

How to register:

Mail-in

Use the form on this page to register for Community Schools and Senior Programs. Send the form with a check for total tuition and fees. See the following page for Community School and Senior Program addresses.

Phone registration

Please be prepared to provide the information normally required on the registration form. Not all community schools accept phone registration.

In-person

Bring a completed registration form (with payment) to your community school office during the hours listed on the following page.

First class meeting

Some schools accept registration at the first class meeting on a space available basis only. To be sure of a place in the class of your choice register in advance.

Multiple registrations

To register with more than one community school/senior center, or to register more than one individual per site/class, use separate photocopies of the registration form.

Senior discounts

Seniors 62 years of age or older qualify for discounted tuition for many Community Education classes. Proof of age is required.

Refunds

Refund policies vary, contact the community school/senior program in question.

Community Education

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Please return registration form with Social Security # and payment enclosed to address(es) listed on the following page.

COMMUNITY EDUCATION REGISTRATION FORM SUMMER 2010

TODAY'S DATE: / / COMMUNITY SCHOOL OR SENIOR CENTER: SOCIAL SECURITY NUMBER: _____

LAST NAME: FIRST NAME: MIDDLE INITIAL: _____

CURRENT ADDRESS NUMBER AND STREET: CITY: STATE: ZIP: _____

ETHNICITY: AMERICAN INDIAN / ALASKA NATIVE ASIAN / PACIFIC ISLANDER BLACK / NON-HISPANIC HISPANIC WHITE / NON-HISPANIC GENDER: MALE FEMALE PREVIOUS NAME(S): _____

COUNTY: HOME PHONE: () WORK PHONE: () DATE OF BIRTH*: / /

IN CASE OF EMERGENCY, NOTIFY LAST NAME: FIRST NAME: PHONE: ()

SIGNATURE: (PARENT, GUARDIAN OR ADULT STUDENT)

Providing your Social Security Number (SSN) is voluntary. If you provide it, the college will use your SSN for keeping records, doing research, aggregate reporting, extending credit and collecting debts. Your SSN will not be given to the general public. If you choose not to provide your SSN, you will not be denied any rights as a student. Providing your Social Security number means that you consent to the use of the number in the manner described.

* If you're under 18, additional permissions may be required before you can register for classes.

Course No.	Course Title	Time	M	T	W	Th	F	S	Su	Start Date	Location	Tuition	Fee	Total
1
2
3

PAYMENT BY: VISA MASTERCARD CHECK (PAYMENT OPTIONS VARY BY LOCATION.)

NAME ON CARD: CARD #: EXP. DATE: SIGNATURE:

Clackamas Community College does not discriminate on the basis of race, color, religion, gender, sexual orientation, marital status, age, national origin/ancestry, disability, family relationship or any other protected status in accordance with applicable law. The College's commitment to nondiscrimination applies to curriculum activity and all aspects of operation of the College.

Community Education

Community Schools and Senior Programs near you!

Canby Community Education

1859 S. Township Road, Canby, OR 97013

Phone: 503-266-0040 FAX: 503-266-0041

- Checks payable to: Canby Community Education
- Phone/FAX registration with Mastercard or Visa
- Registration begins immediately

Estacada Community School

355 N.E. 6th Avenue, Estacada, OR 97023

Phone: 503-630-8515, ext. 2820/2878 FAX: 503-630-8699

- Checks payable to instructor
- Walk-in registration; Monday-Friday, 10 am-4:45 pm
- Charge card payments not accepted

Gladstone Community School

17789 Webster Road, Gladstone, OR 97027

Phone: 503-650-2570 or 503-655-2777 FAX: 503-655-5201

- Registration begins immediately
- Phone/fax/mail registration with Mastercard or Visa
- Checks payable to: Gladstone Community School
- Confirmation on request only

Milwaukie Center

5440 S.E. Kellogg Creek Drive

North Clackamas Park, Milwaukie, OR 97222

Phone: 503-653-8100 Fax: 503-794-8016

- Registration begins immediately
- Phone/fax/mail registration with credit card
- Make checks payable to: Milwaukie Center

Molalla Adult Community Center

P.O. Box 728, Molalla, OR 97038

Phone: 503-829-4214

- Call to register
- Checks payable to: MAS Class Fund

North Clackamas Parks & Recreation

7300 SE Harmony Rd, Milwaukie, OR 97222

Phone: 503-794-8080 FAX: 503-794-8085

- Phone/fax/mail registration with credit card
- Checks payable to: N. Clackamas Parks & Rec

Oregon City Community Education Programs & Services

Eastham Community Center

7th & Harrison, P.O. Box 2110, Oregon City, OR 97045

Phone: 503-785-8520 FAX: 503-657-2536

- Registration begins immediately
- Checks payable to: OCCEPS
- Registration deadline is five business days prior to start of class. Late registrations accepted if space is available.
- Online registration www.activityreg.com

Pioneer Community Center

(Oregon City Senior Center)

615 Fifth Street, Oregon City, OR 97045

Phone: 503-657-8287

- Checks payable to: Pioneer Class Fund

West Linn, Parks & Recreation

22500 Salamo Road, #1100, West Linn, OR 97068

Phone: 503-557-4700 FAX: 503-656-4106

- Register online at <http://westlinnoregon.gov/parksrec> using class number included in class description
- Fax or mail registrations with check or charge card
- Telephone registrations can be done with charge card once your account is set up online
- Checks made payable to City of West Linn

*Senior Discount

Seniors 62 years of age or older qualify for discounted tuition for many Community Education classes. Proof of age is required.

Community Education Needs You!

Clackamas Community College and the Community School partners are seeking part-time instructors for the Community Education program. If you have the ability and desire to provide a learning experience for seniors, adults and/or youths in your community, your talents are needed. Send your resumé to Community Education, 19600 Molalla Ave., Oregon City, OR 97045, or for more information on teaching positions call 503-594-0627.

Community Education Locations

Alder Creek Middle School
13801 SE Webster Rd, Milwaukie

Ackerman Middle School
350 SE 13th, Canby

Aikido Northwest
16029 SE McLoughlin, BLDG B, Milwaukie

Avamere Living at Berry Park
13669 S Gaffney Lane, Oregon City

Baker Prairie Middle School
1859 S Township Rd, Canby

Barclay Community School
12th & Madison, Oregon City

Beyond Art
21497 Hwy 99E NE, Aurora

CCC-Clairmont
19600 Molalla Ave, Oregon City

Canby High School
721 SW Fourth St, Canby

Canby Swim Center
1150 S. Ivy, Canby

Cedaroak Park School
4515 S Cedar Oak Dr, West Linn

The Children's Course
19825 River Road, Gladstone

Clackamas High School
13801 SE Webster Rd, Milwaukie

Clackamas River
Carver County Boat Ramp

Clackamas River Elementary
301 NE 2nd Ave, Estacada

Clackamas River Racquet Club
790 82nd Dr, Gladstone

Clackamette Park
1955 Clackamette Dr, Oregon City

Club Fit
365 S Redwood Ave, Canby

Complete Health Chiropractic Center
365 Warner Milne Rd #105, Oregon City

Dance Vision Studio
16246 SE 82nd Dr, Clackamas

Eagle Creek School
30391 SE Hwy 211, Eagle Creek

Eastham Community School
1404 7th St, Oregon City

East Side Athletic Club
9100 SE Sunnyside Rd, Clackamas

East Side Athletic Club
4606 SE Boardman, Milwaukie

Estacada High School
355 NE 6th, Estacada

Estacada Junior High
350 NE 6th, Estacada

Forte Floral Artistry
1502 Washington St, Oregon City

Footwork Dance Studio
16660 SE McLoughlin Blvd, Milwaukie

FUNDamental Golf Course
21661 S Beavercreek Rd, Oregon City

Gladstone High School
18800 Portland Ave, Gladstone

Gladstone Senior Center
1050 Portland Ave, Gladstone

Grand Finale' Dance Studio
875 Portland Ave, Gladstone

Hammerle Park
5915 Holmes Street, West Linn

Harmony Rd Music Center
17300 SE 82nd Dr, Clackamas

Happy Trails Riding Center
20560 Fernview Road, West Linn

Highland Stables
16723 S Williams Rd, Beavercreek

Hood River Water Play
100 Port Marina Way, Hood River

JJ Jump
19363 Willamette Dr, West Linn

Knight Elementary
511 N Grant, Canby

Knights Pythesis Hall
14979 NE 2nd Ave, Aurora

Kraxberger Middle School
17777 SE Webster Rd, Gladstone

Lavender Bleu Tea Room
1877 Willamette Falls Dr, West Linn

Lee Elementary
1110 S Ivy, Canby

Lloyd Center Ice Rink
953 Lloyd Center, Portland

Lot Whitcomb
7400 SE Thompson Rd, Milwaukie

Mary S Young State Park
Highway 43, West Linn

Milwaukie Bowl
3056 SE Harrison, Milwaukie

Milwaukie Center
5440 SE Kellogg Creek Dr, Milwaukie

Milwaukie High School
11300 SE 23rd Ave, Milwaukie

Miramont Pointe
116240 SE Sunnyside Rd., Clackamas

Molalla Adult Community Center
305 Kennel Ave, Molalla

Mount St Helens
24000 Spirit Lake Highway, Toutle, Wa

Mt. Pleasant Elementary
1232 Linn Ave, Oregon City

Mt. Scott Elementary
11201 SE Stevens Road, Portland

Mt. Talbert Nature Park
10695 SE Mather Road, Clackamas

Nautilus Plus OC Annex
1715 S Beavercreek Rd, Oregon City

North Clackamas Aquatic Park
7300 SE Harmony Rd, Milwaukie

Oppenlander Fields
1275 Rosemont Rd, West Linn

Or City HS -Jackson Campus
1306 12th St, Oregon City

Oregon City TaeKwon Do
275 S Beavercreek Rd, Oregon City

Oregon Institute of Technology
7726 SE Harmony Rd, Milwaukie

Pfeifer Park
14074 SE 139th Ave, Clackamas

Pilates with Fe
702 Main St, Oregon City

Pioneer Community Center
615 Fifth St, Oregon City

PLAY Boutique
332 First St, Lake Oswego

Precision Elite Gymnastics
9889 SE Mather Rd #102, Clackamas

Risley Park
2250 SW Swain, Milwaukie

River Mill Grade School
850 NE Broadway, Estacada

Riverside Park
17298 SE Water Ave, Clackamas, OR

Rock Island/Willamette River
Willamette River, Portland

Rosemont Ridge Middle School
20001 Salamo Rd, West Linn

Rose Villa
13505 SE River Rd, Milwaukie

St. Patrick's Catholic Church
488 NW 9th, Canby

Sachi Wellness
17298 Willamette Fall Dr, #220A, West Linn

Sah-Hah-Lee Golf Course
17104 SE 130th Ave, Clackamas

Salmon River
N. Three Parks Rd, Otis

Stone Creek Golf Club
14603 S Stoneridge Dr, Oregon City

Sunset Fire Hall
2215 Long St, West Linn

Tanner Creek Park
3456 Parker Rd, West Linn

Trost Elementary
800 S Redwood, Canby

Tualatin River
Tualatin

Tualatin Community Park
8515 SW Tualatin Rd, Tualatin

Waverley Greens
1611 Lava Dr, Milwaukie

West Linn High School
West A St, West Linn

West Linn Adult Community Center
1180 Rosemont Rd, West Linn

Wetten Elementary
250 E Exeter, Gladstone

Willamette Christian Church
3153 S Brandywine Dr, West Linn

Willamette Park
1100 12th Street, West Linn

Willamette View Association
12705 SE River Rd, Milwaukie

Wilsonville Area Stables
4500 SW Advance Rd, Wilsonville

Course No. Time	Course Title Days	Begins	Wks.	Tuition	Fee	Instructor	Room	Course No. Time	Course Title Days	Begins	Wks.	Tuition	Fee	Instructor	Room
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Canby COMMUNITY EDUCATION

Registration form for Community Education classes on page 49.

For class locations, see page 51.

Phone: 503-266-0040

Animal Care/Training

PET-2-100 DOG OBEDIENCE, BASIC
4:30-5:30pm W 6/16 6 \$65 Strozyk COVER

Teaches the basic skills to have a well-behaved dog. Certified trainer will instruct you in positive techniques, and keeping your dog motivated. First class bring a lawn chair and no dog. Dog must be spayed or neutered. Knight Elementary School

PET-2-101 DOG OBEDIENCE, BASIC
5:30-6:30pm W 6/16 6 \$65 Strozyk COVER

Same description as previous class. Knight Elementary School

Art/Crafts/Hobbies

APA-2-100 PAPIER MACHE SCULPTURE
9-12pm M-F 7/05 1 \$50 \$5 Tidwell CLRM

Ages 6-12. Students investigate symbolism in sculpture and design their own unique pieces using a lightweight and eco-friendly material. Papier Mache is a perfect introduction into 3-dimensional art and has endless possibilities. Baker Prairie Middle School

APA-2-101 MASKS
9-12pm MT 7/15 1 \$25 \$8 Tidwell CLRM

Ages 5-12. A common theme in every culture in history is the appearance and use of masks. Students investigate masks from various cultures and create unique masks of their own. Baker Prairie Middle School

APA-2-102 JR. ARTISTS CAMP
10-12pm WTHF 7/28 1 \$75 \$10 Welter CLRM

Art in Nature, a camp for young artists by Jude Welter. Students will create 3 art projects: pen & ink of something that flies, watercolor of underwater life and an acrylic landscape. St. Patrick's Church

APA-2-103 JR. ARTISTS CAMP
1-3pm WTHF 7/28 1 \$75 \$10 Welter CLRM

Ages 13 & over. Same description as previous class. St. Patrick's Church

APA-2-104 MODERN SCULPTURE
9-12pm M-F 8/02 1 \$50 \$5 Tidwell CLRM

Ages 8+. Discover 3-dimensional art using modern and unique materials. Baker Prairie Middle School

APA-2-105 PAPIER MACHE MONSTERS
9-12pm M-F 8/09 1 \$25 \$3 Tidwell CLRM

Ages 6-10. Have fun creating an amusing character using a lightweight and eco-friendly material. Papier Mache is a perfect introduction into 3-dimensional art and has endless possibilities. Baker Prairie Middle School

APA-2-106 ROCK ART
9-12pm MT 8/16 1 \$25 \$5 Tidwell CLRM

Ages 8-12. One of the only things we have to learn about cultures in history is the art left behind. Students learn about the history of rock art and explore different methods to create historical works of their own. Baker Prairie Middle School

APA-2-107 KNITTING, BEG.
6:30-8pm T 7/06 6 \$40 \$15 Carroll CLRM

Practice the basics of knitting and explore simple patterns. Skills learned will be cast on, bind off, knit and purl. Seniors pay \$30. Ages 13-Adult. Beyond Art

APA-2-108 KNITTING, ADV
6:30-8pm W 7/07 6 \$40 \$15 Carroll CLRM

Continue your love of knitting by trying new techniques or projects under the guidance of an experienced knitter. Seniors pay \$30. Ages 13-adult. Beyond Art

APA-2-109 WATERCOLOR WITH JUDE WELTER
10-12:30pm T 6/08 10 \$88 Welter CLRM

Beg and more adv painters welcome in this class. Step-by-step demos to complete the basic concepts of this exciting medium. Materials will be discussed at first class. Relaxed atmosphere. No classes June 22 & July 13. St. Patrick's Church

APA-2-110 WATERCOLOR OR ACRYLICS W/ JUDE
1-3:30pm T 6/08 10 \$88 Welter CLRM

Explore your own subject matter with plenty of help and advice. Bring unfinished project or a fresh idea. Beginners welcome and will be given a materials list at the first session. No classes June 22 and July 13. St. Patrick's Church

APA-2-111 PHOTOGRAPHY, BASIC
7-9pm W 7/07 1 \$35 Guvenir 4

This 2-hour class will teach an overview of how modern digital & film cameras function & explain what you need to know to become a better photographer. Age: 16-Adult. www.oregonphotosafaris.com Canby High School

APA-2-112 PHOTOGRAPHY, ADVANCED
7-9pm WTH 7/07 2 \$100 Guvenir 4

This class will teach you everything you need to know to be in complete control of your photography in every situation. www.oregonphotosafaris.com Age: 18-Adult. Canby High School

APA-2-113 COMPOSITION FOR PHOTOGRAPHY
7-9pm WTH 7/21 1 \$100 L Guvenir 4

Learn to craft amazing "professional" quality images utilizing compositional techniques. Stop taking snapshots & start making art. Advanced Photography is a pre-req. www.gshot.com Canby High School

APA-2-114 PHOTOGRAPHY, ADV. LIGHTING
7-9pm WTH 7/28 1 \$100 Guvenir 4

Workshop will help you develop your eye & teach you about the tools you may need to complete your vision. Advanced Photography is a pre-req. Age: 18-Adult. Canby High School

APA-2-115 WOODCARVING BASICS
7-9pm T 6/05 12 \$5 Farrington CLRM

Meet with other woodcarvers on a regular basis to learn, share, enjoy. Beginners should come to first class for information on tools, materials, & more. Experienced bring tools. Age: 18-Adult. St. Patrick's Church

Basic Academic Skills

GES-4-100 SAT TEST PREP
6-9pm SU 9/12 4 \$135 Fearing 504

College-bound students Jr & Sr prepare for the SAT-1 using effective & proven test taking strategies. Taught by reading, writing, & math specialists. Test practice & teacher feedback. Age: 15-18. Canby High School

GES-4-101 SAT TEST PREP
6-9pm SU 10/10 4 \$135 Fearing 504

Same description as previous class. Canby High School

Business/Financial Planning

BUS-2-100 ON-LINE SELLING WITH E-BAY
1-3pm S 7/31 1 \$25 Warren A-138

Learn the total process of listing and selling on Ebay. We will discuss on-line venue options. Students should be registered on Ebay and have a PayPal account to sell on Ebay. Age: 18-Adult Baker Prairie Middle School

Course No.	Course Title	Time	Days	Begins	Wks.	Tuition	Fee	Instructor	Room	Course No.	Course Title	Time	Days	Begins	Wks.	Tuition	Fee	Instructor	Room
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Child Care/Family Life

FAM-2-100 SAFETY TOWN
 9:30-11:30am M-F 6/21 1 \$50 Staff GYM
 Age 4-6. Children are taught how to keep themselves safe. Every day focuses on different safety concepts with local fire, police, school bus and more bringing their vehicles and teaching about safety. Children learn in a custom built city! Register early. Knight Elementary School

FAM-2-101 PRINCESS PARTY
 9:30-11:30am S 7/10 1 \$17 Lepire OMNI
 Princess will hear stories, play games and have arts and crafts with a princess theme. Wear princess theme dress up clothes, but make sure princess can move around and play in clothing. Small snack provided; please disclose food allergies at time of registration. Ages 3-5. Canby High School

FAM-2-102 PRINCESS PARTY
 9:30-11:30am S 7/31 1 \$17 Lepire OMNI
 Same description as previous class. Canby High School

FAM-2-103 DISNEY TREATS
 3-4pm W 7/27 1 \$20 \$10 Millison CLRM
 Students will create treats inspired by the beloved theme parks! These tempting goodies are sure to be new family favorites that your student can teach the rest of the family to make. If you can't be at Disney, at least you can eat like it! Baker Prairie Middle School

FAM-2-104 TEDDY BEAR PICNIC
 3-4pm W 6/16 1 \$20 \$10 Millison CLRM
 What better way to get summer started than to pack a perfect summer picnic? Students will learn how to make picnic classics to share with friends and teddy bears. Bring a favorite stuffed animal to help enjoy the picnic. Age 4-7. Baker Prairie Middle School

FAM-2-105 SUMMER DAY DINNER
 3-4pm W 7/14 1 \$20 \$10 Millison CLRM
 Students will learn how to prepare a fun and nutritious meal that can be enjoyed after a long day of play. Everyone will enjoy and no one will be able to resist this twist on a familiar dinner. Come ready to chow down! Baker Prairie Middle School

Computers

DPS-4-100 PHOTOSHOP FOR PHOTOGRAPHY
 6:30-9:30pm WTH 8/04 1 \$100 Guvenir 801
 Learn the key elements to unlocking Photoshop's abilities from one of the top Photoshop artists. Create prints that are better than lab prints. Advanced Photography is a pre-requisite. Age: 16-Adult. Canby High School

Dance/Theater/Music

ATA-2-100 BAND CAMP-SUMMER ENSEMBLE
 1-4pm M-F 7/05 1 \$75 Rechter BAND
 Ages 11-18. Open to all instruments except drums (woodwinds, brass, strings, all guitars/plucked strings). Camp focuses on creating an ensemble out of the students to build on skills learned in band or private study. Concert on Friday. Baker Prairie Middle School

ATA-2-101 ROCK CAMP
 1-4pm M-F 6/28 1 \$75 Rector BAND
 Ages 13-18. Open to all types of guitars, bass electric or acoustic, drums, banjo and mandolin. Class will focus on forming a rock band out of the students to learn skills to play together and perform on a Friday rock concert! Baker Prairie Middle School

ATA-2-104 GUITAR, BEGINNING
 5-6pm T 6/06 8 \$90 Rector BAND
 Learn popular songs & basic guitar skills including chords, strumming & picking. Bring your electric or acoustic guitar. Designed for entry level guitar students. No discounts. Age: 12-Adult. Baker Prairie Middle School

ATA-2-105 GUITAR II
 6-7pm T 6/06 8 \$90 Rector BAND
 This class builds on the skills learned in Guitar I or is for students with some guitar experience. We will use more advanced songs and playing techniques, barre chords and intro to scales. Baker Prairie Middle School

ATA-2-106 JUST FOR FUN PIANO
 6-9pm W 6/23 1 \$65 \$25 Rochlin CLRM
 Ages 18-Adult. Learn to play piano in one night. Taught by nationally known pianist Donn Rochlin, this unique course will teach you all you need to know to play your favorite songs NOW without years of lessons. \$25 materials fee for book and CD collected in class. No discounts. Canby High School

Driver Education

DRE-4-100 DRIVER EDUCATION AGES 15-20
 6-9pm TTH 6/15 6 \$225 9.95 Staff 1
 This course satisfies the state requirement of 30 hours classroom and 12 hours of in car instruction. Additional tuition if student is already a licensed driver. Textbook fee \$9.95. Contact the CCE office at 503-266-0040 for registration and additional information. Age: 15-20. Canby High School

DRS-4-102 DRIVER SAFETY PROGRAM
 9-5:30pm S 7/17 1 Staff 4
 Driver training program designed for senior drivers, although any student may enroll. Developed by AARP and approved by Dept of Motor Vehicles. Fee: \$14; \$12 with AARP card. Canby High School

Exercise/Fitness/Sports

PED-4-100 ADULT/SENIOR AQUATIC EXERCISE
 7-8am M-F 6/07 13 Staff CANPOOL
 Basic strength training class designed to reduce body fat, improve muscle mass & increase endurance. Call 503-266-2761 for rates & fees. Age: Adult. Canby Swim Center

PED-2-101 BOYS BASKETBALL CAMP
 9-12pm MTWTH 7/21 1 \$85 Walker GYM
 A variety of progressive drills and fundamental work. Wear comfortable shorts, shoes and socks. Bring a water bottle and a snack or lunch. Campers will receive a free t-shirt and basketball. Family discount available. Incoming grades 3-5. Canby High School

PED-2-102 BOYS BASKETBALL CAMP
 9-3pm MTWTH 7/21 1 \$105 Walker GYM
 Same description as previous class. Incoming grades 6-8. Canby High School

PED-2-103 BASKETBALL, REC.
 8-9:30pm W 7/07 10 \$3 Staff GYM
 Trost Elementary

PED-2-104 CHEERLEADING CLASSES AGE 12-18
 6-8pm M 6/21 10 \$45 Robertson DANCE
 Do you have energy and spirit? Class will provide a safe but challenging environment where students can learn how to jump, stunt, cheer and dance. By final session students will be able to master the basic techniques. Boys and girls welcome. No class July 26. Canby High School

PED-2-105 SKYHAWKS - TINY HAWKS
 1-1:45pm MTWTH 7/26 1 \$30 Skyhawks FIELD
 This camp for pre-school aged kids introduces the essentials of one to two sports. Through games and activities, campers explore balance, hand/eye coordination, and skill development. Ages 3-1/2 - 4. Trost Elementary

PED-2-106 SKYHAWKS - MINI HAWKS
 9-12pm M-F 7/26 1 \$99 Skyhawks FIELD
 This baseball, basketball and soccer program gives young children a fun and positive first step into athletics. Through games and activities, campers explore balance, hand/eye coordination, and skill development at their own pace. Ages 4-6. Trost Elementary

Community Education Classes

Registration form on page 49.

