$20 supplies fee paid to instructor. 2nd Time Around Upholstery

APA-2-609 UPHOLSTERY CLASS
9-12pm M 7/06 4 \$159 Stevens CLRM
Same description as previous class. 2nd Time Around Upholstery

APA-2-610 UPHOLSTERY CLASS
9-12pm M 8/03 4 \$159 Stevens CLRM
Same description as previous class. 2nd Time Around Upholstery

APA-2-611 UPHOLSTERY CLASS
6-9pm TH 6/04 4 \$159 Stevens CLRM
Same description as previous class. 2nd Time Around Upholstery

APA-2-612 UPHOLSTERY CLASS
6-9pm TH 7/09 4 \$159 Stevens CLRM
Same description as previous class. 2nd Time Around Upholstery

APA-2-613 UPHOLSTERY CLASS
6-9pm TH 8/06 4 \$159 Stevens CLRM
Same description as previous class. 2nd Time Around Upholstery

APA-2-614 UPHOLSTERY CLASS
9-12pm F 6/05 4 \$159 Stevens CLRM
Same description as previous class. 2nd Time Around Upholstery

APA-2-615 UPHOLSTERY CLASS
9-12pm F 7/10 4 \$159 Stevens CLRM
Same description as previous class. 2nd Time Around Upholstery

APA-2-616 UPHOLSTERY CLASS
9-12pm F 8/07 4 \$159 Stevens CLRM
Same description as previous class. 2nd Time Around Upholstery

APA-2-617 VEGETARIAN HERBAL SOAP MAKING
11-3pm S 6/27 1 \$30 \$15 Elting CLRM
Explore how to safely create your own scent blends & textures with essential oils & additives. Please bring a pair of goggles, dish washing rubber gloves, & newspaper. Age: Adult. Eastham Community Center

APA-2-618 VEGETARIAN HERBAL SOAP MAKING
11-3pm S 8/08 1 \$30 \$15 Elting CLRM
Same description as previous class. Eastham Community Center

Child Care/Family Life

FAM-2-600 BABYSITTING, RED CROSS
9-3:45pm S 6/27 1 \$55 Red Cross CLRM
Receive handbooks providing information on injury prevention, first aid & basic child care skills. Earn Red Cross certificate & pack a "sitter bag". Bring paper, & pencil. Age: 11-15. Eastham Community Center

FAM-2-601 BABYSITTING, RED CROSS
9-3:45pm S 8/08 1 \$55 Staff CLRM
Same description as previous class. Eastham Community Center

FAM-2-602 PRESCHOOL AM-3 YR OLD
9-10:55am TTH 9/22 11 \$230 Owens CLRM
Focus on kindergarten readiness/social skills development. A typical day: free play, large & small group time, music, storytime. Snacks are co-op provided by parents 4 times per term. Must have been 3 before 9/1/09. \$25 non-refundable deposit. Age: 3. No class week of 11/23. Eastham Community Center

FAM-2-603 PRESCHOOL AM-4 YR OLD
9-11:25am MWF 9/21 11 \$300 Owens CLRM
Same description as previous class. No class 11/11 or week of 11/23. Must be 4 by 9/1/09. Eastham Community Center

FAM-2-604 PRESCHOOL PM- 4 YR OLD
12:30-2:55pm MWF 9/21 11 \$300 Owens CLRM
Same description as previous class. Eastham Community Center

FAM-2-605 WHEN I'M IN CHARGE
9-11:30am S 6/27 1 \$28 Staff CLRM
Personal safety & time management for children home alone. Subjects covered gun & Internet safety, home safety, sibling care, more. Age: 8-11. Eastham Community Center

FAM-2-606 WHEN I'M IN CHARGE
12:30-3pm M 8/03 1 \$28 Staff CLRM
Same description as previous class. Eastham Community Center

Cooking

EAT-2-600 SUMMER FRUIT PRESERVATION
6-9pm T 7/28 1 \$22 \$10 Elting CLRM
Canning & freezing are wonderful ways to preserve the harvest. The hands on project for this class will be beautiful jars of fruit preserves. Samples go home with students. Age: Adult. Eastham Community Center

Dance/Theater/Music

TAP AND JAZZ WITH VICKI MILLS
Tap and Jazz classes for both beginning and continuing students for all ages. Students must have tap shoes and ballet slippers.

ATA-2-600 TAP & JAZZ BEG.
3:30-4:15pm M 6/22 6 \$60 Mills DANCE
Beginning tap & jazz dance class from professional dance instructor, Vicki Mills. Open to boys & girls. Student should have tap shoes & ballet slippers. Age: 3-5. Barclay Community School

Course No. Time	Course Title Days	Begins	Wks.	Tuition	Fee	Instructor	Room	Course No. Time	Course Title Days	Begins	Wks.	Tuition	Fee	Instructor	Room
ATA-2-601 4:15-5pm	TAP & JAZZ, BEG. M	6/22	6	\$60		Mills	DANCE	ATA-2-709 10-1:45pm	WORKSHOP INT. 2 & ADV. M-F	7/13	2	\$236		Staff	GYM
Same description as previous class. Barclay Community School								Intensive dance experience- Ballet, Pointe, Choreography, Character & more. Weekly and single class enrollment available. Guest teachers Jimi Hao, Nina V. Raimondo & others TBA. Barclay Community School							
ATA-2-602 5-5:45pm	TAP & JAZZ, AGE 6-7 YRS M	6/22	6	\$60		Mills	DANCE	ATA-2-710 6:30-7:30pm	ADULT/TEEN BEGINNING M	6/22	6	\$54		Staff	GYM
Same description as previous class. Barclay Community School								Introduction to ballet. Learning basic barre and center movements. Barclay Community School							
ATA-2-603 5:54-6:45pm	TAP & JAZZ, AGE 8+ M	6/22	6	\$70		Mills	DANCE	ATA-2-711 6:30-8pm	ADULT/TEEN INTERMEDIATE M	6/22	6	\$80		Kunzman	GYM
Same description as previous class. Barclay Community School								Adding more difficult steps and positions. Begin putting steps into combinations. Barclay Community School							
ATA-2-604 TBA	GREASE THFS	7/09	8	\$75		Staff	CLRM	Driver Education							
Geared for boys. Audition June 26 at 5pm for a role in Grease. Rehearsals Th, F, S (time varies by part). Five live performances Sept. 4, 5, 11, 12. Visit www.octheatre.org. Ages 12+. Ore City High School								DRE-4-600 DRIVER'S EDUCATION 8-11am TTH 6/16 5 \$250 DeWitz C117							
ATA-2-605 TBA	GREASE THFS	7/09	8	\$75		Staff	CLRM	REQUIRED PARENT MEETING is 6/10, 5:30-6:30 or 6:30-7:30 pm. Satisfies state requirement of 30 hours classroom & 12 hours of in car time. Drive time selected at registration. If student already has license or obtains license prior to completing the Driver Education program, an additional \$200 will be charged. Materials included in price. \$25 non-refundable fee. Register online or at Eastham. Age: High School. Clairmont							
Geared for girls. Same description as previous class. Ore City High School								Exercise/Fitness/Sports							
ATA-2-606 7-9pm	WILLAMETTE FALLS SYMPHONY TH	6/25	11	\$10		staff	TBA	PED-2-600 5:45-7pm	ADULT TAE KWAN DO TTH	6/23	8	\$70		Dutton	CAFE
Focus on musicianship & interpretation with a variety of styles. Concludes with a performance. New members must audition by calling 503-785-8520. Checks payable to Willamette Falls Symphony. Age: Adult.								A "non-contact" course that focuses on basic techniques & principles of Taekwon-Do. Uniform & Patches are purchased from instructor on first night (\$40). Age: 6-Adult Eastham Community Center							
BALLET & MUSICAL THEATER								HORSEBACK RIDING - HIGHLAND STABLES							
School of ballet and musical theater with Jacquie Kunzman. To register call Jacquie Kunzman Ballet Studio, 503-656-1011. All classes held at studio (Barclay Gym building).								Professional instruction in English style riding, grooming and tack. All riders are required to wear helmets (provided) and hoard-soled shoes or boots. Directions upon registration.							
ATA-2-700 9-9:30am	PRE-BALLET 1, AGES 3 1/2-4 TTH	6/23	4	\$44		Harter	GYM	PED-2-601 2:30-4pm	HORSEBACK RIDING T	7/07	4	\$120		Staff	ARENA
Introduction to correct basic positions and movements. Fun with rhythms, stretches and jumps. Barclay Community School								Professional instruction in English style riding, grooming, and tack. All riders are required to wear helmets (provided) and hard-soled shoes or boots. Directions upon registration. Ages 6+ Highland Stables							
ATA-2-701 9-9:30am	PRE BALLET 2, AGES 3 1/2-4 TTH	6/23	4	\$44		Howard	GYM	PED-2-602 4:30-6pm	HORSEBACK RIDING T	7/07	4	\$120		Staff	ARENA
Continuation of Pre Ballet 1. Must have teacher consent. Barclay Community School								Same description as previous class. Highland Stables							
ATA-2-702 9:30-10:15am	PRE BALLET 1, AGES 5-7 TTH	6/23	4	\$60		Howard	GYM	PED-2-603 2:30-4pm	HORSEBACK RIDING W	7/08	4	\$120		Staff	ARENA
Introduction to correct basic positions and movements. Fun with rhythms, stretches and jumps. Barclay Community School								Same description as previous class. Highland Stables							
ATA-2-703 9:30-10:15am	PRE BALLET 2, AGES 5-7 TTH	6/23	4	\$60		Harter	GYM	PED-2-604 4:30-6pm	HORSEBACK RIDING W	7/08	4	\$120		Staff	ARENA
Continuation of pre ballet. Must have teacher's consent. Barclay Community School								Same description as previous class. Highland Stables							
ATA-2-704 10:15-11:15am	PRE BALLET 3, AGES 6-7 TTH	6/23	4	\$72		Harter	GYM	PED-2-605 2:30-4pm	HORSEBACK RIDING TH	7/09	4	\$120		Staff	ARENA
Continuation of Pre Ballet 2. Must have teacher's consent. Barclay Community School								Same description as previous class. Highland Stables							
ATA-2-705 10:15-11:15am	BASIC 1, AGES 8-12 TTH	6/23	4	\$72		Howard	GYM	PED-2-606 4:30-6pm	HORSEBACK RIDING TH	7/09	4	\$120		Staff	ARENA
Introduction to basic positions and movements at the barre and center. Barclay Community School								Same description as previous class. Highland Stables							
ATA-2-706 10:15-11:15am	BASIC 2, AGES 8-12 TTH	6/23	4	\$72		Howard	GYM	PED-2-607 2:30-4pm	HORSEBACK RIDING F	7/10	4	\$120		Staff	ARENA
Continuation of Basic Level 1. Must have teacher's consent. Barclay Community School								Same description as previous class. Highland Stables							
ATA-2-707 11:15-12:30pm	BASIC 3, AGES 9-12 TTH	6/23	4	\$90		Kunzman	GYM	PED-2-608 4:30-6pm	HORSEBACK RIDING F	7/10	4	\$120		Staff	ARENA
Continuing training of barre and center movements. Preparing for turns and large jumps. Must have teacher's consent. Barclay Community School								Same description as previous class. Highland Stables							
ATA-2-708 9:30-1pm	WORKSHOP INT 1 MWF	6/22	4	\$252		Staff	GYM	PED-4-609 9:15-10:15am	JAZZERCISE AM M-SAT	6/22	11			Staff	CLRM
Ballet, Pre Pointe, Character, Jazz, and Tap taught by Jacquie Kunzman and guest teachers. Weekly and single class enrollment if space available. No class 7/3. Makeup class TBA. Barclay Community School								Jazzercise blends aerobics, yoga, Pilates, kickboxing, & stretching movements into fun dance routines! All levels welcome. Begin anytime. Call for class pass prices, 971-219-0790. Childcare provided for weekday morning class. Age: Adult. Oregon City HS-Jackson Campus							

