COMMUNITY EDUCATION

Strength and relaxation yoga in the park

Breathe in the fresh air and move your body with our new strength and relaxation yoga in the park classes! Offered through our community partner the Milwaukie Center, part of the North Clackamas Parks & Recreation District, these sessions blend gentle strength-building with deep relaxation — perfect for all levels.

Choose the time and location that works best for you, and enjoy a refreshing yoga session in a beautiful outdoor setting. Join us and feel the difference!

Locations and schedule

- Risley Park Thursdays, June 26–Sept. 18, 11 a.m.–noon (No class on Aug. 28)
- North Clackamas Park Tuesdays, June 24– Sept. 18, 6:45-7:45 p.m. For more info or to register, visit ncprd.com



Senior Discount

Seniors 62 years of age or older qualify for discounted tuition for many Community Education classes. Proof of age is required.

MILWAUKIE

Milwaukie Community Center 503-794-8092 | www.ncprd.com

North Clackamas Parks and Recreation 503-794-8080, ext. 0 | www.ncprd.com

OREGON CITY

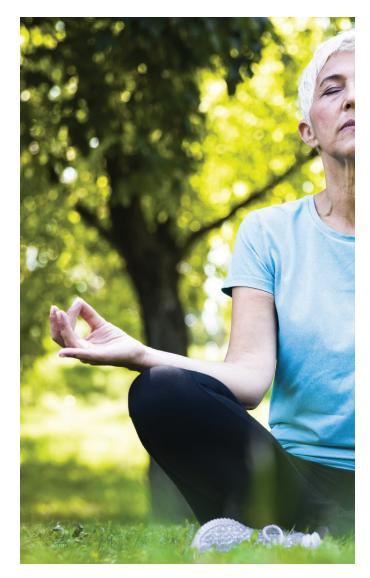
Oregon City Community Education 503-785-8520 | https://ocsd62occe.org

Oregon City Swimming Pool 503-657-8273 | www.orcity.org/904/Aquatics

Pioneer Community Center 503-657-8287 | www.orcity.org/499/Pioneer-Community-Center

TEAM OREGON

Motorcycle/Scooter Safety Training 800-545-9944 | www.team-oregon.org Please register directly through the Community Education partner hosting the class you would like to attend.



CANBY

Bridging Cultures 503-592-3781 | www.bridgingculturescanby.org

GLADSTO<u>NE</u>

Gladstone Community School 503-650-2570 | www.clackamas.edu/gladstone

WEST LINN

West Linn Parks and Recreation 503-557-4700 | www.westlinnoregon.gov/parksrec

WILSONVILLE

City of Wilsonville Parks and Recreation 503-783-PLAY | www.wilsonvilleparksandrec.com/parksrec

West Linn/Wilsonville Family Empowerment Center 503-673-7690 | www.wlwv.k12.or.us/domain/3726

32 For information about Clackamas.Community College, call **503-594-6000**. For resources, essential tools, academic support, and services visit www.clackamas.edu/student-resources.