Course No.	Course Title	Time	Days	Begins	Wks.	Tuition	Fee	Instructor	Room	Course No.	Course Title	Time	Days	Begins	Wks.	Tuition	Fee	Instructor	Room
PED-2-107	SKYHAWKS - TENNIS	9-12pm	M-F	8/09	1	\$99		Skyhawks	COURTS	PED-4-122	PILATES FOR BEGINNERS	6-6:50pm	W	6/23	10	\$75		Wagner	CLRM
<p>In Skyhawks Sports tennis program, players learn proper grips, footwork, strokes, volleys and serves, as well as the rules and etiquette that make tennis an exciting game. Ages 7-12. Canby High School</p>										<p>Same description as previous class. Pilates With Fe</p>									
PED-2-108	TENNIS CAMP	9:30-11am	MTWTH	7/19	1	\$40		Gonzales	COURTS	PED-4-123	GENTLE PILATES	9-9:50pm	T	6/22	10	\$75		Wagner	CLRM
<p>Manos De Ayuda presents a great way for kids to be introduced to tennis. Beg and int players will learn fundamental tennis skills in a safe and fun environment. Bring a tennis racquet. Ages 8-13. Canby High School</p>										<p>Gentle Pilates if for the student who is a little more fragile & refers a safe, slower pace approach to the work & still gets all the benefits of Pilates. Age: 18-Adult. Pilates With Fe</p>									
PED-2-109	KEMPO-SELF DEFENSE	5-6pm	MW	6/21	11		\$100	Soles	229	PED-4-124	GENTLE PILATES	9-9:50am	TH	6/24	10	\$75		Wagner	CLRM
<p>Kempo is the study of highly effective self-defense/martial arts & yoga. Develop your minds & bodies. Grade 9-Adult. Canby High School</p>										<p>Same description as previous class. Pilates With Fe</p>									
PED-2-110	KINDER KEMPO	10-10:30am	TH	6/24	6		\$35	Soles	GYM	PED-4-125	INTERMEDIATE PILATES	12-12:50pm	W	6/23	10	\$75		Wagner	CLRM
<p>Focus on discipline, self-defense, & self control. Learn basic movements & forms. Uniforms required, details at first class. Ages 4-6. No class July 8. LEE Elementary</p>										<p>Intermediate Pilates is more challenging with emphasis on fluidity of movement, muscle control, & strength. Age: 18-Adult. Pilates With Fe</p>									
PED-2-111	KIDS KEMPO	11-11:45am	TH	6/24	6		\$45	Soles	GYM	PED-4-126	INTERMEDIATE PILATES	5-5:50pm	TH	6/24	10	\$75		Wagner	CLRM
<p>Class focuses on discipline, self-defense & self-control. Learn basic movements, beginning forms & have fun! Jenny Soles is a Sei Kosho Shorei Kai International certified instructor. Age: 7-10. No class July 8. LEE Elementary</p>										<p>Same description as previous class. Age: 18-Adult. Pilates With Fe</p>									
PED-2-112	TAEKWON-DO FOR KIDS!	5-5:45pm	TTH	6/15	12		\$50	Matie	CAFE	PED-4-127	MIXED-LEVEL PILATES	5-5:50pm	T	6/22	10	\$75		Wagner	CLRM
<p>New fun for all 4-6 year old boys and girls! Come try a special beginning class in Taekwon-Do. Uniforms available from instructor but not required. Ages: 4-6 Ackerman Middle School</p>										<p>Mixed Level Pilates is for both intermediate & beginners that want to take Pilates to the next level. Age: 18- Adult. Pilates With Fe</p>									
PED-2-113	TAEKWON-DO	6-8pm	TTH	6/15	12		\$80	Matie	CAFE	PED-4-128	MIXED-LEVEL PILATES	12-12:50pm	F	6/25	10	\$75		Wagner	CLRM
<p>Learn this disciplined martial art, using empty hands & bare feet in self-defense. Uniform is suggested/available through instructor. Age: 7-Adult. Ackerman Middle School</p>										<p>Same description as previous class. Pilates With Fe</p>									
PED-4-114	TRX WORKOUT	10-11:15am	TTH	6/15	11		\$99	McArthur	CLRM	PED-4-129	TAI CHI	7:30-8:30pm	TTH	6/08	13	\$280		Hancock	CLRM
<p>This class is unlike any exercise you've ever performed. All aspects of a great workout with cardio, strength endurance, balance and agility, along with constant core development. Utilizes your own body weight for resistance so beg or adv can work side by side and achieve awesome results! Club Fit</p>										<p>Tai chi is an ancient martial art promoting relaxation and healthy circulation. Builds strength, flexibility and balance. Yang Style Long Form style. Ages 18 & up. Knights Pythesis Hall</p>									
PED-4-115	TRX WORKOUT	6:30-7:30am	TTH	6/15	11		\$99	McArthur	CLRM	PED-2-130	VOLLEYBALL, REC.	8-10pm	W	7/07	10	\$3		Robinson	GYM
<p>Same description as previous class. Club Fit</p>										<p>It's a great workout & opportunity to play the game. Drop-in fee \$3 per night. Cancellation notices on CCE office message, 503-266-0040. Age: 18-Adult. Ackerman Middle School</p>									
PED-4-116	CORPORATE DROP AND GIVE ME 50	12-1pm	MW	6/14	11		\$99	McArthur	CLRM	PED-4-131	WATER EXERCISE	8-9am	MWF	6/07	13			Staff	CANPOOL
<p>Designed for the busy individual who has limited time during the day. Circuit training, using weight equip, boxing drills more. See how 50 min can reshape your idea of exercise. Beg to adv. Club Fit</p>										<p>This fun aquatic exercise class will enhance your flexibility & muscular strength with aerobic conditioning & muscle strengthening. Call 503-266-0040 for rates & fees. Canby Swim Center</p>									
PED-4-118	SUNRISE WORKOUT	5:15-6:15am	MWF	6/14	11		\$99	Raines	CLRM	PED-4-132	WATER EXERCISE	7-8pm	TTH	6/08	11			Staff	CANPOOL
<p>Get a total body workout while combining cardio and strength training! Drills are designed to improve ability, speed, strength and endurance. Beginning to advanced levels. Club Fit</p>										<p>Same description as previous class. Canby Swim Center</p>									
PED-4-120	TOTAL BODY WORKOUT	5:45-7pm	MW	6/14	11		\$99	Roberts	CLRM	PED-4-135	YOGA-BEGINNING/INTERMEDIATE	5:30-7pm	T	7/06	8	\$70		Fearing	1
<p>Same description as previous class. Club Fit</p>										<p>Using balance, traditional poses, & good breathing, students will learn to relax & stretch. Dress for comfort/bring blanket or mat. Seniors & previous CCE Yoga students: \$55. Age: 16-Adult. Canby High School</p>									
PED-4-121	PILATES FOR BEGINNERS	12-12:50pm	M	6/21	10		\$75	Wagner	CLRM	PED-4-138	PRE/POST NATAL YOGA	1-2:30pm	SU	6/06	13	\$108		Hancock	CLRM
<p>Pilates for Beginners will slowly introduce you to more traditional Pilates movements with emphasis on proper form & appropriate modifications to best support posture & challenge your muscles. Age: 18-Adult. Pilates With Fe</p>										<p>Celebrate your pregnancy! Breath, stretch and connect with baby in preparation for the wonderful birth or to bring back the strength in the body after birth. No class July 4th. Club Fit</p>									

Course No.	Course Title	Time	Days	Begins	Wks.	Tuition	Fee	Instructor	Room
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Course No.	Course Title	Time	Days	Begins	Wks.	Tuition	Fee	Instructor	Room
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Health/Safety/Personal Well-Being

HLT-2-100	RED CROSS BABYSITTING	9-3:45pm	T	7/13	1	\$65		Red Cross	CLRM
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Red Cross course teaches the needed skills to become a great babysitter: how to prevent accidents, what to do in an emergency, etc. Bring paper, pencil & lunch or snack. Age: 11-15. Baker Prairie Middle School

HLT-2-101	LOSE WEIGHT WITH HYPNOSIS	6:30-8pm	MW	7/14	2	\$35		Marfell	A-138
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Learn the techniques you need to change behavior & lose weight, without deprivation or super human will power. Wear comfortable clothing. Class meets July 7, 12, 14. Age: 16-Adult Baker Prairie Middle School

HLT-4-103	TAKE SHAPE FOR LIFE	7-8pm	TH	6/24	10			Wagner	CLRM
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Take charge of your diabetes, high blood pressure, weight and other health issues. Listen to the free discussion every Thursday. Catch up on the latest trends and health tips. Pilates With Fe

HLT-2-104	MEDIC FIRST AID & CPR	6-9pm	M	7/12	1	\$45		Baker	A-131
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Medic First Aid training teaches appropriate emergency skills. Adult/Child/Infant CPR, First Aid, AED, & bloodborne pathogens. Receive 2 yr. CPR/First Aid card in OSHA compliant course. No discounts. Age: 14-Adult. Baker Prairie Middle School

HLT-2-106	WHEN I'M IN CHARGE	9-11:30am	T	7/13	1	\$35		Red Cross	CLRM
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Prepares children to respond safely to "home alone" situations. Parents are encouraged to attend last 25 minutes for film. Age: 8-11 Baker Prairie Middle School

CCC

COMMUNITY EDUCATION SENIOR PROGRAM

Register at the location of the class.
For class locations, see page 51.
Phone: 503-594-0628

Exercise/Fitness/Sports

PED-4-02	PILATES	1-2pm	MW	6/21	11	\$101		Rabe	CLRM
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This class focuses on traditional pilates movement patterns, designed to develop core strength and coordination. Exercises can be modified based on experience. Bring a mat to class. All levels welcome. Program fee: \$20. Waverley Greens

PED-4-03	SENIOR YOGA	4-5pm	TTH	6/22	9	\$82		Waddell	CLRM
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Come join us for this gentle yoga class designed specifically for seniors to increase overall health, flexibility and balance. Program fee. Rose Villa

PED-4-04	STRETCH & TONE	11-12pm	MW	6/21	11	\$101		Rabe	CLRM
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Gentle stretching, strengthening and balancing exercises. Class meets Mondays and Wednesdays. Program fee. Rose Villa

PED-4-05	TAI CHI - BEG	1-2pm	S	6/26	11	\$50		Bernunzio	CLRM
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A gentle approach to exercise emphasizing mind/body harmony & balance, relaxation, centering, and coordination. Traditional style helps develop effortless vitality and awareness through meditative movement. Program fee \$20. Waverley Greens

PED-4-06	TAI CHI: ALL LEVELS	10-11am	TTH	6/22	10	\$91		Bernunzio	CLRM
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Same description as above. Program fee \$20. Willamette View Association

History/Writing/Literature

HWL-1-01	AMERICAN FOREIGN POLICY	9-11am	T	6/22	5	\$46		Schmidt	CLRM
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Dr. Robert Schmidt will lead a discussion and explore new options and changes in American Foreign Policy. Topics such as current negotiations with Russia; our continuing quest for peace in Iraq and Afghanistan and what is necessary to deal with failed states and those that oppress their own people will be discussed. Program fee \$20. Willamette View Association

Estacada

COMMUNITY SCHOOL

Registration form for Community Education classes on page 49.
For class locations, see page 51.
Phone: 503-630-8515, ext. 2860/2878

Art/Crafts/Hobbies

APA-2-201	CERAMICS-COMBINED	3-5pm	T	7/07	6	\$95		Griswold	ART
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By popular demand, a class specially designed for parents and children to take together. Instructor led projects will be mostly geared toward children, but adults will enjoy them too. Lots of freedom to express yourself with your own ideas. \$5 material fee paid directly to instructor. Estacada High School

APA-2-202	CREATIVE ART PROJECTS CAMP	1-4pm	MTWTH	6/28	1			Lippert	CLRM
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Projects and activities might include the following: card making, papier mache, candle making, weaving, and tie dye. Class fee includes t-shirt, materials, and snack. Eagle Creek School

APA-2-203	CERAMICS-CHILDREN	1-3pm	T	7/06	6	\$85		Griswold	ART
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Same techniques as taught in adult ceramics, but geared toward children. Simple projects suggested, original ideas encouraged. \$5 materials fee paid directly to instructor. Estacada High School

APA-2-204	CERAMICS-ADULT	5:30-7:30pm	T	7/06	6	\$85		Griswold	ART
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Come in with ideas and learn how to make them happen! Use basic hand building techniques of coil, slab, and pinch to create functional and/or decorative pieces for your home or garden. Supplies may be purchased from instructor. Estacada High School

APA-2-205	ART TECHNIQUES CAMP	9-12pm	MTWTH	6/28	1	\$65		Lippert	CLRM
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Projects and activities might include the following: Drawing, colored pencil, painting, print making, abstract art, realistic art. Fee includes t-shirt, materials, and snack. Eagle Creek School

Exercise/Fitness/Sports

PED-4-200	AEROBICS	5-6pm	TWTH	6/22	11			Oakes	CLRM
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A moderate-intensity aerobics class that encourages you to work at your own fitness level. Warm-up, aerobic portion (20 min), strength & floor work all included. During fire season, classes may be cancelled when instructor is on fire assignment. Clackamas River Elementary

PED-2-202	MARTIAL ARTS & SELF DEFENSE	6:30-7:30pm	M	6/21	13	\$35		Griffiths	GYM
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Beginners learn self-defense, discipline, & methods of exercise to enhance physical fitness & stress relief through the combined traditional styles of Okinawan Karate, Torite-Jutsu, & Sombo. Open age 5 & up. Eagle Creek School

PED-2-203	MARTIAL ARTS & SELF DEFENSE	7:30-8:30pm	M	6/21	13	\$35		Griffiths	GYM
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A continuation of the beginning class. Eagle Creek School

Community Education Classes

Registration form on page 49.

Course No.	Course Title	Time	Days	Begins	Wks.	Tuition	Fee	Instructor	Room
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PED-2-204 TAE KWON DO KARATE
5:30-7:30pm TH 6/24 13 \$35 Kirkpatrick CAFE

For individuals wishing to learn the basic fundamentals of Karate. Helps build confidence of the body & mind. Wear loose fitting clothing/no jewelry. Families \$70. Age 8 & up. River Mill Grade School

PED-2-205 ADVANCED ADULT VOLLEYBALL
7-9pm M 6/21 13 \$10 Cooke GYM

Fast paced competitive volleyball. Must know rules and have experience in passing, setting, and hitting; and have knowledge of defensive & offensive positions. River Mill Grade School

PED-2-206 ADULT VOLLEYBALL-FUN & FITNESS
7-10pm T 6/22 13 \$10 Hall GYM

Come play volleyball and have fun. Open to all adults who want to participate for fun and fitness. Estacada Junior High School

PED-2-207 VOLLEYBALL CAMP GR. 9-12
1-5pm MTWTH 6/21 1 \$65 Lippert GYM

Get ready for the fast approaching volleyball season! Taught by Ray Nunn, assistant coach at Concordia University. Tuition includes t-shirt. Contact Shawna Lippert at lippertsestacada.k12.or.us Estacada High School

Gardening/Landscape/Farming

PLT-2-200 PRUNE LIKE A PRO
6-9pm TH 6/24 2 \$70 Schmidt 10

Learn how to prune your plants and make them look great. Taught by a local gardening expert, known nationally in the field for 40 years. Estacada High School

PLT-2-201 LANDSCAPE PLANNING & PLANTING
6-9pm TH 7/08 2 \$70 Schmidt 10

Learn how to landscape your home, soil preparation, planting, and more. Taught by a local gardening expert known nationally in this field for 40 years. Estacada High School

PLT-2-202 VEGETABLE GARDENING DONE RIGHT
6-9pm TH 7/22 2 \$70 Schmidt 10

Learn vegetable gardening, soil preparation, and planting. Taught by a local gardening expert, known nationally in this field for 40 years. Estacada High School

Health/Safety/Personal Well-Being

HLT-2-200 FIRST AID CPR & AED
8-3pm S 8/21 1 Day CLRM

Primary certification full day (\$70), re-certification half day (\$35). Estacada High School

Gladstone COMMUNITY SCHOOL

Registration form for Community Education classes on page 49.

For class locations, see page 51.

Phone: 503-650-2570 or 503-655-2777

Art/Crafts/Hobbies

APA-2-300 ACRYLIC WITH MELISSA
6-8:30pm W 6/23 7 \$65 Gannon CLRM

Explore acrylic medium using washes, texturing, & impasto techniques. Class will include painting landscapes, water, flowers, buildings. Bring imagination & be prepared to use COLOR! Supply list. Seniors \$45. Gladstone High School

APA-2-301 ADVENTURES IN PASTELS
2-4:30pm TH 6/24 8 \$65 Gannon MULTI

Use your pastels to portray vibrant landscapes, water, still lifes. Class will cover drawing, composition, color layering. Supply list. Seniors \$45. Gladstone Senior Center

APA-2-302 CLAY GARDEN DECORATIONS
6:30-8:30pm W 7/21 1 \$20 Hage CLRM

Create whimsical designs to decorate garden or label plants with clay cutouts of ladybugs, frogs, birdhouses, etc. Fun easy class for teens thru adults. Ages 6-12 welcome w/parent helper. Seniors \$15. Gladstone High School

APA-2-303 CONCRETE LEAF CASTS
10-12:30pm S 7/17 1 \$30 Hage TBA

Learn technique to create leaf casts for birdbaths, water features, garden art using concrete. Make one in class + 3 small ones for "toad house". Bring 1-2 shallow plastic tubs. Held offsite OC. Seniors \$25.

APA-2-304 GLASS BIRD BATH & GARDEN ART
6:30-9:30pm W 7/14 1 \$15 Hage CLRM

Create own glass totem, garden art or birdbath using 'stray' glassware: vases, candlesticks, punchbowls, assorted size plates, glasses-clear and/or colored works great. Short supply list. Seniors \$10. Gladstone High School

APA-2-305 HOT GLASS FUSING
9:30-4pm S 6/12 1 \$55 \$35 Peterson TBA

Design & fuse or slump art projects such as a set of coasters, jewelry, or small plate. No exp. needed in hands-on class. All tools & materials provided. No discounts. Call for flyer. Age 18 & up.

APA-2-306 HOT GLASS FUSING
9:30-4pm S 7/17 1 \$55 \$35 Peterson TBA

Same description as previous class.

APA-2-307 LAVENDER TREASURES
6:30-9:30pm M 6/28 1 \$25 Hage CLRM

Create lavender cage, wand, bottle using fresh lavender, ribbons. Fragrance is heavenly as breeze drifts through cage, as drawer with wand is opened. Supplies included or may provide own. Seniors \$20. Gladstone High School

APA-2-317 OIL PAINTING BOB ROSS STYLE
5:30-9pm F 6/04 1 \$48 Stubb MULTI

Start with blank canvas & leave with completed masterpiece! De-stress & relax with Judy Stubb. Beginners to advanced welcome. All supplies & canvas provided. No discounts. Wilderness Way. Gladstone Senior Center

APA-2-318 OIL PAINTING BOB ROSS STYLE
2-6pm SU 6/13 1 \$48 Stubb MULTI

Same description as previous class. Hazy Day.

Gladstone Senior Center

APA-2-322 OIL PAINTING BOB ROSS STYLE
10-2pm W 6/16 1 \$48 Stubb MULTI

Same description as previous class. Marinos Magnolias. Gladstone Senior Center

Course No.	Course Title	Time	Days	Begins	Wks.	Tuition	Fee	Instructor	Room	Course No.	Course Title	Time	Days	Begins	Wks.	Tuition	Fee	Instructor	Room	
APA-2-323	OIL PAINTING BOB ROSS STYLE	5:30-9pm	F	7/09	1	\$48		Stubb	MULTI	Business/Financial Planning										
Same description as previous class. Tulips in Glass Vase. Gladstone Senior Center										BUS-4-301	INVESTING FOR FUTURE SERIES	6:30-8:30pm	W	6/30	5	\$49		Horn		CLRM
Same description as previous class. Cold Winter's Night. Gladstone Senior Center										Save! Sign up for all five classes for only \$49 (couples \$59): Investment Basics, Investing for Income, The Stock Market, Mutual Funds, & Tax-Advantaged Investments. Workbook included in series price. Seniors \$29. Gladstone High School										
APA-2-324	OIL PAINTING BOB ROSS STYLE	10-2pm	W	7/14	1	\$48		Stubb	MULTI	BUS-2-302	INVESTMENT BASICS	6:30-8:30pm	W	6/30	1	\$15		Horn		CLRM
Same description as previous class. Beach Serenity. Gladstone Senior Center										Basic concepts & ground rules to investing incl importance of diversification, asset allocation, risk vs. reward, dollar cost averaging, Rule of 72, recommend take before other invest classes. \$20/couple. Gladstone High School										
APA-2-325	OIL PAINTING BOB ROSS STYLE	2-6pm	SU	7/25	1	\$48		Stubb	MULTI	BUS-2-303	INVESTING FOR INCOME	6:30-8:30pm	W	7/07	1	\$15		Horn		CLRM
Same description as previous class. Forest River. Gladstone Senior Center										Discuss income producing investments: money market accounts, cd's, all types of bonds-government, savings, tax-free, corp., relationship between interest rates & bond market. Couples \$20. Gladstone High School										
APA-2-326	OIL PAINTING BOB ROSS STYLE	10-2pm	W	8/11	1	\$48		Stubb	MULTI	BUS-2-304	MUTUAL FUNDS	6:30-8:30pm	W	7/14	1	\$15		Horn		CLRM
Same description as previous class. Baby Polar Bear. Gladstone Senior Center										What are they, how do they work, what do they cost, what should I expect from them, what are my choices, what is "no load"? Learn the many options that are so popular! Couples \$20. Gladstone High School										
APA-2-327	OIL PAINTING BOB ROSS STYLE	5:30-9pm	F	8/20	1	\$48		Stubb	MULTI	BUS-2-305	STOCK MARKET	6:30-8:30pm	W	7/21	1	\$15		Horn		CLRM
Same description as previous class. Surf's Up. Gladstone Senior Center										Learn about income stocks, growth stocks, what to look for when buying or selling stocks, & how to make sense of all the numbers. Learn easy formulas essential to basic stock analysis. Couples \$20. Gladstone High School										
APA-2-328	OIL PAINTING BOB ROSS STYLE	2-6pm	SU	8/22	1	\$48		Stubb	MULTI	BUS-2-306	TAX-ADVANTAGE INVESTMENTS	6:30-8:30pm	W	7/28	1	\$15		Horn		CLRM
Same description as previous class. Peaks of Majesty. Gladstone Senior Center										Traditional & Roth IRA's, 401K, 403B, TSA, 457, Annuities, plans for Small Business Owners. Discuss each type & learn how to handle a rollover or transfer of retirement funds. Couples \$20. Gladstone High School										
APA-2-329	OIL PAINTING BOB ROSS STYLE	10-2pm	W	9/08	1	\$48		Stubb	MULTI	BUS-2-308	WILLS, TRUSTS, ESTATE PLANNING	6:30-8pm	TH	6/17	1	\$15		Sakys		CLRM
Same description as previous class. Sunflowers in Basket. Gladstone Senior Center										What is difference between a Will & Living Trust? When does estate have to go through probate? Do you need Power of Attorney or advance directive? Taught by attorney Nicole Sakys. Seniors \$10. Gladstone Senior Center										
APA-2-330	OIL PAINTING BOB ROSS STYLE	2-6pm	SU	9/12	1	\$48		Stubb	CLRM	Computers										
Same description as previous class. First Snow. Gladstone Senior Center										DPS-4-300	ADOBE PHOTOSHOP BASICS	6-9pm	T	6/29	3	\$59		Weesner		CLRM
APA-2-331	OIL PAINTING BOB ROSS STYLE	5:30-9pm	F	9/24	1	\$48		Stubb	CLRM	Learn to digitally re-size, crop & retouch photographs from digital camera or scanned pictures using Adobe Photoshop. Scanning, email attachments, layered montage. Need basic computer & photo skills. Seniors \$39. Gladstone High School										
Same description as previous class. Sunflowers in Basket. Gladstone Senior Center										DPS-4-301	ADOBE PHOTOSHOP THE NEXT STEP	6-9pm	T	7/20	3	\$59		Weesner		CLRM
APA-2-332	PAINTING YOUR CAST LEAF	1-4:30pm	F	7/23	1	\$30		Ekholm	CLRM	Learn more about restoring & retouching digital or scanned pictures. Removing water spots, folds, etc., color correction. See some special effects, more on resizing pictures for online posting. Seniors \$39. Gladstone High School										
Class shows all the many ways to paint, stain, dye or seal your leaves. Finish two leaves (provided) to take home, see demo of process & dozens of examples. No artistic ability needed. Seniors \$25. Gladstone Senior Center										DPS-4-303	COMPUTER STEP BY STEP BASIC #1	9:30-11:30am	M	6/28	4	\$45		Aguilar		MULTI
APA-2-333	PINE NEEDLE BASKET MAKING	6-9pm	T	8/03	1	\$25		Ekholm	CLRM	Learn step-by-step computer basics: How to open/close programs, what icons mean, use mouse to navigate through computer world, more. Hands-on classes for those w/ little to NO computer exp. No disc. No class 7/5. Gladstone Senior Center										
Class for beginners who want to learn how to recycle long pine needles and raffia into lovely baskets. Work on project in class & finish at home after learning techniques. Seniors \$20. Gladstone High School										DPS-4-304	COMPUTER STEP BY STEP BASIC #2	9:30-11:30am	M	8/02	4	\$45		Aguilar		MULTI
APA-2-334	REVERSE LEAF CASTING	9-12:30pm	F	7/23	1	\$30		Ekholm	CLRM	Ready for next step? Learn computer terms, basic knowledge of e-mail & connecting to the Internet, how to search the World Wide Web. Some computer knowledge recommended. No discount. Gladstone Senior Center										
Learn to cast actual leaves in cement to make beautiful yard ornaments, waterfalls, fountains, bird feeders, stepping stones. Take home two leaf creations plus notebook of hints, photos. Seniors \$25. Gladstone Senior Center																				
APA-2-335	WATERCOLOR FOR BEGINNERS	6-8:30pm	T	6/22	7	\$65		Gannon	CLRM											
Explore WATERCOLOR with other beginners! Focus on color mixing, watercolor washes, glazing techniques, creating texture. Create several small paintings using techniques presented. Supply list. Seniors \$45. Gladstone High School																				
APA-2-337	WATERCOLOR WITH MELISSA	6-8:30pm	M	6/21	7	\$65		Gannon	112											
Explore the exciting & challenging medium of transparent watercolor! Learn to mix colors, the basics of composition, elements of perspective, & drawing for all levels. Supply list. Seniors \$45. No class 7/5. Gladstone High School																				

Community Education Classes

Registration form on page 49.

Course No.	Course Title	Time	Days	Begins	Wks.	Tuition	Fee	Instructor	Room	Course No.	Course Title	Time	Days	Begins	Wks.	Tuition	Fee	Instructor	Room
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DPS-2-308 DIGITAL CAMERA - HOW TO USE
6:30-9pm T 6/22 2 \$19 Gutierrez CLRM

Have a digital camera, but don't know how to use it? Discuss basics of digital photography. Learn to use all your camera's features & interpret manual. Bring camera AND manual, question & answer format. Seniors \$12. Gladstone High School

DPS-2-309 DIGITAL CAMERA - HOW TO USE
6:30-9pm T 7/06 2 \$19 Gutierrez CLRM

Same description as previous class. Seniors \$12. Gladstone High School

DPS-2-310 DIGITAL PICTURE PROJECTS
6-9pm W 6/30 1 \$19 Fasching CLRM

How to upload, organize, prepare for scrapbooking, photo books, picture cd's with music. See examples & discuss software for making music cd's. Overview of creating slide shows with music & text. Seniors \$12. Gladstone High School

DPS-2-312 DO YOU WANT BETTER PICTURES?
6:30-9pm T 7/20 2 \$19 Gutierrez CLRM

Learn to take better pictures, whether you have digital or point & shoot camera. Basics of composition, indoor/outdoor lighting, use of color or black & white, common mistakes, critique. Bring camera. Seniors \$12. Gladstone High School

DPS-4-313 EXCEL 2007 LEVEL I
6-9pm TH 6/24 3 \$59 \$15 Aguilar 41

Basic functions of Excel 2007. Navigate worksheets, enter & edit text, values, formulas, simple functions, basic formatting, ranges, rows, columns. Some Windows exp. Bring 1G flashdrive. Seniors \$39 + lab. Gladstone High School

DPS-4-314 EXCEL 2007 LEVEL II
6-9pm TH 7/15 3 \$59 \$15 Aguilar 41

Builds on skills learned in Level I. Learn to use multiple worksheets, start working w/more advanced formatting options-styles, themes, backgrounds, lists, tables. Bring 1G flashdrive. Seniors \$39 + lab. Gladstone High School

DPS-4-315 QUICKBOOKS 2008 LEVEL 1
6-9pm T 6/29 5 \$99 Weesner CLRM

Intro class/basic info on small business bookkeeping program/ setup fictitious company books/invoices. Must have some Windows exp. Very basic info on Windows & accounting incl. Seniors \$69. Gladstone High School

DPS-4-316 WORD 2007 LEVEL I
6-9pm W 6/23 3 \$59 \$15 Aguilar 41

Learn basic functions of Word 2007. Enter & edit text, save documents, cut, delete, move, copy & paste data, tabs, bullets, insert graphics. Some Windows exp. Bring 1G flash drive. Seniors \$39 + lab. Gladstone High School

DPS-4-317 WORD 2007 LEVEL II
6-9pm W 7/14 3 \$59 \$15 Aguilar CLRM

Class builds on skills learned in Level I. Format tables, labels, envelopes, columns, styles, work with graphics, templates, manage document revisions. Level II text. Bring 1G flashdrive. Seniors \$39 + lab. Gladstone High School

Cooking

EAT-2-301 SATURDAY TOUR W/JACK CAMPBELL
10-3pm S 6/26 1 \$50 Campbell TBA

Chef Jack will lead daylong shopping & tasting tour starting with surprise location on I-5, then on to Salem to Reed Opera House, then gourmet Greek lunch at Macedonia. No discounts, age 21+, carpool.