Community Education Classes

Registration form on page 53.

Course No. Time	Course Title Days	Begins	Wks.	Tuition	Fee	Instructor	Room	Course No. Time	Course Title Days	Begins	Wks.	Tuition	Fee	Instructor	Room
PED-4-610 5:45-6:45pm	JAZZERCISE PM MTWTH	6/22	11			Staff	CLRM	PED-2-626 6:30-9:30pm	TOURING KAYAK SHRT TOUR/LESSON SU	8/02	1	\$42		Staff	RIVER
Same description as previous class. Eastham Community Center								Explore our local waterways in a touring kayak. A brief intro/lesson prior to touring. Age: Adult. Clackamette Park							
PED-4-611 5:45-6:45pm	YOGA TH	6/25	8	\$62		Waddell	CLRM	PED-2-627 4:30-8pm	MT. ST. HELENS RIM HIKE F	8/07	1	\$125		Staff	MTN
Come & join this stretch yoga and relaxation class. Please bring mat. Wear fitness clothing. Age: Adult. Barclay Community School								Participants need to be in good physical hiking shape for the 9.4 mile round trip hike with a 4,500 feet elevation gain. Transportation from pickup location. Age: Adult. Mount St. Helens							
PED-4-612 7-8pm	YOGA TH	6/25	8	\$62		Waddell	CLRM	PED-2-628 8-6:30pm	S PUGET SOUND BY VAN & KAYAK MSSU	7/18	1	\$295		Staff	TRAN
Same description as previous class. Barclay Community School								Spend your days paddling your own boat & exploring in small groups. Camp at Dosewallips State Park. Cost includes most meals, transport, camping fees, boats, group camp gear, guides. Age: 14+. Clackamas Town Center							
OUTDOOR RECREATION WITH NW DISCOVERIES															
Enjoy Oregon waterways in a flatwater Kayak, sea kayak, or canoe while taking a lesson from a guide/instructor. NW Discoveries will provide all equipment needed to have a relaxed enjoyable experience. Sign up for an evening, half-day or full day class. Pick-up/Drop off information provided at registration. All classes go rain or shine.															
PED-2-613 5-8pm	CANOE BEGINNING LESSON M	6/29	1	\$42		Staff	RAMP	PED-2-629 6-7pm	PRE SCHOOL TAEKWON DO M	6/22	8	\$70		Coulter	CLRM
Learn basic forward, backward & steering strokes. Lesson prepares you for our tours. Age: Adult. Rock Island/Willamette River								An intro class emphasizing coordination, self-control, & basic Tae Kwon Do skills. Helps build confidence. Age: 4-6. Oregon City Tae-Kwon Do							
PED-2-614 8:30-11am	CANOE BEGINNING LESSON SU	8/02	1	\$42		Staff	RAMP	PED-2-630 6-7pm	PRE SCHOOL TAEKWON DO W	6/24	8	\$70		Coulter	CLRM
Same description as previous class. Rock Island/Willamette River								Same description as previous class. Oregon City TaeKwon Do							
PED-2-615 8:30-1pm	CANOE LONG TOUR M	6/29	1	\$58		Staff	RAMP	PED-2-631 7-8:15pm	YOUTH TAEKWON DO MW	6/22	8	\$70		Coulter	CLRM
Should have canoed at least once before. Individual instruction is provided as you tour. Age: Adult. Rock Island/Willamette River								TaeKwon Do is a traditional Korean martial art. Class focus in on basics to strengthen mind & body. Non-contact & family friendly. Age: 7+. Oregon City TaeKwon Do							
PED-2-616 1:30-4:30pm	TOURING KAYAK BEGINNING LESSON M	6/29	1	\$42		Staff	RAMP	PED-2-632 7-8:15pm	YOUTH TAEKWON DO TTH	6/23	8	\$70		Coulter	CLRM
Learn about kayak equipment, steering, paddling straight line, bracing & rescues. Age: Adult. Rock Island/Willamette River								Same description as previous class. Oregon City TaeKwon Do							
PED-2-617 11:30-2:30pm	TOURING KAYAK BEGINNING LESSON SU	8/02	1	\$42		Staff	RIVER	PED-4-633 5:30-6:30pm	PILATES MW	6/22	11	\$105		Rabe	CLRM
Same description as previous class. Clackamette Park								Class leads you through the basic Pilates fundamentals, a series of core strength exercise, & a focus on flexibility. Register with OC Fitness, 503-656-0228. Age: Adult. OC Fitness							
PED-2-618 8:15-6pm	TOURING KAYAK LONG TOUR/LESSON SU	8/16	1	\$82		Staff	COAST	PED-4-634 12-1pm	PILATES/YOGA MWF	6/22	11	\$105		Carlson	CLRM
Meet at Tualatin Park & Ride. Brief intro and lesson, then tour local waterways. Solo & double kayaks available. Cost includes equipment, guide & transportation. Ages: Adult Salmon River								A progressive, flowing routine that will strengthen & stretch your body while relaxing your mind. All levels welcome. Register by calling 503-656-0228. Age: Adult. OC Fitness							
PED-2-619 8:15-5:30pm	TOURING KAYAK LONG TOUR/LESSON M	8/17	1	\$82		Staff	WATER	PED-4-635 12-12:45pm	SERIOUS SCULPTING TTH	6/23	11	\$105		Rabe	CLRM
Same description as previous class, except meet at Tigard Park & Ride, 74th & 99W off I-5. Nehalem Bay								Focus on coordination, abdominal strength, & flexible movement. A mix of cardio dance & series of strength training exercises designed to target, sculpt & define. To register, 503-656-0228. Age: Adult. OC Fitness							
PED-2-620 2-6pm	TOURING KAYAK LONG TOUR/LESSON SU	6/28	1	\$58		Staff	RIVER	PED-4-636 5:30-6:30pm	TOTAL BODY CONDITIONING TTH	6/23	11	\$105		Helgeson	CLRM
Same description as previous class, except no transportation provided. Willamette Falls Locks								Combo of cardio conditioning aerobics, strength & toning & care & balance exercise provide comprehensive full body work out. Appropriate for all levels. Register, 503-656-0228. Age: Adult. OC Fitness							
PED-2-621 8:30-1pm	TOURING KAYAK LONG TOUR/LESSON M	6/29	1	\$58		Staff	RAMP	PED-4-637 9-10am	GENTLE PILATES T	6/23	10	\$75		Wagner	CLRM
Same description as previous class-no transportation. Rock Island/Willamette River								Gentle Pilates if for the student who is a little more fragile & prefers a safe, slower pace approach to the work & still gets all the benefits of Pilates. Register with studio, 503-515-7585. Age: Adult. Pilates With Fe							
PED-2-622 2-6pm	TOURING KAYAK LONG TOUR/LESSON S	8/08	1	\$58		Staff	RIVER	PED-4-638 9-10am	GENTLE PILATES TH	6/25	10	\$75		Wagner	CLRM
Same description as previous class. Willamette Falls Locks								Same description as previous class. Pilates With Fe							
PED-2-623 8:30-12pm	TOURING KAYAK MOVING WATER SU	6/28	1	\$58		Staff	RIVER	PED-4-639 7-8pm	INTERMEDIATE PILATES T	6/23	10	\$75		Wagner	CLRM
Learn techniques for maneuvering in moving water with eddy turns and ferries. You don't need to roll your kayak. Recommend taking a touring kayak lesson/tour. Cost includes equipment and guide. Ages 18+ Clackamas River (Carver)								Intermediate class is more challenging with emphasis on fluidity of movement, muscle control, & strength. Register directly with studio at 503-515-7585. Age: Adult. Pilates With Fe							
PED-2-624 8:30-12pm	TOURING KAYAK MOVING WATER S	8/08	1	\$58		Staff	RIVER	PED-4-640 12-1pm	INTERMEDIATE PILATES W	6/24	10	\$75		Wagner	CLRM
Same description as previous class. Clackamas River (Carver)								Same description as previous class. Pilates With Fe							
PED-2-625 3-6pm	TOURING KAYAK RESCUE CLASS SU	8/02	1	\$37		Staff	RIVER								
No prior experience required. Learn capsizing & rescue techniques. Learn how to brace, minimizing your chances of capsizing. Bring swim suit and towel. Clackamette Park															