EAT-2-302 DAVID'S VEGETARIAN KITCHEN
2-4:30pm SU 6/27 1 \$29 Gabbe MULTI

Explore low-fat, pure vegetarian soy foods, beans, whole grains. See how quick, easy it is to prepare delicious, budget-friendly, cholesterol-free dishes, including yummy dessert! Come hungry! Seniors \$27. Gladstone Senior Center

EAT-2-303 DAVID'S VEG ADVENTURES W/TOFU
2-4:30pm SU 7/25 1 \$29 Gabbe MULTI

Learn all about tofu, watch how easy it is to prepare inexpensive, low-fat, cholesterol-free, pure vegetarian meals with tofu. Mixed w/ right seasonings, tofu is downright tasty! Come hungry. Seniors \$27. Gladstone Senior Center

EAT-2-304 DAVID'S VEGETARIAN GRAB-N-GO!!
6-8:30pm TH 7/29 1 \$29 Gabbe MULTI

A healthy diet on the run? See how easy it is to prepare deliciously portable, out-of-hand meals to keep you fueled up as you dash about. Low-fat, cholesterol-free, pure vegetarian. Come hungry! Seniors \$27. Gladstone Senior Center

EAT-2-305 QUICK CHICKEN MEALS FOR SUMMER
6-9pm TH 7/08 1 \$29 Ekholm MULTI

Cook and try several chicken recipes and dinner suggestions, and you'll take home those recipes plus many more to see you through summer dinners and "left-over lunches." Come hungry! Seniors \$25. Gladstone Senior Center

EAT-2-306 BREADMAKING, PLAIN & FANCY
9-3pm S 7/17 1 \$39 Ekholm MULTI

Learn how healthy, tasty, fun, economical it is to make own bread, buns, prize-winning cinnamon or orange rolls, make-ahead secrets, take home recipes, tips, hints, notebook. Eat creations. Seniors \$35. Gladstone Senior Center

EAT-2-307 SUMMER SALADS-COOL, YET HARDY
5-9pm TH 7/15 1 \$32 Ekholm MULTI

Hearty salads using chicken, tuna, pork, beef, or vegetarian protein sources, can be made ahead of time. Great for picnics, lunchboxes or potlucks. Get out of kitchen fast! Come hungry! Seniors \$28. Gladstone Senior Center

EAT-2-308 ICE CREAM, SHERBET & SORBETS
5-9pm TH 7/22 1 \$32 Ekholm MULTI

Learn to make your own ice cream, sherbet & sorbets. Fast, economical and less expensive, plus fun for the whole family from beginning to end. Enjoy cold treats on hot nights. Come hungry! Seniors \$28. Gladstone Senior Center

EAT-2-309 SUMMER DESSERTS-FAST & COOL
6-9pm TH 8/05 1 \$29 Ekholm MULTI

Berries, custard, pudding, ice cream, more to help you produce fast, cool desserts with little effort. Minimal baking, store goodies in freezer, turn into quick, pretty treat. Make & sample! Senior \$25. Gladstone Senior Center

Dance/Theater/Music

ATA-2-300 BALLET MOM & ME 2-3YRS FOOTWK
5-5:30pm TH 7/08 8 \$42 Staff CLRM

Play & explore diff kinds of music & ballet moves, games, stretching, bar, creative play. Keep kids moving in toddler-centered class. Tuition for parent + child. Footwork Dance Studio

ATA-2-301 BALLET AGE 3-5 FOOTWORK
6-6:30pm T 7/06 8 \$42 Staff CLRM

Classroom activities get little ones moving & exploring the grace & flexibility that their bodies are capable of in a fun & easygoing environment. Footwork Dance Studio

ATA-2-302 BALLET AGES 3-5 - FOOTWORK
5:30-6pm TH 7/08 8 \$42 Staff CLRM

Classroom activities get little ones moving & exploring the grace & flexibility that their bodies are capable of, in a fun, easygoing environment. Footwork Dance Studio

ATA-2-303 BALLET AGES 5-7 FOOTWORK
6:30-7:15pm T 7/06 8 \$62 Staff CLRM

Classic balance & grace combined with fun activities start students on their way to strengthening ballet skills. Leotard & tights (any color) required. Footwork Dance Studio

Course No. Time	Course Title Days	Begins	Wks.	Tuition	Fee	Instructor	Room	Course No. Time	Course Title Days	Begins	Wks.	Tuition	Fee	Instructor	Room
ATA-2-304 7:15-8:15pm	BALLET 8-12 AT FOOTWORK T	7/06	8	\$82		Staff	CLRM	ATA-2-318 7-8pm	HIP HOP AGES 10-14 FOOTWORK W	7/07	8	\$82		Staff	CLRM
Classic ballet moves and barre exercises help students to gain balance & flexibility, strengthen & tone. Leotard & tights (any color) required. Footwork Dance Studio								Same description as previous class. Footwork Dance Studio							
ATA-2-305 6:30-8:30pm	BALLROOM DANCE BEGINNING M	6/21	6	\$65		Davis	CAFE	ATA-2-319 8-9pm	HIP HOP TEEN/ADULT FOOTWORK W	7/07	8	\$82		Staff	CLRM
Slow-paced intro course for new or occasional dancer. Learn basics of posture, frame, footwork, how to lead & follow in Fox Trot & Waltz. \$65 per couple, NO partner rotation. No class 7/5. Seniors \$45. Gladstone High School								Same description as previous class. No discounts. Footwork Dance Studio							
ATA-2-306 9-2pm	CHEERLEADING CLINIC GR. 1-8 W	8/04	1	\$35		Staff	GYM	ATA-2-320 5:30-6pm	JAZZ DANCE AGES 3-5 FOOTWORK M	7/05	8	\$42		Staff	CLRM
Learn cheers & parade routine from GHS cheerleaders to perform in Chautauqua parade on Sat. Pom poms & t-shirt included. Bring healthy lunch and note shirt size. Tentative date. Kraxberger Middle School								Classic and creative movements are combined to create a faster pace than ballet with fun music and games to keep kids engaged and moving. Footwork Dance Studio							
ATA-2-307 6:15-7pm	CHEER CLINIC AGE 6 & UP GF M	6/28	8	\$84		Staff	CLRM	ATA-2-321 5-5:30pm	JAZZ DANCE AGES 5-7 FOOTWORK M	7/05	8	\$42		Staff	CLRM
This eight week course is designed to introduce students to cheerleading with basic tumbling & stunting skills. Wear shorts, t-shirt, and clean tennis shoes. Grand Finale Dance Studio								Fun, easy intro to jazz dance. Learn steps & routines while having fun with flexibility, coordination & rhythm. Please wear stretchy pants, t-shirt or leotards, plus tennis shoes or jazz/ballet shoes. Footwork Dance Studio							
ATA-2-308 6-7pm	COUNTRY LINE DANCE BEG. W	6/23	7	\$25		Mullican	CAFE	ATA-2-322 9:30-2pm	MISSOULA CHILDREN'S THEATRE M-SAT	7/19	1	\$65		Staff	CLRM
Country line dance is all the rage! Here's opportunity to learn latest & some traditional ones, too. Steps are fun/easy. Come by yourself or with a friend. Only \$45 for two. Seniors \$20/\$35. Gladstone High School								Boys & girls ages 6-15 audition, perform Princess & Pea in 1 short week Mon-Sat. Must attend casting audition Mon. July 19, 9:30am Gladstone High. Rehearsal times vary/space limit/Prereg Gladstone High School							
ATA-2-309 7-8pm	COUNTRY WESTERN PARTNER DANCE W	6/23	7	\$45		Mullican	CAFE	ATA-2-324 2:15-3pm	MCT RHYTHM GONNA GET U AGE 6-8 T	7/20	1	\$5		Staff	CAFE
Learn the latest partner dances: Traveling Cha Cha, Horseshoe, Schottische, 2 step, East Coast Swing. Designed for beginners of all ages, rotation is not necessary. Fee is \$45 per couple. Seniors \$35. Gladstone High School								From simple sounds and rhythms to choreographed songs, young students explore how music can be used in theatrical performance (and just for fun!) Held by MCT Actors. Gladstone High School							
ATA-2-310 9-1pm	DANCE TEAM CLINIC GR 1-8 T	8/03	1	\$35		Harris	GYM	ATA-2-325 2:15-3pm	MCT THE THREE C'S AGE 8-10 W	7/21	1	\$5		Staff	CAFE
Gladette Dance Team Clinic will be coached by members of GHS Gladette Dance Team. Learn dance/parade routine to be performed in Chautauqua Parade on Sat. Bring healthy snack & note T-shirt size. Tentative date. Kraxberger Middle School								An interactive workshop about acting, the Three C's depicts with humorous examples and theater games the three basics of performance: Communication, Creativity and Concentration! Held by MCT Actors. Gladstone High School							
ATA-2-311 6:30-7pm	GUITAR BEG 1 GRADES 3-6 M	6/21	6	\$65	\$5	Price	CLRM	ATA-2-326 2:15-3pm	MCT LET'S MAKEUP AGE 6-15 TH	7/22	1	\$5		Staff	CAFE
This is place to get started-get playing FAST in fun 6-week class! Learn easy chords, strumming, simple songs. Bring guitar. Taught by artist/entertainer Bill Price. Space limited. No class 7/5. Gladstone High School								Makeup is the foundation and most basic visual image for all performers, allowing them to portray wide spectrum of characters. See demos of corrective, old age, and fantasy makeup. Held by MCT Actors. Gladstone High School							
ATA-2-314 7:15-7:55pm	GUITAR BEG 1 YOUTH-ADULT M	6/21	6	\$75	\$5	Price	CLRM	ATA-2-327 9:30-10am	MUSIC-TODDLER TUNES 18 MO-3 YR MW	7/12	2	\$65		Harmony Music	CLRM
This is place to get started-get playing FAST in fun 6-week class! Learn easy chords, strumming, simple songs. Taught by Bill Price. No discount/space limited/bring own guitar. Min age 5th gr. No class 7/5. No class 7/5. Gladstone High School								Joyful first music class shared by tots and parents. Singing, movement, fingerplay, rhythms, keyboard games encourage active involvement. Materials included. Harmony Road Music Center							
ATA-2-315 7:55-8:35pm	GUITAR-BEYOND BEGINNING GUITAR M	6/21	6	\$75	\$5	Price	CLRM	ATA-2-328 9:30-10am	MUSIC-TODDLER TUNES 18 MO-3 YR TTH	8/03	2	\$65		Harmony Music	CLRM
Really fun class to continue sharpening skills w/new songs, chords, strumming, fingerpicking patterns. Must have beg guitar exp-able to play basic chords/tune guitar/etc New student welcome/no discount. Gladstone High School								Same description as previous class. Harmony Road Music Center							
ATA-2-316 5:15-6pm	HIP HOP AGE 4-7 AT FOOTWORK W	7/07	8	\$62		Staff	CLRM	ATA-2-329 10:15-11am	MUSIC-HELLO MUSIC AGES 3-4 MW	7/12	2	\$70		Harmony Music	CLRM
Fun, fast paced funky dance moves create a routine set to upbeat music. Please wear comfortable clothes that allow for ease of movement, no jeans allowed. Footwork Dance Studio								An exciting introduction to music. Activities include movement, singing, rhythms, keyboard playing, creative projects. Enjoyable readiness program with parent involvement. Materials included. Harmony Road Music Center							
ATA-2-317 6-7pm	HIP HOP AGES 8-10 AT FOOTWORK W	7/07	8	\$82		Staff	CLRM	ATA-2-330 4:15-5pm	MUSIC-HELLO MUSIC AGES 3-4 MW	7/12	2	\$70		Staff	CLRM
Same description as previous class. Footwork Dance Studio								Same description as previous class. Harmony Road Music Center							
								ATA-2-331 10:15-11am	MUSIC-HELLO MUSIC AGES 3-4 TTH	8/03	2	\$70		Staff	CLRM
								ATA-2-332 11:15-12pm	MUSICTIME AGES 4-5 MW	7/12	2	\$70		Harmony Music	CLRM
								Unique program encourages development of musical concepts through singing, movement, keyboard/piano playing & rhythms, creativity. Active preschool program with parent involvement. Materials incl. Harmony Road Music Center							

Community Education Classes

Registration form on page 49.

Course No. Time	Course Title Days	Begins	Wks.	Tuition	Fee	Instructor	Room	Course No. Time	Course Title Days	Begins	Wks.	Tuition	Fee	Instructor	Room
ATA-2-333 11:15-12pm	MUSICTIME AGES 4-5 TTH	8/03	2	\$70		Staff	CLRM	ATA-2-349 10:30-11:15am	TAP/TUMBLING AGE 3-4 GF M	6/28	8	\$84		staff	CLRM
Same description as previous class. Harmony Road Music Center								Basic rhythm/tap skills: shuffles, ball changes, shuffle hop steps, flaps, skips. Tumbling portion works on basic flexibility, tumbling skills, forward/backward rolls, handstands, cartwheels, etc. Need black patent tap shoes. Grand Finale Dance Studio							
ATA-2-334 4:15-5pm	MUSICTIME AGES 4-5 TTH	8/03	2	\$70		Staff	CLRM	Driver Education							
Same description as previous class. Harmony Road Music Center								DRE-4-300 8-11am	DRIVER EDUCATION TTH	6/21	5	\$285		Staff	CLRM
ATA-2-335 10-12pm	MUSIC-JR MUSIC CAMP AGE 4-6 M-F		1	\$105		Staff	CLRM	Program for high school students under 18 requires 30 hours classroom instruction, 6 hours behind-the-wheel, 6 hours in-vehicle observation. Attendance mandatory. Sign up for driving times at first class. First class will be from 4:30-7:30pm on Monday, June 21. Class includes a segment for the parent/guardian that will begin at 6pm. All other classes will be 8-11am Tues/Thur, June 22-July 22. Must have valid Oregon permit. Tuition is add'l \$150 with license, if student gets license before completing last class, or if they turn 18 before final class. For more info call 503-650-2570. Gladstone High School							
Camp provides activity oriented musical experience for 4-6 yr olds. Different theme explored through music & crafts each day: Dinosaurs, Animals, Nutcracker, Carnival of Animals. Short program at end. Choose one of three camps: July 12-July 16; July 19 - July 23 or August 2 - August 6. Harmony Road Music Center								Exercise/Fitness/Sports							
ATA-2-338 5-5:45pm	MUSIC-YOUNG MUSICIAN AGE 6-7 MW	7/12	2	\$70		Staff	CLRM	PED-4-300 TBA	AEROBICS SPECIAL AT CRRC M-SAT	6/14	14	\$75		Staff	AEROB
Learn beginning music concepts through singing, ear training, note reading, keyboard solo & ensemble playing, creative projects. Active program with parent involvement. Materials included. Harmony Road Music Center								Body sculpting, cardio, step variety, attend any or all: M/WTH 5:45 am, WF 9am, TTH 8:30am, MTTH 4:30 pm, Sat 8 am. Held at Clackamas River Racquet Club for info call 503-650-2570. Seniors \$70. Clackamas River Racquet Club							
ATA-2-339 5:30-6:15pm	MUSIC-YOUNG MUSICIAN AGE 6-7 TTH	8/03	2	\$70		Staff	CLRM	PED-2-301 6-7pm	AIKIDO FOR KIDS AGE 4-5 W	6/23	10	\$60		Staff	CLRM
Same description as previous class. Harmony Road Music Center								Aikido is non-competitive, non-violent Japanese Martial Art that teaches peaceful resolution of conflict, self defense, discipline. Aikido Northwest							
ATA-2-340 6-6:45pm	MUSIC-KEYBOARD PREP AGE 8-11 MW	7/12	2	\$70		Staff	CLRM	PED-2-302 TBA	AIKIDO FOR KIDS AGE 4-7 TBA	6/21	10	\$60		Staff	CLRM
Exciting intro to keyboarding/piano playing including ear training, note reading, solfege singing (DO, RE, MI), composing. Motivating and fun! Parents share in class experience. Materials included. Harmony Road Music Center								Same description as previous class. Specify day/time: Mon 5-6pm or Tues 6:15-7:15pm. Aikido Northwest							
ATA-2-341 6:15-7pm	MUSIC-KEYBOARD PREP AGE 8-11 TTH	8/03	2	\$70		Staff	CLRM	PED-2-303 7-8pm	AIKIDO FOR KIDS AGES 6-10 W	6/23	10	\$60		Staff	CLRM
Same description as previous class. Harmony Road Music Center								Same description as previous class. Aikido Northwest							
ATA-2-342 7-7:45pm	MUSIC-PIANO ADULTS/TEENS 12+ MW	7/12	2	\$70		Staff	CLRM	PED-2-304 TBA	AIKIDO FOR KIDS AGES 8-10 TBA	6/22	10	\$60		Staff	CLRM
Designed for teen & adult beginners. Students are introduced to many musical concepts through ear training, note reading, use of chords, solo/ensemble playing, and composing. Materials incl. No discounts. Harmony Road Music Center								Same description as previous class. Specify one day/time: Tues 5-6pm or Thurs 4-5pm. Aikido Northwest							
ATA-2-343 7-7:45pm	MUSIC-PIANO ADULTS/TEENS 12+ TTH	8/03	2	\$70		Staff	CLRM	PED-2-305 TBA	AIKIDO FOR KIDS AGE 11-18 TBA	6/21	10	\$60		Staff	CLRM
Same description as previous class. Harmony Road Music Center								Same description as previous class. Specify one day/time: Mon 6:15-7:15pm or Thurs 5:15-6:15pm. Aikido Northwest							
ATA-2-344 10:30-11:15am	TAP/JAZZ AGE 3-4 GF T	6/29	8	\$84		Staff	CLRM	PED-2-306 TBA	AIKIDO FOR ADULTS TTH	6/22	10	\$80		Staff	CLRM
Get the chance to learn basic jazz and tap skills in a fun dance environment at Grande Finale. Students need basic tights and leotard, ballet slippers (any color) and black patent tap shoes. Grand Finale Dance Studio								Aikido-traditional Japanese Martial Art that develops mind, body, spirit to fullest. Attend any or all: Tues 7:30-8:30pm & Thurs 6:30-7:30pm, basic weapons Thurs 7:30-8:30pm, open mat 8:30-9pm Tues/Thur. No discounts. Aikido Northwest							
ATA-2-345 9:30-10:30am	TAP/JAZZ AGE 5-7 GF T	6/29	8	\$84		Staff	CLRM	PED-2-307 9-11:30am	BASKETBALL BOYS GR 3-5 MTWTH	6/21	1	\$40		Staff	GYM
Get the chance to learn basic jazz and tap skills in a fun dance environment at Grande Finale. Students need basic tights and leotard, ballet slippers (any color) and black patent tap shoes. Grand Finale Dance Studio								Gladiator Hoop Camp for boys entering gr. 3-5 will be under the direction of GHS varsity coach Karl Schmidtman. Fundamentals, ball handling, defense, shooting form, games & prizes. Note t-shirt size. Gladstone High School							
ATA-2-346 5-5:30pm	TAP DANCE AGE 3-5 FOOTWORK M	7/05	8	\$42		Staff	CLRM	PED-2-308 11:30-2pm	BASKETBALL BOYS GR 6-8 MTWTH	6/21	1	\$40		Staff	GYM
Little ones can tap out rhythms and explore sounds while participating in fun activities set to music. Tap shoes or hard soled dress shoes are required. Footwork Dance Studio								Same description as previous class. Gladstone High School							
ATA-2-347 5-5:30pm	TAP DANCE AGES 3-5 FOOTWORK TH	7/08	8	\$42		Staff	CLRM	PED-2-309 3:30-6pm	BASKETBALL CAMP GIRLS GR 3-9 SSUMT	6/05	1	\$40		Staff	GYM
Same description as previous class. Footwork Dance Studio								Hoop Camp for girls entering gr. 3-9 will work on fundamentals of basketball with emphasis on ball handling, defense, shooting form. Games, contests, more. Note t-shirt size on form. Gladstone High School							
ATA-2-348 5:30-6pm	TAP DANCE AGES 5-7 FOOTWORK TH	7/08	8	\$42		Staff	CLRM								
More complex rhythms combined with movement are set to music and incorporated into a routine. Tap shoes are required for this class. Harmony Road Music Center															

Course No.	Course Title	Time	Days	Begins	Wks.	Tuition	Fee	Instructor	Room	Course No.	Course Title	Time	Days	Begins	Wks.	Tuition	Fee	Instructor	Room
PED-2-311	FOOTBALL CAMP GR 3-8	5:30-8pm	MTWTH	8/09	1	\$10		Wolf	FIELD	PED-2-326	GOLF BEG PARENT & JR AGE 10-12	6:30-8pm	F		1	\$30		Staff	CRSE
<p>Players will learn fundamentals of ball handling/passing/tackling/offense/defense. Bring football shoes & water bottle. Note t-shirt size. Conducted by GHS Varsity Coach Jon Wolf & his coaching staff. Gladstone High School</p>										<p>Teaching golf swing in fun, simple manner allowing parent & junior to enjoy game. Enables parent to have better understanding of role. Clubs provided. Fee is for parent + 1 child, add'l child \$10. Choose one of two sessions June 25 or July 16. Fundamental Golf Course</p>									
PED-2-312	FOOTBALL CAMP GR 9-12	5:30-8pm	MTW	8/09	1	\$40		Wolf	FIELD	PED-2-328	GOLF JR AGE 12-14 BEGINNING	2-3pm	MTW		1	\$40		Staff	CRSE
<p>Gladiator Football Camp is conducted by GHS Coaching staff. Players will learn fundamentals of ball handling/passing/tackling/offense/defense. Bring football shoes & water bottle. Note t-shirt size. Gladstone High School</p>										<p>Receive training from PGA Professional in golf swing basics & fundamentals of playing the game. Clubs provided. Will receive Range Ball certificates for future use. Choose from June 21 - 23 at 2-3pm or July 12-14 at 9:30-10:30am. Fundamental Golf Course</p>									
PED-2-313	GOLF I FOR KIDS, AGE 4-6	2:30-4pm	TWTH		1	\$52		Staff	COUR	PED-2-330	GOLF JRS AGE 12-14 INTERM	9:30-11am	THF		1	\$40		Staff	CRSE
<p>"FUN" Discovery Golf for ages 4-6. Swing, rules, etiquette of golf, equipment provided. Class size limited. Pick from sessions on July 6 - July 8 or July 20 - 22. Both meet Tues/Wed/Thur 2:30-4pm. The Children's Course</p>										<p>Students receive training from PGA Professional in more advanced play techniques, short game, bunker play, rules, etc. Students upon completion receive Range ball Certificates for future use. Choose from June 24-25 at 9:30-11am or July 15-16 at 2-3:30pm. Fundamental Golf Course</p>									
PED-2-315	GOLF I FOR KIDS AGE 4-6	2:30-4pm	WTHF	8/18	1	\$52		Staff	COUR	PED-2-332	GOLF JRS AGE 15-17 BEGINNING	9:30-10:30am	MTW		1	\$40		Staff	CRSE
<p>Same description as previous class. This session meets Wed/Thur/Fri; 2:30-4pm. The Children's Course</p>										<p>Receive training from PGA Professional in golf swing basics & fundamentals of playing the games. Club provided. Will receive Range Ball Certificates for future use. Choose session: June 21-23 or July 12-14. Fundamental Golf Course</p>									
PED-2-316	GOLF II FOR KIDS, AGE 4-6	2:30-4pm	TWTH	8/10	1	\$52		Staff	COUR	PED-2-334	GOLF JRS AGE 15-17 INTERM	9:30-11am	THF		1	\$40		Staff	CRSE
<p>Next step for kids that have previously attended a Discovery Golf I class at the Children's Course in Gladstone. Swing, rules, etiquette of golf, equipment provided. Class size limited. The Children's Course</p>										<p>Students receive training from PGA Professional in more advanced play techniques, short game, bunker play, rules, etc. Students upon completion receive Range ball Certificates for future use. Choose from June 24-25 at 9:30-11am or July 15-16 at 2-3:30pm. Fundamental Golf Course</p>									
PED-2-317	GOLF FOR JUNIORS AGES 7-17	2:45-3:45pm	F	7/09	4	\$52		Staff	COUR	PED-2-336	ICE SKATING SNOWBUNNY AGE 3-6	4-4:30pm	W	6/02	7	\$69		Staff	RINK
<p>Have fun while learning to play golf. All equipment provided + pass for future play. Open to beginning and intermediate students. The Children's Course</p>										<p>These 7-week introductory classes are designed to get your child comfortable with the ice & be able to move across it with control. Skate rental included. No class 6/9. Lloyd Center Ice Rink</p>									
PED-2-318	GOLF ADULT AT CHILDRENS COURSE	5:30-6:30pm	M	7/12	4	\$60		Staff	COUR	PED-2-337	ICE SKATING SNOWBUNNY AGE 3-6	11:30-12pm	S	6/05	7	\$69		Staff	RINK
<p>Learn basics of golf: proper grip, stance, swing, putting, chipping, more. Last class will include course play. All equipment provided + pass for future play. Beg to inter. No discounts. The Children's Course</p>										<p>Same description as previous class. No class 6/12. Lloyd Center Ice Rink</p>									
PED-2-319	GOLF PUTTING WORKSHOP	12-1pm	S	6/05	4	\$50		Staff	CRSE	PED-2-338	ICE SKATING SNOWBUNNY AGE 3-6	4-4:30pm	W	7/28	7	\$69		Staff	RINK
<p>Putting is 50% of the game! Learn how to putt more effectively. Find out how to make good putting decisions, read the green, short and long putts. No discounts. Fundamental Golf Course</p>										<p>Same description as previous class. Lloyd Center Ice Rink</p>									
PED-2-320	GOLF SHORT GAME WORKSHOP	10:30-11:30am	S	6/05	4	\$50		Staff	CRSE	PED-2-339	ICE SKATING SNOWBUNNY AGE 3-6	11:30-12pm	S	7/31	7	\$69		Staff	RINK
<p>Make the 100 yards in more effective shots and take strokes off your game. Pitching, chipping, bunker play will be covered. No discounts. Fundamental Golf Course</p>										<p>Same description as previous class. Lloyd Center Ice Rink</p>									
PED-2-321	GOLF FULL SWING WORKSHOP	9-10am	S	6/05	4	\$50		Staff	CRSE	PED-2-340	ICE SKATING INTRO AGE 7-ADULT	4:30-5pm	W	6/02	7	\$69		Staff	RINK
<p>This course is for the golfer who want their iron and wood play to become more consistent. No discounts. Fundamental Golf Course</p>										<p>These 7-week introductory classes are designed to acquaint you with the ice & give you basic skills to skate independently. Skate rental included. No discounts. No class 6/9. Lloyd Center Ice Rink</p>									
PED-2-322	GOLF BEG PARENT & JR AGE 4-5	6:30-8pm	W		1	\$30		Staff	CRSE	PED-2-341	ICE SKATING INTRO AGE 7-ADULT	11:30-12pm	S	6/05	7	\$69		Staff	RINK
<p>Teaching golf swing in fun, simple manner allowing parent & junior to enjoy game. Enables parent to have better understanding of role. Clubs provided. Fee is for parent+1child, add'l child \$10. Choose one of two sessions - June 23 or July 14. Fundamental Golf Course</p>										<p>Same description as previous class. No class 6/12. Lloyd Center Ice Rink</p>									
PED-2-324	GOLF BEG PARENT & JR AGE 6-9	6:30-8pm	TH		1	\$30		Staff	CRSE	PED-2-342	ICE SKATING INTRO AGE 7-ADULT	4:30-5pm	W	7/28	7	\$69		Staff	RINK
<p>Teaching golf swing in fun, simple manner allowing parent & junior to enjoy game. Enables parent to have better understanding of role. Clubs provided. Fee is for parent + 1 child, add'l child \$10. Choose one of two sessions: June 24 or July 15. Fundamental Golf Course</p>										<p>Same description as previous class. Lloyd Center Ice Rink</p>									
PED-4-345	PILATES - ALL LEVELS AT CRRC	TBA	MTWTH	6/14	14	\$85		Staff	AEROB	PED-2-343	ICE SKATING INTRO AGE 7-ADULT	11:30-12pm	S	7/31	7	\$69		Staff	RINK
<p>Cultivate strength, flexibility, balance, grace for body & mind. Attend any or all: MTWTH 5:30-6:30pm. Performed on mat, discover how body meant to move. No discounts. Clackamas River Racquet Club</p>										<p>Same description as previous class. Lloyd Center Ice Rink</p>									

Community Education Classes

Registration form on page 49.