Course No. Time	Course Title Days	Wks. Begins	Tuition Fee	Instructor	Room	Course No. Time	Course Title Days	Wks. Begins	Tuition Fee	Instructor	Room
PED-4-641 6-7pm	MIXED LEVEL PILATES M	6/22 10	\$75	Wagner	CLRM	APA-1-39 12:30-3pm	BINGO TH				CLRM
The mixed level class is for both the intermediate & beginner who wants to take Pilates to the next level. Register with studio, 503-515-7585. Age: Adult. Pilates With Fe						Group meets every Thursday. .25 cents per card. Pioneer Community Center					
PED-4-642 5-6pm	MIXED LEVEL PILATES T	6/23 10	\$75	Wagner	CLRM	APA-1-40 12-3pm	PINOCHLE MWF				CLRMIII
Same description as previous class. Pilates With Fe						Group meets Monday, Wednesdays and Fridays at noon. .25 cent fee. Center closed July 3. Pioneer Community Center					
PED-4-643 12-1pm	MIXED LEVEL PILATES F	6/26 10	\$75	Wagner	CLRM	APA-1-41 TBA	POOL M-F				POOL RM
Same description as previous class. Pilates With Fe						Pool playing available Monday-Friday 9am-4pm. No charge (adults only). Center closed July 3. Pioneer Community Center					
PED-4-644 8-9am	MIXED LEVEL PILATES S	6/27 10	\$75	Wagner	CLRM	Computer					
Same description as previous class. Pilates With Fe						DPS-1-30 TBA	COMPUTERS FOR SENIORS M-F				POOL RM
PED-4-645 12-1pm	PILATES BEGINNING M	6/22 10	\$75	Wagner	CLRM	Computers for Seniors at the Pioneer Center. Computers are available for use Monday-Friday, 9-4pm. Center closed July 3. Pioneer Community Center					
An intro to more traditional Pilates movements with emphasis on proper form & appropriate modifications to best support your posture & challenge your muscles. Reg with studio 503-515-7585. Age: Adult. Pilates With Fe						DPS-1-31	COMPUTER FIRST STEPS			King	BASEMENT
PED-4-646 5-6pm	PILATES BEGINNING T	6/23 10	\$75	Wagner	CLRM	If you've never touched a computer before, this class is for you. Learn at your own pace how to understand and communicate with the computer. Hands-on practice/individual attention. Call Jerry King, 503-723-9497 to register. Center closed July 3. Pioneer Community Center					
PED-4-647 6-7pm	PILATES BEGINNING M	6/22 10	\$75	Wagner	CLRM	DPS-1-32	COMPUTER BASICS			King	CLRM
Same description as previous class. Pilates With Fe						This course opens with a survey of computer technology & components. Set up your own master files, email account and learn your way around the World wide Web. Call Jerry King, 503-723-9497 to register. Center closed July 3. Pioneer Community Center					
PED-4-648 7-8am	PILATES BEGINNING TH	6/25 10	\$75	Wagner	CLRM	DPS-1-33	WORD PROCESSING			King	BASEMENT
Same description as previous class. Pilates With Fe						Build on basics you've mastered to fine-tune your word processing skills. Set up tables and charts. Call Jerry King, 503-723-9497 to register. Center closed July 3. Pioneer Community Center					
PED-2-649 9-12pm	VOLLEYBALL CAMP MTWTH	6/15 1	\$65	Kamahoahoa	GYM	Dance/Theater/Music					
Lead by OCHS Volleyball coach & players. Includes t-shirt. Grade: 4th-6th. Oregon City HS-Jackson Campus						ATA-1-30 6-7pm	SALSA DANCE W	6/24 11	\$47	Romero	CLRM

Oregon City Pioneer COMMUNITY CENTER

Registration form for Community Education classes on page 53.
For class locations, see page 55. Phone: 503-657-8287
Classes held at Pioneer Community Center. Center opens at 9 a.m.

Art/Crafts/Hobbies

APA-1-30 9:30-11:30am	ACRYLIC PAINTING - BEGINNING W	6/24 10	\$85	Lind	CLRM
For beginners and experienced artist. Emphasis on learning brush techniques, color mixing, shading and composition. Class will include painting landscapes, flowers, wildlife or your preference with one-to-one supervision. Pick up supply list at Pioneer Center prior to first class. Senior Discount \$43. Pioneer Community Center					
APA-1-31 9-12pm	BUSY BEES M				CRAFT
Have fun making crafts, sewing quilts, aprons, etc. for fundraisers. Group meets every Monday. Pioneer Community Center					
APA-1-33 10-12pm	KNITTING & CROCHETING, BEG. W			Tipton	FIRE
Learn basic knitting and crocheting stitches. Bring your own needles, yarn & patterns. Cost is \$20 - 4/wk sessions. Call Janice Tipton to schedule:503-829-8031. Pioneer Community Center					
APA-1-35 12:30-2:30pm	OIL PAINTING W	6/24 10	\$85	Lind	CLRM
For beginners and experienced artists. Emphasis will be on color mixing, brush techniques, composition, perspective and blending - from canvas preparation to a finished project. No prior experience necessary. Pick up supply list at Pioneer Center prior to first class. Senior Discount \$43. Pioneer Community Center					
APA-1-37 11-1:30pm	WATERCOLOR WITH MELISSA GANNON TH	6/25 11	\$117	Gannon	CLRM
Explore exciting & challenging medium of transparent watercolor! Learn to mix colors, the basics of composition, elements of perspective, and drawing. Supply list upon registering. All levels. Senior Discount \$58. Pioneer Community Center					

Dance/Theater/Music

ATA-1-30 6-7pm	SALSA DANCE W	6/24 11	\$47	Romero	CLRM
Come and learn how to Salsa, Merengue and Cha Cha Cha for social dancing! Develop your skills in this casual, fun class for beginners. No partner needed. Senior Discount \$24. Pioneer Community Center					
ATA-1-32 12:30-3pm	BALLROOM DANCING W	6/22 11		Tadina	CLRM
Come and dance to the music of the Glenn Tadina 15 piece Big Band - waltzes, rumba, cha-cha, tango, etc. The Black Magic Band alternates every other Wednesday. \$5 fee per person. Call the Pioneer Center 503-657-8287 or Glenn Tadina 1-503-769-5598 for more information. Pioneer Community Center					

Exercise/Fitness/Sports

PED-4-30 9:30-10:15am	CROSS TRAINING PROGRAM M	7/13 8	\$26	Hall	CLRM
Stay in shape. This modified workout program is designed for overall body fitness. We will combine cardio, weight training and stretching exercises. Senior Discount \$13. Pioneer Community Center					
PED-4-31 10:40-11:25am	CARDIO-DANCE TTH	7/14 8	\$51	Hall	CLRM
This fun class combines walking, aerobics and dance with high energy music for a calorie burning workout! Open to adults of all ages who want to stay or get fit. Senior Discount \$26. Pioneer Community Center					
PED-4-32 4-5pm	EASY AEROBICS MTH	6/22 11	\$94	Rabe	CLRM
Gentle stretching, strengthening, and balancing exercises. Class meets Monday and Thursday, 4-5pm. Senior Discount \$47. Pioneer Community Center					

Community Education Classes

Registration form on page 53.

Course No.	Course Title	Time	Days	Begins	Wks.	Tuition	Fee	Instructor	Room
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PED-4-33 GENTLE PILATE STRETCHING/YOGA
 9:30-10:30am TTH 7/14 8 \$68 Hall MILL
 Using yoga movements and pilate stretches to strengthen and promote more flexibility, strength & balance. Please bring a mat and light hand held weights. Adults of all ages welcome. Senior Discount \$34. Pioneer Community Center

PED-4-34 TAI CHI, BEGINNING
 10:35-11:20am MW 6/22 11 \$70 Crain MILL
 This ancient Chinese movement improves strength, flexibility, concentration and balance by combining gentle physical exercise and mental discipline. The slow and controlled moves also strengthen muscles and reduces stress. Senior Discount \$35. Pioneer Community Center

PED-4-35 TAI CHI, INTERMEDIATE
 11:30-12:15pm MW 6/22 11 \$70 Crain CLRM
 Continuation of form with further integration of breath and body, balance, relaxation, and coordination. Increased emphasis on circular movement, softness and smoothness. Senior Discount \$35. Pioneer Community Center

PED-1-36 LINE DANCING
 11:45-2pm T MILL
 Learn all the latest line dance steps, and some traditional ones as well. No partner needed. Group meets every Tuesday. No fee. Pioneer Community Center

PED-4-38 YOGA - INTERMEDIATE
 6-7:30pm TH 6/18 7 Juffs CLRM
 Call Jenny to register at 503-419-9738. Cost \$72. Pioneer Community Center

PED-4-39 TAOIST TAI CHI TAIJIQUAN
 6-9pm M 6/22 11 Lin-Shin CLRM
 This internal martial art developed by Master Moy Lin-shin improves health through a gentle set of 108 movements. Turning and stretching exercises your whole physiology, and restores calmness and peace of mind. Wear flat shoes and loose clothing. Cost includes Int'l Taoist Tai Chi Society lifetime membership. Suggested Donation \$180. Over 62 \$120. Pioneer Community Center

PED-1-39 WEIGHT ROOM ORIENTATION WEIGHT
 An individual weight training session to introduce you to a personalized fitness program designed to meet your individual needs. Call for appointment 503-657-8287. Center closed July 3. Pioneer Community Center