Course No. Time	Course Title Days	Begins	Wks.	Tuition	Fee	Instructor	Room	Course No. Time	Course Title Days	Begins	Wks.	Tuition	Fee	Instructor	Room
PED-2-346 TBA	ROLL, FLY, TWIST, SPIN AGE 4-7 T	7/06	8	\$74		Staff	FLOOR	PED-2-361 9:45-10:30am	TUMBLING BASICS AGE 2.5-4 GF TH	7/01	8	\$84		Staff	FLOOR
Come enjoy the fun in 17,000 sq ft gym including a 30 foot long trampoline. Class focuses on gymnastics & trampoline skills for boys & girls. Wear leotards or shorts and a t-shirt. Choose one of two sessions: 3-3:45pm or 4:30-5:15pm. Precision Elite Gymnastics								Same description as previous class. Grand Finale Dance Studio							
PED-2-347 TBA	ROLL, FLY, TWIST, SPIN AG 7-10 T	7/06	8	\$74		Staff	FLOOR	PED2-362 10:30-11:15am	TUMBLING BASICS AGE 3-5 GF TH	7/1	8	\$84		Staff	Floor
Same description as previous class. Choose one of two sessions: 3:45-4:30pm or 5:15-6pm. Precision Elite Gymnastics								Kids will work on flexibility, listening skills, basic tumbling skills such as forward rolls, backwards rolls and cartwheels. This fun class is a child only participation.							
PED-2-348 9-4pm	SHAPE NW SPORT CAMPS GR K-6 M-F	6/21	1	\$99	\$25	Shape	GYM	PED-2-362 4:30-5:30pm	TUMBLING BASICS AGE 6 & UP GF M	6/28	8	\$84		Staff	FLOOR
Have fun, be active and healthy! Camp activities could include basketball, flag football, baseball, soccer, martial arts, wall ball, jump rope, fun w/food class, dance, art. \$25 fee paid 1st camp only. Before care available at 8am. Wetten Elementary School								Flexibility & fun rule! Learn tumbling skills including front/back walkovers up to handstands. 8-week class provides foundation for beginners, opportunity for more advanced tumblers to refine skills. Grand Finale Dance Studio							
PED-2-349 9-4pm	SHAPE NW SPORT CAMPS GR K-6 M-F	6/28	1	\$99	\$25	Staff	CAFE	PED-2-363 1-4pm	VOLLEYBALL CAMP GR 4-8 MTW	8/16	1	\$50		Staff	GYM
Same description as previous class. Wetten Elementary School								Camp run by GHS coaches for incoming grades 4-8 will emphasize fundamentals & proper mechanics. Players will be given a solid foundation to build upon in upcoming year. Specify shirt size and grade. Gladstone High School							
PED-2-350 9-4pm	SHAPE NW SPORT CAMPS GR K-6 TWTWH	7/06	1	\$79	\$25	Staff	CAFE	PED-2-364 8-12pm	VOLLEYBALL CAMP GR. 9-12 MTWTH	8/16	1	\$50		Staff	GYM
Same description as previous class. Wetten Elementary School								Camp run by GHS coaches will cover fundamentals and proper mechanics, but will stress position play, game strategy and physical conditioning. All skill levels welcome. Specify grade and shirt size. Gladstone High School							
PED-2-351 9-4pm	SHAPE NW SPORT CAMPS GR K-6 M-F	7/12	1	\$99	\$25	Staff	CAFE	PED-4-365 9-10am	YOGA BEGINNING GENTLE T	6/22	10	\$50		Haye	MULTI
Same description as previous class. Wetten Elementary School								Feel better/reduce stress, no matter what age or fitness level. Very beginning, gentle yoga. Wear loose clothing, bring blanket/mat. Seniors \$35. Gladstone Senior Center							
PED-2-352 9-4pm	SHAPE NW SPORT CAMPS GR K-6 M-F	7/19	1	\$99	\$25	Staff	CAFE	PED-4-366 9-10am	YOGA BEGINNING GENTLE F	6/25	10	\$50		Haye	MULTI
Same description as previous class. Wetten Elementary School								Same description as previous class. Gladstone Senior Center							
PED-2-353 9-4pm	SHAPE NW SPORT CAMPS GR K-6 M-F	7/26	1	\$99	\$25	Staff	CAFE	PED-4-367 5-6pm	YOGA BASICS M	6/21	9	\$50		Haye	MULTI
Same description as previous class. Wetten Elementary School								Feel better physically & reduce stress. Learn simple stretches, breathing & relaxation techniques suitable for all ages. Wear loose clothing, bring a blanket or mat. Class limited. Seniors \$35. No class 7/5. Gladstone Senior Center							
PED-2-354 1-1:45pm	SKYHAWKS SOCCER AGE 3 1/2-4 MTWTH	7/12	1	\$30	0	Skyhawks	FIELD	PED-4-368 9-10am	YOGA BASICS TH	6/24	10	\$50		Haye	MULTI
Camp for pre-school aged kids introduces the basics of soccer through age appropriate games and activities. Explore balance, hand/eye coordination, skill development. No pressure, just lots of fun! Wetten Elementary School								Same description as previous class. Gladstone Senior Center							
PED-2-355 9-12pm	SKYHAWKS MULTI-SPORT AGE 4-7 M-F	7/12	1	\$107		Skyhawks	FIELD	PED-4-369 6:30-7:30pm	YOGA, CONTINUING T	6/22	10	\$50		Fegel	MULTI
Intro to basics of soccer, baseball & basketball for age 4-7. no pressure, just fun! Campers receive mini ball & T-shirt. Bring shin guards, snacks, water bottle, sunscreen, running shoes. Wetten Elementary School								Feel better physically & reduce stress. Stretches, breathing & relaxation techniques for those who have taken at least 1 term of Yoga. Wear loose clothing & bring mat. Seniors \$35 Gladstone Senior Center							
PED-2-356 6-8:15pm	SOCCER CAMP BOYS GR. 9-12 MTWTH	8/16	1	\$35		Lewis	FIELD	PED-4-370 6-7pm	YOGA, CONTINUING W	6/23	10	\$50		Haye	MULTI
All boys entering grades 9-12 are invited to attend, regardless of experience. Note T-shirt size/bring soccer ball with name/shin guards/soccer or tennis shoes/water. Coached by Tyler & Aaron Lewis. Gladstone High School								Same description as previous class. Gladstone Senior Center							
PED-2-357 7:30-9pm	TAE KWON DO ADULT TTH	6/22	7	\$59		Woo	CAFE	PED-4-371 6-7:30pm	YOGA CONTINUING W/MEDITATION W	6/23	10	\$75		Haye	MULTI
Great workout while learning Korean style of martial arts from Master Jaiwhan Woo, past Korean National Champion, dedicated instr 30+yrs. Strengthen body, mind, spirit. Men & women all ranks welcome. Gladstone High School								Class is 1 hr yoga + 30 minutes meditation techniques to help relax, improve concentration, focus mind, strengthen mind & body. Bring mat or blanket. Students must have taken at least 1 term yoga. Seniors \$55. Gladstone Senior Center							
PED-2-358 6-7:30pm	TAE KWON DO FOR AGES 8-15 TTH	6/22	7	\$54		Beasley	CAFE	PED-4-372 9:30-10:30am	YOGA ADULT-GRANDE FINALE M	6/28	8	\$84		Staff	FLOOR
Develop your mind & body with this ancient disciplined Martial Art that promotes self-discipline & self-esteem. Parents invited to participate at no add'l charge after signing release. All levels. Gladstone High School								Vinyasa or "flow" yoga with Linda Pomeroy for all levels of Yogi's. Flexibility & control in fun, relaxed setting. Bring mat. No discounts. Grand Finale Dance Studio							
PED-2-360 5:30-6:15pm	TUMBLING BASICS AGE 2.5-4 GF M	6/28	8	\$84		Staff	FLOOR								
Flexibility & fun rule the day as students learn tumbling skills up to & including cartwheels, somersaults, & handstands! Parent/child class includes parent participation. Grand Finale Dance Studio															

Course No.	Course Title	Time	Days	Begins	Wks.	Tuition	Fee	Instructor	Room	Course No.	Course Title	Time	Days	Begins	Wks.	Tuition	Fee	Instructor	Room
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PED-4-373 **YOGA SPECIAL BEG-INT CRRC**
 TBA M-F 6/14 14 \$85 Staff AEROB
 Engage yourself physically & mentally through yoga. Breathing, relaxation, postural alignments. Wear loose clothing & bring mat. No discounts. Attend any or all MWF 8-9am; T-Th 9:30-10:30am; W 4:30-5:30pm. Clackamas River Racquet Club

Health/Safety/Personal Well-Being

HLT-4-300 **AARP DRIVER SAFETY (55 ALIVE)**
 8:30-5pm S 6/12 1 Staff MULTI
 Helps you improve driving skills to become safe & defensive driver. Upon completion of 8 hours of class, may receive discount on auto insurance. Call 503-655-7701 to register, pay \$14 at class, \$12 w/ AARP card. Gladstone Senior Center

HLT-4-301 **AARP DRIVER SAFETY (55 ALIVE)**
 1-5pm MT 8/16 1 Staff MULTI
 Same description as previous class. Gladstone Senior Center

HLT-2-302 **BABYSITTING-AGE 11 & UP**
 9-3:45pm T 6/22 1 \$50 Red Cross CLRM
 Red cross class includes responsibilities of babysitter, safety, basic child care, first aid, emergency skills. Age 11+ receive certificate & student guide upon completion. Bring lunch, pencil, paper. Kraxberger Middle School

HLT-2-303 **BABYSITTING-AGE 11 & UP**
 9-3:45pm T 6/29 1 \$50 Red Cross CLRM
 Same description as previous class. Kraxberger Middle School

HLT-2-304 **BABYSITTING-AGE 11 & UP**
 9-3:45pm T 7/13 1 \$50 Red Cross CLRM
 Same description as previous class. Kraxberger Middle School

HLT-2-305 **MEDIC BASIC FIRST AID/CPR**
 6-9pm W 6/23 1 \$45 Baker CLRM
 Medic First Aid training teaches appropriate emergency response skills Adult/Child/Infant CPR & First Aid, AED, bloodborne pathogens. Receive a two year CPR/First Aid card in OSHA compliant course. No discounts. Gladstone High School

HLT-2-306 **MEDIC BASIC FIRST AID/CPR**
 6-9pm W 8/04 1 \$45 Baker CLRM
 Same description as previous class. Gladstone High School

HLT-2-307 **SAFETY TOWN AGES 4-6**
 10-12pm M-F 7/12 1 \$50 Staff GYM
 Safety Town teaches children how to handle many hazards and dangerous situations, with special emphasis on traffic & pedestrian safety in gym transformed into small city. Lots of fun! T-shirt incl. Wetten Elementary School

HLT-2-309 **WHEN I'M IN CHARGE-AGES 8-11**
 6-8:30pm TH 6/24 1 \$25 Red Cross CLRM
 Prepares children age 8-11 to safely respond to "home alone" situations. Includes answering phone/door, first aid hints, gun & internet safety, sibling care. parents invited to last half hour of class. Gladstone High School

HLT-2-310 **WHEN I'M IN CHARGE-AGES 8-11**
 6-8:30pm TH 7/15 1 \$25 Red Cross CLRM
 Same description as previous class. Gladstone High School

History/Writing/Literature

HWL-2-300 **GENEALOGY IN WIRED WORLD**
 5-9pm W 8/11 1 \$29 Ekholm MULTI
 For beginners wanting to research family tree & don't know where to begin. How to utilize resources, primary sources of info, document, track, organize when done. Must be familiar w/internet. Seniors \$24. Gladstone Senior Center

Language Studies

FLS-4-300 **SIGN LANGUAGE-BEGINNING ASL**
 6-8pm T 6/22 7 \$59 Stone CLRM
 Learn about the language and culture of the deaf, how grammar and vocabulary are tied together, play games to develop communication and fingerspelling skills. Call for book info. Seniors \$39. Gladstone High School

FLS-4-302 **SPANISH BEGINNING PART I**
 6:30-8:30pm W 6/23 7 \$62 \$32 Marquez-Horna CLRM
 Practical, fun & easy! This beginning Spanish class will focus on the spoken language. Ideal for travelers or those needing Spanish in the working environment. Fee for books. Seniors \$39 + lab. Gladstone High School

Science

SCE-2-300 **INTRO TO MICROCONTROLLERS**
 6:30-9:30pm W 7/14 4 \$69 \$60 Staff CLRM
 Novice hobbyist 7th grade to adult-learn how to create basic circuits to interface, write programs and run them on microcontroller you keep. Call for flyer with more info, reg by July 2 to order kit. No discounts. Gladstone High School

SCE-2-301 **INTRO TO LEGO ROBOTICS GR 3-6**
 FS 7/23 2 \$159 Staff CLRM
 Learn how to build a robot out of Legos, add motors and sensors, write programs to make it do tasks. Get practical knowledge of basic electronics and programming. Call for flyer w/more info. Fri: 2-6pm; Sat. 10am-4:30pm. Gladstone High School

SCE-2-302 **MAD SCIENCE-JR ZOOLOGIST 4-6YR**
 9-12pm T 6/29 1 \$34 Mad Science CLRM
 Carnivores, Herbivores, Omnivores, oh my! From Dinosaurs to Polar Bears, learn to identify sounds of animal world. Explore paws & claws, how scientists classify & study animals. Bring snack. Must be 4. Kraxberger Middle School

SCE-2-303 **MAD SCIENCE-NASA SPACE 6-12 YR**
 9-12pm T 7/13 1 \$36 Mad Science CLRM
 Be a rocket scientist! Investigate forces of flight, explore rocket construction, build own Skyblazer II Rocket & Shuttle Copter to take home. Race balloon rocket, see real rocket launch, bring snack. Kraxberger Middle School

Milwaukie CENTER

Registration form for Community Education classes on page 49. For class locations, see page 51. Please pre-register by mail or by calling 503-653-8100 for classes held at the Milwaukie Center. For a complete list of classes and workshops offered through the Milwaukie Center, please request a Healthy Living Recreation and Education Guide by calling 503-653-8100. Classes held at Milwaukie Center unless otherwise note.

Art/Crafts/Hobbies

APA-1-50 **EXPLORE THE ARTS WORKSHOP**
 9-4pm S 6/12 1 Greening CLRM
 Learn the excitement of watercolors. Bring photos that you wish to paint from, or the instructor will have a reference subject if you wish to follow along. Fee: Res: \$20; Non-res: \$24. Milwaukie Center

APA-1-52 **PAINT WITH ACRYLICS**
 9:30-12pm F 6/25 6 \$69 Ugrin CLRM
 Learn color theory, glazing, impasto. For beginners as well as the experienced. Course touches on many aspects such as color and shading. Senior Discount \$52. Materials list available at www.MilwaukieCenter.com. Milwaukie Center

Community Education Classes

Registration form on page 49.

Course No. Time	Course Title Days	Begins	Wks.	Tuition	Fee	Instructor	Room	Course No. Time	Course Title Days	Begins	Wks.	Tuition	Fee	Instructor	Room
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APA-1-55 DRAWING
10-12pm M 6/21 6 \$55 Ugrin CLRM
Pencil, charcoal, ink washes and mixed medium in color and black and white. Emphasis will be on linear qualities that give artwork direction and action. Senior Discount \$41. Materials list available at www.MilwaukieCenter.com. No class July 5. Milwaukie Center

APA-1-56 DRAWING - BEGINNING
2-4pm W 6/23 6 \$55 Ugrin CLRM
We will use many different mediums in order to learn the basics of drawing in a classical format. Senior Discount \$41. Materials list available at www.MilwaukieCenter.com. Milwaukie Center

APA-1-57 OIL PAINTING - SECT 1
9:30-12pm TH 6/24 8 \$91 Wilson CLRM
Develop skills in composition and color mixing with one-on-one attention--from canvas preparation to finished project. Senior Discount \$68. Materials list available at www.MilwaukieCenter.com. Milwaukie Center

APA-1-58 OIL PAINTING - SECT 2
1-3:30pm TH 6/24 8 \$91 Wilson CLRM
Same description as previous class. Senior Discount \$68. Milwaukie Center

APA-1-59 PRINTMAKING WORKSHOP
1-4pm W 8/04 1 \$14 Ugrin CLRM
Join us for a creative afternoon of printmaking. Our easy cut blocks will be the matrix for creating art prints. Demos, hands on guidance. Supplies include: 'ex-cut' block, papers and use of tools and ink. Bring \$5 for supplies. Senior Discount \$11. Milwaukie Center

APA-1-61 WATERCOLOR BEG/INTER
1-3:30pm M 6/21 6 \$69 Ugrin CLRM
Enjoy the basics in this luminous medium. Many opportunities for beginners and experienced to learn color theory, composition and a variety of techniques. Senior Discount \$52. Materials list available at www.MilwaukieCenter.com. No class July 5. Milwaukie Center

APA-1-62 FRIENDS QUILTING
8:30-11:30am TH Staff CLRM
For experienced needle crafters. Group quilts once a week to raise funds for senior services. Bring a sample of your work. No fee. Milwaukie Center

APA-1-63 WOOD CARVING
8:30-12pm W Staff CLRM
Activity period for novice to advanced wood carvers--with guidance for starter projects, instruction on safety and tool care. Activity fee: \$1 per session. Drop in. Milwaukie Center

APA-1-64 DUPLICATE BRIDGE
12:45-3:30pm M Staff CLRM
Meets weekly at Milwaukie Center on Monday from 12:30-3:30pm. Please bring a partner. Activity fee: \$1 per session. Group rules of play apply. Center closed July 5. Milwaukie Center

APA-1-65 PINOCHLE
1-4pm T Staff CLRM
Meets weekly at Milwaukie Center on Tuesdays. Activity fee: \$1 per session. Group rules of play apply. Milwaukie Center

APA-1-66 POOL, SNOOKER, & DARTS
8:30-5pm M-F Staff CLRM
Tune up your game Mon-Fri, in a friendly setting. Two pool, one snooker table with open play. Darts open for play too. Activity fee: \$1 per session. Center closed July 5. Milwaukie Center

Computers

DPS-4-50 COMPUTER FIRST STEPS
12-2pm F 6/25 4 King CLRM
Level 1. If you've never touched a computer or learn best at a slower pace, this class is for you. Learn to communicate with the computer and understand the signs and symbols it uses to communicate. Hands-on practice. Res. \$65. Non-Res. \$70. No class July 9. Milwaukie Center

DPS-4-51 COMPUTER FIRST STEPS
2:30-4:30pm F 7/30 4 King CLRM
Level 1. Same description as previous class. Res. \$65. Non-Res. \$70. No class Aug. 13. Milwaukie Center

DPS-4-52 COMPUTER BASICS
9:30-11:30am S 6/26 4 King CLRM
Level 2. This course opens with a survey of computer technology & components. You'll set up your own master files and email account, learn your way around the Worldwide Web, and send a picture to a friend. Res. \$65. Non-Res. \$70. No class July 10. Milwaukie Center

DPS-4-53 COMPUTER BASICS
12-2pm F 7/30 4 King CLRM
Level 2. Same description as previous class. Res. \$65. Non-Res. \$70. No class Aug. 13. Milwaukie Center

DPS-4-56 COMPUTER WORD PROCESSING
9-11am F 6/25 4 King CLRM
Level 3. Class will help master keyboard functions, fine tune processing skills, learn tool bar settings, set up tables and charts. Materials extra. Res. \$65. Non-Res. \$70. No class July 9. Milwaukie Center

DPS-4-57 COMPUTERS: WORD PROCESSING
9:30-11:30am S 7/31 4 King CLRM
Level 3. Same description as previous class. Res. \$65. Non-Res. \$70. No class Aug. 14. Milwaukie Center

DPS-4-58 COMPUTER: BEYOND BASICS
2:30-4:30pm F 6/25 4 King CLRM
Level 4. Follow up to basic course to show you how to install and uninstall software, set-up shortcuts, back up data, upload and download files. Materials fee extra. Res. \$65. Non-Res. \$70. No class July 9. Milwaukie Center

DPS-4-59 COMPUTERS: PICTURE PLUS
9-11am F 7/30 4 King CLRM
Learn to scan photos, make CD slide Shows with narration and preserve memories. Students should know how to create folders on PCs or have completed a Computer Basics course. Material fees extra. Wheelchair accessible. Res: \$65. Non-Res: \$70. No class Aug. 13. Milwaukie Center

Dance/Theater/Music

ATA-1-50 BELLYDANCE - BEGINNER
6-7pm TH 6/24 8 \$37 Burroughs CLRM
Tone muscles while learning the beginning movements of this intriguing middle eastern dance. Senior Discount \$28. Milwaukie Center

ATA-1-54 COUNTRY LINE DANCE-BEGINNING
12:30-1:30pm TH 6/24 7 \$32 Mullican CLRM
This class is designed for newcomers to line dance and patterns. Presented at an easy pace! Senior Discount \$24. Milwaukie Center

ATA-1-55 COUNTRY LINE DANCE-BEGINNING
7:15-8:15pm T 6/22 7 \$32 Mullican CLRM
Same description as previous class. Senior Discount \$24. Milwaukie Center

ATA-1-57 COUNTRY LINE DANCE-INTER.
6-7pm T 6/22 7 \$32 Mullican CLRM
For those with dance experience or line dance skills. Senior discount \$24. Milwaukie Center

Exercise/Fitness/Sports

PED-4-50 CHAIR PILATES
3-3:45pm W 6/23 9 \$31 Wilson CLRM
Pilates exercises held in a chair - ideal for people who do not want to be on the floor. All levels welcome. Focus on cultivating strength, balance, and flexibility. Senior discount \$23. Milwaukie Center

PED-4-53 QIGONG
12:30-1:30pm W 6/23 10 \$41 Ocker CLRM
Qigong is a relaxing meditative exercise with origins in China. It is practiced to improve health and is a combination of slow, repetitive movements of stretching and meditation. Appropriate for adults of all ages. Senior discount \$31. No class July 28. Milwaukie Center

Course No. Time	Course Title Days	Begins	Wks.	Tuition	Fee	Instructor	Room	Course No. Time	Course Title Days	Begins	Wks.	Tuition	Fee	Instructor	Room
PED-4-54 11:15-12:15pm	TAI CHI FOR BEGINNERS (DAY) TTH	6/29	10	\$91		Lusk	CLRM	PED-4-67 12:30-1:30pm	ZUMBA GOLD F	6/25	10	\$46		Bezerra	CLRM
For participants new to the wonderful art of this ancient Chinese material art. You'll learn to improve concentration, strength, balance, and flexibility. Senior Discount \$68. Milwaukie Center								Zumba Gold is designed to take exciting Latin and International dance rhythms and bring them to the active older adult. This class is chair friendly for people who have physical limitations. Includes Merengue, Salsa, Cha Cha, Flamenco and more. Beginners welcomed. Senior discount \$35. Free Zumba Gold Party (demo) Fri. June 18, 12:30pm. Milwaukie Center							
PED-4-55 6:35-7:35pm	TAI CHI, INTERMEDIATE (EVE) MW	6/28	10	\$87		Lusk	CLRM	Health/Safety/Personal Well-Being							
Same description as previous class. No class July 5. Senior Discount \$65. Milwaukie Center								HLT-1-51 12:30-4pm	A PLACE AT THE CENTER W					Staff	CLRM
PED-4-56 10:10-10:55am	TAI CHI, INTERMEDIATE (DAY) MWF	6/28	10	\$99		Lusk	CLRM	Respite program: A chance to give caregivers a break and a social activity program for individuals with memory loss due to Alzheimer's or related disorders. Meets one time per week. Call 503-653-8100 for enrollment and fee info. Milwaukie Center							
This class will help bring energy while emphasizing health and coordination. Continued focus will be on balance, strength, and flexibility skills while learning techniques to relax the body and mind. No class July 5. Senior Discount \$75. Milwaukie Center								HLT-1-52 9:45-11:45am	BLOOD PRESSURE CHECK MT				Staff	CLRM	
PED-4-57 9:20-10:05am	TAI CHI, ADVANCED MWF	6/28	10	\$99		Lusk	CLRM	Drop in and get your blood pressure checked by volunteer nurses. 1st Monday and 3rd Tuesday of the month. No fee. Milwaukie Center							
Students are requested to be able to perform 24 Yang style on their own. Tai Chi Sword and Qigong forms will be emphasized. No class July 5. Senior Discount \$75. Milwaukie Center								HLT-1-53 1:30-3pm	DIABETES SUPPORT GROUP W				Staff	CLRM	
PED-4-58 5:30-6:30pm	TAI CHI, ADVANCED (EVE) MW	6/28	10	\$87		Lusk	CLRM	Information, education and sharing for people with diabetes, their families and friends. Meets 1st Wednesday monthly. No fee. Milwaukie Center							
Same description as previous class. No class July 5. Senior Discount \$65. Milwaukie Center								HLT-1-54 TBA	MANICURES TH				Staff	CLRM	
PED-4-59 8:30-9:15am	EZ-DOES-IT AEROBICS MWF	6/28	10	\$99		Stauss	CLRM	Licensed manicurist available by appointment for low cost fingernail manicures, trims, polish. Call 503-421-5059 for appointment. Wheelchair accessible. Fees vary. Milwaukie Center							
Moderate aerobic exercise for those who want to stay fit. Sessions include warm-up, stretch, muscle toning plus aerobic workout. No class July 5. Senior Discount \$75. Milwaukie Center								History/Writing/Literature							
PED-4-60 11:05-11:50am	SIT-N-FIT MWF	6/28	10	\$99		Stauss	CLRM	HWL-1-50 1-2:45pm	CREATIVE WRITING W	6/23	8	\$64		Arnold	CLRM
Strengthen your muscles, improve your range of motion, mobility & balance--sitting or standing next to a chair for support! Great for those with some physical limits. No class July 5. Senior Discount \$75. Milwaukie Center								Students tell us this class stimulates creative thinking and stretches their abilities to see and write in fresh new ways. Take the challenge--pressure free. Senior Discount \$48. Milwaukie Center							
PED-4-61 8:30-9:15am	STRETCH & FLEX TTH	6/22	11	\$69		Hall	CLRM	HWL-1-51 3-4:45pm	CREATIVE WRITING W	6/23	8	\$64		Arnold	CLRM
Learn to breathe--and stay flexible as you build strength and balance in this relaxing non-aerobic approach to exercise. Bring an exercise mat; includes floor time. Senior Discount \$52. No class July 6 & 8. Milwaukie Center								Same description as previous class. Senior Discount \$48. Milwaukie Center							
PED-4-62 9:25-10:10am	LIGHT AEROBICS A TTH	6/22	11	\$69		Hall	CLRM	HWL-1-52 3-4:30pm	LIFE STORY WRITING M	6/21	6	\$34		McEnnerney	CLRM
This entry level exercise class will go through warm-up, stretching, and an aerobic workout. Some hand-held weights used. Senior Discount \$52. No class July 6 & 8. Milwaukie Center								Capture your life experiences or family stories on paper before they are lost to the next generation. We'll show you how. Senior Discount \$26. No class July 5. Milwaukie Center							
PED-4-63 10:20-11:05am	LIGHT AEROBICS B TTH	6/22	11	\$69		Hall	CLRM								
Same as Light Aerobics A, but the workout will be a faster pace. Senior Discount \$52. No class July 6 & 8. Milwaukie Center															
PED-4-64 6:30-7:30pm	PERSONAL FITNESS M	6/21	10	\$46		Hall	CLRM								
Advanced beginner to intermediate aerobics. Anything from boxing, resistance training, bands, weights, and floor work. Bring a floor mat. No class July 5. Senior Discount \$35. Milwaukie Center															
PED-4-65 4:45-5:45pm	YOGA T	6/22	10			Watson	CLRM								
Stretch, strengthen, breathe and relax! Learn techniques from this ancient discipline to increase well-being, reduce stress, and to modify poses to meet your needs. Bring a mat and an empty stomach. Fee: Res: \$35; Non-res: \$40. Milwaukie Center															
PED-4-66 4:45-5:45pm	YOGA TH	6/24	10			Watson	CLRM								
Same description as previous class. Fee: Res: \$35; Non-res: \$40. Milwaukie Center															

Community Education Classes

Registration form on page 49.

Course No.	Course Title	Time	Days	Begins	Wks.	Tuition	Fee	Instructor	Room
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Course No.	Course Title	Time	Days	Begins	Wks.	Tuition	Fee	Instructor	Room
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Molalla

ADULT COMMUNITY CENTER

Registration form for Community Education classes on page 49.

For class locations, see page 51. Phone: 503-829-4214

Classes held at Adult Community Center.

APA-1-91	QUILTING MADE EASY	10-2pm	TF					Staff	CLRM
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On-site training. Learn the art of quilting from experts in the field. No material necessary. By donation. Molalla Adult Community Center

Exercise/Fitness/Sports

PED-4-90	STRETCH & BE FIT/LITE AEROBICS	9-10am	MWF					Staff	CLRM
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Total body workout to light, easy to follow stretching exercises and aerobic music. Use of 3lb weights and dyna-bands. Center closed July 5. By donation. Molalla Adult Community Center

HWL-1-90	WRITING PERSONAL HISTORY CLASS	1-2:30pm	M					Staff	CLRM
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Class consists of one hour reading excerpts from class members' writings & 1/2 hour of writing process discussion. Topics include what to write about, mining the memory of older relatives, finding pictures, making your history accurate & much more. By donation. Center closed July 5. Molalla Adult Community Center

North Clackamas

PARKS AND RECREATION

Registration form for Community Education classes on page 49.