PED-1-40 WEIGHT TRAINING ROOM WEIGHT
 9-4pm M-F
 Come join our weight room - it's fun to exercise with others. Open Monday thru Friday 9am-4pm. Adults only. Pre-requisite: Weight Room Orientation. Purchase 24 visits/\$20. Center closed July 3. Pioneer Community Center

Health/Safety/Personal Well-Being

HLT-1-30 PEDICURES & MANICURES CRAFT
 TBA TW
 RN Bea is offering pedicures and manicures every other Tuesday or 2nd Wednesday of the month. Cost is \$25 (bring 2 towels). Call for an appointment 503-657-8287. Let the receptionist know if you are a diabetic or have foot problems for extra time. Pioneer Community Center

West Linn

PARKS AND RECREATION

Registration form for Community Education classes on page 53
 For class locations, see page 55. Phone: 503-557-4700

Art/Crafts/Hobbies

APA-2-800 BOB ROSS OIL PAINTING CLRM
 5:30-9pm TH 6/11 1 \$48 Stubb
 In this Bob Ross style of oil painting class, you will start with a blank canvas & leave with a completed masterpiece in the same class. Beginners to advanced welcome. Project: Towards Days End West Linn Adult Community Ctr

APA-2-801 BOB ROSS OIL PAINTING CLRM
 10-2pm S 6/27 1 \$48 Stubb
 Same description as previous class. Project: Snowy Egret Sunset Fire Hall

APA-2-802 BOB ROSS OIL PAINTING CLRM
 5:30-9pm TH 7/09 1 \$48 Stubb
 Same description as previous class. Project: Soft Mountain Glow West Linn Adult Community Ctr

APA-2-803 BOB ROSS OIL PAINTING CLRM
 10-2pm S 7/25 1 \$48 Stubb
 Same description as previous class. Project: Tulips in a Basket Sunset Fire Hall

APA-2-804 BOB ROSS OIL PAINTING CLRM
 5:30-9pm T 8/13 1 \$48 Stubb
 Same description as previous class. Project: Secluded Beach West Linn Adult Community Ctr

APA-2-805 BOB ROSS OIL PAINTING CLRM
 10-2pm S 8/22 1 \$48 Stubb
 Same description as previous class. Project: Mountain Serenity Sunset Fire Hall

APA-2-806 BASIC PHOTOGRAPHY CLRM
 6:30-8:30pm M 7/13 1 \$33 Guvenir
 2 hour class will teach an overview of how modern Digital & Film cameras function & explain what you need to know to become a better photographer. West Linn High School

APA-2-807 ADVANCED PHOTOGRAPHY CLRM
 6:30-9:30pm MT 7/13 1 \$100 Guvenir
 This class teaches you everything you need to know to be in complete control of your photography in every situation. West Linn High School

APA-2-808 COMPOSITION FOR PHOTOGRAPHY CLRM
 6:30-9:30pm MT 7/20 1 \$100 Guvenir
 You will learn to craft amazing "professional" quality images utilizing compositional techniques that will transform your images. Advanced Photography a pre-requisite. West Linn High School

APA-2-809 ADVANCED LIGHTING CLRM
 6:30-9:30pm MT 7/27 1 \$100 Guvenir
 This workshop will help you develop your eye & teach you about tools you may need to complete your vision. Advanced Photography is a prerequisite. West Linn High School

APA-2-810 ALL KINDS OF ANIMALS CAMP CAFE
 10-12pm MTWTH 6/29 1 \$90 Staff
 Age 6-11. A variety of animals will inspire us in this camp! Pencils, colors pencils, sharpies & markers will be used. This is a popular camp for animal lovers & cartoon enthusiasts. \$6 material fee paid to instructor. Cedaroak Park School

APA-2-811 ALL KINDS OF ANIMALS CAMP CAFE
 1-3pm MTWTH 6/29 1 \$90 Staff
 Same description as previous class. Cedaroak Park School

APA-2-813 CASTLE CAMP CAFE
 1-3pm MTWTH 7/06 1 \$90 Staff
 Age 6-11. Jump into medieval times & explore the land of castles, knights, & dragons. Draw a variety of characters & items familiar to this time. \$6 material fee paid to instructor. Cedaroak Park School

Course No. Time	Course Title Days	Wks. Begins	Tuition Fee	Instructor	Room	Course No. Time	Course Title Days	Wks. Begins	Tuition Fee	Instructor	Room
APA-2-814 9-3pm	CHess WIZARDS SUMMER CAMP M-F 6/22 1	1	\$250	Staff	CAFE	GES-4-802 1-3pm	RE-TAKING THE SAT? BE READY! MWF 8/17 2	2	\$320	Petersen	A-102
Age 5-14. An array of games & activities throughout the day include: Chess, Lessons, p=Puzzles, Wizard Says, Bug House, Fisher, more!! Bring a lunch. Snacks provided. Sunset Primary School						Specific focused review to improve SAT Critical Reading & Writing Scores: vocabulary, reading comprehension, writing, & grammar. Tuition covers workbook & practice materials. West Linn High School					
APA-2-815 10-12pm	MONSTER CAMP MTWTH 8/03 1	1	\$90	Staff	CLRM	Child Care/Family Life					
Age 6-11. Learn a variety of basic cartoon techniques, learn to draw wild faces, exaggerated features & scary bodies. Use pencils, markers, & sharpies. \$6 materials fee paid to instructor. Sunset Fire Hall						FAM-2-800 10-3pm	FUN IN THE SUN - DAY CAMP M-F 6/22 1	1	\$65	Staff	SHLTR
APA-2-816 1-3pm	MONSTER CAMP MTWTH 8/03 1	1	\$90	Staff	CLRM	Fun in the Sun is a program designed to provide fun & exciting activities for youth including sports, games, arts & crafts, more. A weekly field trip to various local activities or presenters brought in. Bring to camp: a sack lunch, water bottle, sunscreen, appropriate clothing & towel for wading pool. Willamette Park					
APA-2-817 10-12pm	PIRATE CAMP MTWTH 7/06 1	1	\$90	Staff	CAFE	FAM-2-801 10-3pm	FUN IN THE SUN - DAY CAMP M-F 6/29 1	1	\$65	Staff	SHLTR
Age 6-11. Ahoy mates! Explore the world of pirates with new drawing adventures! Complete several drawings each day using unique Young Rembrandts method. \$6 material fee paid to instructor. Cedar oak Park School						Same description as previous class. Sunset Park					
APA-2-818 10-12pm	SAFARI CAMP MTWTH 7/27 1	1	\$90	Staff	CAFE	FAM-2-802 10-3pm	FUN IN THE SUN - DAY CAMP M-F 7/06 1	1	\$65	Staff	SHLTR
Age 6-11. Go on a Safari adventure with Young Rembrandts this summer! Draw a colorful mandrill, a funny hyena, a tall giraffe, & more. \$6 material fee paid to instructor. Cedar oak Park School						Same description as previous class. Sunset Park					
APA-2-819 10-12pm	SPACE CAMP MTWTH 7/20 1	1	\$90	Staff	CAFE	FAM-2-803 10-3pm	FUN IN THE SUN - DAY CAMP M-F 7/13 1	1	\$65	Staff	COVER
Age 6-11. Explore "Space" while working in different mediums. Draw space ships & aliens! \$6 material fee paid to instructor. Cedar oak Park School						Same description as previous class. Hammerle Park					
APA-2-820 10-12pm	SUMMER ART CAMP MTWTH 7/13 1	1	\$90	Staff	CAFE	FAM-2-804 10-3pm	FUN IN THE SUN - DAY CAMP M-F 7/20 1	1	\$65	Staff	SHLTR
Age 6-11. Children are exposed to 3 different media all in one camp! Emphasize drawing skills by completing a large drawing with markers, learn cartooning techniques, & learn color pencil techniques. \$6 material fee paid to instructor. Cedar oak Park School						Same description as previous class. Sunset Park					
APA-2-821 1-3pm	SUMMER ART CAMP MTWTH 7/13 1	1	\$90	Staff	CAFE	FAM-2-805 10-3pm	FUN IN THE SUN - DAY CAMP M-F 7/27 1	1	\$65	Staff	SHLTR
Same description as previous class. Cedar oak Park School						Same description as previous class. Sunset Park					
APA-2-822 10-12pm	UNDER THE SEA CAMP MTWTH 7/27 1	1	\$90	Staff	CAFE	FAM-2-806 10-3pm	FUN IN THE SUN - DAY CAMP M-F 8/03 1	1	\$65	Staff	SHLTR
Age 6-11. A great opportunity to draw original Young Rembrandts' fish characters, sharks, lobsters, mermaids, & others! Pencils, colored pencils & markers will be used. \$6 material fee paid to instructor. Cedar oak Park School						Same description as previous class. Willamette Park					
APA-2-823 1-3pm	VEHICLE CAMP MTWTH 7/20 1	1	\$90	Staff	CAFE	FAM-2-807 10-3pm	FUN IN THE SUN - DAY CAMP M-F 8/10 1	1	\$65	Staff	SHLTR
Age 6-11. Learn to draw all different modes of transportation. Cars, trucks, airplanes, helicopters, more! Complete a large scene on last day. \$6 material fee paid to instructor. Cedar oak Park School						Same description as previous class. Willamette Park					
APA-2-824 1-3pm	YOUTH MINI CAMP-ARTS & CRAFTS M-F 6/29 1	1	\$29	Staff	CLRM	FAM-2-808 1-5pm	CAMP 2 MUCH FUN M-F 7/20 1	1	\$110	Staff	CLRM
Age 4-6. Camp is designed as an intro to different activities where fun & learning are the focus, let them have fun & learn new skills in a non-competitive environment. Sunset Fire Hall						Age 5-7. Camp 2 Much Fun! Swing, jump, joust, climb, slide, climb, & create at JJ Jump/JJ Extreme in Clackamas. A unique blend of physical activity, music, arts & crafts. Snack is provided daily & the week ends with a Special Pizza Party! JJ Jump					
APA-2-825 1-3pm	YOUTH MINI CAMPS-ARTS & CRAFTS M-F 7/27 1	1	\$29	Staff	CLRM	FAM-2-809 1-5pm	CAMP 2 MUCH FUN M-F 8/03 1	1	\$110	Staff	CLRM
Same description as previous class. Sunset Fire Hall						Same description as previous class. JJ Jump					
Basic Academic Skills											
GES-4-800 10-12pm	TAKING THE SAT? BE READY! MWF 6/26 2	2	\$320	Petersen	A-102	FAM-2-810 9-1pm	CAMP 2 MUCH FUN M-F 8/17 1	1	\$110	Staff	CLRM
This small group will focus on: SAT tricks & strategies, SAT vocabulary & reading passage, SAT writing & grammar, SAT math review. Tuition includes course workbook & practice materials. West Linn High School						Same description as previous class. JJ Jump					
GES-4-801 10-12pm	TAKING THE SAT? BE READY! MWF 8/17 2	2	\$320	Petersen	A-102	FAM-2-811 9-5pm	CAMP 2 MUCH FUN M-F 8/17 1	1	\$160	Staff	CLRM
Same description as previous class. West Linn High School						Same description as previous class. JJ Jump					
FAM-2-812 1-5pm	CAMP 2 MUCH FUN M-F 8/17 1	1	\$110	Staff	CLRM	FAM-2-813 1-5pm	CAMP 2 MUCH FUN M-F 7/20 1	1	\$110	Staff	CLRM
Same description as previous class. JJ Jump						Age 8-12. Same description as previous class. JJ Jump					
FAM-2-814 1-5pm	CAMP 2 MUCH FUN M-F 8/03 1	1	\$110	Staff	CLRM	FAM-2-815 9-1pm	CAMP 2 MUCH FUN M-F 8/17 1	1	\$110	Staff	CLRM
Same description as previous class. JJ Jump						Same description as previous class. JJ Jump					
FAM-2-816 9-5pm	CAMP 2 MUCH FUN M-F 8/17 1	1	\$160	Staff	CLRM	FAM-2-817 1-5pm	CAMP 2 MUCH FUN M-F 8/17 1	1	\$110	Staff	CLRM
Same description as previous class. JJ Jump						Same description as previous class. JJ Jump					

Community Education Classes

Registration form on page 53.

Course No.	Course Title	Time	Days	Begins	Wks.	Tuition	Fee	Instructor	Room	Course No.	Course Title	Time	Days	Begins	Wks.	Tuition	Fee	Instructor	Room
FAM-2-818	"MAY DAYS" AT THE BARN	11-2pm	M-F	5/04	1	\$25		Schramm	STBLE	FAM-2-835	A DAY AT THE BARN WITH HORSES	9-2pm	MTWTH	6/22	1	\$325		Schramm	STBLE
The barn will be open for pony rides, people & picnics. Please join us. Bring your picnic basket & relax while watching grazing horses & gardens growing. Pony/Horse rides available children 11 & under. Wilsonville Area Stables										Same description as previous class. Wilsonville Area Stables									
FAM-2-819	"MAY DAYS" AT THE BARN	11-2pm	M-F	5/11	1	\$25		Schramm	STBLE	FAM-2-836	A DAY AT THE BARN WITH HORSES	9-2pm	MTWTH	7/06	1	\$325		Schramm	STBLE
Same description as previous class. Wilsonville Area Stables										Same description as previous class. Wilsonville Area Stables									
FAM-2-820	"MAY DAYS" AT THE BARN	11-2pm	M-F	5/18	1	\$25		Schramm	STBLE	FAM-2-837	A DAY AT THE BARN WITH HORSES	9-2pm	MTWTH	7/20	1	\$325		Schramm	STBLE
Same description as previous class. Wilsonville Area Stables										Same description as previous class. Wilsonville Area Stables									
FAM-2-821	MUD PIES & PATTY CAKES	10-12pm	M-F	6/22	8	\$39		Staff	COVER	FAM-2-838	A DAY AT THE BARN WITH HORSES	9-2pm	MTWTH	8/03	1	\$325		Schramm	STBLE
A program designed for youngsters to offer the opportunity to play & interact with other children their age. Activities include: basic sports, games, arts & crafts, stories, & special visitors. Drop off & pick up location will be at the shelter/cover area. Hammerle Park										Same description as previous class. Wilsonville Area Stables									
FAM-2-822	MUD PIES & PATTY CAKES	10-12pm	M-F	6/29	1	\$39		Staff	SHELTER	FAM-2-839	A DAY AT THE BARN WITH HORSES	9-2pm	MTWTH	8/17	1	\$325		Schramm	STBLE
Same description as previous class. Tanner Creek Park										Same description as previous class. Wilsonville Area Stables									
FAM-2-823	MUD PIES & PATTY CAKES	10-12pm	M-F	7/06	1	\$39		Staff	COVER	FAM-2-840	A DAY AT THE BARN WITH HORSES	9-2pm	MTWTH	8/24	1	\$325		Schramm	STBLE
Same description as previous class. Hammerle Park										Same description as previous class. Wilsonville Area Stables									
FAM-2-824	MUD PIES & PATTY CAKES	10-12pm	M-F	7/13	1	\$39		Staff	SHELTER	FAM-2-841	YOU, ME & PONY MAKES THREE	10-11:30am	S	5/16	1	\$65		Schramm	STBLE
Same description as previous class. Tanner Creek Park										Age 2-5. Children & parents/guardians will brush, pet, feed ponies, & share riding on a lead line. Wear closed toe shoes. Supplies & helmets provided. Directions provided at registration. Wilsonville Area Stables									
FAM-2-825	MUD PIES & PATTY CAKES	10-12pm	M-F	7/27	1	\$39		Staff	SHELTER	FAM-2-842	YOU, ME & PONY MAKE THREE	10-11:30am	S	5/23	1	\$65		Schramm	STBLE
Same description as previous class. Tanner Creek Park										Same description as previous class. Wilsonville Area Stables									
FAM-2-826	MUD PIES & PATTY CAKES	10-12pm	M-F	8/03	1	\$39		Staff	COVER	FAM-2-843	YOU, ME & PONY MAKE THREE	10-11:30am	S	6/06	1	\$65		Schramm	STBLE
Same description as previous class. Hammerle Park										Same description as previous class. Wilsonville Area Stables									
FAM-2-827	MUD PIES & PATTY CAKES	10-12pm	M-F	8/10	1	\$39		Staff	SHELTER	FAM-2-844	YOU, ME & PONY MAKES THREE	10-11:30am	S	6/13	1	\$65		Schramm	STBLE
Same description as previous class. Tanner Creek Park										Same description as previous class. Wilsonville Area Stables									
FAM-2-828	PONY PLANET FRIDAYS	9-2pm	F	6/05	4	\$320		Schramm	STBLE	FAM-2-845	YOU, ME & PONY MAKES THREE	10-11:30am	S	6/27	1	\$65		Schramm	STBLE
Age 7-11. Learn skills necessary to "trail ride". Mounting & dismounting, basic ground safety, neck reining, the one rein stop, safety seat, heels down & eyes up. Enjoy the "lazy days" of summer learning all aspects of horsemanship. Wilsonville Area Stables										Same description as previous class. Wilsonville Area Stables									
FAM-2-829	PONY PLANET FRIDAYS	9-2pm	F	7/10	4	\$320		Schramm	STBLE	FAM-2-846	YOU, ME & PONY MAKES THREE	10-11:30am	S	7/18	1	\$65		Schramm	STBLE
Same description as previous class. Wilsonville Area Stables										Same description as previous class. Wilsonville Area Stables									
FAM-2-830	PONY PLANET FRIDAYS	9-2pm	F	8/14	3	\$240		Schramm	STBLE	FAM-2-847	YOU, ME & PONY MAKES THREE	10-11:30am	S	8/01	1	\$65		Schramm	STBLE
Same description as previous class. Wilsonville Area Stables										Same description as previous class. Wilsonville Area Stables									
FAM-2-831	ROPE N' RIDE	1-3pm	S	5/23	1	\$75		Schramm	STBLE	FAM-2-848	YOU, ME & PONY MAKES THREE	10-11:30am	S	8/15	1	\$65		Schramm	STBLE
Age 6-11. Come & learn the basics of trail riding, safe techniques for mounting & dismounting, go, whoa & reining. When not riding try your skills at roping. Lassoos & helmets provided. Wilsonville Area Stables										Same description as previous class. Wilsonville Area Stables									
FAM-2-832	A DAY AT THE BARN WITH HORSES	9-2pm	MTWTH	6/01	1	\$325		Schramm	STBLE	FAM-2-849	YOU, ME & PONY MAKES THREE	10-11:30am	S	8/22	1	\$65		Schramm	STBLE
Age 4-11. Activities include: Meet & greet horses, "Once Upon A Horse" book ready & safety guidelines, tour the barn, garden, & art center, grooming lessons, leadline ride & carrot feeding. Learn riding instructions. Thursday is a "Pizza Party" lunch, Parents party 12:30-2pm. Wilsonville Area Stables										Same description as previous class. Wilsonville Area Stables									
FAM-2-833	A DAY AT THE BARN WITH HORSES	9-2pm	MTWTH	6/08	1	\$325		Schramm	STBLE	FAM-2-850	YOU, ME & PONY MAKES THREE	10-11:30am	S	8/29	1	\$65		Schramm	STBLE
Same description as previous class. Wilsonville Area Stables										Same description as previous class. Wilsonville Area Stables									
FAM-2-834	A DAY AT THE BARN WITH HORSES	9-2pm	MTWTH	6/15	1	\$325		Schramm	STBLE	FAM-2-851	HORSE BACK RIDING	10-1pm	S	7/11	1	\$70		Tangvald	ARENA
Same description as previous class. Wilsonville Area Stables										Age 8+. Three hours horse back riding, nature craft & gardening camp designed for individuals with disabilities or special needs. Please bring a sack lunch. Must wear pants & closed toe shoes. Helmets provided. Weight limit 200lbs. Happy Trails Riding Center									
										FAM-2-852	HORSE BACK RIDING	10-1pm	S	7/18	1	\$70		Tangvald	ARENA
										Same description as previous class. Happy Trails Riding Center									