For class locations, see page 51.

Please pre-register by mail or by calling 503-794-8080, ext. 0 for classes offered through the North Clackamas Parks & Recreation District. For a complete list of classes & programs offered through North Clackamas Parks & Recreation, please request a Healthy Living Recreation & Education Guide by calling 503-794-8080, ext. 0.

Art/Crafts/Hobbies

APA-2-500	KING ARTHUR'S QUEST	TBA	TBA	7/05	1			Staff	CLRM
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A week long camp offered by the Missoula Children's Theater provides children the opportunity to act, sing, & dance. Age 6-18. Res. \$60, Non-Res. \$70. Mt. Scott Elementary

APA-2-501	BOWLING, AGE 18+	10-11am	TTH	6/08	6			Combs	BA
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Jeff Combs, USBS certified coach, will share skills on your grip, generating ball speed, more. Res. \$60, Non-Res. \$65 (no ball); Res. \$110, Non-Res. \$115 (receive new ball). Milwaukie Bowl

APA-2-503	BOWLING ROCKS CAMP, AGES 8-12	10-12pm	TWTH	7/06	1			Combs	BA
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The tips & tricks Jeff Combs, USBC certified coach, will share with you will help Bowlers of all skill levels improve their game. Res. \$60, Non-Res. \$65 (no ball); Res. \$110, Non-Res. \$115 (receive new ball). Milwaukie Bowl

APA-2-504	NATURE WALK-MT TALBERT	10:30-12:30pm	SU		1	\$5		Staff	PARK
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Explore a window to the past when the Willamette Valley was a patchwork of habitats inspired by fire, providing an abundance of wild foods for people and wildlife alike. Trails are rough and steep in places. Advanced registration and payment is required. Ages 10 and older. Choose date: June 6 or July 11. Mt. Talbert Nature Park

Driver Education

DRE-4-500	DRIVER EDUCATION	8-10am	MTWTH	6/21	4		\$320	Weisdorfer	OIT191
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This course satisfies the state requirement of 30 hours classroom and 12 hours of in car instruction. Additional tuition if student is already licensed driver or age 18. For registration and additional information log onto www.nclack.k12.or.us or call 503-353-6091, Oregon Institute of Technology

DRE-4-501	DRIVER EDUCATION	10-12pm	MTWTH	6/21	4		\$320	Weisdorfer	OIT191
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Same Description as previous class. Oregon Institute of Technology

Exercise/Fitness/Sports

PED-2-500	SH BASEBALL CAMP, AGE 6-12	9-3pm	M-F		1		\$129	Staff	TBA
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Skyhawks baseball academy teaches skills required for success in youth baseball. Bring glove, lunch, two snacks & water bottle. Choose week: 7/5-7/9 at Alder Creek or 7/26-7/30 at Hood View Park. Register www.skyhawks.com or call 1-800-804-3509.

PED-2-501	SH BASKETBALL MH CAMP, AGE 6-8	9-12pm	M-F	7/12	1		\$99	Staff	CLRM
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Skyhawks Mighty Hawk basketball is designed for beginning players. Learn fundamental skills of passing, shooting & dribbling. Participants must bring a snack & a water bottle. Register online at www.skyhawks.com or call 1-800-804-3509. Mt. Scott Elementary

PED-2-502	SH BASKETBALL CAMP, AGE 7-12	9-3pm	M-F		1		\$129	Staff	CLRM
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Skyhawks basketball is designed for beginning & intermediate players. Participants must bring lunch, two snacks & a water bottle. Choose week: 6/21-6/25 or 7/19-7/23. Register online at www.skyhawks.com or call 1-800-804-3509. Mt. Scott Elementary

PED-2-503	SH FLAG FOOTBALL CAMP AGE 7-14	9-3pm	M-F		1		\$129	Staff	TBA
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Skyhawks Flag Football academy teaches participants catching, passing & de-flagging as well as the rules & strategies of offense & defense & receive T-shirt & award. Bring lunch, two snacks & water bottle. Choose week: 7/12-7/16 at Rex Putnam High School or 8/23-8/27 at Pfeifer Park. Reg online at www.skyhawks.com or call 1-800-804-3509.

PED-2-504	GOLF CAMP FOR JRS, AGE 7-17	9-12pm	TWTH		1			Staff	GC
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Clinics include training in the basics of golf grip, stance, swing, chipping, putting & the rules & etiquette. Choose week: 7/6-7/8; 7/13-7/15; 7/27-7/29; 8/10-8/12; or 8/17-8/19. Fee: Res. \$120, Non-res. \$125. Stone Creek Golf Course

PED-2-506	GOLF ALL DAY CAMP, AGE 7-13	9-4pm	M-F		1			Staff	COURSE
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Class covers advanced swing mechanics for full swing, chipping, putting, course management, etiquette & rules. Lunch & snack included. Choose week: 6/28-7/2; 7/19-7/23; 8/9-8/13; or 8/30-9/3. Fee: Res. \$260, Non-Res. \$275. Sah Hah Lee Golf Course

PED-2-507	SH SNAG GOLF CAMP, AGE 5-8	9-12pm	M-F	7/12	1		\$104	Staff	FIELD
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SNAG utilizes a set of equipment designed for beginning golfers. Participants must bring a snack & water bottle. Register online at www.skyhawks.com or call 1-800-804-3509. Riskey Park

PED-2-508	JR GROUP GOLF LESSONS-AGE 7-13	2-3pm	MTWTH		1			Staff	COURSE
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Class covers basic swing & short game fundamentals. Students will use driving range & short game area each class. Choose week: 6/21-6/24; 7/12-7/15; 8/2-8/5 or 8/23-8/26. Fee: Res. \$85, Non-Res. \$90. Sah Hah Lee Golf Course

PED-2-509	GOLF HALF DAY CAMP, AGE 7-13	3:30-6:30pm	M-F		2			Staff	GC
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Class covers review of junior group lesson, as well as more advance 3d swing training. Students will use driving range, short game area & will play both putting course & golf course. Choose week: 6/21-6/25; 7/12-7/16; 8/2-8/6; 8/23-8/27. Fee: Res. \$160, Non-Res. \$175. Sah Hah Lee Golf Course

Course No.	Course Title	Time	Days	Begins	Wks.	Tuition	Fee	Instructor	Room	Course No.	Course Title	Time	Days	Begins	Wks.	Tuition	Fee	Instructor	Room
PED-2-510	HORSEBACK RIDING, AGE 6-17	9-12pm	M-F		4			Staff	ARENA	PED-2-520	FLAG FOOTBALL CAMP	9-11am	MTWTH	7/26	1	\$85		Bushman	CLRM
Indoor riding arena used in poor weather conditions. Boots or hard-soled shoes must be worn. Riding helmets provided. Fee: Res. \$265, Non-Res. \$275. Choose week: 6/21-6/25; 6/28-7/2; 7/5-7/9; 7/12-7/16; 7/19-7/23; 7/26-7/30; 8/2-8/6; 8/9-8/13; 8/16-8/20 or 8/23-8/27. Highland Stables										In the Park Sports will host its first annual flag football camp at Clackamas High School, coached by Joe Bushman, head football coach at Clackamas High School. This camp will serve as an ideal introduction to football as well as help veteran players sharpen their skills before football season starts. Time will be spent on fundamentals and games. Bring a water bottle. Register online at www.intheparksports.com or call 503-459-7700. Clackamas High School									
PED-2-511	SH LACROSSE CAMP, AGE 7-14	9-3pm	M-F		1	\$149		Staff	FIELD	PED-2-521	FULL DAY BRITISH MULTISPORT	9-4pm	M-F	6/28	1	\$160		Staff	CLRM
Co-ed. Learn all the fundamental skills, including stick handling, cradling, passing & shooting in a non-checking environment. Bring lunch, two snacks & water bottle. Choose week: 6/21-6/25 or 7/26-7/30. Register online at www.skyhawks.com or call 1-800-804-3509. Alder Creek Middle School										Ages 8-14. The British Camp Experience is a full day program consisting of soccer camp in the mornings and multi sports in the afternoon...all with a British twist! Bring a lunch. Sign up before May 12 and receive a free British style jersey. Sign up at www.challengesports.com . Alder Creek Middle School									
PED-2-512	SH MH MULTI-SPORT CAMP AGE 4-6	9-12pm	M-F		1	\$99		Staff	FIELD	PED-2-522	FIRST KICKS BRITISH SOCCER	9-10am	M-F	6/28	1	\$71		Staff	CLRM
In this multi-sport environment participants explore soccer, baseball & basketball in a day program setting. Choose week: 6/28-7/2 or 8/16-8/20. Register online at www.skyhawks.com or call 1-800-804-3509. Risley Park										Ages 3-4. Young players are introduced to game basics through fundamental activities, games and fun soccer challenges. One hour a day for five days. Parents are encouraged to join in and help guide their child through this fun learning experience. All participants receive a free t-shirt and soccer ball. Sign up before May 12 and also receive a free British style jersey. Sign up at www.challengesports.com . Alder Creek Middle School									
PED-2-513	SH MULTI-SPORT CAMP, AGE 7-12	9-3pm	M-F	7/05	1	\$129		Staff	CLRM	PED-2-523	MINI BRITISH SOCCER	10-12pm	M-F	6/28	1	\$96		staff	CLRM
Designed for all around & beginning players interested in baseball, basketball, & soccer. Bring lunch, two snacks & water bottle. Reg online at www.skyhawks.com or call 1-800-804-3509. Lot Whitcomb										Ages 4-6. Fun games, competitions, and skill building activities are designed to enlighten and develop budding players. All participants receive a free t-shirt and soccer ball. Sign up before May 12 and also receive a free British style jersey. Sign up at www.challengesports.com . Alder Creek Middle School									
PED-2-514	SH TUNE UP FALL SOCCER, AG 5-8	9-12pm	MTWTH	8/30	1	\$85		Staff	FIELD	PED-2-524	HALF DAY BRITISH SOCCER	9-12pm	M-F	6/28	1	\$114		Staff	CLRM
Tune up on those soccer skills for Fall! Campers will learn games and skills to help prepare for a successful soccer season. Bring a snack and a water bottle. Register at www.skyhawks.com or call 1-800-804-3509. Pfeifer Park										Ages 6-14. Emphasis is placed on skill development and mastery of core techniques through individual and small group practices and coached games. This all-action camp is our most popular program. Participants receive a free t-shirt and soccer ball. Sign up before May 12 and also receive a free British style jersey. Sign up at www.challengesports.com . Alder Creek Middle School									
PED-2-515	SH TUNE UP FALL SOCCER AG 7-12	9-3pm	MTWTH	8/30	1	\$109		Staff	FIELD	PED-2-525	HALF DAY BRITISH MULTISPORT	1-4pm	M-F	6/28	1	\$89		Staff	CLRM
Same description as above. Bring TWO snacks, a lunch and a water bottle. Pfeifer Park										Ages 6-14. A multi-sports camp with a difference! British Multi-sport Camp is packed with a great mix of traditional British sports. Tag Rugby, Non-Stop Cricket, Five-a-Side soccer, Rounders, Kickball, Obstacle Course and more. Staffed by Challenger's expert team of British coaches. Sign up before May 12 and receive a free British style jersey. Sign up at www.challengesports.com . Alder Creek Middle School									
PED-2-516	SH TH SOCCER CAMP, AGE 3-4	1-1:45pm	M-F		1	\$30		Staff	TBA	PED-2-526	SWIM TEAM, LEVEL 1	4-4:40pm	MTWTH	6/21	9			Kraff	POOL
Tune up large motor skills while refining dexterity, balance, & coordination with or without a ball. Choose week: 6/28-7/2 & 8/16-8/20 at Risley Park, or 7/19-7/23 & 8/2-8/6 at Milwaukie High School. Register online at www.skyhwaks.com or call 1-800-804-3509.										Ages 8-18. Recreational swim team will develop competitive swimming skills, introduce aerobic training, and promote enthusiasm for the sport. All participants must demonstrate ability to swim 50 yards. Returning swimmers register at Aquatic Park before June 11. Mandatory orientation for new participants 5/22 at 10am or 5/26 at 6pm. Fee: Res. \$100, Non-Res. \$120. North Clackamas Aquatic Park									
PED-2-517	SH SOCCER CAMP, AGE 7-12	9-3pm	M-F		1	\$129		Staff	CLRM	PED-2-527	SWIM TEAM, LEVEL 2	4:40-5:40pm	MTWTH	6/21	9			Kraff	POOL
All the skills & thrills of soccer are taught through fast-paced drills, skill-building exercises & game-speed scrimmages. Bring lunch, two snacks and water bottle. Choose week: 7/19-7/23 or 8/2-8/6. Register online at www.skyhawks.com or call 1-800-804-3509. Milwaukie High School										Same description as previous class. North Clackamas Aquatic Park									
PED-2-518	SH TRACK & FIELD CAMP AGE 6-12	9-12pm	M-F	8/09	1	\$99		Staff	FIELD	PED-2-528	SH TENNIS CAMP, AGES 7-12	9-12pm	M-F		1	\$99		Staff	FIELD
Track & Field summer camps are a great way for kids to practice long distance and short distance running, as well as other track & field events. Kids will learn how to develop the strength and techniques necessary to excel in track & field. Bring a snack and water bottle. Register at www.skyhawks.com or call 1-800-804-3509. Alder Creek Middle School										Proper technique of grip, footwork, ground strokes, volleys, etiquette, more. Choose week: 6/21-6/25; 7/5-7/9; 7/26-7/30 or 8/9-8/13. Register at www.skyhawks.com or call 1-800-804-3509. Risley Park									
PED-2-519	ACTIVE KIDS CAMP AGE 6-10	9-12pm	MTWTH	7/26	1			Denning	GYM										
Camp is designed to increase child's activity while having fun. Includes relay races, obstacle courses, sport skills, and playground games. Emphasis on helping build a better self image through fitness, communication and teamwork. Bring a snack and water bottle. Fee: Res. \$89 Non-res.\$99 Mt. Scott Elementary																			

Community Education Classes

Registration form on page 49.

Course No. Time	Course Title Days	Begins	Wks.	Tuition	Fee	Instructor	Room	Course No. Time	Course Title Days	Begins	Wks.	Tuition	Fee	Instructor	Room
PED-2-529 1-4pm	SH TENNIS CAMP, AGE 7-12 M-F		1	\$99		Staff	FIELD								
Same description as previous class. Risley Park															
PED-2-530 9-3pm	SH VOLLEYBALL CAMP, AGE 7-14 M-F	6/28	1	\$129		Staff	GYM								
Develop skills such as serving, hitting, spiking, and setting. Bring lunch, two snacks and water bottle. Register online at www.skyhawks.com or call 1-800-804-3509. Mt. Scott Elementary															
PED-4-531 6-9:30pm	RED CROSS LIFEGUARD TRAINING TTH	7/27	5			Staff	POOL								
Fee includes books, instruction, pool time & certificates. Participants are trained in safety & water rescue skills for a controlled environment, first aid, CPR/PR & AED. Fee: Res \$140, Non-Res: \$165. North Clackamas Aquatic Park															
PED-2-532 6:25-6:55pm	TAKE THE PLUNGE TTH	7/06	5			Staff	POOL								
Nine 30-minute classes. Adults work at their own pace with an American Red Cross Swim Instructor. Fee: Res. \$35, Non-Res. \$45. North Clackamas Aquatic Park															
AQUATIC EXERCISE															
Aquatic Exercise is a fitness program designed to enhance your health & wellness. Admission per class: \$4 residents & \$5 non-residents. 18 class punch card: \$63 residents & \$81 non-residents.															
PED-4-533 8-9am	DEEP H2O MWF		11			Staff	POOL								
Deep H2O is held in the dive well with the assistance of floatation equipment. This non-weight bearing routine enhances flexibility & muscular strength. North Clackamas Aquatic Park															
PED-4-534 5-6pm	DEEP H2O MTWTH		11			Staff	POOL								
Same description as previous class. North Clackamas Aquatic Park															
PED-4-535 7:30-8:30am	H2O FITNESS S		11			Staff	POOL								
H2O Fitness is a water exercise program designed to enhance health & wellness. North Clackamas Aquatic Park															
PED-4-536 8-9am	H2O FITNESS MWF		11			Staff	POOL								
Same description as previous class. North Clackamas Aquatic Park															
PED-4-537 9-10am	H2O FITNESS MWF		11			Staff	POOL								
Same description as previous class. North Clackamas Aquatic Park															
PED-4-538 10-11am	H2O FITNESS MWF		11			Staff	POOL								
Same description as previous class. North Clackamas Aquatic Park															
PED-4-539 6-7pm	H2O FITNESS MTWTH		11			Staff	POOL								
Same description as previous class. North Clackamas Aquatic Park															
PED-4-540 11-11:45am	SMILE MWF		11			Staff	POOL								
Slow Movement Interactive Leisure Exercise. Experience a gentle water exercise class for a modified & prudent exercise routine. North Clackamas Aquatic Park															
PED-2-541 8-5pm	H2O (HOOD-2-OCEAN) CAMP M-F	8/02	1			Staff	TBA								
Ages 12 and over. Transportation from N. Clackamas Aquatic Park provided each day. Participants will receive professional instruction and hands-on practice time in the following water sports: Hood River Windsurfing-2days, Sandy River Rafting, Surfing Lessons and Sessions, High Mountain Fishing Adventures. Instruction and Transportation provided by NW Wilderness Institute LLC. Fee: \$315.															
PED-2-542 8-5pm	H2O (HOOD-2-OCEAN) CAMP WTHF	8/04	1			Staff	TBA								
Same description as previous class with no windsurfing. Wed-Fri only. Fee: \$175.															
SWIM LESSONS															
American Red Cross learn to swim lessons run nine consecutive weekdays, Monday through Friday then Monday through Thursday. All classes are offered each session. Session 1: June 21-July 1. Session 2: July 5-15. Session 3: July 19-29. Session 4: August 2-12. Session 5: August 16-26. The cost is \$35 for residents and \$45 for non-residents.															
PED-2-543 10:20-10:50am	WATER BABIES, AGES 8-18 MONTHS		2			Staff	POOL								
This class is designed for babies with parent being an integral part of the learning process. A positive approach to water adjustment, stressing enjoyment and development of skills. Choose session dates from description above. North Clackamas Aquatic Park															
PED-2-544 4:05-4:35pm	WATER BABIES, AGE 8-18 MONTHS		2			Staff	POOL								
Same description as previous class. North Clackamas Aquatic Park															
PED-2-545 9:10-9:40am	AQUA TOTS, AGE 19-35 MONTHS		2			Staff	POOL								
This class is designed for toddlers accompanied by parents in the water with emphasis on teaching both child and parent swimming progression and safety skills. Choose session dates from description above. North Clackamas Aquatic Park															
PED-2-546 4:40-5:10pm	AQUA TOTS, AGE 19-35 MONTHS		2			Staff	POOL								
Same description as previous class. North Clackamas Aquatic Park															
PED-2-547 8-8:30am	SEALS, AGE 3-4		6			Staff	POOL								
Nine thirty minute classes introducing water breath-holding, bubble-blowing, front & back floats & rhythmic breathing. Choose session dates from description above. Select time: 8-8:30am; 8:35-9:05am; 9:45-10:15am; 10:20-10:50am; 10:55-11:25am; 11:30am-12pm; 4:05-4:35pm; 4:40-5:10pm; or 5:15-5:45pm. North Clackamas Aquatic Park															
PED-2-548 TBA	ADVANCED SEALS, AGE 3-4		6			Staff	POOL								
Eligibility in Advanced Seals is based on instructor recommendation. Choose session dates from description above. Select time: 8-8:30am; 8:35-9:05am; 10:55-11:25am; 4:05-4:35pm; 4:40-5:10pm or 5:15-5:45pm. North Clackamas Aquatic Park															
PED-2-549 TBA	SUPER SEALS, AGE 3-4		6			Staff	POOL								
Eligibility in Super Seals is based on instructor recommendation. Choose session dates from description above. Select time: 8-8:30am; 8:35-9:05am; 9:45-10:15am; 5:15-5:45pm; 5:50-6:20pm or 6:25-6:55pm. North Clackamas Aquatic Park															
PED-2-550 TBA	LEVEL A, AGE 5+		6			Staff	POOL								
Introduction to Water Skills. Helps the student feel comfortable in the water safely. Choose session dates from description above. Select time: 8-8:30am; 8:35-9:05am; 9:10-9:40am; 9:45-10:15am; 10:55-11:25am; 11:30am-12pm; 4:05-4:35pm; 4:40-5:10pm; 5:15-5:45pm; or 5:50-6:20pm. North Clackamas Aquatic Park															
PED-2-551 TBA	LEVEL B, AGE 5+		6			Staff	POOL								
Fundamental skills. Students learn how to combine front & backstrokes. Rhythmic breathing will be introduced in this level. Choose session dates from description above. Select time: 8-8:30am; 8:35-9:05am; 9:10-9:40am; 9:45-10:15am; 10:20am-10:50am; 10:55-11:25am; 11:30am-12pm; 4:05-4:35pm; 4:40-5:10pm; 5:15-5:45pm or 5:50-6:20pm. North Clackamas Aquatic Park															
PED-2-552 TBA	LEVEL C, AGE 5+		6			Staff	POOL								
Builds on the skills in Level B by providing additional guided practice. Butterfly, elementary backstrokes & basic diving. Choose session dates from description above. Select time: 8-8:30am; 9:10-9:40am; 9:45-10:15am; 10:20-10:50am; 10:55-11:25am; 11:30am-12pm; 4:05-4:35pm; 4:40-5:10pm; 5:15-5:45pm or 5:50-6:20pm. North Clackamas Aquatic Park															

Course No. Time	Course Title Days	Begins	Wks.	Tuition	Fee	Instructor	Room	Course No. Time	Course Title Days	Begins	Wks.	Tuition	Fee	Instructor	Room
PED-2-553 TBA	LEVEL D, AGE 5+		6			Staff	POOL	PED-4-724 6:15-7pm	CYCLE ESSENTIALS	W	6/23	10	\$48	Staff	CLRM
<p>Stroke Improvement. Develops confidence in the strokes learned & to improve other aquatic skills. This level will focus on greater conditioning & introduce the breaststroke, scissor kick, rotary kick & survival float. Choose session dates from description above. Select time: 8:35-9:05am; 9:45-10:15am; 10:20-10:50am; 10:55-11:25am; 11:30am-12pm; 4:40-5:10pm; 5:15-5:45pm; 5:50-6:20pm or 6:25-6:55pm. North Clackamas Aquatic Park</p>								<p>45-minute introduction to indoor cycle class set to fun, motivating music and guaranteed to make you sweat! East Side Athletic Club-Clack</p>							
PED-2-554 TBA	LEVEL E, AGE 5+		6			Staff	POOL	PED-4-725 5:30-6pm	CYCLE EXPRESS	MW	6/21	10	\$48	Ehlers	CLRM
<p>Stroke Refinement. Provides further coordination & refinement of strokes. Begin advanced skill development & further focus on conditioning. Intro to flip turns, sidestroke, survival swimming and dives. Choose session dates from description above. Select time: 9:10-9:40am; 9:45-10:15am; 5:50-6:20pm or 6:25-6:55pm. North Clackamas Aquatic Park</p>								<p>30-minute indoor cycle class set to fun, motivating music! East Side Athletic Club-Milw</p>							
PED-2-555 11:30-12pm	FUNDAMENTALS OF DIVING		6			Staff	POOL	PED-4-726 5:30-6:30am	CYCLE EXPRESS PLUS	W	6/23	10	\$48	Staff	CLRM
<p>Introduces the swimmer to basic diving skills. Includes diving from side, from a board, approach & hurdle from a diving board, diving in a tuck & pike position. Choose session dates from description above. North Clackamas Aquatic Park</p>								<p>30-minutes of fat-burning cycling followed by 15 minutes of strengthening. East Side Athletic Club-Clack</p>							
PED-2-556 6:25-6:55pm	FUNDAMENTALS OF DIVING		2			Staff	POOL	PED-4-727 6-7pm	GROUP POWER	MW	6/21	10	\$84	Crow	CLRM
<p>Same description as previous class. North Clackamas Aquatic Park</p>								<p>Same description as previous class. East Side Athletic Club-Milw</p>							
PED-2-557 8-8:30am	FITNESS SWIMMING		6			Staff	POOL	PED-4-728 5:30-6:30am	GROUP POWER	TTH	6/22	10	\$84	Foust	CLRM
<p>This level introduces the swimmer to use of a pace clock, pull buoys, fins & hand paddles & training principles. Choose session dates from description above. North Clackamas Aquatic Park</p>								<p>Same description as previous class. East Side Athletic Club-Clack</p>							
PED-2-558 6:25-6:55pm	FITNESS SWIMMING		2			Staff	POOL	PED-4-729 5:40-6:40am	GROUP POWER	TTH	6/22	10	\$84	Odrlin	CLRM
<p>Same description as previous class. North Clackamas Aquatic Park</p>								<p>Same description as previous class. East Side Athletic Club-Milw</p>							
PED-2-559 6:25-6:55pm	TEEN WAVE	TTH	7/06	5		Staff	POOL	PED-4-730 9:15-10:15am	GROUP POWER	TTH	6/22	10	\$84	Crowe	CLRM
<p>Teens work at their own pace with an American Red Cross swim instructor. Fee: Res. \$35, Non.Res. \$45. North Clackamas Aquatic Park</p>								<p>Same description as previous class. East Side Athletic Club-Clack</p>							
<p>FITNESS EAST SIDE ATHLETIC CLUB CLACKAMAS AND MILWAUKIE Register with East Side with VISA/MC debit or charge cards, cash or check. Clackamas location: Call 503-659-3846 to register or register in person at 9700 SE Sunnyside Road. Milwaukie location: Call 503-659-3845 to register or register in person at 4606 SE Boardman Avenue. Please mention that you are registering through Clackamas Community College.</p>															
PED-4-720 9:15-10:15am	CARDIO CIRCUIT	M	6/21	10	\$48	Welborn	CLRM	PED-4-731 6:05-7:05pm	GROUP POWER	TTH	6/22	20	\$84	Odrlin	CLRM
<p>Challenge your metabolism. Class includes: utilizing the jump ropes, step & your own body weight. Take the intensity to your personal level. East Side Athletic Club-Clack</p>								<p>Same description as previous class. East Side Athletic Club-Clack</p>							
PED-4-721 5:30-6pm	CARDIO CRUNCH TIME	MW	6/21	10	\$48	Crow	CLRM	PED-4-732 8:10-9:10am	GROUP POWER	S	6/19	10	\$48	Summerville	CLRM
<p>This 30 minute class rotates traditional cardio class moves with short segments of sports conditioning drills. East Side Athletic Club-Milw</p>								<p>SEE RESULTS! Feel the POWER with this NEW barbell class set to fun, popular music. East Side Athletic Club-Clack</p>							
PED-4-722 6:15-7:15pm	CARDIO SPLASH	TTH	6/22	10	\$84	Rask/Stratton	POOL	PED-4-733 9:30-10:30am	GROUP POWER	S	6/19	10	\$48	Staff	CLRM
<p>Designed for a more advanced water workout, utilizing sports conditioning moves to create a more intense cardiovascular workout. East Side Athletic Club-Clack</p>								<p>Same description as previous class. East Side Athletic Club-Milw</p>							
PED-4-723 6:15-7pm	CYCLE	TH	6/24	10	\$48	Wesner	CLRM	PED-4-734 9:30-10:30am	H2O EXERCISE	MWF	6/21	10	\$99	Ferriss/Rask	POOL
<p>45-minute indoor ride cycle class set to fun, motivating music-guaranteed to make you sweat! East Side Athletic Club-Milw</p>								<p>Proven results while protecting joints. Cardiovascular conditioning & muscle strengthening performed in the water. Aqua dumbbells & other floating devices are used to enhance the strength component of class while the water cushions the impact. East Side Athletic Club-Milw</p>							
<p>PED-4-735 8:30-9:30am TTH 6/22 10 \$84 Stratton POOL Same description as previous class. East Side Athletic Club-Milw</p>															
<p>PED-4-736 9-10am TTH 6/22 10 \$84 Ferriss/Rask POOL Same description as previous class. East Side Athletic Club-Clack</p>															
<p>PED-4-737 10-11am MWF 6/21 10 \$99 Willie POOL Same description as previous class. North Clackamas Aquatic Park</p>															
<p>PED-4-738 9-10am S 6/19 10 \$48 Latshaw POOL Same description as previous class. East Side Athletic Club-Clack</p>															
<p>PED-4-739 6:15-7:15pm MW 6/21 10 \$84 Priem/Latshaw POOL Pump up your water workout! This class combines sports conditioning, dance and traditional water cardio moves for one dynamic water workout. East Side Athletic Club-Milw</p>															
<p>PED-4-740 10:20-11:20am MW 6/21 10 \$120 Wesner CLRM Stand taller, look leaner! Join us today so that you too can increase your flexibility, core strength, balance, concentration, & control in order to OPTIMIZE YOUR level of physical fitness. East Side Athletic Club-Clack</p>															

Community Education Classes

Registration form on page 49.