Course No.	Course Title	Days	Begins	Wks.	Tuition	Fee	Instructor	Room
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Course No.	Course Title	Days	Begins	Wks.	Tuition	Fee	Instructor	Room
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Computers

DPS-4-800 PHOTOSHOP FOR PHOTOGRAPHY
 6:30-9:30pm MT 8/10 1 \$100 Guvenir CLRM
 Learn the key elements to unlocking Photoshop. This course will teach you how to make perfect prints on your own. Advanced Photography is a prerequisite. West Linn High School

Cooking

EAT-2-800 BEST BURGER EVER!
 1-3pm SU 7/12 1 \$25 \$3 Tjahaja KITCHEN
 Learn to make the best, moist tender & succulent burger ever. Also learn to make mushroom toppings & special salad with a dressing from scratch. Stay for lunch! West Linn Adult Community Ctr

EAT-2-801 BEST TRI-TIP BARBEQUE EVER!
 1-3pm SU 8/09 1 \$25 \$3 Tjahaja KITCHEN
 Learn a simple marinade & barbeque a tri tip fitting a five star restaurant. Make a red wine & mushroom sauce, rice pilaf, & a side salad of local vegetables. Stay for lunch! West Linn Adult Community Ctr

EAT-2-802 SUSHI MAKING CLASS
 1-3pm SU 6/14 1 \$25 \$3 Tjahaja KITCHEN
 Learn to make the flavored sushi rice & maki/rolled sushi, marinated ginger & wasabi dip. Stay for lunch! West Linn Adult Community Ctr

EAT-2-803 MAKE AHEAD MEALS
 2-3:15pm SU 7/05 1 \$15 \$1 Neville CLRM
 Even a few meals in the freezer can save you money. Kati walks you through steps & answers questions. Join others beginning the search for money-saving strategies. \$1 material fee optional. West Linn Adult Community Ctr

EAT-2-804 MEAL PLANNING 101
 2-3:15pm SU 6/07 1 \$15 \$1 Neville CLRM
 Learn meal planning strategies for eating well on a budget. This series designed for those beginning the search for money-saving strategies. West Linn Adult Community Ctr

EAT-2-805 SHOP SMART
 2-3:15pm SU 8/02 1 \$15 \$1 Neville CLRM
 Coupons, warehouse clubs, club cards, fliers, in-store specials. Learn to spot the real deals. Kati helps those beginning the search for money-saving strategies. West Linn Adult Community Ctr

EAT-2-806 VEGETARIAN ADVENTURE W/ TEMPEH
 6-8:30pm T 6/30 1 \$39 Gabbe CLRM
 Tempeh is one of the most nutritious & digestible foods on the planet. Come discover tempeh & watch how easy it is to prepare a variety of savory, cholesterol-free, pure vegetarian dishes. West Linn Adult Community Ctr

EAT-2-807 VEGETARIAN DESSERT HEAVEN
 6-8:30pm T 7/21 1 \$39 Gabbe CLRM
 Make heavenly sweet treats that are not only low-fat & cholesterol-free, but also devilishly delicious & highly nutritious. West Linn Adult Community Ctr

EAT-2-808 CHOCOLATE WALKING/TASTING TOUR
 1-4:30pm S 6/20 1 \$37 Darzes TBA
 Take personally guided walking tour with local chocolate enthusiast, Savina Darzes, of select chocolate shops & related businesses in Lake Oswego.

EAT-2-809 CHOCOLATE WALKING/TASTING TOUR
 1-4:30pm S 7/25 1 \$37 Darzes TBA
 Same description as previous class. Tour is in Downtown Portland

EAT-2-810 CHOCOLATE WALKING/TASTING TOUR
 1-4:30pm S 8/22 1 \$37 Darzes TBA
 Same description as previous class. Tour is in the Pearl District.

Dance/Theater/Music

ATA-2-800 ARGENTINE TANGO
 7-8pm W 6/03 4 \$25 Berkowitz MPR
 Shall we dance...Tango? A great social dance for singles & couples. Tango starts as the most simple of dances; a walk, simple, yet complete. Though it takes "Two to Tango", singles are welcome! West Linn Adult Community Ctr

ATA-2-801 ARGENTINE TANGO
 7-8pm W 7/08 4 \$25 Berkowitz MPR
 Same description as previous class. West Linn Adult Community Ctr

ATA-2-802 ARGENTINE TANGO
 7-8pm W 8/05 4 \$25 Berkowitz MPR
 Same description as previous class. West Linn Adult Community Ctr

ATA-2-804 BEG BALLROOM SAMPLER-JUNE
 7-8:15pm TH 6/04 4 \$42 Crandell MPR
 As seen on "Dancing with the Stars"! Learn the popular Foxtrot. West Linn Adult Community Ctr

ATA-2-805 BEG BALLROOM SAMPLER-JULY
 7-8:15pm TH 7/02 4 \$42 Crandell MPR
 As seen on "Dancing with the Stars"! Learn the Jitterbug Swing. West Linn Adult Community Ctr

ATA-2-806 INT/ADV DANCE-TUESDAY NIGHTS
 7-8:15pm T 6/02 4 \$42 Crandell MPR
 Class is for the more experienced dancer. Each term is always different-Ballroom, Fox Trot, Waltz, Latin, Salsa, Cha Cha, Swing, Jitterbug, Lind Hop, Country Western 2-step. Instructor approval req. for this class. West Linn Adult Community Ctr

ATA-2-807 INT/ADV DANCE-TUESDAY NIGHTS
 7-8:15pm T 7/07 4 \$42 Crandell MPR
 Same description as previous class. West Linn Adult Community Ctr

ATA-2-808 DRUMMING ENSEMBLE
 10:30-12pm T 6/23 6 \$45 Durham-Stairs CLRM
 Age 7-12. Focus is on playing as an ensemble, using a variety of percussion instruments. Students demonstrate what they have learned in a performance at end of session. Rosemont Ridge Middle School

ATA-2-809 BEGINNING GUITAR PART 1
 7:15-7:55pm W 6/24 5 \$70 \$5 Price CLRM
 This fun & enjoyable 5 week class will get you up & playing FAST! You will learn easy chords, strumming & simple songs. Bring your own guitar. \$5 workbook fee at first class. West Linn Adult Community Ctr

ATA-2-810 BEGINNING GUITAR PART 2
 7:15-7:55pm W 7/29 5 \$75 \$5 Price CLRM
 This 5-week class picks up where Beginning 1 left off or for those who have had some beginning guitar. More chords, strumming, & songs. Bring your own guitar. Youth through adult. \$5 workbook fee first class. West Linn Adult Community Ctr

ATA-2-811 BEYOND BEG GUITAR SESSION I
 7:55-8:35pm W 6/24 5 \$70 \$5 Price CLRM
 A really fun class designed to sharpen your skill at playing guitar. Play songs using a variety strumming & finger picking styles & learn new chords. Beginning experience necessary. Bring own guitar. \$5 workbook fee 1st class. West Linn Adult Community Ctr

ATA-2-812 BEYOND BEG GUITAR SESSION II
 7:55-8:35pm W 7/29 5 \$70 \$5 Price CLRM
 Same description as previous class. West Linn Adult Community Ctr

ATA-2-813 BEG ROCK GUITAR SESSION I
 3-3:40pm W 6/24 5 \$70 \$5 Price CLRM
 Each 5-week session will feature different rock styles, power chords, lead guitar scales, solos, & rhythm. Beginning Guitar part I & II recommended. You provide your own guitar & amp. West Linn Adult Community Ctr

Community Education Classes

Registration form on page 53.

Course No.	Course Title	Time	Days	Begins	Wks.	Tuition	Fee	Instructor	Room	Course No.	Course Title	Time	Days	Begins	Wks.	Tuition	Fee	Instructor	Room
Exercise/Fitness/Sports										PED-2-817	TOURING KAYAK LONG TOUR/LESSON	8:30-3pm	SU	10/18	1	\$58	Staff		TBA
PED-2-800	MT ST HELENS RIM HIKE - INT.	4:30-8pm	F	8/07	1	\$125	Staff		CLRM	Same description as previous class. Meet at Dalton Point on the Columbia River.									
PED-2-801	CANOE, BEGINNING LESSON	5-8pm	M	6/29	1	\$42	Staff		TBA	PED-2-818	TOURING KAYAK MOVING WATER	9-1:30pm	S	6/06	1	\$58	Staff		RIVER
Learn to propel you canoe along our waterways. Basic forward, backward, & steering strokes. Prepare for tours. Meet at Willamette Park Volleyball Courts.										Let the current propel you down the river. Will introduce techniques for maneuvering in moving water with eddy turns & ferries. Dabney State Park									
PED-2-802	CANOE LONG TOUR	8:30-1pm	M	10/03	1	\$58	Staff		TBA	PED-2-819	TOURING KAYAK MOVING WATER	8:30-12pm	SU	6/28	1	\$58	Staff		PARK
Trips allow you more time to explore our surrounding waterways. Individual instruction provided upon request. Meet at Willamette Park Volleyball Courts.										Same description as previous class. Riverside Park									
PED-2-803	CATAMARAN SAILING, BEGINNING	10-1pm	S	6/20	1	\$89	Staff		LAKE	PED-2-820	KITEBOARDING, BEGINNING	10-11:30am	S	6/20	1	\$89	Staff		LAKE
Age 12-Adult. Learn basic sailing skills, wind & weather, overboard skills, capsized recovery, more. Includes all gear. Bring swimsuit, towel, & sunscreen. Must weigh min. of 85lbs. Adult must accompany child under 18. Hood River Water Play										Age 12-Adult. Learn about the wind, kite safety, terminology of kiting & fly on your first session. Includes all gear. Bring good closed toe shoes & good sunglasses. Adult must accompany child under 18. Must weight min. of 85 lbs. Hood River Water Play									
PED-2-804	CATAMARAN SAILING, BEGINNING	2-5pm	SU	6/21	1	\$89	Staff		LAKE	PED-2-821	KITEBOARDING, BEGINNING	2-3:30pm	SU	6/21	1	\$89	Staff		LAKE
Same description as previous class. Hood River Water Play										Same description as previous class. Hood River Water Play									
PED-2-805	CATAMARAN SAILING, BEGINNING	10-1pm	W	7/08	1	\$89	Staff		LAKE	PED-2-822	KITEBOARDING, BEGINNING	10-11:30am	W	7/08	1	\$89	Staff		LAKE
Same description as previous class. Hood River Water Play										Same description as previous class. Hood River Water Play									
PED-2-806	CATAMARAN SAILING	2-5pm	TH	7/09	1	\$89	Staff		LAKE	PED-2-823	KITEBOARDING, BEGINNING	2-3:30pm	TH	7/09	1	\$89	Staff		LAKE
Same description as previous class. Hood River Water Play										Same description as previous class. Hood River Water Play									
PED-2-807	CATAMARAN SAILING, BEGINNING	2-5pm	W	8/05	1	\$89	Staff		LAKE	PED-2-824	KITEBOARDING, BEGINNING	2-3:30pm	W	8/05	1	\$89	Staff		LAKE
Same description as previous class. Hood River Water Play										Same description as previous class. Hood River Water Play									
PED-2-808	CATAMARAN SAILING, BEGINNING	10-1pm	TH	8/06	1	\$89	Staff		LAKE	PED-2-825	WATERSKI, BEGINNING	2-5pm	S	6/20	1	\$149	Staff		LAKE
Same description as previous class. Hood River Water Play										An intro to waterskiing. Learn water safety, terminology, balance, edging, & turning in & out of the boat wake. Includes all gear. Bring swimsuit, towel, & sunscreen. Must have basic swimming ability. Adult accompany child under 18. Must weigh min. 85lbs. Hood River Water Play									
PED-2-809	SEA KAYAK CAMPING	8-6:30pm	MSSU	7/18	1	\$295	Staff		TBA	PED-2-826	WATERSKI, BEGINNING	2-5pm	W	7/08	1	\$149	Staff		LAKE
Explore South Puget Sound & Hood Canal. Base camp at Duswal-lips State Park. Take tours to the many islands & shorelines of this area. Price includes stable touring kayak gear, guide, group cooking gear, meals while camping & transport.										Same description as previous class. Hood River Water Play									
PED-2-810	TOURING KAYAK-BEGINNING LESSON	11:30-2:30pm	SU	8/02	1	\$42	Staff		RIVER	PED-2-827	WATERSKI, BEGINNING	10-1pm	TH	7/09	1	\$149	Staff		LAKE
Learn how to use touring kayaks. First half includes lesson, second half will be a tour. A great intro for beginners to the sport of kayak touring & sea kayaking. Clackamette Park										Same description as previous class. Hood River Water Play									
PED-2-811	TOURING KAYAK-BEGINNING LESSON	3:30-6:30pm	S	9/26	1	\$42	Staff		RAMP	PED-2-828	WATERSKI, BEGINNING	10-1pm	W	8/05	1	\$149	Staff		LAKE
Same description as previous class. Tualatin Community Park										Same description as previous class. Hood River Water Play									
PED-2-812	TOURING KAYAK-BEGINNING	1:30-4:30pm	S	10/03	1	\$42	Staff		COURT	PED-2-829	WATERSKI, BEGINNING	2-5pm	TH	8/06	1	\$149	Staff		LAKE
Same description as previous class. Willamette Park										Same description as previous class. Hood River Water Play									
PED-2-813	TOURING KAYAK LONG TOUR/LESSON	6:30-9:30pm	SU	8/02	1	\$42	Staff		RIVER	PED-2-830	WINDSURFING, BEGINNING	2-5pm	S	6/20	1	\$89	Staff		LAKE
Explore local waterways in touring kayaks. A brief intro/lesson to kayaking, so even the first timer will be ready for the tour. Clack- amette Park										For those who have never windsurfed before. Learn about the wind & weather, water safety, terminology, and SAIL on your first lesson. Includes all gear. Bring swimsuit, towel, & sunscreen. Adult must accompany child under 18. Must weigh min. 55lbs. Hood River Water Play									
PED-2-814	TOURING KAYAK LONG TOUR/LESSON	2-6:30pm	SU	6/28	1	\$58	Staff		RIVER	PED-2-831	WINDSURFING, BEGINNING	10-1pm	SU	6/21	1	\$89	Staff		LAKE
Same description as previous class. Clackamette Park										Same description as previous class. Hood River Water Play									
PED-2-815	TOURING KAYAK LONG TOUR/LESSON	8:30-1pm	M	6/29	1	\$58	Staff		COURT	PED-2-832	WINDSURFING, BEGINNING	2-5pm	W	7/08	1	\$89	Staff		LAKE
Same description as previous class. Willamette Park										Same description as previous class. Hood River Water Play									
PED-2-816	TOURING KAYAK LONG TOUR/LESSON	2-6pm	S	8/08	1	\$58	Staff		RIVER	PED-2-833	WINDSURFING, BEGINNING	10-1pm	TH	7/09	1	\$89	Staff		LAKE
Same description as previous class. Clackamette Park										Same description as previous class. Hood River Water Play									
										PED-2-834	WINDSURFING, BEGINNING	10-1pm	W	8/05	1	\$89	Staff		LAKE
										Same description as previous class. Hood River Water Play									

Course No. Time	Course Title Days	Begins	Wks.	Tuition	Fee	Instructor	Room	Course No. Time	Course Title Days	Begins	Wks.	Tuition	Fee	Instructor	Room
PED-2-835 2-5pm	WINDSURFING, BEGINNING TH	8/06	1	\$89		Staff	LAKE	PED-4-851 9:30-10:45am	SATURDAY MORNING YOGA S	6/20	11	\$90		Staff	CLRM
Same description as previous class. Hood River Water Play								Same description as previous class. Sachi Wellness							
PED-4-836 9:15-10am	NIA MF	6/08	4	\$60		Kaplan	CLRM	PED-2-852 9-3pm	SPORTFEST USA, AGE 5-12 M-F	7/20	1	\$120		Sudy	SHLTR
Nia is a cardiovascular program that uses whole-body, expressive, grounded movement. All Nia movements are adaptable & can be personalized for any level of fitness & agility. Experience the joy of movement. No shoes required. Sunset Fire Hall								Multi-sport training, enrichment activities, & games galore will keep every child active & entertained. Wear proper attire for weather, safe shoes, & pack snacks & lunch for the day. Willamette Park							
PED-4-837 9:15-10am	NIA MF	7/06	4	\$60		Kaplan	CLRM	PED-2-853 9-1pm	SUDY SOCCER CAMP, AGE 5-12 M-F	8/03	1	\$100		Sudy	FIELD
Same description as previous class. Sunset Fire Hall								Camp emphasis is on dribbling, heading, setting up plays, shooting, passing, ball control, more. Campers divided by age to receive proper coaching. Oppenlander Fields							
PED-4-838 9:15-10am	NIA MF	8/03	4	\$60		Kaplan	CLRM	PED-2-854 9-1pm	SUDY SOCCER CAMP, AGE 5-12 M-F	8/17	1	\$100		Sudy	OUTSID
Same description as previous class. Sunset Fire Hall								Same description as previous class. Mary S. Young State Park							
PED-4-839 9:15-10am	NIA MF	8/31	4	\$60		Kaplan	CLRM	PED-2-855 1-3pm	MINI CAMP-BASEBALL & SOFTBALL M-F	8/10	1	\$29		Staff	FIELD
Same description as previous class. Sunset Fire Hall								Age 4-6. These mini-camps are designed as an intro to different activities where fun & learning are the focus, let them have fun & learn new skills in a non-competitive environment. Field's Bridge Park							
PED-4-840 9:30-10:30am	STROLLER STRIDES TTH	5/05	8	\$112		Heyer	SHELTER	PED-2-856 1-3pm	MINI CAMP-BASKETBALL M-F	7/20	1	\$29		Staff	TBA
Classes offer a total body workout combining cardio, strength, core & flexibility training. Utilize the resistance tubing, environment & the stroller. Tanner Creek Park								Same description as previous class.							
PED-4-841 9:30-10:30am	STROLLER STRIDES TTH	7/07	8	\$112		Heyer	SHELTER	PED-2-857 1-3pm	MINI CAMP-MULTI SPORT M-F	6/22	1	\$29		Staff	TBA
Same description as previous class. Tanner Creek Park								Same description as previous class.							
PED-4-842 7:30-8:30am	SUMMER SUNRISE TTH	6/16	11	\$160		Staff	CLRM	PED-2-858 1-3pm	MINI CAMP-MULTI SPORT M-F	7/13	1	\$29		Staff	TBA
This class will take you through basic vinyasas along with gentle stretching to get you going with a smile & acknowledgement of your true radiant strength. Sachi Wellness								Same description as previous class.							
PED-4-843 7:30-8:45pm	A COURSE IN YOGA T	6/02	13	\$130		Lundberg	CLRM	PED-2-859 1-3pm	MINI CAMP-SOCCER M-F	7/06	1	\$29		Staff	PARK
A movement course aimed at helping to enhance the yoga practice of students at any level. Alignment & detailed instruction are key elements in reaching your yogic potential. Beginners & seasoned practitioners are welcome. Sunset Fire Hall								Same description as previous class. Hammerle Park							
PED-4-844 7:30-8:45pm	A COURSE IN YOGA TH	6/11	12	\$130		Lundberg	CLRM	PED-2-860 1-3pm	MINI CAMP-SOCCER M-F	8/03	1	\$29		Staff	PARK
Same description as previous class. Sunset Fire Hall								Same description as previous class. Hammerle Park							
PED-4-845 7:30-9pm	YOGA, BEGINNING 1 M	6/08	4	\$28		Rohrbacker	CAFE	Health/Safety/Personal Well-Being							
Increase strength, flexibility, & energy while reducing stress. Class introduces Hatha Yoga & breath meditation. Bring mat and/or blanket, comfortable clothing, & empty stomach. Cedar Oak Park								HLT-2-800 5:30-8:45pm							
PED-4-846 9:30-10:45am	YOGA LEVEL I W	6/17	11	\$99		Staff	CLRM	HLT-2-800 5:30-8:45pm	BABYSITTERS TRAINING TH	5/14	2	\$44		Red Cross	CLRM
Learn core & peripheral strength & flexibility. Class includes beginning poses, stretching, breath work & meditation techniques. Sachi Wellness								Age 11-15. Red Cross course teaches the needed skills to become a great babysitter: how to prevent accidents, what to do in an emergency, etc. Bring pencil & paper. Rosemont Ridge Middle School							
PED-4-847 9-10:15am	YOGA LEVEL II T	6/16	11	\$99		Staff	CLRM	HLT-2-801 9-3:45pm	BABYSITTERS TRAINING TH	6/25	1	\$44		Red Cross	CLRM
For yoga students with some experience. Special attention is given to postural alignment, core strength, & pose breakdowns while incorporating twists, inversions, & balance work. Sachi Wellness								Same description as previous class. Athey Creek Middle School							
PED-4-848 9-10:15am	YOGA LEVEL II TH	6/18	11	\$99		Staff	CLRM	HLT-2-802 9-3:45pm	BABYSITTERS TRAINING TH	7/09	1	\$44		Red Cross	CLRM
Same description as previous class. Sachi Wellness								Same description as previous class. Rosemont Ridge Middle School							
PED-4-849 6-7:30pm	YOGA ALL LEVELS W	7/08	11	\$72		Staff	CLRM	HLT-2-803 9-3:45pm	BABYSITTERS TRAINING TH	7/23	1	\$44		Red Cross	CLRM
Class focuses on beginning to intermediate students with emphasis on breath, balance, & strength, building each student's individual yoga practice. Modifications are offered for different level of students. Sachi Wellness								Same description as previous class. Rosemont Ridge Middle School							
PED-4-850 8-9:15am	SATURDAY MORNING YOGA S	6/20	11	\$90		Staff	CLRM	HLT-4-804 5:30-7:30pm	MANAGING CHANGE T	6/16	6	\$120		Kneuen	TBA
Learn core & peripheral strength & flexibility. Class includes beginning poses, stretching, breath work & meditation techniques. No class 7/4. Sachi Wellness								Whether change is chosen or inflicted upon you, finding balance in these rough waters is the key. Transitions are part of life, the challenge is how to manage them. Taught by a certified life coach.							
								HLT-4-805 6-7:30pm							
								MINDFUL BASED STRESS REDUCTION M							
								6/22 12 \$60 Tjahaha MPR							
								Learn to calm the mind while strengthening concentration with simple breathing methods & comfortable sitting, walking, lying down, & standing positions. Drop in fee \$5. West Linn Adult Community Ctr							
								HLT-4-806 6-8pm							
								PARENT EMPOWERMENT PROGRAM T							
								6/02 8 \$199 O'Brien A-206							
								A program designed to help parents change chaotic home environments while simultaneously building better relationships with their children. \$199 per parent/\$299 per couple. West Linn High School							