Course No.	Course Title	Time	Days	Begins	Wks.	Tuition	Fee	Instructor	Room	Course No.	Course Title	Time	Days	Begins	Wks.	Tuition	Fee	Instructor	Room
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PED-4-741 MAT PILATES & PILATES PLUS
9-10am TTH 6/22 10 \$110 Ehlers CLRM

Optimize your level of physical fitness through these two classes. Tues. is Mat Pilates & Thur. combines weight-training & various Mat Pilates exercises for a core challenging workout! East Side Athletic Club-Milw

PED-4-742 MIDDLE MANAGEMENT
5:30-6pm MW 6/21 10 \$48 Petert CLRM

A non-cardio, functional training class that concentrates on strengthening & reshaping your upper leg, abdominal & back muscles. East Side Athletic Club-Clack

PED-4-743 MIDDLE MANAGEMENT
5:30-6pm TTH 6/22 10 \$48 Bullock/Wesner CLRM

Same description as previous class. East Side Athletic Club-Milw

PED-4-744 PIYO
7:10-8:10pm W 6/23 10 \$60 Archuleta CLRM

Combines the best elements of Pilates and Yoga to create an efficient flexibility, core strength and balance class. East Side Athletic Club-Clack

PED-4-745 PIYO BUZZ
6:15-6:45pm MW 6/21 10 \$60 Ehlers CLRM

This 30-minute class combines Yoga positions which flow into mat Pilates exercises. The result is a core strengthening, muscular stretching, mental relaxing experience. East Side Athletic Club-Milw

PED-4-746 STEP CHALLENGE
9:15-10:15am WF 6/23 10 \$84 Welborn CLRM

This class utilizes an adjustable REEBOK platform. Various stepping patterns will provide the cardiovascular intensity level you desire. Choreography is advanced. East Side Athletic Club-Clack

PED-4-747 STEP-N-STRENGTH
9-10am MWF 6/21 10 \$99 Ehlers CLRM

Step up your intensity with 3 great workouts! Monday is Step-n-Strength. Finish off the week with 2 great Step Aerobics classes! Both classes utilize an adjustable REEBOK platform. All levels welcome. East Side Athletic Club-Milw

PED-4-748 THE BODY SMITH WORKOUT
9:15-10:15am S 6/19 10 \$48 Smith CLRM

Combine the best of Hi/Lo aerobic exercise & step exercise. Designed with a variety of easy-to-follow floor & step patterns, this class is appealing to all fitness levels. East Side Athletic Club-Clack

PED-4-749 THIRTY MINUTE MELTDOWN
5:30-6pm TTH 6/22 10 \$48 Petert CLRM

Melt it off in 30 minutes. A personal trainer guides this class to offer intense interval training that is proven to increase the fat burning process and muscle building. East Side Athletic Club-Clack

PED-4-750 YOGA
10:30-11:30am SU 6/20 10 \$60 Johnson CLRM

A progressive yoga class that incorporates sets of combinations including flowing and sustained postures. Enroll in both the Friday and Sunday classes. \$120 for both days. East Side Athletic Club-Clack

PED-4-751 YOGA
10:20-11:20am F 6/25 10 \$60 Johnson CLRM

Same description as previous class. East Side Athletic Club-Clack

PED-4-752 ZUMBA!
6:05-7:05pm M 6/21 10 \$48 Summerville CLRM

Love to dance but hate to exercise? This cardio class combines simple salsa, hip-hop, & jazz moves with upbeat music. East Side Athletic Club-Clack

PED-4-753 ZUMBA!
10:20-11:20am T 6/22 10 \$48 Welborn CLRM

Same description as previous class. East Side Athletic Club-Clack

PED-4-754 ZUMBA!
6-7pm TTH 6/22 10 \$84 Runyan CLRM

Same description as previous class. East Side Athletic Club-Milw

PED-4-755 ZUMBA!
6:05-7:05pm W 6/23 10 \$48 Summerville CLRM

Same description as previous class. East Side Athletic Club-Clack

Language Studies

FLS-2-500 BABY SIGN LANGUAGE 101
9:30-11:30am S 7/24 1 Fogel PKSD

Communicate and teach your baby sign language long before they are ready to speak! Learn over 80 common signs, tips and techniques. Participants receive signing dictionary and journal. www.TinyTalkersPortland.com. Res: \$40, Non-Res: \$43 (spouse/partner \$10 additional). North Clackamas Aquatic Park

Oregon City

COMMUNITY EDUCATION PROGRAMS

Registration form for Community Education classes on page 49.
For class locations, see page 51. Phone: 503-785-8520

Art/Crafts/Hobbies

APA-2-600 BUSY BEES QUILT GROUP
6-9pm T 1 Staff CLRM

Quilt group focuses on learning how to quilt, meeting new friends, and community service quilt projects. Field trips and quilt retreats planned. No childcare. Meets June 8 and 22. Ages: 16+. Free. Eastham Community Center

APA-2-601 BEGINNING SEWING WORKSHOP I
10-2pm TH 6/24 1 \$25 Elting CLRM

Learn basics of machine sewing and accomplish a project! Must be able to thread a needle. Sewing machine and lunch provided. Materials list mailed to you. Supply fee of \$5 CASH ONLY payable to instructor at the time of class. Ages 9-17 or teacher consent. Eastham Community Center

APA-2-602 BEGINNING SEWING WORKSHOP II
10-2pm TH 7/01 1 \$25 Elting CLRM

Need knowledge of sewing terms and machine use. Sewing machine and lunch provided. Supply list mailed out two weeks before class. Additional supply fee of \$5 CASH ONLY payable to instructor at the time of class. Ages 9-17 or teacher consent. Eastham Community Center

APA-2-603 CERAMIC BEAD MAKING WORKSHOP
11-3pm S 7/24 1 \$26 Elting CLRM

Make projects light and delicate or bold and colorful - the choice is yours. Learn techniques using types of clay and glazes suitable for beads. Add'l supply fee of \$10 CASH ONLY payable to instructor first day of class. Eastham Community Center

APA-2-604 CULTURED STONE PLANTER
9-1pm S 8/07 1 \$26 Elting CLRM

This planter is perfect for a deck or border. Mix and mold in a variety of ways. Wear grubbies and bring a strong pair of rubber gloves. Add'l supply fee of \$15 CASH ONLY payable to instructor at class. Eastham Community Center

APA-2-605 FLORAL NIGHT OUT!
6:30-8pm TH 8/19 1 \$20 Agard/Lister CLRM

Come visit us for an evening of fun flower arranging. Learn what to do with basic bouquets & floral care while enjoying wine/treats! Bring all your friends. Add'l supply fee of \$30 CASH ONLY payable to instructor at class. Forte Floral Artistry

APA-2-606 HERBAL VEGETARIAN SOAP MAKING
11-3pm S 7/31 1 \$30 Elting CLRM

Make fine herbal soap yourself. Safely create scented soaps using essential oils and natural additives. Bring goggles, dish washing rubber gloves and newspaper. Add'l supply fee of \$15 CASH ONLY payable to inst. Age: 14+ Eastham Community Center

APA-2-607 HOT AUGUST NITES
6:30-8pm T 7/27 1 \$20 Agard/Lister CLRM

Set a floral Margarita table or fun party night! Impress all your friends-turn your tables into a floral couture oasis with ascending style but affordable with every budget. Add'l supply fee of \$25 CASH ONLY payable to instructor at the time of class. Forte Floral Artistry

Course No.	Course Title	Time	Days	Begins	Wks.	Tuition	Fee	Instructor	Room	Course No.	Course Title	Time	Days	Begins	Wks.	Tuition	Fee	Instructor	Room
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APA-2-608 QUILT CAMP
 11:30-4:30pm MTWTH 7/26 1 \$85 Elting CLRM
 The project will be a lap quilt. Students shop the week before camp with Miss Renee. Supply list and info mailed before camp. Sewing machines and lunch provided. Add'l supply fee of \$5 CASH ONLY payable to instructor at class. Eastham Community Center

APA-2-609 SUMMER DOMESTICITY
 6-9pm W 7/21 2 \$40 Elting CLRM
 Come join us and learn how to preserve for later enjoyment! Learn to sew on a machine with a simple project. Learn about cold crop gardening. Add'l supply fee of \$10 CASH ONLY payable to instructor at class. Age: Adult. Eastham Community Center

APA-2-610 SUMMER DOMESTICITY
 6-9pm W 8/04 2 \$40 Elting CLRM
 Same description as previous class. Eastham Community Center

APA-2-611 SUMMER FRUIT PRESERVATION
 6-9pm T 7/20 1 \$22 Elting CLRM
 Can/freeze to preserve the harvest. It's fun! Safety procedures taught. Projects will be jars of fruit preserves. Samples will go home with student. Add'l supply fee of \$10 CASH ONLY payable to instructor at class. Eastham Community Center

APA-2-612 THRILLER/SPILLER/FILLER POT
 6:30-7:30pm TH 6/24 1 \$20 Agard/Lister CLRM
 Come have fun planting-take home a beautiful garden planter. Learn tips & tricks to make your patio decor look fantastic & easy decoration each season. Add'l supply fee of \$25 CASH ONLY payable to instructor at the time of class. Forte Floral Artistry

APA-2-614 YOUR BACKYARD CHICKENS
 7-10pm W 6/30 1 \$25 Elting CLRM
 An egg from your own chicken doesn't get any more "local". Raising hens for eggs is easy, fun and a great lesson for kids in responsibility. Handouts, advice and local resources are given freely. Eastham Community Center

APA-2-615 YOUTH BEADING WORKSHOP
 11:30-3:30pm TH 8/05 1 \$21 Elting CLRM
 Explore the world of color through loom beading. First we will make a wooden loom and a bracelet in class. Take home the supplies. Lunch provided. Add'l supply fee of \$10 CASH ONLY payable to instructor in class. Ages: 11-13. Eastham Community Center

Business/Financial Planning

BUS-2-600 BANKING ON THE FUTURE
 6:30-7:30pm WTH 7/07 2 \$20 Staff CLRM
 Learn how to make your money work for you. Learn how to create and follow a budget; manage a bank account, how loans and credit cards work and the basics of investing. PARENTS ATTEND FOR FREE WITH MIDDLE SCHOOL CHILD. Eastham Community Center

BUS-4-601 FINANCIAL BEGINNINGS/HIGH SCH
 6-7:30pm WTH 7/07 2 \$20 Staff CLRM
 High School students learn how to adeptly navigate the world of finance and manage their personal finances. Subjects covered through games and activities include banking, insurance, credit and savings and investing. PARENTS ATTEND FOR FREE WITH HIGH SCHOOL STUDENT. Eastham Community Center

Child Care/Family Life

FAM-2-600 BABYSITTING, RED CROSS
 9-3:45pm S 6/26 1 \$55 Staff CLRM
 Receive handbooks providing information on injury prevention, first aid, & basic child care skills. Earn Red Cross certificate & practice packing a sitter bag. Bring paper, pencil & lunch. Ages 11-15. Eastham Community Center

FAM-2-601 BABYSITTING, RED CROSS
 9-3:45pm S 8/21 1 \$55 Staff CLRM
 Same description as previous class. Eastham Community Center

FAM-2-602 CO-OP PRESCHOOL 3-5 YR OLDS
 9:30-12:30pm TWTH 7/06 5 \$180 Owens CLRM
 Special summer session to help your little one prepare for the school year & keep those skills fresh. Must be toilet trained and three years old by Sept. 1, 2009. Morning snack & lunch provided. Parents must help in classroom 2-3 times for session and have approved background check on file with OCSD prior to first class. Eastham Community Center

FAM-2-603 WHEN I'M IN CHARGE
 9-11:30am S 6/26 1 \$28 Staff CLRM
 Personal safety & time management for children home alone. Subjects covered: gun & internet safety, home safety, sibling care, more. Ages 8-11. Eastham Community Center

FAM-2-604 WHEN I'M IN CHARGE
 9-11:30am S 8/21 1 \$28 Staff CLRM
 Same description as previous class. Eastham Community Center

Dance/Theater/Music

ATA-2-600 ALICE IN WONDERLAND
 THFS 6/17 9 \$75 Dodge CLRM
 Audition, rehearse and perform Alice in Wonderland. Thursdays, Fridays and Saturdays - schedule varies depending on role received. For more information please go to www.octheatre.org. Ages: 7-11. Oregon City HS-Jackson Campus

ATA-2-601 ALICE IN WONDERLAND
 THFS 6/17 9 \$75 Dodge CLRM
 Same description as previous class. Ages: 12+ Oregon City HS-Jackson Campus

ATA-2-602 SNOW WHITE AGES 7-12
 THFS 6/17 9 \$100 Dodge CLRM
 Perform Snow White while focusing on stage presence, projection, and character understanding. Camp is Thur., Fri and some Saturdays. Rehearsals mandatory. No camp July 1-3. Visit www.octheatre.org for more info. Oregon City HS-Jackson Campus

HARMONY ROAD MUSIC

Harmony Road Music courses are exciting, comprehensive music programs designed to help children discover the world of music through motivating materials and activities which develop the whole child. For more information visit their website at www.harmonyroadoregon.com.

ATA-2-603 TODDLER TUNES
 9:30-10am MW 7/12 5 \$65 Staff CLRM
 Toddler Tunes is a joyful first music experience for your toddler. You and your child will share movement, singing and musical games, finger plays and keyboard games. Materials included. Ages: 18mos-3yrs. Harmony Road Music Center

ATA-2-604 TODDLER TUNES
 9:30-10am TW 8/03 5 \$60 Staff CLRM
 Same description as previous class. Harmony Road Music Center

ATA-2-607 HELLO MUSIC
 10:15-11am MW 7/12 5 \$70 Staff CLRM
 Introduction to solfege singing, movement, rhythm, keyboard/piano and creative activities. Program gives the child a strong readiness for continued musical involvement. parents participate in class. Materials provided. Ages: 3-4. Harmony Road Music Center

ATA-2-608 HELLO MUSIC
 4:15-5pm MW 7/12 5 \$70 Staff CLRM
 Same description as previous class. Harmony Road Music Center

ATA-2-609 HELLO MUSIC
 10:15-11am TTH 8/03 5 \$70 Staff CLRM
 Same description as previous class. Harmony Road Music Center

ATA-2-610 MUSIC TIME
 11:15-12pm MW 7/12 5 \$70 Staff CLRM
 Same description as previous class. Ages: 4-6. Harmony Road Music Center

ATA-2-611 MUSIC TIME
 11:15-12pm TTH 8/03 5 \$70 Staff CLRM
 Same description as previous class. Harmony Road Music Center

Community Education Classes

Registration form on page 49.

Course No. Time	Course Title Days	Begins	Wks.	Tuition	Fee	Instructor	Room	Course No. Time	Course Title Days	Begins	Wks.	Tuition	Fee	Instructor	Room		
ATA-2-612	MUSIC TIME	4:15-5pm	TTH	8/03	5	\$70	Staff	CLRM	ATA-2-627	TAP & JAZZ	5:45-6:45pm	M	6/21	6	\$60	Mills	CLRM
Same description as previous class. Harmony Road Music Center								Same description as previous class. Age: 8+. Barclay Community School									
ATA-2-613	JR MUSIC CAMP FOR 4-6 YRS	10-12pm	M-F	7/12	1	\$105	Staff	CLRM	DANCE VISION STUDIO Dance Vision Studio offers a variety of classes ranging from Ballet to Technique. For more information you can visit their website at www.dancevisionusa.com or contact Eastham Community Center at 503-785-8520. Studio Address is 16246 SE 82nd Dr, Clackamas.								
Explore a different theme each day. Themes are Dinosaurs, The Nutcracker, Teddy Bears, Peter and the Wolf and Carnival of the Animals. Parents are invited to attend a short program the last day of camp. Harmony Road Music Center								ATA-2-628 SUMMER DANCE PASS TBA TBA 6/21 10 \$80 Staff CLRM Take hip hop, jazz, ballet, technique, contemporary/lyrical. A punch card offers the most flexible schedule so you can take which ever class works best for you. 20 classes: \$145/ 40 classes \$370. Dance Vision Studio									
ATA-2-614	JR MUSIC CAMP FOR 4-6 YRS	10-12pm	M-F	7/19	1	\$105	Staff	CLRM	ATA-2-629 BALLE-BEGINNING 4-4:45pm W 6/21 5 \$70 Staff CLRM Entry level teaching the foundation of all dance styles. Dancers should wear a leotard, tights and ballet slippers. Hair in a bun or pony tail. Ages: 7+ Dance Vision Studio								
Same description as previous class. Harmony Road Music Center								ATA-2-646 WILLAMETTE FALLS SYMPHONY 7-9pm TH 6/24 11 \$10 Staff TBA Focus on musicianship & interpretation with a variety of styles. Concludes with a performance. New members must audition. Call 503-785-8520. Checks payable to Willamette Falls Symphony.									
ATA-2-615	JR MUSIC CAMP FOR 4-6 YRS	10-12pm	M-F	8/02	1	\$105	Staff	CLRM	J. KUNZMAN SCHOOL OF BALLET & MUSICAL THEATER For more information on our summer class schedule, visit our website at www.jkballet.com . To register call Jacquie Kunzman Ballet Studio at 503-656-1011. Studio is located in the Barclay Gym building.								
Same description as previous class. Harmony Road Music Center								Driver Education									
ATA-2-616	YOUNG MUSICIAN INTRO-AGES 6-7	5-5:45pm	MW	7/12	4	\$70	Staff	CLRM	DRE-4-600 DRIVER'S EDUCATION 8-11am MW 6/21 5 \$275 DeWitz C151 REQUIRED PARENT MEETING is June 1st from 5:30-6:30pm. Drive times start the week of Satisfies state requirement of 30 hours classroom & 12 hours of in car time. Drive time selected at registration. If student already has license or obtains license prior to completing the Driver Education program, an additional \$200 will be charged. Materials included in price. Refunds are given 1 week prior to the beginning class minus \$25 non-refundable fee. Register online or at Eastham. Age: High School. Clairmont								
Learn beginning music concepts through singing, ear training, note reading, keyboard solo and ensemble. Class provides a strong basis for further musical study. Parents participate in class. Harmony Road Music Center								DRE-4-601 DRIVER'S EDUCATION 8-11am TTH 6/22 5 \$275 DeWitz C151 Same description as previous class. REQUIRED PARENT MEETING is June 15th from 6:30-7:30pm. Clairmont									
ATA-2-617	YOUNG MUSICIAN INTRO-AGES 6-7	5:30-6:15pm	TTH	8/03	5	\$70	Staff	CLRM	Exercise/Fitness/Sports								
Same description as previous class. Harmony Road Music Center								JAZZERCISE Jazzercise blends aerobics, yoga, Pilates, kickboxing & stretching movements into fun dance routines! All levels welcome. Begin any time. Call for class pass prices, 971-219-0790. Childcare provided for weekday morning class. Age: Adult.									
ATA-2-618	KEYBOARD PREP INTRO-AGES 8-11	6-6:45pm	MW	7/12	5	\$70	Staff	CLRM	PED-4-600 JAZZERCISE AM 9:15-10:15am M-F 6/21 11 Staff CLRM Jazzercise blends aerobics, yoga, Pilates, kickboxing, & stretching movements into fun dance routines! All levels welcome. Begin anytime. Call for class pass prices, 971-219-0790. Childcare provided for all classes. Age: Adult. Oregon City HS-Jackson Campus								
Introduction to keyboard/piano playing. Class includes ear training, note reading, composing, solo and ensemble playing-a great preparation for continuing study. Parents participate in class. Harmony Road Music Center								PED-4-601 JAZZERCISE PM 5:45-6:45pm MTWTH 6/21 11 Staff GYM Same description as previous class. Eastham Community Center									
ATA-2-619	KEYBOARD PREP INTRO-AGES 8-11	6:15-7pm	TTH	8/03	5	\$70	Staff	CLRM	PED-4-602 JAZZERCISE AM 5:45-6:45am MWF 6/21 11 Staff CLRM Same description as previous class. Oregon City HS-Jackson Campus								
Same description as previous class. Harmony Road Music Center								PED-4-603 JAZZERCISE PM 4-5pm SU 6/27 11 Staff GYM Same description as previous class. Eastham Community Center									
ATA-2-620	BEGINNING TEEN/ADULT PIANO	9-9:45am	MW	7/12	5	\$70	Staff	CLRM									
This is an introduction to keyboard/piano playing. Sessions include ear training, note reading, composing, solo and ensemble playing-a great preparation for continuing study. Parents participate in class. Materials included. Harmony Road Music Center																	
ATA-2-621	BEGINNING GUITAR I	5:30-6:30pm	TH	6/24	8	\$90	Rector	CLRM									
Students learn basic guitar playing skills inc chords, picking, strumming and reading tablature in application to playing songs. Class designed for entry level students. Bring guitar of any type. Ages: 11 and up. Eastham Community Center																	
ATA-2-622	BEGINNING GUITAR II	6:30-7:30pm	TH	6/24	8	\$90	Rector	CLRM									
This class builds on skills learned in Beg. Guitar I or is designed for students with some guitar experience. Learn intermediate guitar playing skills inc more advanced songs, basic chords and scales. Bring guitar of any type. Ages: 11 and up. Eastham Community Center																	
TAP AND JAZZ WITH VICKI MILLS																	
Tap and Jazz classes for both beginning and continuing students for all ages. Students must have tap shoes and ballet slippers.																	
ATA-2-624	TAP & JAZZ	4:15-5pm	M	6/21	6	\$60	Mills	CLRM									
Beginning tap & jazz dance class from professional dance instructor, Vicki Mills. Open to boys & girls. Student should have tap shoes & ballet slippers. Performance at end of term. Age: 3-5. Barclay Community School																	
ATA-2-625	TAP & JAZZ	5-5:45pm	M	6/21	6	\$60	Mills	CLRM									
Same description as previous class. Barclay Community School																	
ATA-2-626	TAP & JAZZ	5-5:45pm	M	6/21	6	\$60	Mills	CLRM									
Same description as previous class. Barclay Community School																	

Course No.	Course Title	Time	Days	Begins	Wks.	Tuition	Fee	Instructor	Room	Course No.	Course Title	Time	Days	Begins	Wks.	Tuition	Fee	Instructor	Room
PED-4-604	CIRCUIT TRAINING	9-10am	S	6/25	11			Staff	CLRM	PED-4-618	CARDIO WITH WEIGHTS	6:15-7:15pm	T	6/22	11			Staff	NAUTCLS
Same description as previous class. Oregon City HS-Jackson Campus										Same description as previous class. Nautilus Plus OC Annex									
PED-2-605	TAEKWON DO	5:45-7pm	TTH	6/22	10	\$70		Dutton	FOYER	PED-4-619	CARDIO WITH WEIGHTS	9:30-10:30am	TH	6/24	11			Staff	NAUTCLS
A non-contact course that focuses on basic techniques & principles of Taekwon Do. Uniform & Patches are purchased from instructor on first night (\$40). Age: 6-Adult Eastham Community Center										Same description as previous class. Nautilus Plus OC Annex									
PED-2-606	PRE SCHOOL TAEKWON DO	6-7pm	M	6/21	10	\$80		Coulter	CLRM	PED-4-620	PILATES WITH MAT	6:15-7:15pm	W	6/23	11			Staff	NAUTCLS
TaeKwon Do class designed for younger children. Class focuses on courtesy, self control, coordination and balance. Helps build confidence. Age: 4-6. Oregon City TaeKwon Do										Pilates can increase your flexibility, core strength, and balance. All your movements originate from your core. Nautilus Plus OC Annex									
PED-2-607	PRE SCHOOL TAEKWON DO	6-7pm	W	6/23	10	\$80		Coulter	CLRM	PED-4-621	PILATES WITH WEIGHTS	9:30-10:30am	S	6/26	11			Staff	NAUTCLS
Same description as previous class. Oregon City TaeKwon Do										Same description as previous class. Nautilus Plus OC Annex									
PED-2-608	PRE SCHOOL TAEKWON DO	6-7pm	F	6/25	10	\$80		Coulter	CLRM	PED-4-622	ZUMBA GOLD	6:15-7:15pm	M	6/21	11			Staff	NAUTCLS
Same description as previous class. Oregon City TaeKwon Do										Zumba Gold provides all participants with a safe and effective total body workout! Designed for everyone, no dance or fitness experience necessary. Low impact, high-cardio workout. Hypnotic Latin rhythms, easy to follow moves, one-of-a-kind fitness program. Sculpt your body while burning fat. Nautilus Plus OC Annex									
PED-2-609	YOUTH TAEKWON DO	7-8pm	MW	6/21	10	\$80		Coulter	CLRM	PED-4-623	ZUMBA GOLD	5:30-6:30pm	F	6/25	11			Staff	NAUTCLS
TaeKwon Do class is a traditional Korean martial art. Class focuses on basics to strengthen mind and body. Non-contact and family friendly. Age: 7+. Oregon City TaeKwon Do										Same description as previous class. Nautilus Plus OC Annex									
PED-2-610	YOUTH TAEKWON DO	12-1pm	MW	6/21	10	\$80		Coulter	CLRM	PED-4-624	ZUMBA GOLD	10:45-11:45am	S	6/26	11			Staff	NAUTCLS
Same description as previous class. Ages: 7+ Oregon City TaeKwon Do										Same description as previous class. Nautilus Plus OC Annex									
PED-2-611	YOUTH TAEKWON DO	7-8pm	TTH	6/22	10	\$80		Coulter	CLRM	PED-4-625	YOGA	6-7:30pm	M	6/21	10	\$75		Wagner	CLRM
Same description as previous class. Age: 7+. Oregon City TaeKwon Do										This class involves synchronizing the breath with a progressive series of postures; a process that detoxifies muscles and organs. Results in improved circulation, light and strong body, and a calm mind. Pilates With Fe									
PED-4-612	YOGA	6-7pm	T	6/22	9	\$60		Waddell	CAFE	PED-4-626	YOGA	9-10:30am	S	6/26	10	\$75		Wagner	CLRM
This class is for experienced and beginning students. Practice poses to help strengthen your body and work on flexibility. Bring 2 blocks, yoga strap, mat, and a big bath towel. Please wear fitness clothing. Eastham Community Center.										Same description as previous class. Pilates With Fe									
NAUTILUS PLUS OC ANNEX																			
New owners of the previous Nelson's Nautilus...new machines and a great staff here to assist you. These classes are your Annex Pass Classes where non-members pay only \$40 unlimited a month. Members pay \$20 unlimited a month. Your month begins the day you purchase your pass. Call 503-657-7717 for more information. All abilities/experience levels welcome.																			
PED-4-613	BODY SCULPTING	9:30-10:30am	W	6/23	11			Staff	NAUTCLS	PED-4-627	GENTLE PILATES	9-10am	T	6/22	10	\$75		Wagner	CLRM
The Body Sculpting program includes high repetition and low impact full body muscle sculpting. Nautilus Plus OC Annex										Gentle Pilates is for the student who is a little more fragile & prefers a safe, slower pace approach to the work & still get all the benefits of Pilates. Register with studio, 503-515-7585. Age: Adult. Pilates With Fe									
PED-4-614	BODY SCULPTING	6:15-7:15pm	TH	6/24	11			Staff	NAUTCLS	PED-4-628	GENTLE PILATES	9-10am	TH	6/24	10	\$75		Wagner	CLRM
Same description as previous class. Nautilus Plus OC Annex										Same description as previous class. Pilates With Fe									
PED-4-615	BOOTY BLAST	9:30-10:30am	T	6/22	11	f		Staff	NAUTCLS	PED-4-629	PILATES, BEGINNING	12-1pm	M	6/21	11	\$75		Wagner	CLRM
The Booty Blast program will blast your calories using dumbbells and body-weight exercises along with cardio drills. Bring your ball to class. Nautilus Plus OC Annex										Emphasis on proper form and appropriate modifications to best support your posture and challenge your muscles. Register with 503-515-7585. Age: Adult. Pilates With Fe									
PED-4-616	BOOTY BLAST	9:30-10:30am	F	6/25	11			Staff	NAUTCLS	PED-4-630	PILATES, BEGINNING	6-7pm	W	6/23	10	\$75		Wagner	CLRM
Same description as previous class. Nautilus Plus OC Annex										Same description as previous class. Pilates With Fe									
PED-4-617	CARDIO WITH WEIGHTS	9:30-10:30am	M	6/21	11			Staff	NAUTCLS	PED-4-631	PILATES, INTERMEDIATE	12-1pm	W	6/23	10	\$75		Wagner	CLRM
Cardio w/weights program will tone your muscles and burn fat! Use light weights for full body sculpting routine with fat-blasting cardio intervals. Nautilus Plus OC Annex										Emphasis on fluidity of movement, muscle control & strength. Register at 503-515-7585. Age: Adult. Pilates With Fe									
PED-4-632	PILATES, INTERMEDIATE	5-6pm	TH	6/24	10	\$75		Wagner	CLRM	PED-4-633	PILATES, MIXED LEVEL	5-6pm	T	6/22	10	\$75		Wagner	CLRM
Same description as previous class. Pilates With Fe										For both the intermediate & beginner who wants to take Pilates to the next level. Register with 503-515-7585. Adults. Pilates With Fe									
PED-4-634	PILATES, MIXED LEVEL	12-1pm	F	6/25	10	\$75		Wagner	CLRM	PED-4-634	PILATES, MIXED LEVEL	12-1pm	F	6/25	10	\$75		Wagner	CLRM
Same description as previous class. Pilates With Fe										Same description as previous class. Pilates With Fe									

Community Education Classes

Registration form on page 49.

Course No. Time	Course Title Days	Begins	Wks.	Tuition	Fee	Instructor	Room	Course No. Time	Course Title Days	Begins	Wks.	Tuition	Fee	Instructor	Room
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BALANCE AND HARMONY

Balance and Harmony is dedicated to promoting health and wellbeing in body, mind and spirit. They offer Yoga and Tai Chi at surrounding locations. For more information on these classes you can visit their website at www.balancenharmony.com or call 503-266-9939.

PED-2-635 KUNG-FU
5-6pm TTH 6/22 11 Staff CLRM
Develop good physical fitness by toning the body and strengthening the mind. Students learn self defense and self control while developing confidence & coordination. Ages: 6 & up. Knights Pythesis Hall

PED-2-636 KUNG-FU
6-7pm TTH 6/22 11 Staff CLRM
Same description as previous class. Ages: Adult. Knights Pythesis Hall

PED-4-637 TAI CHI
7:30-8:30pm TTH 6/22 11 Staff CLRM
Tai Chi-an ancient martial art-promotes relaxation and healthy circulation. Learn the Yang style Long form beginning with stretching & breathing exercises. Ages: Adult. Knights Pythesis Hall

PED-4-638 YOGA
7:15-8:15am M 6/21 11 Staff CLRM
Basic Vinyasa style Hatha Yoga class focusing on breathing, stretching, strengthening and relaxation. Beginners welcome. Teens through adult. Club Fit

PED-4-639 YOGA
7:15-8:15pm M 6/21 11 Staff CLRM
Same description as previous class. Club Fit

PED-4-640 YOGA
12-1pm T 6/22 11 Staff CLRM
Same description as previous class. Club Fit

PED-4-641 YOGA
7:15-8:15pm W 6/23 11 Staff CLRM
Same description as previous class. Club Fit

PED-4-642 YOGA
12-1pm TH 6/24 11 Staff CLRM
Same description as previous class. Club Fit

HORSEBACK RIDING - HIGHLAND STABLES

Highland Stables provide professional instruction in English style riding, grooming and tack. All riders are required to wear helmets (provided) and hard-soled shoes or boots. Contact Highland Stables for directions and more information at 503-632-4740.

PED-2-643 HORSEBACK RIDING
4:30-6pm T 7/13 4 \$120 Staff ARENA
See above description. Age: 6+. Highland Stables

PED-2-644 HORSEBACK RIDING
4:30-6pm W 7/14 4 \$120 Staff ARENA
Same description as previous class. Highland Stables

PED-2-645 HORSEBACK RIDING
4:30-6pm TH 7/15 4 \$120 Staff ARENA
Same description as previous class. Highland Stables

PED-2-646 HORSEBACK RIDING
4:30-6pm F 7/16 4 \$120 Staff ARENA
Same description as previous class. Highland Stables

PED-2-647 HORSEBACK RIDING/NOVICE LEVEL
6-7:30pm T 7/13 4 \$120 Staff ARENA
Student must be able to walk and trot by themselves. All riders are required to wear helmets (provided) and hard-soled shoes or boots. Directions upon registration. Ages: 6+ Highland Stables

PED-2-648 HORSEBACK RIDING/NOVICE LEVEL
6-7:30pm W 7/14 4 \$120 Staff ARENA
Same description as previous class. Highland Stables

PED-2-649 HORSEBACK RIDING/NOVICE LEVEL
6-7:30pm TH 7/15 4 \$120 Staff ARENA
Same description as previous class. Ages 6+. Highland Stables

PED-2-650 HORSEBACK RIDING/NOVICE LEVEL
6-7:30pm F 7/16 4 \$120 Staff ARENA
Same description as previous class. Highland Stables

OUTDOOR RECREATION WITH NW DISCOVERIES

Enjoy Oregon waterways in a flat water Kayak, sea kayak, or canoe while taking a lesson from a guide/instructor. NW Discoveries will provide all equipment needed to have a relaxed enjoyable experience. All classes go rain or shine. Sign up for an evening, half-day or full day class. For directions and meet locations go to www.nwdiscoveries.com.

PED-2-651 CANOE SHORT TOUR
5:30-8:30pm M 7/19 1 \$42 Staff RIVER
Participants should have canoed at least once before. Individual instruction is provided upon request. Cost includes canoe equipment and guide. Trips go rain or shine. Transportation from Portland area included. Ages: 18+ Rock Island/Willamette River

PED-2-652 CANOE BEGINNING LESSON
1:30-4:30pm M 7/19 1 \$42 Staff RIVER
Canoe lesson teach basic forward, backward and steering strokes. Prepares you for our tours. Cost includes canoe equip and instr. Lessons go rain or shine. Age: 18+. Rock Island/Willamette River

PED-2-653 TOURING KAYAK BEGINNING LESSON
10-1pm M 7/12 1 \$42 Staff RIVER
Learn how to use touring kayaks. Discuss kayak equipment, steering strokes, paddling, rescues and more. You will be given a tour on a local waterway. Cost includes kayak equipment & guide. Trips go rain or shine. Ages: 18+ Tualatin River

PED-2-654 TOURING KAYAK BEGINNING LESSON
9-12pm SU 7/18 1 \$42 Staff RIVER
Same description as previous class. Ages: 18+. Tualatin River

PED-2-655 TOURING KAYAK BEGINNING LESSON
2-5:30pm S 8/01 1 \$42 Staff RIVER
Same description as previous class. Clackamette Park

PED-2-656 TOURING KAYAK SHRT TOUR/LESSON
6:15-9:15pm SU 8/01 1 \$42 Staff RIVER
Explore waterways. Stable, large cockpit kayaks allow you to quickly become proficient paddlers. Solo/double kayaks available. Brief intro/lesson to kayaking, first timer will be ready for the tour. Clackamette Park

PED-2-657 TOURING KAYAK LONG TOUR
8:15-6pm S 8/07 1 \$82 Staff COAST
Transportation provided, meet at Tualatin Park. Tours include shuttle to allow you to paddle with the flow. Both solo and double kayaks are available. Cost inc. kayak equipment and guide. Age: Adult Salmon River

PED-2-658 TOURING KAYAK SHORT LESSON
9-12pm S 6/12 1 \$42 Staff RIVER
These very stable, large cockpit and responsive kayaks will allow you to become proficient paddlers. Solo and double kayaks available. Brief intro/kayaking lesson to get you ready. Cost includes equip and guide. Trips go rain or shine. Ages: Adult Rock Island/Willamette River

PED-2-659 TOURING KAYAK SHORT LESSON
10-1pm M 7/19 1 \$42 Staff RIVER
Same description as previous class. Rock Island/Willamette River

PED-2-660 TOURING KAYAK SHORT LESSON
5:30-8:30pm M 7/19 1 \$42 Staff RIVER
Same description as previous class. Rock Island/Willamette River

PED-2-661 TOURING KAYAK MOVING WATER
8:30-12pm SU 8/01 1 \$58 Staff PARK
Currents propel you down the river, gentle rapids provide you the thrill! Techniques for maneuvering in moving water. Kayaks stable w/large cockpits. You will feel more comfortable if you have taken one of the touring kayak lesson/tours. Riverside Park

Course No. Time	Course Title Days	Begins	Wks.	Tuition	Fee	Instructor	Room	Course No. Time	Course Title Days	Begins	Wks.	Tuition	Fee	Instructor	Room
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PED-2-662 MT. ST. HELENS RIM HIKE
 4:30-8pm MTS 8/06 1 \$125 Staff LOT
 Meet at Tualatin Park and ride. Hike to rim of Mt. St. Helens. Be in good physical hiking shape with good balance on rocks for this 9.4 mi. round trip hike. 4,500 ft gain/loss. Train 2 months prior to class. Class size limited. Tualatin

Health/Safety/Personal Well-Being

HLT-2-604 BASIC CPR AGES 14+
 6-9pm M 7/12 1 \$30 Staff CLRM
 Training topics include adult, child and infant CPR and the relief of choking. Upon successful completion, participant will receive a course completion card good for 2 years. Taught by a licensed BSEd, EMT. Eastham Community Center

HLT-2-605 BASIC CPR & FIRST AID AGES 14+
 4-9pm M 8/02 1 \$50 Staff CLRM
 Same description as previous class. Eastham Community Center

HLT-2-606 BASIC CPR RENEWAL AGES 14+
 6-7:30pm M 8/30 1 \$20 Staff CLRM
 Includes test and skills assessment; participant must show proof of current CPR card. Upon successful completion, participant will receive a course completion card good for 2 years. Taught by licensed BSEd, EMT. Eastham Community Center

HLT-2-607 HEALTH & WELLNESS
 5:30-6:30pm T 6/22 1 \$20 Pitcairn CLRM
 Dr. Jennifer Pitcairn will break down facts vs. myths regarding nutritional info. Make your whole system run smoother, healthier and more efficiently. Receive answers to your nutritional questions. Complete Hlth Chiropractic Ctr

HLT-2-608 WATER SAFETY
 1-5pm S 8/14 1 \$45 Staff RIVER
 Learn basic river water safety inc proper sizing of personal flotation devices, swimming, swimming in river current, river safety positioning, river hazards, effects of cold water/sun exposure. Taught by Clackamas County Water Rescue Consortium. Consortium is made up of fire/law enforcement agencies trained in Surface Water Rescue, Dive Rescue and Rescue Swimming, located throughout Clackamas County. Clackamas River (Carver)

**Oregon City Pioneer
 COMMUNITY CENTER**

Registration form for Community Education classes on page 49.
 For class locations, see page 51. Phone: 503-657-8287
 Classes held at Pioneer Community Center. Center opens at 9 a.m.

Art/Crafts/Hobbies

APA-1-30 ACRYLIC PAINTING - BEGINNING
 9:30-11:30am W 6/23 10 \$91 Lind CLRM
 For beginners and experienced artists. Emphasis on learning brush techniques, color mixing, shading and composition. Class will include painting landscapes, flowers, wildlife or your preference with one-to-one supervision. Pick up supply list at Pioneer Center prior to first class. Senior Discount \$46. Pioneer Community Center

APA-1-31 BUSY BEES
 9-12pm M 11 Staff CRAFT
 Have fun making crafts, sewing quilts, aprons, etc. for fundraisers. Group meets every Monday. Center closed July 5. Pioneer Community Center

APA-1-33 KNITTING & CROCHETING, BEG.
 10-12pm W 11 Tipton FIRE
 Learn basic knitting and crocheting stitches. Bring your own needles, yarn & patterns. Cost is \$20 - 4/wk sessions. Call Janice Tipton to schedule:503-829-8031. Pioneer Community Center

APA-1-35 OIL PAINTING
 12:30-2:30pm W 6/23 10 \$91 Lind CLRM
 For beginners and experienced artists. Emphasis will be on color mixing, brush techniques, composition, perspective and blending - from canvas preparation to a finished project. No prior experience necessary. Pick up supply list at Pioneer Center prior to first class. Senior Discount \$46. Pioneer Community Center

APA-1-37 WATERCOLOR WITH MELISSA GANNON
 11-1:30pm TH 6/24 11 \$126 Gannon CLRM
 Explore exciting & challenging medium of transparent watercolor! Learn to mix colors, the basics of composition, elements of perspective, and drawing. Supply list upon registering. All levels. Senior Discount \$63. Pioneer Community Center

APA-1-39 BINGO
 12:30-3pm TH 11 Staff CLRM
 Group meets every Thursday. .25 cents per card. Pioneer Community Center

APA-1-40 CHESS GAMES
 7-10pm T 11 Staff BASEMENT
 Come play Chess - it's free! Pioneer Community Center

APA-1-41 PINOCHLE
 12-3pm MWF 11 Staff CLRMIII
 Group meets Monday, Wednesdays and Fridays at noon. .25 cent fee. Center closed July 5. Pioneer Community Center

APA-1-42 POOL
 TBA M-F 11 Staff POOL RM
 Pool playing available Monday-Friday 9am-4pm. No charge (adults only). Center closed July 5. Pioneer Community Center

APA-1-43 SCRABBLE
 12:30-3pm F 11 Staff CLRM
 Come challenge this fun, friendly group that meets once every week. Pioneer Community Center

Community Education

Community Education Classes

Registration form on page 49.

Course No.	Course Title	Course No.	Course Title
Time	Days	Time	Days

Computers

DPS-1-30 COMPUTERS AVAILABLE FOR USE
TBA Staff CLRM
Computers for Seniors at the Pioneer Center. Computers are available for use Monday-Friday, 9-4pm. Center closed July 5. Pioneer Community Center

DPS-4-31 COMPUTER FIRST STEPS
TBA King CLRM
If you've never touched a computer before, this class is for you. Learn at your own pace how to understand and communicate with the computer. Hands-on practice/individual attention. Call Jerry King, 503-723-9497 to register. Center closed July 5. Pioneer Community Center

DPS-4-32 COMPUTER BASICS
TBA King CLRM
This course opens with a survey of computer technology & components. Set up your own master files, email account and learn your way around the World Wide Web. Call Jerry King, 503-723-9497 to register. Center closed July 5. Pioneer Community Center

DPS-4-33 WORD PROCESSING
TBA King CLRM
Build on basics you've mastered to fine-tune your word processing skills. Set up tables and charts. Call Jerry King, 503-723-9497 to register. Center closed July 5. Pioneer Community Center

Dance/Theatre/Music

ATA-1-30 BALLROOM DANCING
12:30-3pm W Tadina CLRM
Come and dance to the music of the Glenn Tadina 15 piece Big Band - waltzes, rumba, cha-cha, tango, etc. The Black Magic Band alternates every other Wednesday. \$5 fee per person. Call the Pioneer Center 503-657-8287 or Glenn Tadina 1-503-769-5598 for more information. Pioneer Community Center

Exercise/Fitness/Sports

PED-4-30 CROSS TRAINING PROGRAM
9:30-10:15am M 6/21 11 \$34 Hall CLRM
Get in shape for summer. This modified workout program is designed for overall body fitness. We will combine cardio, weight training and stretching exercises. Bring light hand held weights & exercise mat. No class July 5. Senior Discount \$17. Pioneer Community Center

PED-4-31 CARDIO-DANCE
10:45-11:30am TTH 6/22 11 \$75 Hall CLRM
This fun class combines walking, aerobics and dance with high energy music for a calorie burning workout! Open to adults of all ages who want to stay fit or get fit. Senior Discount \$38. Pioneer Community Center

PED-4-33 GENTLE PILATE STRETCHING/YOGA
9:30-10:30am TTH 6/22 11 \$101 Hall MILL
Using yoga movements and Pilates stretches to strengthen and promote more flexibility, strength & balance. Please bring a mat and light hand held weights. Adults of all ages welcome. Senior Discount \$51. Pioneer Community Center

PED-4-34 TAI CHI, BEGINNING
10:40-11:25am MW 6/21 11 \$72 Crain MILL
This ancient Chinese movement improves strength, flexibility, concentration and balance by combining gentle physical exercise and mental discipline. The slow and controlled moves also strengthens muscles and reduces stress. Senior Discount \$36. No class July 5. Pioneer Community Center

PED-4-35 TAI CHI, INTERMEDIATE
11:30-12:15pm MW 6/21 11 \$72 Crain CLRM
Continuation of form with further integration of breath and body, balance, relaxation, and coordination. Increased emphasis on circular movement, softness and smoothness. Senior Discount \$36. No class July 5. Pioneer Community Center

PED-1-36 LINE DANCING
11:45-2pm T 11 Staff MILL
Learn all the latest line dance steps, and some traditional ones as well. No partner needed. Group meets every Tuesday. No fee. Pioneer Community Center

PED-4-37 YOGA - BEGINNING
5:30-6:30pm TH 6/24 10 Juffs CLRM
Relax and have fun. Call Jenny to register at 503-419-9738. Cost \$65. Senior discount \$60. Pioneer Community Center

PED-4-38 YOGA - INTERMEDIATE
6:30-7:30pm TH 6/24 10 Juffs CLRM
Call Jenny to register at 503-419-9738. Cost \$65. Senior discount \$60. Pioneer Community Center

PED-4-39 TAOIST TAI CHI SOCIETY, BEG.
6-7:30pm M 6/21 11 Staff CLRM
This internal martial art developed by Master Moy Lin-Shin improves health through a gentle set of 108 movements. Turning and stretching exercises your whole physiology, and restores calmness and peace of mind. Wear flat shoes and loose clothing. Cost includes Int'l Taoist Tai Chi Society lifetime membership. Suggested donation \$180. Over 62 \$120. This 17 week class started in May and ends August 30th. Pioneer Community Center

PED-4-40 TAOIST TAI CHI SOCIETY, INT.
7:30-9pm M 6/21 11 Staff CLRM
This is a continuing/intermediate class for Society members who have taken the beginning class. Same description as previous class. Monthly donation suggested. Call 503-220-5970 or go to www.taoist.org. This 17 week class started in May and ends August 30th. Pioneer Community Center

PED-1-41 WEIGHT ROOM ORIENTATION
TBA Staff WEIGHT
An individual weight training session to introduce you to a personalized fitness program designed to meet your individual needs. Call for appointment 503-657-8287. Center closed July 5. Pioneer Community Center

PED-1-42 WEIGHT TRAINING ROOM
9-4pm Staff WEIGHT
Come join our weight room - it's fun to exercise with others. Open Monday thru Friday 9am-4pm. Adults only. Pre-requisite: Weight Room Orientation. Purchase 24 visits/\$20. Center closed July 5. Pioneer Community Center

Health/Safety/Personal Well-Being

HLT-1-30 PEDICURES & MANICURES
TBA TW Staff CRAFT
RNs Bea and Jan are offering pedicures and manicures every other Tuesday or 2nd Wednesday of the month. Cost is \$25 (bring 2 towels). Call for an appointment 503-657-8287. Let the receptionist know if you are a diabetic or have foot problems for extra time. Pioneer Community Center

HLT-1-31 AA SUPPORT GROUP
1:30-3:30pm SU Staff BASEMENT
Come join in our Alcoholic Anonymous support group. Meets every Sunday. Pioneer Community Center

HLT-1-32 NARANON SUPPORT GROUP
7-9pm TH Staff BASEMENT
Join in our Narcotics Anonymous support group. Meets every Thursday. Pioneer Community Center

HLT-1-33 LUNCH AT THE COMMUNITY CENTER
11:30-12:30pm M-F Staff DINE
Come join us for lunch with dessert bar served Monday-Friday from 11:30am-12:30pm in our dining room. Suggested donation (60+) is \$2.50. Cost under 60 is \$4.50. Call 503-657-8287 for more information. Live music on Fridays. Center closed July 5. Pioneer Community Center

Course No.	Course Title	Course No.	Course Title
Time	Days	Time	Days

HLT-1-34 "MEALS ON WHEELS" PROGRAM
 TBA Staff CLRM
 Provides home-delivered noon meals (Mon-Fri) to homebound 60+ seniors and Medicaid qualified disabled persons in Oregon City's Urban Growth Boundary and West Linn. Call Shirley Ryan at 503-722-5979 for more info. Volunteer drivers needed. Pioneer Community Center

HLT-1-35 GROCERY SHOPPING TRIPS
 TBA MTWF Staff CLRM
 For ages 55+ years or disabled. Suggested donation \$1.00 each way. Pick-up starts at 12:30pm. Call 503-657-8287 for a ride. Mon - Market of Choice; Tues - Fred Meyers; Wed - Albertsons; Fri - Haggens/Grocery Outlet. Center closed July 5. Pioneer Community Center

HLT-1-36 TRANSPORTATION
 TBA TBA Staff CLRM
 For ages 55+ years or disabled who reside in OC's Urban Growth Boundary and West Linn. Redland and Beavercreek service available on Thursdays only. Vans are lift-equipped. \$1.00 donation each way. Call up to a week ahead to make a reservation. Pioneer Community Center

HLT-1-37 DINE-OUTS
 TBA M Staff CLRM
 Meet at the Center 1st and 3rd Mondays or call for a pick-up (suggested donation \$1.00 each way). Bus leaves at 11:00am. Transportation from the Center to the dine-out is free. Lunch is on your own. Call 503-657-8287 for more information. Center closed July 5. Pioneer Community Center

TVL-1-30 DAY TRIPS
 TBA W Staff CLRM
 Come join us for day trips: June 23-Portland Rose Garden & Red Lobster; July 12-Oregon Coast (Garibaldi & train ride); July 28-Salem Sternwheeler; Aug. 11-Willamette Jet Boat Excursion; Aug. 25-Willamette Valley wine tour. Call for trip details and reservations. \$15 transportation fee. Meals and admission costs not included. Limited seating so reserve early. Pioneer Community Center

West Linn

PARKS AND RECREATION

Registration form for Community Education classes on page 49.
 For class locations, see page 51. Phone: 503-557-4700

Art/Crafts/Hobbies

APA-2-800 BASIC PHOTOGRAPHY
 7-9pm T 7/06 1 \$35 Guvenir B-203
 This 2 hour class will teach an overview of how modern digital & film cameras function and explain what you need to know to become a better photographer. West Linn High School

APA-2-801 ADVANCED PHOTOGRAPHY
 7-9pm MT 7/06 2 \$100 Guvenir B-203
 This class teaches you everything you need to know to be in complete control of your photography in every situation. West Linn High School

APA-2-802 ADVANCED LIGHTING
 7-9pm MT 7/26 1 \$100 Guvenir B-203
 This workshop will help you develop your eye & teach you about tools you may need to complete your vision. Advanced Photography is a prerequisite. West Linn High School

APA-2-803 COMPOSITION
 7-9pm MT 7/19 1 \$100 Guvenir B-203
 This class will help you develop your eye so creating your art is intuitive. Advanced Photography is a prerequisite. West Linn High School

OIL PAINTING
 In this Bob Ross style of oil painting class, you will start with a blank canvas and leave with a completed masterpiece in the same class. Judy Stubb, who has been painting in this style for 12 years and is certified in landscape, floral, and wildlife, teaches this class with assistant Pam Davis. Her paintings are proudly hung in many local homes. Beginners to advanced students welcomed. This is a great way to relax and de-stress To see specifics on art go to www.wetpaints.net. Fee: Resident \$48 Non-Resident \$53

APA-2-804 OIL PAINTING
 5:30-9pm TH 6/10 1 \$48/\$53 Stubb CLRM

In one class you create a masterpiece from a blank canvas. All materials provided. To view the name and image of painting, go to www.wetpaints.net. West Linn Adult Community Ctr

APA-2-805 OIL PAINTING
 10-2pm S 6/26 1 \$48/\$53 Stubb CLRM
 Same description as above. Sunset Fire Hall

APA-2-806 OIL PAINTING
 5:30-9pm TH 7/08 1 \$48/\$53 Stubb CLRM
 Same description as above. West Linn Adult Community Ctr

APA-2-807 OIL PAINTING
 10-2pm S 7/24 1 \$48/\$53 Stubb CLRM
 Same description as above. Sunset Fire Hall

APA-2-808 OIL PAINTING
 5:30-9pm TH 8/12 1 \$48/\$53 Stubb CLRM
 Same description as above. West Linn Adult Community Ctr

APA-2-809 OIL PAINTING
 10-2pm S 8/28 1 \$48/\$53 Stubb CLRM
 Same description as previous class. Sunset Fire Hall

APA-2-810 CHESS WIZARDS SUMMER CAMP
 9-3pm M-F 7/19 1 \$250 Staff CLRM
 Ages 5-14. An array of games & activities throughout the day include: Chess, Lessons, p=Puzzles, Wizard Says, Bug House, Fisher, more! Bring a lunch. Snacks provided. Willamette Christian Church

APA-2-811 CIRCUS ARTS FOR EVERYONE!
 9-11am M-F 8/16 4 \$85 Hughes COURT
 Ages 7-12. Local instr "Mag" Hughes will teach you basic circus activities such as juggling, Chinese flower sticks, object balance using balance tubes, plate spinning, more. Guaranteed to develop skills and most of all have fun! Willamette Park

APA-2-812 BOFFER & LIVE ACTION ROLE PLAY
 9-12pm M-F 8/23 1 \$100 Bagley COURT
 Age 7-14. Enjoy the fun of making five different boffers along with shields for live action role playing. They are yours to keep. You will also be exposed and learn about the traits of respect, honor, bravery, discipline and control. Willamette Park

APA-2-813 BOFFER & LIVE ACTION ROLE PLAY
 1-4pm M-F 8/23 1 \$100 Bagley COURT
 Age 7-14. Same description as previous class. Willamette Park

APA-2-814 BOFFER & LIVE ACTION ROLE PLAY
 9-12pm M-F 8/30 1 \$100 Bagley COURT
 Willamette Park

APA-2-815 BOFFER & LIVE ACTION ROLE PLAY
 1-4pm M-F 8/30 1 \$100 Bagley COURT
 Age 7-14. Same description as previous class. Willamette Park

Basic Academic Skills

GES-4-800 BEAT THE SAT!
 10-8:30pm MWF 8/16 2 \$320/\$325 Petersen TBA
 2-hour class limited to 12 students. Tricks & Strategies, Vocabulary & Critical Reading, Writing & Grammar, Math Review. Fee includes workbook & practice tests.

GES-4-801 BEAT THE (REPEAT) SAT
 1-3pm MWF 8/16 2 \$320/\$325 Petersen TBA
 2-hour class limited to 12 students. Focused instruction for retaking the SAT. Critical reading & Vocabulary, Writing & Grammar. Fee includes workbook & practice tests.

Community Education Classes

Registration form on page 49.