Community Education Classes

Registration form on page 53.

Course No. Time	Course Title Days	Begins	Wks.	Tuition	Fee	Instructor	Room	Course No. Time	Course Title Days	Begins	Wks.	Tuition	Fee	Instructor	Room
HLT-4-807 6-8pm	UNDERSTANDING ANGER & STRESS TH	5/14	12	\$50	\$25	Keegan	CLRM	SCE-2-807 9-12pm	IN THE GARDEN MTWTH	6/29	1	\$120		MadScience	CLRM
A new look at what you thought you knew about yourself, anger, & stress. Stop trying to manage or control anger & stress, solve the problem by understanding the real issues. \$25 book fee paid to instructor at first class. West Linn Adult Community Ctr								Age 4-6. Explore the world of plants, flowers, & insects. Topics: Soil & Seeds, Sun, Wind & Rain, Plants & Leaves, Flowers, Fruits & veggies, Butterflies, Bees & Ladybugs. Cedar oak Park School							
HLT-2-808 6-8:30pm	WHEN I'M IN CHARGE M	5/18	1		\$24	Red Cross	CLRM	SCE-2-808 9:30-11:30am	LEARN & PLAY IN THE WOODS-WK 1 MW	6/22	1	\$10		Griffith	OUTSID
Ages 8-11. Class includes role-playing, safe responses to calls & visitors, simple first aid techniques, more. Parents encouraged to attend last half hour of class. Rosemont Ridge Middle School								Age 7-9. An introduction to the forest of Mary S. Young. Learn basic tree & plant identification, watershed & stream knowledge. Learn how to read a map & follow a trail. Mary S. Young State Park							
HLT-2-809 9:30-12pm	WHEN I'M IN CHARGE T	6/30	1		\$24	Red Cross	CLRM	SCE-2-809 9:30-11:30am	LEARN & PLAY IN THE WOODS-WK 2 MW	7/06	1	\$10		Griffith	OUTSID
Same description as previous class. Rosemont Ridge Middle School								Same description as previous class. Mary S. Young State Park							
HLT-2-810 9:30-12pm	WHEN I'M IN CHARGE W	7/08	1		\$24	Red Cross	CLRM	SCE-2-810 9:30-11:30am	LEARN & PLAY IN THE WOODS-WK 1 TTH	6/23	1	\$10		Griffith	OUTSID
Same description as previous class. Rosemont Ridge Middle School								Age 10-14. Same description as previous class. Mary S. Young State Park							
HLT-2-811 9:30-12pm	WHEN I'M IN CHARGE W	7/15	1		\$24	Red Cross	CLRM	SCE-2-811 9:30-11:30am	LEARN & PLAY IN THE WOODS-WK 2 TTH	7/07	1	\$10		Griffith	OUTSID
Same description as previous class. Rosemont Ridge Middle School								Same description as previous class. Mary S. Young State Park							
HLT-2-812 9:30-12pm	WHEN I'M IN CHARGE W	7/22	1		\$24	Red Cross	CLRM	SCE-2-812 9-12pm	MOVING WITH SCIENCE M-F	6/22	1	\$120		MadScience	CLRM
Same description as previous class. Rosemont Ridge Middle School								Age 7-12. Discover how science keeps our world moving. Topics: Junior Engineers, Machine Mania, Crazy Chemistry, The Birds, The Beasts & Shutterbugs. Rosemont Ridge Middle School							
History/Writing/Literature															
HWL-2-800 7-9pm	CREATIVE OPENINGS TH	6/04	1	\$25		Gilbert	CLRM	SCE-2-813 9-3pm	RADICAL ROBOTICS M-F	8/17	1	\$250		MadScience	COVER
Movement, drawing, improvisation, writing, & ritual offer ways to shape our connection to ourselves & the world around us. Learn to tap into your own creativity. Wear loose clothing. Sunset Fire Hall								Age 9-13. Spend the week exploring the wonderful world of automation. From the very basics of robotics to the complexity of building TWO of your own robots to take home! Hammerle Park							
HWL-2-801 10-12pm	CREATIVE OPENINGS 2 S	6/06	1	\$25		Gilbert	CLRM	SCE-2-814 9-3pm	TEEN PROJECT: TECH M-F	6/29	1	\$144		Staff	4
Same description as previous class. Sunset Fire Hall								Age 12-15. For teens who love technology & are looking for ways to design, invent, & build new things. Projects: 3D Computer Animation with Alice, First LEGO League LEGO Robotics Challenge, Programmable Electronics with Arduino, Lights, Camera, Action! Video Production Studio, more! \$20 materials fee paid to instructor. Athey Creek Middle School							
HWL-2-802 7-9pm	LIFE'S JOURNEY T	6/02	6	\$85		Sweet	CLRM	SCE-2-815 9-3pm	TEEN PROJECT: TECH M-F	7/27	1	\$180		Staff	4
Life is a journey. Come & surprise yourself with how easy it is to organize & write your life story. Be guided through easy exercise to recapture stories you had thought were lost. West Linn Adult Community Ctr								Same description as previous class. Athey Creek Middle School							
Science															
SCE-2-800 9-3pm	CAMP WIZ KIDS M-F	6/22	1		\$180	Staff	ACTIVITY								
Age 5-11. Children become creative with technology & develop their understanding of key concepts in engineering, computer animation, stop motion animation, video production, & robotics. \$20 material fee paid to instructor. Cedar oak Park School															
SCE-2-801 9-3pm	CAMP WIZ KIDS M-F	7/06	1		\$180	Staff	ACTIVITY								
Same description as previous class. Cedar oak Park School															
SCE-2-802 9-3pm	CAMP WIZ KIDS M-F	7/13	1		\$180	Staff	TBA								
Same description as previous class.															
SCE-2-803 9-3pm	CAMP WIZ KIDS M-F	7/20	1		\$180	Staff	CLRM								
Same description as previous class. Cedar oak Park School															
SCE-2-804 9-3pm	CAMP WIZ KIDS M-F	8/10	1		\$180	Staff	TBA								
Same description as previous class.															
SCE-2-805 9-3pm	CAMP WIZ KIDS M-F	8/24	1		\$180	Staff	TBA								
Same description as previous class.															
SCE-2-806 9-12pm	CLAWS, CODES & CONSTELLATIONS M-F	8/10	1		\$120	MadScience	SHLTR								
Age 5-7. Decipher the world around you in these EXCITING classes! Topics: Mad Messages, Jr. Naturalists, Mother Earth, The Science of Sport & Jr. Astronauts. Hammerle Park															