Course No.	Course Title	Time	Days	Begins	Wks.	Tuition	Fee	Instructor	Room	Course No.	Course Title	Time	Days	Begins	Wks.	Tuition	Fee	Instructor	Room
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Childcare/Family Life

FAM-2-800 FUN IN THE SUN - DAY CAMP
10-3pm M-F 6/21 1 \$65 Staff TBA

Fun in the Sun is an multi-wk program designed to provide fun & exciting activities for youth including sports, games, arts & crafts, and more. A weekly field trip to various local activities or presenters brought in. Bring a sack lunch, water bottle, sunscreen, appropriate clothing & towel for wading pool. Choose from camps held at Sunset Park: 6/21-6/25; 6/28-7/2; 7/5-7/9; 7/12-7/23; 7/26-7/30; 8/2-8/6; or 8/9 -8/13 or from camps held at Willamette Park: with all of the above and 8/16-8/20 and 8/23-8/27. Extended Camp Experience (before and after camp program) is also available each week from 8am-10am and from 3pm - 6pm.

FAM-2-802 CAMP 2 MUCH FUN
9-1pm M-F 7/19 1 \$110 Staff CLRM

Age 5-12. Come to JJ Jump & JJ Extreme for a week of pure jumping, climbing, sliding, swinging fun! JJ's fun loving staff will engage campers all week with organized games, crafts and plenty of Jumping! Snack & Craft provided daily with a pizza party on Friday. JJ Jump

FAM-2-803 CAMP 2 MUCH FUN
9-1pm M-F 8/09 1 \$110 Staff CLRM

Ages 5-12. Same description as previous class. JJ Jump

FAM-2-804 ROSE TEA RETREAT
9:30-12:45pm S 5/29 1 \$49/\$54 Staff CLRM

Learn a 5-part decision making model and the 7-keys to confidence. Enjoy a garden signature lunch at the Lavender Bleu Tea Room in the historic Willamette area. Lavender Bleu Tea Room

FAM-2-805 A KNIGHT WITH A PRINCESS
6-9pm F 6/19 1 \$17.50 Staff CLRM

Join the West Linn Old Time Fair Court for an Enchanted Evening at the Annual Daddy Daughter Dance. Includes admission for one adult and child, additional children \$10 per person, buffet dinner, desserts, beverages, professional deejay and photo. West Linn Adult Community Ctr

FAM-2-806 A KNIGHT WITH A PRINCESS
6-9pm S 6/20 1 \$17.50 Staff CLRM

Same description as previous class. West Linn Adult Community Ctr

FAM-2-810 MINI CAMPERS
9:30-12pm S 6/21 1 \$44 Staff PARK

This "mini" version of Fun in the Sun Camp is based on the traditional day camp where youngsters play and interact outdoors with other children their age. Activities designed to enhance the physical, social, and emotional well being of the child. Tanner Creek Park

FAM-2-812 MINI CAMPERS
9:30-12pm M-F 6/28 1 \$44 Staff PARK

Same description as previous class. Hammerle Park

FAM-2-813 MINI CAMPERS
9:30-12pm M-F 7/05 1 \$44 Staff PARK

Same description as previous class. Mary S. Young State Park

FAM-2-814 MINI CAMPERS
9:30-12pm M-F 7/12 1 \$44 Staff PARK

Same description as previous class. Tanner Creek Park

FAM-2-815 MINI CAMPERS
9:30-12pm M-F 7/19 1 \$44 Staff PARK

Same description as previous class. Hammerle Park

FAM-2-816 MINI CAMPERS
9:30-12pm M-F 7/26 1 \$44 Staff PARK

Same description as previous class. Mary S. Young State Park

FAM-2-817 MINI CAMPERS
9:30-12pm M-F 8/02 1 \$44 Staff PARK

Same description as previous class. Tanner Creek Park

FAM-2-818 MINI CAMPERS
9:30-12pm M-F 8/09 1 \$44 Staff PARK

Same description as previous class. Hammerle Park

FAM-2-819 A DAY AT THE BARN WITH HORSES
9-2pm MTWTH 6/21 1 \$350 Schramm STBLE

Age 4-6. The horses are ready to be ridden, brushed, bathed and grazed. Wear long pants and close toed shoes. Bring a lunch. Thursday is a pizza party and show for the parents, lunch provided. Max 15. Wilsonville Area Stables

FAM-2-820 A DAY AT THE BARN WITH HORSES
9-2pm MTWTH 6/28 1 \$350 Schramm STBLE

Same description as previous class. Wilsonville Area Stables

FAM-2-821 A DAY AT THE BARN WITH HORSES
9-2pm MTWTH 7/05 1 \$350 Schramm STBLE

Same description as previous class. Wilsonville Area Stables

FAM-2-822 A DAY AT THE BARN WITH HORSES
9-2pm MTWTH 7/26 1 \$350 Schramm STBLE

Same description as previous class. Wilsonville Area Stables

FAM-2-823 A DAY AT THE BARN WITH HORSES
9-2pm MTWTH 8/02 1 \$350 Schramm STBLE

Same description as previous class. Wilsonville Area Stables

FAM-2-824 A DAY AT THE BARN WITH HORSES
9-2pm MTWTH 8/16 1 \$350 Schramm STBLE

Same description as previous class. Wilsonville Area Stables

FAM-2-825 YOU, ME & PONY MAKES THREE
10-11:30am S 6/05 1 \$76 Schramm STBLE

Age 2-5. Children & parents/guardians will brush, pet, feed ponies, & share riding n a lead line. Wear closed toe shoes. Supplies & helmets provided. Directions provided at registration. Wilsonville Area Stables

FAM-2-826 YOU, ME & PONY MAKE THREE
10-11:30am S 6/19 1 \$76 Schramm STBLE

Same description as previous class. Wilsonville Area Stables

FAM-2-827 YOU, ME & PONY MAKES THREE
10-11:30am S 7/10 1 \$76 Schramm STBLE

Same description as previous class. Wilsonville Area Stables

FAM-2-828 YOU, ME & PONY MAKES THREE
10-11:30am S 8/07 1 \$76 Schramm STBLE

Same description as previous class. Wilsonville Area Stables

FAM-4-829 PARENTING WORKSHOP
7-9pm T 5/18 4 \$10 Staff B-203

Become a love and logic parent. Topics will include motivating your child to be responsible, gaining control through giving choices and enjoying your role as a parent. Taught by Northwest Family Services. West Linn High School

FAM-4-830 FATHERHOOD-TOOLS OF THE TRADE
7-9pm T 6/22 4 \$10 Staff E-201

Join us for a four week workshop all about being the best dad. Topics include understanding the important role, passing on your values, and sex & money. Taught by Northwest Family Services. West Linn High School

Computers

DPS-4-801 PHOTOSHOP FOR PHOTOGRAPHY
6:30-9:30pm MT 8/02 1 \$100 Guvenir B-203

Learn the key elements to unlocking Photoshop. This course will teach you how to make perfect prints on your own. You must bring your own laptop with any version of Adobe Photoshop. Advanced Photography is a prerequisite. West Linn High School

Course No. Time	Course Title Days	Begins	Wks.	Tuition	Fee	Instructor	Room	Course No. Time	Course Title Days	Begins	Wks.	Tuition	Fee	Instructor	Room						
Cooking																					
EAT-2-801 6-8:30pm	VEGETARIAN BEANS & GRAINS T	6/15	1	\$29/\$34		Gabbe	CLRM	ATA-2-807 7-8:15pm	BALLROOM DANCE, INTER T	7/13	3	\$35/\$40		Crandell	MPR						
Discover the magic in beans and grains and how easy it is to use them in preparing inexpensive, low-fat, cholesterol-free, pure vegetarian dishes. Come hungry. West Linn Adult Community Ctr								Same description as previous class. West Linn Adult Community Ctr													
EAT-2-802 6-8:30pm	VEGETARIAN - CHEESY DAIRY FREE T	7/20	1	\$29/\$34		Gabbe	CLRM	ATA-2-808 7-8:15pm	BALLROOM DANCE, INTER T	8/10	3	\$35/\$40		Crandell	MPR						
Make your favorite delicious "cheese" dishes including cheesy spreads, dips, sauces, and even hard blocks of "cheese" all without dairy or guilt! West Linn Adult Community Ctr								Same description as previous class. West Linn Adult Community Ctr													
EAT-2-803 6-8:30pm	VEGETARIAN ADVENTURES W/ TOFU T	8/17	1	\$29/\$34		Gabbe	CLRM	ATA-2-809 7-8:15pm	COUNTRY WESTERN 2 STEP TH	6/17	3	\$35/\$40		Crandell	MPR						
Learn all about tofu how easy it is to prepare inexpensive, low-fat, cholesterol-free, pure vegetarian meals with tofu. Come hungry. West Linn Adult Community Ctr								Learn the popular CW 2 Step taught by former world class country western competition dancers, Dave and Jody Crandell. No partner rotation. West Linn Adult Community Ctr													
EAT-2-804 10-1:30pm	SUSHI SU	6/20	1	\$25/\$30	\$3	Tjahaja	CLRM	ATA-2-810 7-9pm	TEEN DANCE - SWING F	6/11	3	\$30/\$35		Crandell	CLRM						
Take several vegetarian and smoked salmon sushi that you can take home to share with your family. We will enjoy sushi for lunch too, so come hungry. West Linn Adult Community Ctr								A safe activity for teens on a Friday night. For 13-19 years old. Learn Swing Dancing that includes Jitterbug, Lindy Hop, East Coast Swing and Jive. No partner needed. Sunset Fire Hall													
EAT-2-805 10-1:30pm	VIETNAMESE SALAD ROLL SU	7/18	1	\$25/\$30	\$3	Tjahaja	CLRM	ATA-2-811 7-9pm	TEEN DANCE - LATIN F	7/16	3	\$30/\$35		Crandell	CLRM						
Learn how to make grilled chicken with lemongrass and shrimp as the protein and have fun rolling them into Vietnamese salad roll. West Linn Adult Community Ctr								A safe and fun activity for teens on a Friday night! For 13-19 years. Learn Latin Dance that includes Salsa, Cha Cha, Mambo, Meringue and Tango. Sunset Fire Hall													
EAT-2-806 10-1:30pm	GREEN CURRY PASTE SU	8/08	1	\$25/\$30	\$3	Tjahaja	CLRM	ATA-2-812 7-9pm	TEEN DANCE - TANGO F	7/16	3	\$30/\$35		Crandell	CLRM						
Learn to make authentic Thai green curry paste from scratch with exotic ingredients such as coriander, cumin, lemongrass, and galangal. West Linn Adult Community Ctr								A safe activity for teens on a Friday night. For 13-19 years. Learn to Tango. No partner needed. Sunset Fire Hall													
Dance/Theater/Music																					
ATA-2-800 3-4pm	GATHER ROUND MUSIC GROUP M	8/02	5	\$100/\$105		Staff	CLRM	ATA-2-813 7-8:15pm	BEGINNING SALSA TH	7/15	3	\$35/\$40		Crandell	MPR						
Age 8-12. Group music therapy to explore musical expression while improving their social and communication skills. Includes singing, playing instruments, and improvisation. Open to all and is designed to be accessible to those with special needs. Taught by E. Ross, MA, MT-BC. West Linn Adult Community Ctr								Learn the ever popular Salsa! The most popular Latin dance. West Linn Adult Community Ctr													
ATA-2-801 4-5pm	CIRCLE ROUND MUSIC GROUP M	8/02	5	\$100/\$105		Staff	CLRM	ATA-2-814 7-8:15pm	BEGINNING JITTERBUG SWING TH	8/12	3	\$35/\$45		Crandell	MPR						
Same description as previous class. West Linn Adult Community Ctr								The easiest, most popular, and most fun of all the Swing dances. Done to Big Band, Old Time Rock 'N' Roll, and a variety of other types of swing music. West Linn Adult Community Ctr													
ATA-2-802 5-6pm	CIRCLE OF FRIENDS AGE 16-ADULT M	8/02	5	\$100/\$105		Staff	CLRM	ATA-2-825 10:30-1pm	SATURDAY CAMP S	6/21	4	\$90		Staff	CLRM						
Same description as previous class. West Linn Adult Community Ctr								Children are engaged in a fun filled, learning experience using plenty of imagination, games, songs and activities as children engage in a specific theme each day while parents are away. PLAY Boutique													
ATA-2-803 9-11:45am	KRAYON KIDS MUSICAL THEATER M-F	6/21	1	\$85		Staff	CLRM	Exercise/Fitness/Sports													
Ages 5-6. A full week of dance, music, drama, tumbling, & art. A snack will be provided. Campers will present their new skills the last day for family. Rosemont Ridge Middle School								PED-2-800 4:30-8pm								MT ST HELENS RIM HIKE - INT. F	8/06	1	\$125	Staff	TBA
ATA-2-804 9-3pm	KRAYON KIDS MUSICAL THEATER M-F	6/21	1	\$170		Staff	CLRM	Hike the rim of Mt. St. Helens! You should be in good physical hiking shape with good balance. 9.4 miles with 4,500 gain/loss. Van transportation, permit & guide included.													
Age 7-12. A week of drama, singing, variety of dance styles, beg. TV acting, & much more! Wear comfortable clothes, shoes & socks. No sandals/flip flops. Snack provided. Present skills last day for family. Rosemont Ridge Middle School								PED-2-801 10:30-1pm								CANOE, BEGINNING LESSON M	6/28	1	\$42	Staff	TBA
ATA-2-805 7-9pm	YOU'RE ON THE AIR! F	6/22	1	\$35		Foster	CLRM	Learn to propel your canoe along our waterways. Basic forward, backward, & steering strokes. Prepare for tours. Meet at Tualatin Community Park, exit													
You don't have to be an actor to get voice-over work. Learn about an exciting new way to get around the competition & actually turn voice-overs into a thriving full or part-time business. West Linn Adult Community Ctr								PED-2-804 10-1pm								CATAMARAN SAILING, BEGINNING S	6/19	1	\$89	Staff	LAKE
ATA-2-806 7-8:15pm	BALLROOM DANCE, INTER T	6/15	3	\$35/\$40		Crandell	MPR	Age 12-Adult. Learn basic sailing skills, wind & weather, overboard skills, capsizing recovery, more. Includes all gear. Bring swimsuit, towel & sunscreen. Must weigh min of 85lbs. Adult must accompany child under 18. Hood River Water Play													
A different dance style every 3 week session for the more advanced dancer. Includes: Swing, Ballroom, Country Western, and Latin. No partner rotation. Partners strongly encouraged. Call 503-637-6295 for details. West Linn Adult Community Ctr								PED-2-805 2-5pm								CATAMARAN SAILING, BEGINNING SU	6/20	1	\$89	Staff	LAKE
								Same description as previous class. Hood River Water Play													
								PED-2-806 10-1pm								CATAMARAN SAILING, BEGINNING W	7/07	1	\$89	Staff	LAKE
								Same description as previous class. Hood River Water Play													
								PED-2-807 2-5pm								CATAMARAN SAILING, BEGINNING TH	7/08	1	\$89	Staff	LAKE
								Same description as previous class. Hood River Water Play													

Community Education Classes

Registration form on page 49.

Course No.	Course Title	Time	Days	Begins	Wks.	Tuition	Fee	Instructor	Room	Course No.	Course Title	Time	Days	Begins	Wks.	Tuition	Fee	Instructor	Room
PED-2-808	CATAMARAN SAILING, BEGINNING	2-5pm	W	8/04	1	\$89		Staff	LAKE	PED-4-827	NIA	9:15-10:25am	MF	6/04	7	\$113		Kaplan	CLRM
Same description as previous class. Hood River Water Play										Nia is a cardiovascular program that uses whole-body, expressive, grounded movement. All Nia movements are adaptable & can be personalized for any level of fitness & agility. Experience the joy of movement. No shoes required. Sunset Fire Hall									
PED-2-809	CATAMARAN SAILING, BEGINNING	10-1pm	TH	8/05	1	\$89		Staff	LAKE	PED-4-828	NIA	9:15-10:25am	MF	7/23	7	\$60		Kaplan	CLRM
Same description as previous class. Hood River Water Play										Same description as previous class. Sunset Fire Hall									
PED-2-810	HORSE RIDING CAMP	10-1pm	S	7/24	1	\$90		Tangvold	ARENA	PED-4-829	STROLLER STRIDES	9:30-10:30am	TTH	7/06	8	\$112		Heyer	SHELTER
A 3-hr camp w/ 45 minutes of horse back riding, a craft and gardening for people with disabilities and special needs. 8-17 year olds. Happy Trails Riding Center										Classes offer a total body workout combining cardio, strength, core & flexibility training. Utilize the resistance tubing environment & the stroller. Tanner Creek Park									
PED-2-811	KITEBOARDING, BEGINNING	10-11:30am	S	6/19	1	\$89		Staff	LAKE	PED-4-831	A COURSE IN YOGA	7:45-9pm	TH	6/10	13	\$100		Lundberg	CLRM
Age 12-Adult. Learn about the wind, kite safety, terminology of kiting & fly on your first session. Includes all gear. Bring good closed toe shoes & good sunglasses. Adult must accompany child under 18. Must weigh min of 85lbs. Hood River Water Play										A movement course aimed at helping to enhance the yoga practice of students at any level. Alignment & detailed instruction are key elements in reaching your yogic potential. Beginners & seasoned practitioners are welcome. Sunset Fire Hall									
PED-2-812	KITEBOARDING, BEGINNING	2-3:30pm	SU	6/20	1	\$89		Staff	LAKE	PED-4-833	YOGA, BEGINNING 1	7:30-9pm	M	6/07	8	\$24		Rohrbacker	CAFE
Same description as previous class. Hood River Water Play										Increase strength, flexibility, & energy while reducing stress. Class introduces Hatha Yoga & breath meditation. Bring mat and/or blanket, comfortable clothing, & empty stomach. Cedar Oak Park									
PED-2-813	KITEBOARDING, BEGINNING	10-11:30am	W	7/07	1	\$89		Staff	LAKE	PED-4-834	YOGA LEVEL 1	9:30-10:45am	W	6/09	11	\$54		Staff	CLRM
Same description as previous class. Hood River Water Play										Learn core & peripheral strength & flexibility. Class includes beginning poses, stretching, breath work & meditation techniques. Sachi Wellness									
PED-2-814	KITEBOARDING, BEGINNING	2-3:30pm	TH	7/08	1	\$89		Staff	LAKE	PED-4-835	YOGA LEVEL II	9-10:15am	T	6/08	6	\$54		Staff	CLRM
Same description as previous class. Hood River Water Play										For yoga students with some experience. Special attention is given to postural alignment, core strength, & pose breakdowns while incorporating twists, inversions & balance work. Sachi Wellness									
PED-2-816	WATERSKI, BEGINNING	2-5pm	S	6/19	1	\$149		Staff	LAKE	PED-4-836	YOGA LEVEL II	9-10:15am	TH	6/10	6	\$54		Staff	CLRM
An intro to waterskiing. Learn water safety, terminology, balance, edging, & turning in & out of the boat wake. Includes all gear. Bring swimsuit, towel & sunscreen. Must have basic swimming ability. Adult accompany child under 18. Must weight min 85lbs. Hood River Water Play										Same description as previous class. Sachi Wellness									
PED-2-817	WATERSKI, BEGINNING	2-5pm	W	7/07	1	\$149		Staff	LAKE	PED-4-837	YOGA LEVEL II	9-10:15am	T	7/20	6	\$54		Staff	CLRM
Same description as previous class. Hood River Water Play										Same description as previous class. Sachi Wellness									
PED-2-818	WATERSKI, BEGINNING	10-1pm	TH	7/08	1	\$149		Staff	LAKE	PED-4-838	YOGA LEVEL II	9-10:15am	TH	7/22	6	\$54		Staff	CLRM
Same description as previous class. Hood River Water Play										Same description as previous class. Sachi Wellness									
PED-2-819	WATERSKI, BEGINNING	10-1pm	W	8/04	1	\$149		Staff	LAKE	PED-4-839	YOGA ALL LEVELS	6-7:15pm	W	6/09	6	\$54		Staff	CLRM
Same description as previous class. Hood River Water Play										Class focuses on beginning to intermediate students with emphasis on breath, balance, & strength, building each student's individual yoga practice. Sachi Wellness									
PED-2-821	WINDSURFING, BEGINNING	2-5pm	S	6/19	1	\$89		Staff	LAKE	PED-4-840	YOGA ALL LEVELS	6-7:15pm	W	7/21	6	\$54		Staff	CLRM
For those who have never windsurfed before. Learn about the wind & weather, water safety, terminology, and SAIL on your first lesson. Includes all gear. Bring swimsuit, towel, & sunscreen. Adult must accompany child under 18. Must weigh min 55lbs. Hood River Water Play										Same description as previous class. Sachi Wellness									
PED-2-822	WINDSURFING, BEGINNING	10-1pm	SU	6/20	1	\$89		Staff	LAKE	PED-4-841	YOGA ALL LEVELS	6-7:15pm	S	6/12	6	\$54		Staff	CLRM
Same description as previous class. Hood River Water Play										Same description as previous class. Sachi Wellness									
PED-2-823	WINDSURFING, BEGINNING	2-5pm	W	7/07	1	\$89		Staff	LAKE	PED-2-842	SPORTFEST USA, AGE 5-12	9-2pm	M-F	7/12	1	\$120		Sudy	SHLTR
Same description as previous class. Hood River Water Play										Multi-sport training, enrichment activities, & games galore will keep every child active & entertained. Wear proper attire for weather, safe shoes, & pack snacks & lunch for the day. Willamette Park									
PED-2-824	WINDSURFING, BEGINNING	10-1pm	TH	7/08	1	\$89		Staff	LAKE	PED-2-843	SUDY SOCCER CAMP, AGE 5-12	9-1pm	M-F	7/26	1	\$100		Sudy	FIELD
Same description as previous class. Hood River Water Play										Camp emphasis is on dribbling, heading, setting up plays, shooting, passing, ball control, more. Campers divided by age to receive proper coaching. Oppenlander Fields									
PED-2-825	WINDSURFING, BEGINNING	10-1pm	W	8/04	1	\$89		Staff	LAKE										
Same description as previous class. Hood River Water Play																			
PED-2-826	WINDSURFING, BEGINNING	2-5pm	TH	8/05	1	\$89		Staff	LAKE										
Same description as previous class. Hood River Water Play																			

Course No. Time	Course Title Days	Begins	Wks.	Tuition	Fee	Instructor	Room	Course No. Time	Course Title Days	Begins	Wks.	Tuition	Fee	Instructor	Room
PED-2-844 9-1pm	SUDY SOCCER CAMP, AGE 5-12 M-F	8/23	1	\$100		Sudy	OUTSID	HLT-4-810 7-8:30pm	MEDITATION-HEALTH & HAPPINESS M	6/21	10	\$55		Tjahaja	CLRM
Same description as previous class. Mary S. Young State Park								Learn how to calm the mind while strengthening concentration with simple breathing methods and comfortable sitting, walking, lying down, and standing postures. All ages, all health conditions. Drop-ins welcome. Rosemont Ridge Middle School							
PED-2-845 12:45-3:15pm	MINI CAMP-MULTI SPORT M-F	6/21	1	\$44		Staff	PARK	HLT-2-811 7-8:30pm	MEDITATION FOR HEALTH M	6/21	11	\$55/\$60		Tjahaja	CLRM
Age 4-6. These mini-camps are designed as an intro to different activities where fun & learning are the focus, let them have fun & learn new skills in a non-competitive environment. Tanner Creek Park								Learn how to calm the mind while strengthening concentration with simple breathing methods and comfortable sitting, walking, lying down, and standing postures. All ages, all health conditions. West Linn Adult Community Ctr							
PED-2-846 12:45-3:15pm	MINI CAMP-BASEBALL/SOFTBALL M-F	6/28	1	\$44		Staff	PARK	HLT-4-812 7-8:30pm	NO OPTION BUT SUCCESS W	6/16	8	\$70/\$75		Horn	B-205
Same description as previous class. Hammerle Park								Ready to move forward toward your long held dreams. This class will be the catalyst to create a life that you choose. Goal-setting and creating habits to support follow through will be a few of the topics used to create your action plan. Material fee \$5 payable to instructor. West Linn High School							
PED-2-847 12:45-3:15pm	MINI CAMP SOCCER M-F	7/05	1	\$44		Staff	PARK	Science							
Same description as previous class. Mary S. Young State Park								SCE-2-800 9-12pm	ROCKETS & SCIENCE OF FLIGHT M-F	6/28	1	\$125		Mad Science	CLRM
PED-2-848 12:45-3:15pm	MINI CAMP BASKETBALL M-F	7/12	1	\$44		Staff	PARK	Ages 5-8. Younger campers will have a blast learning the hows and whys of aerodynamics by studying things that fly: planes, kites, hot air balloons, and of course rockets. Sunset Fire Hall							
Same description as previous class. Tanner Creek Park								SCE-2-801 9-12pm	ROCKET LAB, AGES 7-10 M-F	8/09	1	\$125		Mad Science	CLRM
PED-2-849 12:45-3:15pm	MINI CAMP FLAG FOOTBALL M-F	7/19	1	\$44		Staff	PARK	Build and launch a rocket everyday as you learn all about them! Campers learn the importance of teamwork in launching rockets. Topics include Rocket Scientist, Astronaut Training and Mission Recovery. Sunset Fire Hall							
Same description as previous class. Hammerle Park								SCE-2-802 9-12pm	SECRET AGENT LAB, AGES 7-10 M-F	6/21	1	\$125		Mad Science	OUTSID
PED-2-850 12:45-3:15pm	MINI CAMP MULTI SPORT M-F	7/26	1	\$44		Staff	PARK	Campers will step into the shoes of a detective to uncover the science involved in evidence gathering and crime scene investigation. Topics include Discover Detection, Funky Forensics, Science of Security and Spy Academy. Mary S. Young State Park							
Same description as previous class. Mary S. Young State Park								SCE-2-803 9-3pm	CSI SCIENCE, AGES 9-13 M-F	8/16	1	\$230		Mad Science	OUTSID
PED-2-851 12:45-3:15pm	MINI CAMP MULTI SPORT M-F	8/02	1	\$44		Staff	PARK	Put your new knowledge of chemistry and biology to the test in true CSI fashion. Take a close-up look at the human body from cells to organs. Topics include The Organ Trail, Cell-ebration, Chemical Counting and Science of the Crime. Mary S. Young State Park							
Same description as previous class. Tanner Creek Park															
PED-2-852 12:45-3:15pm	MINI CAMP SOCCER M-F	8/09	1	\$44		Staff	PARK								
Same description as previous class. Hammerle Park															
Health/Safety/Personal Well-Being															
HLT-2-800 5:30-8:45pm	BABYSITTER'S TRAINING T	5/18	2	\$49		Staff	CLRM								
Age 11-15. Red Cross course teaches the needed skills to become a great babysitter: how to prevent accidents, what to do in an emergency, etc. Bring pencil and paper. Willamette Christian Church															
HLT-2-801 9-3:45pm	BABYSITTERS TRAINING TH	6/24	1	\$44		Staff	CLRM								
Same description as previous class. Willamette Christian Church															
HLT-2-802 9-3:45pm	BABYSITTERS TRAINING TH	7/08	1	\$44		Staff	CLRM								
Same description as previous class. Willamette Christian Church															
HLT-2-803 9-3:45pm	BABYSITTERS TRAINING TH	7/22	1	\$44		Staff	CLRM								
Same description as previous class. Willamette Christian Church															
HLT-2-804 9-3:45pm	BABYSITTERS TRAINING TH	8/12	1	\$44		Staff	CLRM								
Same description as previous class. Willamette Christian Church															
HLT-2-805 5:30-8pm	WHEN I'M IN CHARGE T	5/18	1	\$27		Staff	CLRM								
Ages 8-11. Class includes role-playing, safe responses to calls & visitors, simple first aid techniques, more. Parents encouraged to attend last half hour of class. Willamette Christian Church															
HLT-2-806 5:30-8pm	WHEN I'M IN CHARGE T	6/29	1	\$27		Staff	CLRM								
Same description as previous class. Willamette Christian Church															
HLT-2-807 5:30-8pm	WHEN I'M IN CHARGE T	7/13	1	\$27		Staff	CLRM								
Same description as previous class. Willamette Christian Church															
HLT-2-808 5:30-8pm	WHEN I'M IN CHARGE T	7/27	1	\$27		Staff	CLRM								
Same description as previous class. Willamette Christian Church															
HLT-2-809 5:30-8pm	WHEN I'M IN CHARGE T	8/10	1	\$27		Staff	CLRM								
Same description as previous class. Willamette Christian Church															